

Résultats 10 km de la Liberté, Les Courants de la Liberté, Caen (14), Dimanche 11 juin 2017

Résultats téléchargés sur <http://www.normandiecouseapied.com>

| Résultats 10 km | | | | | | | | |
|-----------------|--------------------|------------|-----|----|----------|----------|----|-----------------------------------|
| 1 | LE DEAN | Geoffrey | SH | 1 | 00:30:52 | 00:30:52 | 1 | uso Mondeville |
| 2 | DODE | Sylvain | SH | 2 | 00:31:02 | 00:31:02 | 2 | ENDURANCE 72 |
| 3 | PEREZ | Malo | SH | 3 | 00:31:11 | 00:31:11 | 3 | EAMH |
| 4 | LETELLIER | Loic | VH1 | 1 | 00:31:21 | 00:31:21 | 4 | uso Mondeville |
| 5 | GANEA | Daniel | JH | 1 | 00:31:44 | 00:31:39 | 5 | Viroflay |
| 6 | GALON | Olivier | SH | 4 | 00:32:31 | 00:32:31 | 6 | ARGENTAN |
| 7 | SENCE | Julien | SH | 5 | 00:32:44 | 00:32:44 | 7 | Entente Mont Saint Aignan Maromme |
| 8 | LAURENT | Martin | EH | 1 | 00:32:54 | 00:32:54 | 8 | EAMH |
| 9 | LAMBERT | Quentin | SH | 6 | 00:33:17 | 00:33:17 | 9 | Entente sarthe athletisme |
| 10 | DIVARET | Gaetan | SH | 7 | 00:33:18 | 00:33:18 | 10 | LHSA |
| 11 | GAYOU | Cedric | SH | 8 | 00:33:21 | 00:33:21 | 11 | usom |
| 12 | HEDIN | David | VH1 | 2 | 00:33:35 | 00:33:35 | 12 | athletisme sarthe loir 72 |
| 13 | BOITON | Sebastien | VH1 | 3 | 00:33:37 | 00:33:37 | 13 | Flers-Conde sur Noireau Athle |
| 14 | BERGHACHI | Mohamed | SH | 9 | 00:33:54 | 00:33:54 | 14 | Nonant le pin |
| 15 | TIRARD | Manuel | SH | 10 | 00:33:58 | 00:33:58 | 15 | Le Havre S'Port Athletisme |
| 16 | NEVEU | Jerome | SH | 11 | 00:34:04 | 00:34:04 | 17 | LSHA |
| 17 | AVENEL | Francois | EH | 2 | 00:34:05 | 00:34:05 | 18 | Fresnay-le-Long |
| 18 | PARMENTIER | Christophe | SH | 12 | 00:34:06 | 00:34:01 | 16 | CO Harfleur |
| 19 | BUNEL | Thibault | SH | 13 | 00:34:10 | 00:34:10 | 20 | gac |
| 20 | GRINI | Camel | SH | 14 | 00:34:12 | 00:34:06 | 19 | Le Mans athletisme 72 |
| 21 | BERTRAND | Vincent | SH | 15 | 00:34:12 | 00:34:12 | 21 | Caen Athletic Club |
| 22 | LETELLIER | Francois | SH | 16 | 00:34:18 | 00:34:13 | 22 | stade saint lois |
| 23 | IDZIAK | Florian | SH | 17 | 00:34:20 | 00:34:20 | 24 | US Marquette |
| 24 | BITOT | Michael | SH | 18 | 00:34:23 | 00:34:18 | 23 | Nacre Triathlon |
| 25 | LANGLOIS | Leo | EH | 3 | 00:34:25 | 00:34:25 | 25 | BA COUTANCES |
| 26 | FRIGOT | Cedric | SH | 19 | 00:34:28 | 00:34:28 | 26 | cact conde torigni |
| 27 | FOUBERT | Albin | EH | 4 | 00:34:30 | 00:34:30 | 27 | Alencon |
| 28 | MONTIGNY | Arnaud | SH | 20 | 00:34:32 | 00:34:32 | 28 | Athletisme marais carentan |
| 29 | CADOT | Jeremy | EH | 5 | 00:34:32 | 00:34:32 | 29 | EAMH |
| 30 | SOHARD | Pierre | JH | 2 | 00:34:50 | 00:34:44 | 30 | AS Montoise |
| 31 | DE CARVALHO SOBRAL | Julien | SH | 21 | 00:34:50 | 00:34:50 | 31 | Juvigny-sous-Andaine |
| 32 | VERGARA | Esteban | SH | 22 | 00:34:54 | 00:34:54 | 32 | ES TROARN |
| 33 | LACHEVRE | Eric | VH2 | 1 | 00:34:55 | 00:34:55 | 33 | AS Tourlaville |
| 34 | LELIEVRE | Etienne | SH | 23 | 00:34:58 | 00:34:58 | 34 | ACO Sourdeval |
| 35 | SAVARY | Nathan | SH | 24 | 00:35:02 | 00:35:02 | 35 | CS Carentan |
| 36 | HANNOT | Stephane | VH1 | 4 | 00:35:04 | 00:35:04 | 36 | Tourlaville |
| 37 | PASQUER | Delphine | SF | 1 | 00:35:04 | 00:35:04 | 37 | CAEN |
| 38 | BRODIN | Antoine | EH | 6 | 00:35:09 | 00:35:09 | 38 | S/LAC MORTAGNE |

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| 39 | FONTAINE | Bastien | SH | 25 | 00:35:11 | 00:35:11 | 39 | Caen athletique club |
| 40 | LECOQ | Philippe | VH1 | 5 | 00:35:12 | 00:35:12 | 40 | Flers |
| 41 | CASTILLON | Thomas | SH | 26 | 00:35:16 | 00:35:16 | 41 | caqc76 |
| 42 | JACKSON | Tony | VH2 | 2 | 00:35:18 | 00:35:18 | 42 | CHARFONT ST. GILES |
| 43 | BULOT | David | SH | 27 | 00:35:21 | 00:35:21 | 43 | Sainte-Croix-Grand-Tonne |
| 44 | THIEBOT | Anthony | SH | 28 | 00:35:23 | 00:35:23 | 44 | Aignerville |
| 45 | TURPIN | Kevin | SH | 29 | 00:35:26 | 00:35:26 | 45 | Reffuveille |
| 46 | GUERIN | Manuel | VH1 | 6 | 00:35:28 | 00:35:28 | 48 | Ecouche |
| 47 | CLOUARD | Valentin | SH | 30 | 00:35:29 | 00:35:29 | 49 | ACO Sourdeval |
| 48 | FAIRANT | John | SH | 31 | 00:35:31 | 00:35:31 | 50 | Es Falaisienne |
| 49 | JEAN | Gary | SH | 32 | 00:35:32 | 00:35:32 | 52 | ACLAM |
| 50 | MULOT | Nicolas | VH1 | 7 | 00:35:32 | 00:35:32 | 51 | cognac ac |
| 51 | VANDEL | Alexis | SH | 33 | 00:35:34 | 00:35:34 | 54 | Louviers |
| 52 | LEVILLAIN | Hugo | EH | 7 | 00:35:34 | 00:35:28 | 47 | Caen Triathlon |
| 53 | NAVARRO | Elodie | SF | 2 | 00:35:39 | 00:35:39 | 56 | ENDURANCE 72 |
| 54 | CATHERINE | Vincent | SH | 34 | 00:35:39 | 00:35:27 | 46 | usom |
| 55 | NORRIS | Steve | VH1 | 8 | 00:35:40 | 00:35:40 | 57 | greenford |
| 56 | THERON | Franck | VH1 | 9 | 00:35:41 | 00:35:36 | 55 | Saint-Paul-du-Vernay |
| 57 | RONCERAY | Maxime | SH | 35 | 00:35:41 | 00:35:41 | 58 | ACO Sourdeval |
| 58 | CHUBERRE | Julie | SF | 3 | 00:35:45 | 00:35:45 | 59 | ENDURANCE 72 |
| 59 | CONTREMOULINS | Pierre | SH | 36 | 00:35:46 | 00:35:32 | 53 | ASPTT ROUEN |
| 60 | CHAPELLIERE | Anthony | SH | 37 | 00:35:47 | 00:35:47 | 60 | La Ferriere-Bochard |
| 61 | JARDIN | Thomas | SH | 38 | 00:35:59 | 00:35:59 | 62 | LHSA |
| 62 | LENORMAND | Frederic | SH | 39 | 00:35:59 | 00:35:59 | 61 | USM VIRE |
| 63 | LAIZE | Anthony | SH | 40 | 00:36:06 | 00:36:06 | 64 | ACO Sourdeval |
| 64 | GODIN | Bruno | SH | 41 | 00:36:08 | 00:36:03 | 63 | Colombelles |
| 65 | MOTTE | Pierre-andre | SH | 42 | 00:36:11 | 00:36:11 | 66 | Croissanville |
| 66 | TISSANDIE | Nicolas | SH | 43 | 00:36:15 | 00:36:15 | 68 | Cairon |
| 67 | LEMIERE | Dominique | VH2 | 3 | 00:36:16 | 00:36:16 | 69 | Saint-Pierre-du-Regard |
| 68 | CORDIER | Arnaud | VH1 | 10 | 00:36:17 | 00:36:11 | 65 | C.D'athletisme CONDE-TORIGNI |
| 69 | LE RICHEUX | Patrick | VH1 | 11 | 00:36:17 | 00:36:12 | 67 | Herouville athletisme |
| 70 | GALODE | Jean-louis | VH1 | 12 | 00:36:18 | 00:36:18 | 71 | A3 Alencon |
| 71 | DEROBERT | Thomas | SH | 44 | 00:36:19 | 00:36:19 | 73 | SAB |
| 72 | COCHET | Jerome | VH1 | 13 | 00:36:21 | 00:36:16 | 70 | STADE SAINT-LO |
| 73 | MARIE | Olivier | SH | 45 | 00:36:23 | 00:36:18 | 72 | flets conde athletisme |
| 74 | GUYOMAR | Cervin | SH | 46 | 00:36:27 | 00:36:27 | 75 | Rennes Triathln |
| 75 | BERENGER | Thomas | SH | 47 | 00:36:31 | 00:36:24 | 74 | Piranhas |
| 76 | TANQUEREL | Arnaud | SH | 48 | 00:36:34 | 00:36:34 | 77 | Barbeville |
| 77 | POREE | Guillaume | SH | 49 | 00:36:37 | 00:36:31 | 76 | Caen |
| 78 | LE GALL | Pascal | VH1 | 14 | 00:36:44 | 00:36:44 | 80 | Cerelles |
| 79 | CHARLES | Maximilien | EH | 8 | 00:36:50 | 00:36:43 | 79 | Dieppe |
| 80 | LEVRAY | Jonathan | SH | 50 | 00:36:50 | 00:36:50 | 81 | AC ETRECHY |
| 81 | TREHUDIC | Yoann | SH | 51 | 00:36:51 | 00:36:39 | 78 | Caen |
| 82 | BRUNELLE | Freddy | VH1 | 15 | 00:36:52 | 00:36:52 | 82 | Villeneuve-d'Ascq |
| 83 | RICHOMME | Bastien | SH | 52 | 00:37:03 | 00:36:55 | 83 | Saint-Pair |

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| 84 | LORGERIE | Vincent | SH | 53 | 00:37:04 | 00:36:56 | 84 | Caen |
| 85 | MAGDELEINE | Yoan | SH | 54 | 00:37:04 | 00:37:04 | 90 | CAEN AC |
| 86 | LETASSEY | Gilles | VH1 | 16 | 00:37:07 | 00:37:00 | 87 | US CHEMINOTS CAENNAIS |
| 87 | LAIGRE | Frederic | SH | 55 | 00:37:08 | 00:37:02 | 88 | ES FALAISIENNE |
| 88 | CLAUDEL | Antoine | SH | 56 | 00:37:12 | 00:36:58 | 85 | CAEN |
| 89 | MICHEL | Remi | VH1 | 17 | 00:37:13 | 00:37:00 | 86 | AS TOURLAVILLE |
| 90 | BLOT | Jason | EH | 9 | 00:37:13 | 00:37:04 | 89 | Ils |
| 91 | TROUSSIER | Francois | SH | 57 | 00:37:17 | 00:37:10 | 92 | BRUXELLES |
| 92 | LESAUNIER | Rodolphe | VH1 | 18 | 00:37:17 | 00:37:12 | 93 | caen athletic club |
| 93 | SAUPIN | Alexandre | SH | 58 | 00:37:18 | 00:37:18 | 96 | ASMN |
| 94 | LEPRESLE | Manu | SH | 59 | 00:37:19 | 00:37:08 | 91 | Verson |
| 95 | BLIN | Victor | SH | 60 | 00:37:21 | 00:37:15 | 94 | Caen triathlon |
| 96 | SCIPION | Thibeault | SH | 61 | 00:37:25 | 00:37:16 | 95 | Fleury-sur-Orne |
| 97 | PELTIER | Christophe | SH | 62 | 00:37:29 | 00:37:29 | 100 | CMA la Macerienne |
| 98 | MOLARD | Kevin | SH | 63 | 00:37:32 | 00:37:24 | 98 | Lyon |
| 99 | ENGUEHARD | Julien | SH | 64 | 00:37:33 | 00:37:22 | 97 | ACO Sourdeval |
| 100 | HURE | Romain | SH | 65 | 00:37:37 | 00:37:37 | 102 | Puteaux |
| 101 | MAUNOURY | Matthieu | SH | 66 | 00:37:38 | 00:37:33 | 101 | Caen triathlon |
| 102 | GAUTIER | Laurent | VH2 | 4 | 00:37:41 | 00:37:28 | 99 | FLERS AC |
| 103 | LE SERT | Aurelien | SH | 67 | 00:37:44 | 00:37:37 | 104 | U.S.CHEMINOTS CAENNAIS |
| 104 | HEUZARD | Nicolas | SH | 68 | 00:37:45 | 00:37:37 | 105 | ALENCON TRIATHLON |
| 105 | LEVANNIER | Thomas | SH | 69 | 00:37:45 | 00:37:38 | 106 | Conde-sur-Noireau |
| 106 | OUCHENE | Mourad | VH1 | 19 | 00:37:46 | 00:37:37 | 103 | st Martin du tilleul |
| 107 | LEVRAY | Gregory | VH1 | 20 | 00:37:47 | 00:37:47 | 109 | S/L AC ETRECHY |
| 108 | CHATAIGNER | Gaetan | CH | 1 | 00:37:49 | 00:37:41 | 107 | ES MONTGERON |
| 109 | SURCOUF | Vincent | SH | 70 | 00:37:51 | 00:37:46 | 108 | Courir pour les trisomiques |
| 110 | STAIKU | Laurent | VH1 | 21 | 00:37:53 | 00:37:53 | 113 | caen athletic club |
| 111 | COUILLARD | Patrick | VH1 | 22 | 00:37:54 | 00:37:47 | 110 | VIVRE ATHLE |
| 112 | VAUVERT | David | SH | 71 | 00:37:56 | 00:37:49 | 111 | Bonnemaison |
| 113 | DELANNOY | Marie | SF | 4 | 00:37:57 | 00:37:57 | 116 | uso Mondeville |
| 114 | DUROIT | Nicolas | SH | 72 | 00:37:59 | 00:37:50 | 112 | Ca Lisieux |
| 115 | BLOUIN | Guillaume | EH | 10 | 00:38:00 | 00:37:55 | 115 | Es falaisienne |
| 116 | CHAMPIN | Jeremie | SH | 73 | 00:38:02 | 00:37:54 | 114 | Lc bretteville sur Odon |
| 117 | LETISSIER | Theophile | VH1 | 23 | 00:38:05 | 00:37:59 | 117 | FLERS-CONDE SUR NOIREAU ATHLE |
| 118 | MAUNY | Thomas | VH1 | 24 | 00:38:09 | 00:38:09 | 120 | USO MONDEVILLE |
| 119 | HAMI | Amar | VH2 | 5 | 00:38:09 | 00:38:09 | 119 | Charleville-Mezieres |
| 120 | AMEDEE | Franck | VH1 | 25 | 00:38:10 | 00:38:10 | 121 | Athis-de-l'Orne |
| 121 | CHASLE | Nicolas | SH | 74 | 00:38:12 | 00:38:06 | 118 | Caen Athletic Club |
| 122 | POUTREL | Francois-xavier | SH | 75 | 00:38:20 | 00:38:20 | 124 | ASC LE HAVRE |
| 123 | MALENFANT | Hugo | EH | 11 | 00:38:24 | 00:38:16 | 122 | Demouville |
| 124 | GAUDRON | Christelle | SF | 5 | 00:38:28 | 00:38:19 | 123 | EC SARTROUVILLE |
| 125 | BILLAUD | Maite | SF | 6 | 00:38:32 | 00:38:27 | 125 | ac roche sur yon |
| 126 | MAINDRELLE | Maxime | SH | 76 | 00:38:34 | 00:38:27 | 126 | Gouvix |
| 127 | BARBOT | Jerome | SH | 77 | 00:38:37 | 00:38:31 | 128 | Vengeons |
| 128 | MAULAVE | Marco | SH | 78 | 00:38:39 | 00:38:39 | 133 | ATHLETIQUE CLUB AMBRIERES |

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| 129 | OLIVIER | Marius | JH | 3 | 00:38:41 | 00:38:35 | 132 | Saint-Germain-la-Blanche-Herbe |
| 130 | COUSIN | Joel | VH2 | 6 | 00:38:41 | 00:38:41 | 134 | Club Athletique Quevillais Couronnais 76 |
| 131 | LEBOUCHER | Emeric | SH | 79 | 00:38:42 | 00:38:30 | 127 | Le Beny-Bocage |
| 132 | BREEN | Ronan | VH1 | 26 | 00:38:46 | 00:38:32 | 129 | LONDON |
| 133 | LEGRAIN | Claude | VH3 | 1 | 00:38:48 | 00:38:43 | 137 | Argences |
| 134 | DENIEL | Morgan | SH | 80 | 00:38:50 | 00:38:43 | 135 | Caen |
| 135 | VITRY | Valerie | SF | 7 | 00:38:51 | 00:38:46 | 141 | Cerisiers |
| 136 | TENDRON | Paul | JH | 4 | 00:38:53 | 00:38:43 | 136 | Bourguebus |
| 137 | LANGLOIS | Anthony | SH | 81 | 00:38:54 | 00:38:32 | 130 | Stade athletique bayeusain |
| 138 | ALLONSIUS | Agathe | EF | 1 | 00:38:56 | 00:38:47 | 142 | EMSAM |
| 139 | LEFEVRE | Vincent | VH1 | 27 | 00:38:56 | 00:38:51 | 144 | CA Conde Torigny |
| 140 | BEUVIN | Pascal | VH1 | 28 | 00:38:58 | 00:38:51 | 145 | Cheverny |
| 141 | LEGUILLON | Alexis | SH | 82 | 00:38:59 | 00:38:45 | 139 | Vacognes-Neully |
| 142 | GIGUET | Arnaud | SH | 83 | 00:39:00 | 00:38:33 | 131 | CL Colombelles Athletisme |
| 143 | DECLOMESNIL | Pierre | CH | 2 | 00:39:00 | 00:38:45 | 140 | USC MEZIDON |
| 144 | BONNO | Michael | VH1 | 29 | 00:39:04 | 00:38:54 | 146 | Ils |
| 145 | LEGALLAIS | Guillaume | SH | 84 | 00:39:04 | 00:38:57 | 147 | Caen |
| 146 | DESPLANQUES | Fabrice | VH1 | 30 | 00:39:05 | 00:38:43 | 138 | Tilly-sur-Seulles |
| 147 | LENJALLEY | Alexandre | SH | 85 | 00:39:05 | 00:38:57 | 148 | Bretteville-l'Orgueilleuse |
| 148 | PAYZAN | Fabien | VH1 | 31 | 00:39:07 | 00:38:48 | 143 | BREVILLE |
| 149 | ALEXANDRE | Thomas | SH | 86 | 00:39:08 | 00:39:02 | 149 | Avenay |
| 150 | GUILLAIS | Jerome | VH1 | 32 | 00:39:10 | 00:39:10 | 153 | courir pour les trisomiques |
| 151 | RAULT | John | SH | 87 | 00:39:14 | 00:39:05 | 151 | CACT |
| 152 | MARSDEN | Leaharna | SF | 8 | 00:39:16 | 00:39:16 | 157 | ACO Sourdeval |
| 153 | LEMAL | Cedric | VH1 | 33 | 00:39:19 | 00:39:11 | 154 | Stade Saint-Lo |
| 154 | CHAUSSIN | Pierre | SH | 88 | 00:39:21 | 00:39:12 | 156 | Paris |
| 155 | HESS | Xavier | SH | 89 | 00:39:23 | 00:39:06 | 152 | PARIS 09 |
| 156 | BACHELEY | Damien | SH | 90 | 00:39:23 | 00:39:11 | 155 | As QUERQUEVILLE |
| 157 | GIEN | Guillaume | SH | 91 | 00:39:26 | 00:39:17 | 158 | Cornelles-le-Royal |
| 158 | LEPASTEUR | Sylvain | VH1 | 34 | 00:39:28 | 00:39:17 | 159 | Flers-Conde Athletisme |
| 159 | EDDE | Kevin | CH | 3 | 00:39:29 | 00:39:18 | 160 | Basly |
| 160 | RENAUD | Sebastien | SH | 92 | 00:39:32 | 00:39:32 | 169 | foulees de saint germain en laye |
| 161 | LE DAIN | Bernard | VH3 | 2 | 00:39:33 | 00:39:26 | 163 | CAEN ATHLETIC CLUB |
| 162 | TAILLEFER | Florian | SH | 93 | 00:39:33 | 00:39:33 | 172 | Caen |
| 163 | BOULLE | Jeremy | SH | 94 | 00:39:36 | 00:39:27 | 165 | Les Loges-Marchis |
| 164 | LEVERNIEUX | Jonathan | SH | 95 | 00:39:36 | 00:39:25 | 162 | Flers Conde Athletisme |
| 165 | ROBERT | Christian | VH2 | 7 | 00:39:37 | 00:39:29 | 167 | Sceaux |
| 166 | LEVERNIEUX | Melodie | SF | 9 | 00:39:40 | 00:39:32 | 168 | FLERS-CONDE SUR NOIREAU ATHLE |
| 167 | AUBERT | Daniel | VH3 | 3 | 00:39:42 | 00:39:33 | 170 | Saint-Mars-sur-Colmont |
| 168 | LEGUILLON | Jean claude | VH2 | 8 | 00:39:43 | 00:39:27 | 164 | Saint-Pierre-de-Coutances |
| 169 | LANGLOIS | Valentin | CH | 4 | 00:39:44 | 00:39:33 | 171 | BA COUTANCES |
| 170 | DESHOGUES | Maxime | EH | 12 | 00:39:45 | 00:39:36 | 175 | Coudeville-sur-Mer |
| 171 | GOUDAL | Anthony | SH | 96 | 00:39:45 | 00:39:34 | 173 | STADE SAINT LOIS |
| 172 | FAGNEN | Gilles | VH2 | 9 | 00:39:46 | 00:39:35 | 174 | Canisy |

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| 173 | LODE | Florentin | EH | 13 | 00:39:47 | 00:39:27 | 166 | Caen |
| 174 | GAUNELLE | Xavier | VH1 | 35 | 00:39:48 | 00:39:43 | 177 | Caen |
| 175 | FOSSE | Pascal | VH1 | 36 | 00:39:48 | 00:39:41 | 176 | Amfreville |
| 176 | BLIECQ | Bertrand | SH | 97 | 00:39:50 | 00:39:20 | 161 | CAEN |
| 177 | NOEL | Tony | SH | 98 | 00:39:52 | 00:39:44 | 178 | Colleville-Montgomery |
| 178 | MONTEIL | Bruno | SH | 99 | 00:39:53 | 00:39:46 | 179 | Ouistreham |
| 179 | BOUQUET | Aurelie | SF | 10 | 00:39:53 | 00:39:48 | 183 | Plessis robinson athletic club |
| 180 | BOTHET | Jonathan | SH | 100 | 00:39:53 | 00:39:49 | 184 | Ecouche |
| 181 | DUPIN | Julien | SH | 101 | 00:39:55 | 00:39:47 | 182 | Herouville-Saint-Clair |
| 182 | PORC | Julien | VH3 | 4 | 00:39:56 | 00:39:50 | 185 | S/L LUCE MAINVILLIERS PTT ATHLE |
| 183 | RICHARD | Raphael | SH | 102 | 00:39:57 | 00:39:47 | 180 | Caen |
| 184 | BARBE | Eric | SH | 103 | 00:39:57 | 00:39:52 | 190 | Anguerny |
| 185 | RINGOT | Stephanie | VF1 | 1 | 00:39:58 | 00:39:52 | 188 | le Touquet |
| 186 | HOUEL | Clement | SH | 104 | 00:39:58 | 00:39:52 | 187 | CAEN ATHLETIC CLUB |
| 187 | DUGUEY | Julien | SH | 105 | 00:40:00 | 00:39:52 | 189 | CACT |
| 188 | BREHIER | Anne-laure | SF | 11 | 00:40:00 | 00:39:55 | 193 | CACT |
| 189 | TURPIN | Arnaud | VH1 | 37 | 00:40:03 | 00:39:03 | 150 | AS RENAULT TRUCKS |
| 190 | BRUNEAU | Amaury | JH | 5 | 00:40:05 | 00:39:58 | 194 | BAYARD ARGENTAN |
| 191 | LECLERC | Guillaume | SH | 106 | 00:40:09 | 00:40:03 | 196 | RIVA COURIR |
| 192 | DE LA SAYETTE | Nicolas | SH | 107 | 00:40:13 | 00:39:53 | 191 | caen |
| 193 | LECLERC | Julien | SH | 108 | 00:40:13 | 00:40:08 | 200 | Bernieres-sur-Mer |
| 194 | KORICHI | Karim | SH | 109 | 00:40:14 | 00:40:07 | 199 | Bois-le-Roi |
| 195 | CUVILLIER | Stephane | VH1 | 38 | 00:40:15 | 00:40:06 | 198 | Mathieu |
| 196 | CHESNAIS | Paul | SH | 110 | 00:40:16 | 00:40:05 | 197 | Caen |
| 197 | AISSAT | Benoit | VH1 | 39 | 00:40:16 | 00:40:10 | 201 | Anisy |
| 198 | MARIE | Guillaume | SH | 111 | 00:40:20 | 00:40:12 | 202 | Bieville-Quetieville |
| 199 | LAMY | Frederic | SH | 112 | 00:40:24 | 00:40:02 | 195 | Clinchamps-sur-Orne |
| 200 | LEGRAND | Patrick | VH2 | 10 | 00:40:27 | 00:40:20 | 206 | Us marquette |
| 201 | LEVIEILS | Alexis | JH | 6 | 00:40:29 | 00:40:14 | 203 | USC MEZIDON |
| 202 | ROMERO | Margaux | EF | 2 | 00:40:31 | 00:40:25 | 208 | Stade ST LOIS |
| 203 | GAUDIN | Yannick | VH1 | 40 | 00:40:33 | 00:40:22 | 207 | CAEN TRIATHLON |
| 204 | LEGUILLON | Philippe | VH2 | 11 | 00:40:34 | 00:40:18 | 205 | ACO Sourdeval |
| 205 | GAUTIER | Florent | SH | 113 | 00:40:38 | 00:40:30 | 210 | Esquay-Notre-Dame |
| 206 | DROUILLET | Thierry | VH1 | 41 | 00:40:39 | 00:40:33 | 212 | a3 alencon |
| 207 | GODEY | Yannick | VH1 | 42 | 00:40:41 | 00:40:41 | 216 | S/L AS QUERQUEVILLE |
| 208 | JAMET | Gabriel | SH | 114 | 00:40:42 | 00:40:34 | 213 | Sully-sur-Loire |
| 209 | RIEUX | Michel | VH3 | 5 | 00:40:44 | 00:40:39 | 215 | Goulet |
| 210 | BLANCHARD | Benjamin | SH | 115 | 00:40:45 | 00:40:36 | 214 | Flers/la Ferte Mace |
| 211 | DUFOUR | Pierre | VH1 | 43 | 00:40:50 | 00:40:50 | 225 | CAEN ATHLETIC CLUB |
| 212 | NEAUD | Nicolas | SH | 116 | 00:40:51 | 00:39:47 | 181 | CAEN |
| 213 | CLARK | Dean | VH1 | 44 | 00:40:51 | 00:40:51 | 226 | ruislip |
| 214 | LEPOITTEVIN | Alain | VH2 | 12 | 00:40:52 | 00:40:43 | 218 | Anisy |
| 215 | MIQUELOT | Christophe | VH1 | 45 | 00:40:53 | 00:40:41 | 217 | les mollets lystriens |
| 216 | PEGOIX | Olivier | VH1 | 46 | 00:40:53 | 00:39:51 | 186 | lfs |
| 217 | CHAUVEAU | Patrice | VH1 | 47 | 00:40:54 | 00:40:48 | 221 | ASL72 |

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|-----|-------------|------------|-----|-----|----------|----------|-----|---------------------------------|
| 218 | NICOLAS | Despray | SH | 117 | 00:40:54 | 00:39:54 | 192 | USM VIRE |
| 219 | TILLAUT | Christophe | SH | 118 | 00:40:56 | 00:40:50 | 223 | Evrecy |
| 220 | ROBICHON | Ludovic | VH1 | 48 | 00:40:56 | 00:40:45 | 219 | Ecouche |
| 221 | COSTY | Franck | SH | 119 | 00:40:59 | 00:40:47 | 220 | caen |
| 222 | LEBAHY | Romane | EF | 3 | 00:41:00 | 00:41:00 | 237 | Stade Saint Lois |
| 223 | PRIGENT | Damien | SH | 120 | 00:41:01 | 00:40:54 | 229 | Argentan |
| 224 | VICTOIRE | Yves | VH2 | 13 | 00:41:01 | 00:40:51 | 227 | Ils |
| 225 | VAINTAN | Laurent | VH1 | 49 | 00:41:02 | 00:40:56 | 233 | AC Avranches |
| 226 | FOURNEL | Stephane | VH1 | 50 | 00:41:02 | 00:40:55 | 231 | ES FALAISIENNE |
| 227 | DESCHATEAUX | Robert | VH2 | 14 | 00:41:04 | 00:40:58 | 236 | USC MEZIDON |
| 228 | GUERIN | Jerome | VH1 | 51 | 00:41:08 | 00:40:55 | 230 | FLERS-CONDE/NOIREAU ATHLE |
| 229 | PRUDHOMME | Romain | SH | 121 | 00:41:10 | 00:41:01 | 239 | Giberville |
| 230 | BOUVIER | Tom | EH | 14 | 00:41:10 | 00:40:32 | 211 | Carpiquet |
| 231 | RIVIERE | Paul | CH | 5 | 00:41:10 | 00:40:58 | 235 | Reux |
| 232 | DEVEAUX | Olivier | VH1 | 52 | 00:41:11 | 00:40:27 | 209 | Les rainettes du Pays d'Auge |
| 233 | BRIARD | Boris | SH | 122 | 00:41:11 | 00:40:53 | 228 | FLEURY SUR ORNE |
| 234 | PELOUIN | Yoann | SH | 123 | 00:41:13 | 00:41:03 | 240 | Hieville |
| 235 | ALIX | Laurent | SH | 124 | 00:41:15 | 00:41:08 | 241 | LA CHAPELLE-sur-Erdre |
| 236 | ROMAGE | Charly | SH | 125 | 00:41:15 | 00:40:57 | 234 | Cormelles-le-Royal |
| 237 | MENGUY | Boris | VH1 | 53 | 00:41:16 | 00:40:55 | 232 | Le Havre |
| 238 | GUITTIER | Mathieu | JH | 7 | 00:41:22 | 00:41:14 | 245 | Caen |
| 239 | LEBAILLY | Christophe | SH | 126 | 00:41:22 | 00:41:15 | 246 | Croisilles |
| 240 | DELAUNAY | Edouard | SH | 127 | 00:41:24 | 00:41:11 | 243 | Rouen |
| 241 | CLAUS | Yann | VH1 | 54 | 00:41:24 | 00:41:16 | 248 | es troarn athletisme |
| 242 | PERICHON | Jules | SH | 128 | 00:41:25 | 00:41:01 | 238 | Caen |
| 243 | HERMANGE | Leo | SH | 129 | 00:41:28 | 00:40:15 | 204 | Montgardon |
| 244 | BAUDRY | Gildas | VH1 | 55 | 00:41:28 | 00:41:22 | 253 | Stade Saint Lois |
| 245 | LE BORGNE | Brice | SH | 130 | 00:41:28 | 00:40:50 | 224 | Meillac |
| 246 | BALOCHE | Odin | JH | 8 | 00:41:29 | 00:41:19 | 249 | Cairon |
| 247 | BOUILLET | Benoit | SH | 131 | 00:41:30 | 00:41:20 | 250 | Livry |
| 248 | PRIOU | Willem | EH | 15 | 00:41:30 | 00:41:21 | 251 | USC Caen Triathlon |
| 249 | BLESTEL | Emmanuel | SH | 132 | 00:41:31 | 00:41:09 | 242 | Bretteville-l'Orgueilleuse |
| 250 | LERENDU | Elodie | SF | 12 | 00:41:33 | 00:41:33 | 262 | CLUB D ATHLETISME CONDE-TORIGNI |
| 251 | TOURNET | Remi | JH | 9 | 00:41:33 | 00:41:25 | 256 | Douvres-la-Delivrande |
| 252 | POTTIER | Sebastien | VH1 | 56 | 00:41:35 | 00:41:26 | 257 | Flers Conde Athletisme |
| 253 | MAYET | Philippe | VH2 | 15 | 00:41:37 | 00:41:24 | 255 | La Hoguette |
| 254 | KHALAFI | Mehdi | SF | 13 | 00:41:39 | 00:41:12 | 244 | Tilques |
| 255 | ROGER | Mickael | SH | 133 | 00:41:39 | 00:41:34 | 264 | Sourdeval |
| 256 | LE DOARE | Xavier | SH | 134 | 00:41:41 | 00:41:22 | 254 | Caen |
| 257 | LE CORRE | Robin | SH | 135 | 00:41:41 | 00:41:29 | 258 | S/L AS QUERQUEVILLE |
| 258 | FROGER | Leonie | EF | 4 | 00:41:41 | 00:41:31 | 259 | CAEN AC |
| 259 | GOSSELIN | Guillaume | VH1 | 57 | 00:41:42 | 00:41:21 | 252 | S/L AS CHERBOURG |
| 260 | DUBOC | Christophe | SH | 136 | 00:41:43 | 00:41:43 | 272 | Laize-la-Ville |
| 261 | DUVAL | Sebastien | SH | 137 | 00:41:45 | 00:41:39 | 267 | ASP Caen |
| 262 | LEFEVRE | Sebastien | SH | 138 | 00:41:46 | 00:41:39 | 268 | CL COLOMBELLES |

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|-----|--------------|------------|-----|-----|----------|----------|-----|----------------------------------|
| 263 | DUQUESNAY | Matthieu | SH | 139 | 00:41:49 | 00:41:31 | 260 | Saint-Contest |
| 264 | MALHERBE | Sebastien | SH | 140 | 00:41:49 | 00:41:33 | 263 | Herouvillette |
| 265 | CATHERINE | Vincent | VH2 | 16 | 00:41:49 | 00:41:43 | 273 | Gonneville-en-Auge |
| 266 | PAPON | Gauthier | SH | 141 | 00:41:49 | 00:41:40 | 270 | Demouville |
| 267 | LEMARCHAND | Eric | VH2 | 17 | 00:41:50 | 00:41:32 | 261 | Cagny |
| 268 | GUILLEMAIN | Baptiste | SH | 142 | 00:41:52 | 00:41:41 | 271 | Stade Saint-lois |
| 269 | DESPLANQUES | Cyrille | VH1 | 58 | 00:41:52 | 00:41:46 | 277 | CACT CONDE TORIGNI |
| 270 | LENOEL | Sebastien | VH1 | 59 | 00:41:54 | 00:41:39 | 269 | Caen |
| 271 | MAUPAS | Emeric | SH | 143 | 00:41:54 | 00:40:49 | 222 | Clecyc |
| 272 | LEVASSEUR | Olivier | VH2 | 18 | 00:41:57 | 00:41:49 | 278 | Bieville-Beuville |
| 273 | GUILLOT | Sebastien | VH1 | 60 | 00:42:00 | 00:41:52 | 281 | cl colombelles |
| 274 | ENGUEHARD | Michel | VH2 | 19 | 00:42:03 | 00:41:46 | 276 | aco sourdeval |
| 275 | DAFNIET | Stephane | SH | 144 | 00:42:04 | 00:41:52 | 280 | Rocquancourt |
| 276 | JONIAUX | Seraphin | CH | 6 | 00:42:04 | 00:41:51 | 279 | Colleville-Montgomery |
| 277 | DEMESLAY | Sylvain | VH1 | 61 | 00:42:05 | 00:41:54 | 282 | saint mars d'egrenne |
| 278 | BADIER | Pierre | EH | 16 | 00:42:06 | 00:41:43 | 274 | Alencon |
| 279 | LEMETAYER | Christophe | VH1 | 62 | 00:42:07 | 00:41:59 | 285 | CAC |
| 280 | DEON | Gregory | VH1 | 63 | 00:42:09 | 00:41:59 | 284 | FLERS-CONDE SUR NOIREAU ATHLE |
| 281 | VERHAEGHE | Mathieu | SH | 145 | 00:42:10 | 00:42:05 | 290 | Herouvillette |
| 282 | OUNIS | Lloyd | SH | 146 | 00:42:12 | 00:42:12 | 298 | Verson |
| 283 | PONTAIS | Olivier | VH1 | 64 | 00:42:14 | 00:42:07 | 293 | USCCAEN TRIATHLON |
| 284 | GABRIEL | Franck | VH2 | 20 | 00:42:15 | 00:42:01 | 289 | SC HEROUVILLE |
| 285 | MIQUELARD | Benoit | VH1 | 65 | 00:42:16 | 00:41:59 | 286 | ACO Sourdeval |
| 286 | MONROCQ | Patrick | VH2 | 21 | 00:42:16 | 00:42:08 | 295 | AVENIR MORTAIN |
| 287 | BRION VIEIRA | Eurelie | SF | 14 | 00:42:17 | 00:42:05 | 291 | Courir pour les trisomiques |
| 288 | ACHARD | Julien | SH | 147 | 00:42:17 | 00:41:39 | 266 | SA MONTRouGE PARIS 12 |
| 289 | AUBERT | Herve | VH2 | 22 | 00:42:17 | 00:42:06 | 292 | Anisy |
| 290 | DUCLOS | Christiane | VF3 | 1 | 00:42:24 | 00:42:01 | 288 | Maltot |
| 291 | GAUQUELIN | Sylvain | SH | 148 | 00:42:26 | 00:42:18 | 301 | Saint-Germain-la-Blanche-Herbe |
| 292 | TOULLEC | Amelie | SF | 15 | 00:42:26 | 00:42:16 | 299 | Caen Athethic Club |
| 293 | POTTIER | Jacques | VH2 | 23 | 00:42:30 | 00:42:22 | 305 | La Ferte-Mace |
| 294 | JAMARD | Bastien | SH | 149 | 00:42:31 | 00:41:35 | 265 | CAEN TRIATHLON |
| 295 | TERRY | Willy | SH | 150 | 00:42:33 | 00:42:21 | 303 | C.D'athletisme conde -torigini |
| 296 | OELKERS | Susie | VF2 | 1 | 00:42:33 | 00:42:26 | 310 | Acctri psa |
| 297 | LEPREVOST | Pierre | SH | 151 | 00:42:33 | 00:42:07 | 294 | Isigny-sur-Mer |
| 298 | BRUNEAU | Thierry | VH1 | 66 | 00:42:35 | 00:42:26 | 309 | Goulet |
| 299 | TILLARD | Catherine | VF2 | 2 | 00:42:36 | 00:42:29 | 315 | CAC |
| 300 | MARCHAIS | Mathieu | SH | 152 | 00:42:37 | 00:42:26 | 308 | CAEN TRIATHLON |
| 301 | LETELLIER | Benjamin | SH | 153 | 00:42:37 | 00:42:27 | 311 | damblainville |
| 302 | DEBROISE | Francis | VH1 | 67 | 00:42:38 | 00:42:21 | 302 | Sotteville-les-Rouen |
| 303 | MEICHE | Laurent | VH1 | 68 | 00:42:38 | 00:42:28 | 314 | Es falaisienne |
| 304 | HERGAULT | Bruno | VH1 | 69 | 00:42:38 | 00:42:23 | 306 | Clinchamps-sur-Orne |
| 305 | BOULOT | Arnaud | SH | 154 | 00:42:41 | 00:42:28 | 313 | aignerville |
| 306 | WURSTEISEN | Gregory | VH1 | 70 | 00:42:42 | 00:42:32 | 318 | OUISTREHAM |
| 307 | SAVARY | Felicie | EF | 5 | 00:42:43 | 00:42:25 | 307 | MACS |

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|-----|----------------|--------------|-----|-----|----------|----------|-----|------------------------------|
| 308 | HAIZE | Bastien | JH | 10 | 00:42:44 | 00:42:34 | 320 | BA COUTANCES |
| 309 | GOURVENEK | Sebastien | VH1 | 71 | 00:42:46 | 00:42:34 | 319 | pont-audemer |
| 310 | ROUEN | Laurent | VH2 | 24 | 00:42:46 | 00:42:39 | 326 | aspttrouen |
| 311 | SOYER | Samuel | VH1 | 72 | 00:42:46 | 00:42:38 | 324 | Trois-Monts |
| 312 | BERON | Franck | VH1 | 73 | 00:42:47 | 00:42:30 | 317 | CONDE SUR VIRE |
| 313 | NIVAUX | Frederic | VH2 | 25 | 00:42:48 | 00:41:46 | 275 | Fontenay-le-Pesnel |
| 314 | RICHARD | David | VH1 | 74 | 00:42:48 | 00:41:55 | 283 | Cavigny |
| 315 | COISEL | Mathieu | SH | 155 | 00:42:51 | 00:42:28 | 312 | LUC SUR MER |
| 316 | LEMAITRE | Pierre | SH | 156 | 00:42:52 | 00:42:10 | 297 | Caen |
| 317 | JONFAL | Julian | SH | 157 | 00:42:52 | 00:42:22 | 304 | Oudon |
| 318 | COFFIN | Sophie | SF | 16 | 00:42:53 | 00:42:37 | 321 | Caen |
| 319 | REICHEL | Martial | SH | 158 | 00:42:54 | 00:42:00 | 287 | agneaux |
| 320 | MAZELIER | Lea | SF | 17 | 00:42:56 | 00:42:44 | 328 | CS TERNES PARIS OUEST |
| 321 | NEEL | Anthony | VH1 | 75 | 00:42:57 | 00:42:48 | 334 | CA CONDE TORIGNI |
| 322 | RIALLAND | Jean yves | VH2 | 26 | 00:43:00 | 00:42:47 | 333 | Estuaire Athletic club |
| 323 | HESLOT | Remi | VH2 | 27 | 00:43:02 | 00:43:02 | 354 | ASPTT ARGENTAN |
| 324 | PIATAKOFF | Olivier | EH | 17 | 00:43:04 | 00:42:58 | 348 | Le Theil-Bocage |
| 325 | HUDIARD | Johan | VH1 | 76 | 00:43:04 | 00:42:50 | 335 | Chatres-la-Forêt |
| 326 | PATRAS | Sophie | SF | 18 | 00:43:06 | 00:42:57 | 347 | Caen |
| 327 | DURANT | Jacky | VH1 | 77 | 00:43:07 | 00:43:01 | 353 | usc mezidon |
| 328 | AUFFRET | Vincent | SH | 159 | 00:43:08 | 00:42:52 | 340 | Saint-Etienne-du-Rouvray |
| 329 | BARBEY | Emmanuel | VH1 | 78 | 00:43:08 | 00:42:58 | 350 | blainville sur orne |
| 330 | DAVAL | Cecile | SF | 19 | 00:43:10 | 00:42:57 | 345 | entente atletique saint malo |
| 331 | GUILLARD | Cyrille | VH1 | 79 | 00:43:12 | 00:42:58 | 349 | Sainte-Suzanne-sur-Vire |
| 332 | GRU | Laurent | VH2 | 28 | 00:43:16 | 00:43:04 | 358 | FLERS CONDE/ NOIREAU ATHLE |
| 333 | GARNIER | Arnaud | VH1 | 80 | 00:43:16 | 00:42:30 | 316 | CA Lisieux |
| 334 | LEVANNIER | Maxime | SH | 160 | 00:43:17 | 00:43:02 | 355 | Flers |
| 335 | TORDAY | Jean- pierre | VH3 | 6 | 00:43:17 | 00:43:09 | 361 | Saint-Desir |
| 336 | BASSET | Hermann | SH | 161 | 00:43:18 | 00:42:51 | 337 | Tilly-sur-Seulles |
| 337 | GAREL LE DYLIO | Myriam | SF | 20 | 00:43:19 | 00:43:13 | 363 | FLERS CONDE/NOIREAU ATHLE |
| 338 | BRIAND | Sebastien | SH | 162 | 00:43:21 | 00:42:44 | 329 | La Ville-es-Nonais |
| 339 | LECOINTE | Benjamin | SH | 163 | 00:43:22 | 00:42:37 | 322 | Caen |
| 340 | POLFLIET | Marina | VF1 | 2 | 00:43:24 | 00:43:10 | 362 | AC Avranches |
| 341 | LOISEL | Paul | SH | 164 | 00:43:26 | 00:42:51 | 339 | Caen |
| 342 | MARTIN | Maxime | SH | 165 | 00:43:29 | 00:42:56 | 344 | Maisons-Alfort |
| 343 | LIMOUSIN | Severine | VF1 | 3 | 00:43:30 | 00:43:09 | 360 | Montcy-Notre-Dame |
| 344 | ANNE | Theo | CH | 7 | 00:43:30 | 00:43:17 | 368 | Epron |
| 345 | CARDIN | Matthieu | SH | 166 | 00:43:31 | 00:42:37 | 323 | Caen |
| 346 | NAVET | Jean-luc | VH2 | 29 | 00:43:32 | 00:43:22 | 374 | THEREVAL |
| 347 | MEYRIGNAC | Clement | SH | 167 | 00:43:33 | 00:41:16 | 247 | Isneauville |
| 348 | PICHON | Karine | VF1 | 4 | 00:43:35 | 00:43:27 | 379 | Bretteville-sur-Laize |
| 349 | CHEREAU | Fabien | SH | 168 | 00:43:35 | 00:42:57 | 346 | HEROUVILLE-SAINT-CLAIR |
| 350 | LECOURTOIS | Ludovic | SH | 169 | 00:43:36 | 00:42:43 | 327 | Saint-Lo |
| 351 | MAILLOL | Pierre | VH2 | 30 | 00:43:38 | 00:43:27 | 377 | Caen Triathlon |
| 352 | LEROUX | Gaelle | SF | 21 | 00:43:39 | 00:43:31 | 387 | US MERY SUR OISE |

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| 353 | BURIN | Caroline | VF2 | 3 | 00:43:40 | 00:43:26 | 376 | GRANVILLE AC |
| 354 | COSNEFROY | Bouchra | VF1 | 5 | 00:43:40 | 00:43:40 | 394 | EAMH |
| 355 | LESUFFLEUR | Anthony | EH | 18 | 00:43:42 | 00:42:46 | 331 | caen |
| 356 | LAUNAY | Cyril | VH1 | 81 | 00:43:42 | 00:42:38 | 325 | LC Bretteville sur Odon |
| 357 | TERNISIEN | Wesley | EH | 19 | 00:43:44 | 00:43:39 | 393 | Saint-Germain-la-Blanche-Herbe |
| 358 | FANET | Mathilde | SF | 22 | 00:43:45 | 00:43:28 | 382 | Caen |
| 359 | PIOLINE | Francois | SH | 170 | 00:43:46 | 00:43:28 | 380 | Caen |
| 360 | MARAIS | Jean-michel | VH1 | 82 | 00:43:47 | 00:42:09 | 296 | Aunay-sur-Odon |
| 361 | CAILLERE | Gildas | SH | 171 | 00:43:48 | 00:43:33 | 388 | Fontenay-le-Marmion |
| 362 | FERRERO | Jonathan | SH | 172 | 00:43:48 | 00:43:21 | 371 | Caen tri |
| 363 | LE BORGNE | Jeremy | SH | 173 | 00:43:49 | 00:43:15 | 366 | Rennes |
| 364 | LEJEUNE | Corinne | VF2 | 4 | 00:43:49 | 00:43:41 | 395 | CA LISIEUX |
| 365 | VOISIN | Sandrine | VF1 | 6 | 00:43:50 | 00:43:05 | 359 | CA LISIEUX |
| 366 | MENANT | Mickael | VH1 | 83 | 00:43:51 | 00:43:34 | 389 | Club d'Athletisme Conde-Totigni |
| 367 | FERON | Sebastien | VH1 | 84 | 00:43:52 | 00:43:34 | 390 | Saint lo triathlon |
| 368 | ALIBERT | Marc | VH2 | 31 | 00:43:53 | 00:43:38 | 392 | CAEN |
| 369 | NICOLAS | Adrien | CH | 8 | 00:43:58 | 00:42:54 | 343 | Audrieu |
| 370 | DENIS | Romain | SH | 174 | 00:43:58 | 00:43:45 | 401 | Fontaine-Etoupefour |
| 371 | JUMEL | David | VH1 | 85 | 00:44:00 | 00:42:51 | 338 | CAEN |
| 372 | BERGER | Eric | VH2 | 32 | 00:44:00 | 00:42:53 | 341 | Caen athletic club |
| 373 | VOISIN | Theo | JH | 11 | 00:44:01 | 00:43:31 | 386 | Thury-Harcourt |
| 374 | AMAR | David | VH1 | 86 | 00:44:01 | 00:42:59 | 351 | LUC SUR MER |
| 375 | LEMIERE | Romane | JF | 1 | 00:44:01 | 00:43:50 | 406 | BA Coutances |
| 376 | LEMIERE | Mickael | VH1 | 87 | 00:44:01 | 00:43:49 | 404 | Granville AC |
| 377 | LEPOITTEVIN | Jean-pierre | VH2 | 33 | 00:44:03 | 00:43:54 | 409 | Villers-Bocage |
| 378 | MARTRAGNY | Max | CH | 9 | 00:44:03 | 00:42:50 | 336 | Thaon |
| 379 | LEON | Elisabeth | VF1 | 7 | 00:44:04 | 00:43:58 | 415 | CAQC76 |
| 380 | SCELLES | Nicolas | VH1 | 88 | 00:44:04 | 00:43:03 | 357 | AS RENAULT TRUCKS |
| 381 | HOMMAIS | Xavier | SH | 175 | 00:44:04 | 00:43:31 | 385 | Bayeux |
| 382 | MATOUK | Florent | SH | 176 | 00:44:05 | 00:43:19 | 369 | saint-contest |
| 383 | ENOUF | David | VH1 | 89 | 00:44:06 | 00:43:55 | 411 | Saint-Germain-la-Blanche-Herbe |
| 384 | DUPART | Guy | VH4 | 1 | 00:44:06 | 00:43:53 | 408 | ACRA. ARLES |
| 385 | ROUSSELET | Tom | JH | 12 | 00:44:07 | 00:43:01 | 352 | OUISTREHAM |
| 386 | LESVENTES | Sebastien | VH1 | 90 | 00:44:08 | 00:43:13 | 364 | Saint-Maurice-du-Desert |
| 387 | QUESNOT | Dimitri | EH | 20 | 00:44:09 | 00:44:09 | 436 | Mondeville |
| 388 | BELIARD | Jean-michel | SH | 178 | 00:44:10 | 00:42:44 | 330 | Saint-Lo |
| 389 | ROMITO | Antoine | SH | 177 | 00:44:10 | 00:44:02 | 424 | Fontaine-Etoupefour |
| 390 | ALLIOT | Herve | VH2 | 34 | 00:44:10 | 00:44:02 | 425 | Caen |
| 391 | KOZIK | Paul | JH | 13 | 00:44:12 | 00:43:56 | 412 | caen |
| 392 | LAISNEY | Olivier | VH2 | 35 | 00:44:13 | 00:43:14 | 365 | BAYEUX |
| 393 | GAVENS | Emilie | SF | 23 | 00:44:13 | 00:44:04 | 426 | CA LISIEUX |
| 394 | DECAUX | Antoine | SH | 179 | 00:44:14 | 00:44:06 | 429 | Rocquancourt |
| 395 | JOLIVET | Frederic | VH1 | 91 | 00:44:15 | 00:43:59 | 419 | Bourguebus |
| 396 | LAISNEY | Alexandre | SH | 180 | 00:44:15 | 00:43:16 | 367 | Bayeux |
| 397 | BARREZ | Nicolas | SH | 181 | 00:44:16 | 00:43:21 | 370 | Saint-Come-de-Fresne |

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| 398 | ESCH | Clement | CH | 10 | 00:44:16 | 00:43:59 | 420 | USC MEZIDON |
| 399 | DURAND | Dominique | VH2 | 36 | 00:44:16 | 00:43:58 | 416 | La Lande-Patry |
| 400 | ROBLEDO | Maxime | SH | 182 | 00:44:18 | 00:43:24 | 375 | Conde-sur-Iffs |
| 401 | LEBRET | Valerie | VF1 | 8 | 00:44:20 | 00:44:11 | 438 | Vezein-le-Coquet |
| 402 | BARDET | Aglae | SF | 24 | 00:44:21 | 00:44:14 | 440 | caen |
| 403 | SRIVASTAVA | Clement | CH | 11 | 00:44:23 | 00:43:22 | 373 | MEUDON |
| 404 | JOSPITRE | Erwan | SH | 183 | 00:44:23 | 00:44:08 | 432 | Rogerville |
| 405 | LOUISE | Thomas | SH | 184 | 00:44:23 | 00:43:02 | 356 | Caen |
| 406 | FERNANDES DA COSTA | Filipe | VH1 | 92 | 00:44:23 | 00:43:28 | 384 | bourguebus |
| 407 | LAGARDE | Stephane | VH1 | 93 | 00:44:24 | 00:44:10 | 437 | ST PLANCHERS |
| 408 | DELAUNAY | Pierre-louis | EH | 21 | 00:44:24 | 00:44:15 | 445 | Luc-sur-Mer |
| 409 | BIGOT | Leopoldine | EF | 6 | 00:44:24 | 00:44:07 | 431 | USO Mondeville |
| 410 | JOUBIN | Maxime | SH | 185 | 00:44:25 | 00:44:09 | 435 | CAEN TRIATHLON |
| 411 | JEAN | Antoine | SH | 186 | 00:44:26 | 00:43:22 | 372 | Avenay |
| 412 | TCHERNOFF | Damien | SH | 187 | 00:44:27 | 00:44:14 | 443 | PARIS 18 |
| 413 | FOURMONT | Christophe | VH1 | 94 | 00:44:27 | 00:44:15 | 446 | Es Falaisienne |
| 414 | COSSE | Arnaud | EH | 22 | 00:44:27 | 00:44:17 | 454 | Saint-Gratien |
| 415 | BOCQUET | Cody | CH | 12 | 00:44:30 | 00:43:28 | 381 | Anctoville |
| 416 | YVRAY | Lionel | VH2 | 37 | 00:44:30 | 00:43:28 | 383 | Villers-Bocage |
| 417 | HAMEL | Manuella | SF | 25 | 00:44:31 | 00:44:24 | 458 | ACO Sourdeval |
| 418 | LETOUZEY | Olivier | VH1 | 95 | 00:44:32 | 00:43:45 | 402 | Cahagnes |
| 419 | HAMON | Sophie | VF1 | 9 | 00:44:33 | 00:44:21 | 456 | Aubusson |
| 420 | LAMACHE | Floriane | SF | 26 | 00:44:35 | 00:43:54 | 410 | AS Tourlaville |
| 421 | KUDLA | Marina | SF | 27 | 00:44:36 | 00:44:16 | 448 | Vs ozoir la ferriere |
| 422 | JOUAN | Mehdi | SH | 188 | 00:44:37 | 00:43:56 | 413 | Fontenay-le-Marmion |
| 423 | KUDLA | Sebastien | VH1 | 96 | 00:44:37 | 00:44:17 | 453 | Vs ozoir la ferriere |
| 424 | SCHILLE | Mickael | SH | 189 | 00:44:38 | 00:44:07 | 430 | Caen |
| 425 | BIGOT | Steeve | SH | 190 | 00:44:40 | 00:43:42 | 397 | Aubusson |
| 426 | MICHEL | Philippe | VH2 | 38 | 00:44:40 | 00:43:43 | 398 | Caen |
| 427 | RICHER | Julien | SH | 191 | 00:44:41 | 00:44:33 | 469 | Caen |
| 428 | PERROT | Yannick | SH | 192 | 00:44:43 | 00:44:31 | 468 | La Cambe |
| 429 | MARIE | Pierre-aymeric | SH | 193 | 00:44:45 | 00:44:34 | 472 | Stade Saint Lois |
| 430 | JAMET | Maxence | JH | 14 | 00:44:46 | 00:42:17 | 300 | Courcelles-les-Gisors |
| 431 | EMERY | Kevin | SH | 194 | 00:44:46 | 00:44:14 | 441 | Saint-Martin-des-Entrees |
| 432 | JOUENNE | Pascal | VH2 | 39 | 00:44:47 | 00:43:52 | 407 | Espins |
| 433 | MICLON | Alexis | SH | 195 | 00:44:48 | 00:43:45 | 403 | Saonnet |
| 434 | VION | Thomas | EH | 23 | 00:44:48 | 00:44:39 | 484 | Barentin |
| 435 | QUILLIEN | Alexandre | SH | 196 | 00:44:48 | 00:44:23 | 457 | Honfleur |
| 436 | VION | Elise | SF | 28 | 00:44:49 | 00:44:40 | 486 | Isneauville |
| 437 | LECHIPEY | Jerome | SH | 197 | 00:44:49 | 00:44:49 | 496 | CAEN |
| 438 | BLAIS | Laurent | VH1 | 97 | 00:44:49 | 00:44:39 | 483 | ES Falaisienne |
| 439 | BACQUET | Benjamin | SH | 198 | 00:44:50 | 00:44:14 | 442 | AMIENS |
| 440 | GUILBERT | Clement | SH | 199 | 00:44:50 | 00:44:50 | 497 | CAEN |
| 441 | LESCOT | Sylvain | VH1 | 98 | 00:44:51 | 00:44:35 | 474 | Caen |
| 442 | VANNIER | Nicolas | SH | 200 | 00:44:52 | 00:44:41 | 488 | Caen Triathlon |

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|-----|-------------|---------------|-----|-----|----------|----------|-----|----------------------------|
| 443 | GROUGI | Sylvestre | VH3 | 7 | 00:44:52 | 00:44:36 | 476 | giberville |
| 444 | DAVY | Francine | VF2 | 5 | 00:44:53 | 00:44:41 | 489 | FLERS-CONDE/NOIREAU ATHLE |
| 445 | BOUILLET | Jean-luc | VH3 | 8 | 00:44:53 | 00:44:40 | 485 | CAEN |
| 446 | DE CASTRO | Abel | VH1 | 99 | 00:44:53 | 00:44:37 | 481 | Caen |
| 447 | COSTE | Salome | EF | 7 | 00:44:53 | 00:44:36 | 477 | CAEN |
| 448 | BARATEAU | Yann | SH | 202 | 00:44:55 | 00:44:28 | 465 | Herbault |
| 449 | BOUVELOUP | Julien | SH | 201 | 00:44:55 | 00:44:35 | 475 | EDAC |
| 450 | RAULT | Baptiste | CH | 13 | 00:44:55 | 00:43:42 | 396 | Saint-Martin-de-Fontenay |
| 451 | CHITEL | Edouard | SH | 203 | 00:44:57 | 00:43:35 | 391 | Bieville-Beuville |
| 452 | COUPPEY | Patrice | VH1 | 100 | 00:44:57 | 00:44:26 | 462 | cac |
| 453 | JULIENNE | Romain | JH | 15 | 00:45:00 | 00:44:04 | 427 | SOMMERVIEU |
| 454 | FERRY | Pierre-maxime | SH | 204 | 00:45:00 | 00:44:47 | 493 | La Fresnais |
| 455 | MOULIN | Axel | EH | 24 | 00:45:01 | 00:44:45 | 491 | Laize-la-Ville |
| 456 | BURTIN | Yannick | SH | 205 | 00:45:02 | 00:43:57 | 414 | Les monceaux |
| 457 | MARIE | Christophe | VH1 | 101 | 00:45:02 | 00:43:58 | 417 | USC MEZIDON |
| 458 | LANOE | Valentin | EH | 25 | 00:45:03 | 00:44:01 | 423 | Thaon |
| 459 | LANOE | Laurent | VH1 | 102 | 00:45:03 | 00:44:01 | 422 | AS RENAULT TRUCKS |
| 460 | CHAUMONT | Nathalie | SF | 29 | 00:45:04 | 00:44:51 | 498 | Caen |
| 461 | DRAZIC | Laurent | VH1 | 103 | 00:45:05 | 00:43:44 | 400 | Brouay |
| 462 | POTTIER | Patrick | VH2 | 40 | 00:45:05 | 00:43:43 | 399 | CAEN |
| 463 | RICAUD | Emmanuel | JH | 16 | 00:45:08 | 00:44:25 | 459 | Benouville |
| 464 | LESVENTES | Arnaud | SH | 206 | 00:45:10 | 00:44:55 | 504 | Ouistreham |
| 465 | DIONNET | Richard | VH1 | 104 | 00:45:10 | 00:44:17 | 451 | CHAMPIGNY SUR MARNE |
| 466 | ANDRE | Sebastien | SH | 207 | 00:45:11 | 00:44:59 | 506 | Caen |
| 467 | LEGRAS | Jerome | VH1 | 105 | 00:45:12 | 00:44:33 | 470 | Mezieres-sur-Couesnon |
| 468 | METTE | Nadege | VF1 | 10 | 00:45:13 | 00:44:16 | 447 | Saint-Martin-de-Fontenay |
| 469 | METTE | Olivier | VH1 | 106 | 00:45:14 | 00:44:17 | 450 | Saint-Martin-de-Fontenay |
| 470 | HALBOU | Madi bacar | SH | 208 | 00:45:14 | 00:43:27 | 378 | Caen |
| 471 | FROUDIÈRE | Jerome | VH1 | 107 | 00:45:15 | 00:44:47 | 495 | Flers |
| 472 | MARTEL | Etienne | SH | 209 | 00:45:15 | 00:44:46 | 492 | Herouville-Saint-Clair |
| 473 | MARTIN | Arnaud | SH | 210 | 00:45:17 | 00:45:00 | 507 | CAEN |
| 474 | VAUCLAIR | Emmanuel | SH | 211 | 00:45:18 | 00:43:50 | 405 | Caen |
| 475 | LE DUEY | Mathieu | SH | 212 | 00:45:18 | 00:44:17 | 452 | Villons-les-Buissons |
| 476 | CHATEL | Sylvain | SH | 213 | 00:45:18 | 00:45:02 | 511 | Bretteville-sur-Laize |
| 477 | TARDIF | Thomas | SH | 214 | 00:45:19 | 00:43:59 | 418 | LE HAVRE S'PORT ATHLETISME |
| 478 | HONORE | Christophe | VH1 | 108 | 00:45:21 | 00:44:14 | 444 | Sainte-Honorine-du-Fay |
| 479 | DUBOURG | Antoine | CH | 14 | 00:45:22 | 00:44:26 | 463 | ES Troarn Athletisme |
| 480 | STOL | Quinten | JH | 17 | 00:45:22 | 00:42:54 | 342 | Sevret |
| 481 | ENOT | Anne-sophie | SF | 30 | 00:45:23 | 00:44:37 | 480 | Stade Saint-Lo |
| 482 | GONET | Christophe | VH2 | 41 | 00:45:23 | 00:44:38 | 482 | Saint-Lo |
| 483 | MARTIN | Simon | SH | 215 | 00:45:25 | 00:44:27 | 464 | Conde-sur-Noireau |
| 484 | COSTILS | Francis | VH3 | 9 | 00:45:25 | 00:45:10 | 514 | pont-audemer |
| 485 | DECLOMESNIL | Sylvain | VH2 | 42 | 00:45:26 | 00:45:11 | 515 | USC MEZIDON |
| 486 | CALANDOT | Guillaume | SH | 216 | 00:45:29 | 00:44:35 | 473 | Clichy |
| 487 | DIALLO | Alsény | CH | 15 | 00:45:29 | 00:45:19 | 520 | Colleville-Montgomery |

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| 488 | PESCHET | Axel | SH | 217 | 00:45:31 | 00:44:29 | 467 | Caen |
| 489 | GAUBERTI | Maxime | SH | 218 | 00:45:32 | 00:44:55 | 505 | CAEN |
| 490 | MAUGER | Christel | SF | 31 | 00:45:33 | 00:44:41 | 487 | Ifs |
| 491 | RAVENEL | Pierre | SH | 219 | 00:45:33 | 00:44:37 | 479 | Saint-Samson |
| 492 | PALFREYMAN | Christopher | SH | 220 | 00:45:35 | 00:44:08 | 433 | Banville |
| 493 | RABOT | Frederic | SH | 221 | 00:45:35 | 00:44:33 | 471 | Basly |
| 494 | HARDY KAMARA | Franck | SH | 222 | 00:45:36 | 00:44:00 | 421 | herouville saint clair |
| 495 | DUBOIS | Norbert | VH2 | 43 | 00:45:36 | 00:44:19 | 455 | Vassy |
| 496 | LE PRIEUR | Benoit | SH | 223 | 00:45:37 | 00:44:36 | 478 | Bayeux |
| 497 | FARRE | Yannick | VH1 | 109 | 00:45:38 | 00:44:28 | 466 | Triathlon Pays du Neubourg1 |
| 498 | POINDEFER | Arnaud | SH | 224 | 00:45:38 | 00:44:08 | 434 | Le Havre |
| 499 | LELION | Michel | VH2 | 44 | 00:45:40 | 00:45:31 | 530 | CAEN |
| 500 | LECARPENTIER | Pascal | VH1 | 110 | 00:45:40 | 00:45:12 | 516 | LES SYMPAS |
| 501 | MENA | Gilles | SH | 225 | 00:45:41 | 00:45:01 | 509 | Tremblay-en-France |
| 502 | ELIE | Williams | VH1 | 111 | 00:45:42 | 00:44:47 | 494 | Mouen |
| 503 | DELAMOTTE | Thomas | SH | 226 | 00:45:43 | 00:45:01 | 508 | Esquay-Notre-Dame |
| 504 | GAUGER | Raphael | VH1 | 112 | 00:45:43 | 00:44:51 | 499 | Lasson |
| 505 | DANILO | Alan | CH | 16 | 00:45:47 | 00:44:12 | 439 | Authie |
| 506 | COISNARD | Jose | EH | 26 | 00:45:47 | 00:45:30 | 527 | Caen |
| 507 | MAUGENDRE | Quentin | SH | 227 | 00:45:47 | 00:45:36 | 536 | Courbevoie |
| 508 | DELAMAIRE | Anthony | SH | 228 | 00:45:53 | 00:44:25 | 460 | Saint-Meloir-des-Ondes |
| 509 | COGOLUEGNES | Antoine | SH | 229 | 00:45:53 | 00:44:25 | 461 | Escoville |
| 510 | DECHAUFOUR | Adrien | EH | 27 | 00:45:54 | 00:44:05 | 428 | Colomby-sur-Thaon |
| 511 | POUTEAU | Thomas | SH | 230 | 00:45:56 | 00:45:40 | 542 | Saint-Vigor-le-Grand |
| 512 | ROMME | Mickael | SH | 231 | 00:45:56 | 00:45:42 | 547 | Pace |
| 513 | BOYER | Baptiste | VH1 | 113 | 00:45:57 | 00:45:01 | 510 | Jurques |
| 514 | LE BLAIS | Robin | CH | 17 | 00:45:57 | 00:45:03 | 512 | ES TROARN ATHLETISME |
| 515 | BAZIRE | Jacques | VH2 | 45 | 00:45:59 | 00:45:34 | 533 | Argentan |
| 516 | FRUGIER | Anne | SF | 32 | 00:45:59 | 00:45:43 | 549 | S/L Luce Mainvilliers PTT |
| 517 | COULANGE | Lydie | VF1 | 11 | 00:46:00 | 00:45:53 | 562 | FCA 2017 |
| 518 | CHAVEROCHE | Stephane | VH2 | 46 | 00:46:00 | 00:45:50 | 556 | Verson |
| 519 | LEPOITTEVIN | Vincent | SH | 232 | 00:46:01 | 00:45:47 | 553 | Le Fresne-Poret |
| 520 | BOTZUNG | Guillaume | VH1 | 114 | 00:46:01 | 00:45:23 | 522 | Saint-Germain-la-Blanche-Herbe |
| 521 | LEBAUDY | Julien | SH | 233 | 00:46:02 | 00:45:44 | 551 | Demouville |
| 522 | LASTELLE | Joel | VH2 | 47 | 00:46:02 | 00:45:48 | 555 | cormelles le royal |
| 523 | SERGENT | Julien | SH | 234 | 00:46:04 | 00:44:16 | 449 | Saint-Pierre-de-Varengeville |
| 524 | MARTRAGNY | Robin | SH | 235 | 00:46:05 | 00:44:52 | 500 | Stade Athletique Bayeusain |
| 525 | RICHARD | Fabrice | VH1 | 115 | 00:46:06 | 00:45:59 | 572 | la hoguette |
| 526 | VIVIEN | Benoit | VH1 | 116 | 00:46:08 | 00:45:16 | 518 | Rots |
| 527 | CHARLIER | Slawick | SH | 236 | 00:46:08 | 00:45:54 | 565 | L' Hay-les-Roses |
| 528 | RICHARD | Clemence | SF | 33 | 00:46:11 | 00:46:06 | 577 | Mondeville |
| 529 | FREMONT | Vincent | SH | 237 | 00:46:12 | 00:45:57 | 567 | Anguerny |
| 530 | PARENT | Christophe | SH | 238 | 00:46:13 | 00:45:58 | 571 | Caen |
| 531 | ANNE | Nathan | JH | 18 | 00:46:13 | 00:44:53 | 501 | Les Veys |
| 532 | AUVRAY | Stephane | VH2 | 48 | 00:46:14 | 00:45:41 | 543 | L' Houmeau |

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| 533 | GOUGAUX | Jean-paul | SH | 239 | 00:46:20 | 00:45:13 | 517 | Estry |
| 534 | AMPE | Sebastien | VH1 | 117 | 00:46:20 | 00:46:05 | 576 | 14000 - CAEN |
| 535 | NIVOT | Pierre-louis | SH | 240 | 00:46:21 | 00:45:57 | 568 | PARIS 06 |
| 536 | GARDETTE | Sebastien | VH1 | 118 | 00:46:22 | 00:44:54 | 503 | Verson |
| 537 | TURPIN | Nicolas | SH | 241 | 00:46:23 | 00:46:08 | 579 | Falaise |
| 538 | MBODJ | Djibril | SH | 242 | 00:46:23 | 00:45:20 | 521 | Caen |
| 539 | VOISIN | Emeric | VH1 | 119 | 00:46:26 | 00:45:57 | 569 | Thury-Harcourt |
| 540 | MARIE | Felicia | VF1 | 12 | 00:46:27 | 00:46:11 | 585 | stade athletique bayeusain |
| 541 | VOCANT | Samuel | VH1 | 120 | 00:46:27 | 00:45:26 | 525 | USO MONDEVILLE |
| 542 | GEHAN | Nicolas | VH1 | 121 | 00:46:27 | 00:46:15 | 590 | Saint-Laurent-de-Condol |
| 543 | BEUVE | Francois-xavier | SH | 243 | 00:46:28 | 00:45:46 | 552 | Saint-Lo |
| 544 | DAMOIS | Alexandre | EH | 28 | 00:46:28 | 00:45:31 | 529 | Saint-Georges-des-Groseillers |
| 545 | KOZIK | Daniel | VH2 | 49 | 00:46:29 | 00:46:14 | 589 | uso mondeville |
| 546 | GODEFROY | Olivia | JF | 2 | 00:46:31 | 00:45:38 | 539 | Herouville-Saint-Clair |
| 547 | MONTONI | Jean-philippe | VH1 | 122 | 00:46:32 | 00:45:33 | 531 | Bourguebus |
| 548 | HEURTIN | Jany | VH3 | 10 | 00:46:34 | 00:45:38 | 540 | Esquay notre dame |
| 549 | CHARPENTIER | Patrice | VH1 | 123 | 00:46:34 | 00:45:29 | 526 | Ifs |
| 550 | DUBOIS | Pierre | VH1 | 124 | 00:46:35 | 00:45:36 | 538 | LISIEUX |
| 551 | NORMAND | Jeremy | SH | 244 | 00:46:38 | 00:46:28 | 602 | Pretot-Sainte-Suzanne |
| 552 | GUILLARD | Alexandre | SH | 245 | 00:46:39 | 00:46:27 | 601 | Caen |
| 553 | JARDIN LEMAGNEN | Thierry | VH2 | 50 | 00:46:40 | 00:45:41 | 545 | courir pour les trisomiques |
| 554 | DELOUIS | Corentin | SH | 246 | 00:46:40 | 00:46:34 | 615 | Cailly-sur-Eure |
| 555 | LETELLIER | Olivier | VH1 | 125 | 00:46:41 | 00:46:41 | 622 | Annebault |
| 556 | GARNIER | Jacques | VH1 | 126 | 00:46:42 | 00:45:19 | 519 | Ellon |
| 557 | FOUBERT | Vincent | SH | 247 | 00:46:42 | 00:45:36 | 535 | Sommervieu |
| 558 | ANNE | Bruno | VH1 | 127 | 00:46:43 | 00:46:29 | 604 | Gonneville-en-Auge |
| 559 | LE VAVASSEUR | Hugo | SH | 248 | 00:46:43 | 00:45:41 | 546 | S/L USO MONDEVILLE |
| 560 | LEROUX | Catherine | VF3 | 2 | 00:46:44 | 00:45:39 | 541 | US MERY SUR OISE |
| 561 | LOEUILLARD | Emilien | SH | 249 | 00:46:45 | 00:46:31 | 608 | Caen |
| 562 | LAUNAY | Patrick | VH3 | 11 | 00:46:47 | 00:46:40 | 621 | FLERS CONDE/NOIREAU ATHLE |
| 563 | LECOUTTEUX | Pierre | VH3 | 12 | 00:46:48 | 00:45:56 | 566 | EVREUX AC * |
| 564 | AVICE | Armel | VH2 | 51 | 00:46:49 | 00:46:37 | 618 | EDAC |
| 565 | LELOUTRE | Alexis | SH | 251 | 00:46:50 | 00:46:33 | 613 | Caen |
| 566 | BERTON | Patrick | VH2 | 52 | 00:46:50 | 00:45:53 | 563 | Igoville |
| 567 | PREEL | Freddy | SH | 250 | 00:46:50 | 00:46:42 | 626 | Falaise |
| 568 | LE BLAY | Louise | CF | 1 | 00:46:50 | 00:45:47 | 554 | Carpiquet |
| 569 | MURIE | Aurelien | VH1 | 128 | 00:46:50 | 00:46:30 | 607 | Le Mesnil-Patry |
| 570 | GENISSEL | Thierry | VH1 | 129 | 00:46:52 | 00:46:28 | 603 | Saint-Bomer-les-Forges |
| 571 | AURY | Sophie | VF1 | 13 | 00:46:52 | 00:46:34 | 614 | Courtomer |
| 572 | LEBASSARD | Christophe | VH1 | 130 | 00:46:53 | 00:46:00 | 573 | Le Reculey |
| 573 | BONHOMME | Valentin | SH | 252 | 00:46:56 | 00:44:43 | 490 | VALORBIQUET |
| 574 | MAKANDI MBALA | Cyril | SH | 253 | 00:46:57 | 00:46:52 | 638 | Caen |
| 575 | CINEUX | Celine | SF | 34 | 00:46:58 | 00:46:05 | 575 | Toussaint |
| 576 | DELAVAU | Maxime | SH | 254 | 00:46:59 | 00:45:52 | 560 | Colombelles |
| 577 | HARANG | Herve | VH2 | 53 | 00:47:00 | 00:45:24 | 523 | CAEN ATHLETIC CLUB |

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| 578 | SENHADJI | Farid | VH2 | 54 | 00:47:01 | 00:45:43 | 550 | Triathlon flers la ferte mace |
| 579 | CHEVANCE | Nicolas | SH | 255 | 00:47:01 | 00:46:26 | 599 | Herouville-Saint-Clair |
| 580 | RICHARD | Luc | SH | 256 | 00:47:02 | 00:45:41 | 544 | Bonneville-Aptot |
| 581 | PATARD-LEGENDRE | Pierre | EH | 29 | 00:47:02 | 00:45:25 | 524 | lfs |
| 582 | ETIENNE | Nicolas | SH | 257 | 00:47:03 | 00:45:31 | 528 | Esson |
| 583 | SORIN | Veronique | VF2 | 6 | 00:47:03 | 00:46:52 | 637 | S/L SC HEROUVILLE ATHLETISME |
| 584 | RICHARD | Gilles | VH3 | 13 | 00:47:04 | 00:46:09 | 581 | Lisieux |
| 585 | DELETANG | Flavien | SH | 258 | 00:47:04 | 00:46:46 | 632 | CACT |
| 586 | JOLIBOIS | Loig | VH1 | 131 | 00:47:05 | 00:46:12 | 586 | 60210 |
| 587 | LECOMTE | Maxime | SH | 259 | 00:47:06 | 00:46:50 | 636 | Caen |
| 588 | BESNARD | Mickael | SH | 260 | 00:47:06 | 00:45:34 | 532 | Le Val-Saint-Pere |
| 589 | HERVIEU | Sabrina | VF1 | 14 | 00:47:07 | 00:46:49 | 635 | CACT |
| 590 | BOUILLON | Julien | SH | 261 | 00:47:07 | 00:45:52 | 561 | Vaubadon |
| 591 | GUERARD | Anthony | SH | 262 | 00:47:07 | 00:45:35 | 534 | Bretteville-sur-Odon |
| 592 | MIGRAINE | Clemence | JF | 3 | 00:47:08 | 00:46:55 | 641 | Caen Athletic Club CAC |
| 593 | MIGRAINE | Vincent | VH2 | 55 | 00:47:09 | 00:46:56 | 643 | Saint-Andre-sur-Orne |
| 594 | BOUILLON | Andre | VH3 | 14 | 00:47:10 | 00:45:54 | 564 | Aube |
| 595 | FORTIN | Pierrick | VH1 | 132 | 00:47:11 | 00:45:57 | 570 | Saint-Germain-la-Blanche-Herbe |
| 596 | VIVIER | Julie | SF | 35 | 00:47:13 | 00:46:45 | 631 | NCA s/l La Valognaise Athletisme |
| 597 | LE PELLEY | Quentin | SH | 263 | 00:47:13 | 00:46:06 | 578 | Sainte-Honorine-du-Fay |
| 598 | BROTIN | Christian | VH3 | 15 | 00:47:15 | 00:46:14 | 588 | lfs |
| 599 | DALIGAULT | Alexandre | SH | 264 | 00:47:15 | 00:45:51 | 557 | Proussy |
| 600 | MAGNAN | Cyril | SH | 265 | 00:47:17 | 00:46:13 | 587 | Herouville-Saint-Clair |
| 601 | JAMOT | Boris | SH | 266 | 00:47:18 | 00:46:09 | 582 | Saint-Contest |
| 602 | BOURSEGUIN | Jacky | VH3 | 16 | 00:47:18 | 00:47:07 | 653 | Longeville-sur-Mer |
| 603 | VITREBERT | Maxime | SH | 267 | 00:47:19 | 00:45:51 | 558 | Soliers |
| 604 | HOUEL | Antoine | SH | 268 | 00:47:19 | 00:46:08 | 580 | Noyers-Bocage |
| 605 | DUBOURG | Laurent | VH1 | 133 | 00:47:22 | 00:46:27 | 600 | ES Troarn Athletisme |
| 606 | PATRY | Jerome | SH | 269 | 00:47:22 | 00:46:56 | 642 | Moulines |
| 607 | PLOS | Patrice | VH2 | 56 | 00:47:23 | 00:47:07 | 652 | Cambes-en-Plaine |
| 608 | BOISGERAULT | Frederic | VH1 | 134 | 00:47:24 | 00:46:16 | 592 | Les mollets lystriens |
| 609 | LE MAILLIER-DIVARET | Claire | SF | 36 | 00:47:29 | 00:47:16 | 669 | Octeville-sur-Mer |
| 610 | ANDRIN | Nicolas | SH | 270 | 00:47:30 | 00:45:43 | 548 | Le Plessis-Grimoult |
| 611 | TRAPES | Bruno | SH | 272 | 00:47:30 | 00:47:13 | 664 | Saint-Germain-la-Blanche-Herbe |
| 612 | BOURDON | Quentin | JH | 19 | 00:47:30 | 00:46:29 | 605 | Arromanches-les-Bains |
| 613 | DOKIC | Stefen | VH3 | 17 | 00:47:30 | 00:46:25 | 596 | RUISLIP |
| 614 | LUDOVIC | Edouard | SH | 271 | 00:47:30 | 00:44:54 | 502 | Caen |
| 615 | SASSIER | Paul | SH | 273 | 00:47:31 | 00:47:15 | 668 | PARIS 12 |
| 616 | SONNET | Alan | EH | 30 | 00:47:31 | 00:46:24 | 595 | Falaise |
| 617 | DUVAL | Frederic | VH1 | 135 | 00:47:31 | 00:46:15 | 591 | les joggeurs du pays d auge |
| 618 | DEZAUNAY | Olivier | SH | 274 | 00:47:35 | 00:46:10 | 584 | Demouville |
| 619 | GUELLE | Guillaume | SH | 275 | 00:47:35 | 00:46:18 | 593 | Viroflay |
| 620 | LE ROY | Matthieu | SH | 276 | 00:47:36 | 00:46:25 | 598 | Fontaine-Etoupefour |
| 621 | RICHARD | Alexandre | SH | 277 | 00:47:36 | 00:47:16 | 670 | Caen |
| 622 | CHRAA | Essaid | SH | 278 | 00:47:36 | 00:46:30 | 606 | Clinchamps-sur-Orne |

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| 623 | RENAULT | Jean-yves | VH1 | 136 | 00:47:41 | 00:47:28 | 689 | Bretteville-sur-Laize |
| 624 | LE MERDY | Stephane | SH | 279 | 00:47:43 | 00:46:42 | 624 | Roullours |
| 625 | DANNA | Typhaine | VF1 | 15 | 00:47:44 | 00:47:19 | 678 | cac |
| 626 | MIMOUNI | Mickael | SH | 280 | 00:47:45 | 00:46:32 | 610 | Beuvrigny |
| 627 | DRION | Florent | JH | 20 | 00:47:46 | 00:47:17 | 673 | lfs |
| 628 | CHALAUX | Theo | JH | 21 | 00:47:46 | 00:47:18 | 676 | lfs |
| 629 | MAYET | Ivanne | EF | 8 | 00:47:47 | 00:47:32 | 696 | La Hoguette |
| 630 | LUCAS | Mikael | VH1 | 137 | 00:47:48 | 00:47:31 | 692 | lfs |
| 631 | JACQUES | Guillaume | VH1 | 138 | 00:47:48 | 00:46:10 | 583 | Noyers-Bocage |
| 632 | HERIN | Celine | SF | 37 | 00:47:49 | 00:47:30 | 691 | Courseulles-sur-Mer |
| 633 | LEPELTIER | Frederic | VH1 | 139 | 00:47:50 | 00:46:44 | 627 | Laize-Clinchamps |
| 634 | LEBAUDY | David | VH1 | 140 | 00:47:52 | 00:46:47 | 634 | Vacognes-Neuilly |
| 635 | UNVOY | Mathieu | SH | 281 | 00:47:52 | 00:46:42 | 623 | Blainville-sur-Orne |
| 636 | LECHEVALIER | Michael | SH | 282 | 00:47:53 | 00:47:43 | 715 | usm vire athletisme |
| 637 | BELLEE | Franck | VH1 | 141 | 00:47:54 | 00:46:59 | 647 | Saint-Martin-de-Fontenay |
| 638 | ROTH | Martine | VF2 | 7 | 00:47:55 | 00:46:45 | 630 | Bretteville-l'Orgueilleuse |
| 639 | SAINTILAN | Cyril | SH | 283 | 00:47:57 | 00:45:36 | 537 | caen athletic club |
| 640 | GUILLEMOT | Jeremy | SH | 284 | 00:47:57 | 00:47:35 | 703 | Fleury-sur-Orne |
| 641 | DE CUYPER | Daniel | VH2 | 57 | 00:47:59 | 00:46:32 | 609 | Vieux |
| 642 | LEREVEREND | Antoine | CH | 18 | 00:48:00 | 00:47:45 | 718 | USC MEZIDON |
| 643 | LEBLOND | Remi | JH | 22 | 00:48:01 | 00:46:39 | 620 | Caen |
| 644 | DAUMER | Guillaume | SH | 285 | 00:48:01 | 00:47:45 | 719 | Thaon |
| 645 | LEU | Francois-xavier | VH1 | 142 | 00:48:03 | 00:47:18 | 675 | PARIS 13 |
| 646 | GAUDRE | Nathalie | SF | 38 | 00:48:06 | 00:47:11 | 660 | Saint-Denis-sur-Sarthon |
| 647 | CAPARROS | Johann | SH | 286 | 00:48:06 | 00:47:02 | 648 | CAEN |
| 648 | VINCENT | Binet | SH | 287 | 00:48:06 | 00:46:44 | 628 | Rennes |
| 649 | CHIEU | Maximilien | SH | 288 | 00:48:07 | 00:46:42 | 625 | Langrune-sur-Mer |
| 650 | PERRARD | Christophe | VH2 | 58 | 00:48:08 | 00:47:35 | 702 | L' Houmeau |
| 651 | REMILLY | Marion | SF | 39 | 00:48:08 | 00:46:54 | 639 | Montmartin-en-Graignes |
| 652 | JEANNE | Loan | JF | 4 | 00:48:09 | 00:46:55 | 640 | Gavrus |
| 653 | MANCELLE | Camille | SH | 289 | 00:48:11 | 00:47:04 | 650 | Bayeux |
| 654 | HOULETTE | Denis | VH2 | 59 | 00:48:11 | 00:47:17 | 674 | tourville en auge |
| 655 | DUVAL | Herve | VH1 | 143 | 00:48:12 | 00:48:12 | 763 | CAEN |
| 656 | HOORNAERT | Sebastien | VH1 | 144 | 00:48:13 | 00:47:56 | 726 | Ouistreham |
| 657 | MIGEOT | Julien | SH | 290 | 00:48:13 | 00:47:09 | 655 | Cairon |
| 658 | HEAU | Jean-guillaume | SH | 291 | 00:48:13 | 00:47:48 | 721 | PARIS 18 |
| 659 | LEPAREUR | Arnaud | VH1 | 145 | 00:48:13 | 00:46:56 | 644 | CAEN |
| 660 | AVERTY | Steve | SH | 292 | 00:48:14 | 00:48:00 | 734 | Caen triathlon |
| 661 | MIELVAQUE | Sebastien | VH1 | 146 | 00:48:14 | 00:46:33 | 611 | Torigni-sur-Vire |
| 662 | THIERRY | Theo | CH | 19 | 00:48:15 | 00:46:45 | 629 | Ver-sur-Mer |
| 663 | SADOUKI | Sonia | SF | 40 | 00:48:16 | 00:47:59 | 731 | Aunay-sur-Odon |
| 664 | BACHELOT | Richard | VH2 | 60 | 00:48:17 | 00:48:01 | 740 | lfs |
| 665 | BERTAUT | Alain | VH2 | 61 | 00:48:17 | 00:47:15 | 667 | Bieville-Beuville |
| 666 | LECOUTEY | Colette | VF3 | 3 | 00:48:18 | 00:47:10 | 656 | Hebecrevon THEREVAL |
| 667 | GALLON | Sylvain | VH1 | 147 | 00:48:18 | 00:46:36 | 617 | Conde-sur-Noireau |

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|-----|----------------|-----------------|-----|-----|----------|----------|-----|----------------------------|
| 668 | CAMES | Frederic | SH | 293 | 00:48:19 | 00:46:58 | 646 | Saint Ouen |
| 669 | DAGNELIE | Olivier | VH1 | 148 | 00:48:19 | 00:47:12 | 662 | Saint-Aubin-sur-Mer |
| 670 | KELLY-DAGNELIE | Iwona | VF1 | 16 | 00:48:19 | 00:47:11 | 658 | Saint-Aubin-sur-Mer |
| 671 | BLAISE | Julien | EH | 31 | 00:48:21 | 00:45:51 | 559 | Caen |
| 672 | BINET | Philippe | VH2 | 62 | 00:48:21 | 00:47:19 | 679 | Saint-Arnoult |
| 673 | LECLERC | Fred-eddy | SH | 294 | 00:48:21 | 00:46:00 | 574 | Saint-Vigor-le-Grand |
| 674 | BRAEM | Laurent | VH2 | 63 | 00:48:21 | 00:47:20 | 681 | Bourguebus |
| 675 | PRIMOIS | Nathan | SH | 295 | 00:48:21 | 00:47:46 | 720 | Saint-Cyr-du-Bailleul |
| 676 | TOURNET | Francois | VH2 | 64 | 00:48:22 | 00:47:03 | 649 | Douvres-la-Delivrande |
| 677 | RIVIERE | Nicolas | SH | 296 | 00:48:24 | 00:48:07 | 752 | Saint-Etienne-la-Thillaye |
| 678 | GUERIN | Guillaume | SH | 297 | 00:48:24 | 00:47:39 | 712 | CAEN |
| 679 | LE BORDAIS | Charline | SF | 41 | 00:48:24 | 00:47:20 | 683 | Longvillers |
| 680 | DUBOIS | Julie | EF | 9 | 00:48:25 | 00:47:07 | 651 | Vassy |
| 681 | DROMER | Baptiste | CH | 20 | 00:48:25 | 00:46:20 | 594 | Douvres-la-Delivrande |
| 682 | LESDOS | Antoine | SH | 298 | 00:48:25 | 00:47:24 | 686 | Mondeville |
| 683 | BEAUCHET | Eric | VH1 | 149 | 00:48:26 | 00:48:08 | 755 | Caen |
| 684 | MAUREY | Sebastien | VH1 | 150 | 00:48:27 | 00:47:33 | 697 | Touques |
| 685 | GENISSEL | Marie christine | VF2 | 8 | 00:48:28 | 00:48:12 | 762 | ENTENTE ATHLETIQUE ST MALO |
| 686 | CHESNAY | Antoine | EH | 32 | 00:48:28 | 00:46:39 | 619 | Bayeux |
| 687 | CHEMIN | Lionel | VH2 | 65 | 00:48:31 | 00:48:23 | 789 | Lisieux |
| 688 | GAUDRE | Herve | SH | 299 | 00:48:32 | 00:47:38 | 709 | Saint-Denis-sur-Sarthon |
| 689 | LECOQ | Denis | VH1 | 151 | 00:48:34 | 00:48:02 | 744 | Danestal |
| 690 | POIRRIER | Gilles | VH1 | 152 | 00:48:35 | 00:47:35 | 701 | Louvigny |
| 691 | BOUDANT | Anthony | SH | 300 | 00:48:36 | 00:46:58 | 645 | Cheux |
| 692 | DELL'OLMO | Ghislain | SH | 301 | 00:48:36 | 00:48:17 | 777 | Metz |
| 693 | PARIS | Bertrand | VH1 | 153 | 00:48:37 | 00:47:13 | 665 | CAEN |
| 694 | VERDIER | Antoine | CH | 21 | 00:48:39 | 00:47:13 | 666 | Herouville-Saint-Clair |
| 695 | CAPDEPON | Alexis | EH | 33 | 00:48:39 | 00:47:17 | 672 | CAen |
| 696 | COLEAUX | Frederic | VH1 | 154 | 00:48:39 | 00:47:30 | 690 | Potigny |
| 697 | SELLOS | Yannick | VH1 | 155 | 00:48:40 | 00:47:32 | 694 | Villers-Canivet |
| 698 | MATHY | Julien | SH | 302 | 00:48:41 | 00:47:35 | 704 | Bayeux |
| 699 | BALLEROY | Cedric | SH | 303 | 00:48:42 | 00:48:10 | 760 | Saint-Martin-des-Entrees |
| 700 | SOUVERAIN | Melwyn | CH | 22 | 00:48:43 | 00:47:11 | 657 | Bauquay |
| 701 | BAIET | Hans | SH | 304 | 00:48:44 | 00:48:14 | 769 | lion sur mer |
| 702 | PIROTAIS | Franck | VH2 | 66 | 00:48:44 | 00:48:31 | 809 | Bellengreville |
| 703 | BOIDIN | Hugo | JH | 23 | 00:48:46 | 00:47:16 | 671 | Caen |
| 704 | GRUET | Nicolas | VH1 | 156 | 00:48:46 | 00:47:08 | 654 | Eaubonne |
| 705 | MARTIGNY | Frederic | VH1 | 157 | 00:48:47 | 00:48:37 | 819 | Longvillers |
| 706 | BOTTAIS | Emmanuel | VH1 | 158 | 00:48:48 | 00:47:37 | 707 | Bernay |
| 707 | LORFEUVRE | Pierre | EH | 34 | 00:48:49 | 00:46:35 | 616 | Caen |
| 708 | PROUVOST | Thierry | VH2 | 67 | 00:48:49 | 00:47:23 | 685 | Louvigny |
| 709 | POTHEE | Delphin | SH | 305 | 00:48:50 | 00:47:32 | 693 | Bayeux |
| 710 | DEBRIX | Frederic | VH1 | 159 | 00:48:51 | 00:47:27 | 688 | EVREUX |
| 711 | COMTE | Dominique | VH2 | 68 | 00:48:51 | 00:48:45 | 834 | Sceaux |
| 712 | LEFEVRE | Nicolas | SH | 306 | 00:48:51 | 00:46:47 | 633 | Mathieu |

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| 713 | ROMERO | Stephane | VH1 | 160 | 00:48:53 | 00:47:36 | 705 | STLO TRIATHLON |
| 714 | BLOTTIERE | Julien | SH | 307 | 00:48:53 | 00:47:25 | 687 | Caen |
| 715 | SALOMEZ | Emmanuel | VH1 | 161 | 00:48:54 | 00:47:20 | 680 | Athletic Club Marcquois |
| 716 | LE TERRIER | Bernard | VH3 | 18 | 00:48:55 | 00:48:11 | 761 | Le Locheur |
| 717 | BOUET | Ludovic | VH1 | 162 | 00:48:56 | 00:47:42 | 714 | Argences |
| 718 | MARTIGNY | Cyril | VH1 | 163 | 00:48:56 | 00:48:17 | 778 | Troarn |
| 719 | GOUADON | Serge | VH2 | 69 | 00:48:56 | 00:47:57 | 727 | CARPIQUET |
| 720 | JULIEN | Jacques | VH3 | 19 | 00:48:58 | 00:48:44 | 833 | Saint-Ouen-du-Mesnil-Oger |
| 721 | DE SAINT JORES | Louka | CH | 23 | 00:48:59 | 00:47:39 | 710 | Saint-Germain-la-Blanche-Herbe |
| 722 | ROUSSET | Franck | VH1 | 164 | 00:49:00 | 00:48:01 | 741 | Bretteville-l'Orgueilleuse |
| 723 | PATOU | Laurent | VH1 | 165 | 00:49:00 | 00:48:02 | 745 | Verson |
| 724 | PEDRENI | Thibault | SH | 308 | 00:49:01 | 00:47:18 | 677 | La lande Patry |
| 725 | MARGRAIN | Simone | VF2 | 9 | 00:49:02 | 00:48:36 | 816 | FLERS CONDE/NOIREAU ATHLE |
| 726 | MARGRAIN | Gerard | VH3 | 20 | 00:49:02 | 00:48:36 | 815 | FLERS-CONDE SUR NOIREAU ATHLE |
| 727 | NOEL | Pierre-gregoire | CH | 24 | 00:49:03 | 00:48:09 | 758 | LUC SUR MER |
| 728 | PAGNIER | Christophe | VH1 | 166 | 00:49:04 | 00:47:54 | 725 | Ils |
| 729 | HOMMET | Jean-pierre | VH2 | 70 | 00:49:04 | 00:47:37 | 708 | Fontenay-le-Marmion |
| 730 | CHOLLOIS | Jerome | VH1 | 167 | 00:49:04 | 00:48:07 | 753 | FLERS-CONDE SUR NOIREAU |
| 731 | LAMARE | Jonathan | SH | 309 | 00:49:05 | 00:48:13 | 765 | ifs |
| 732 | MARIE | Simon | SH | 310 | 00:49:05 | 00:47:57 | 728 | Benouville |
| 733 | BOURGOIN | Celine | SF | 42 | 00:49:05 | 00:48:14 | 768 | Ils |
| 734 | CALMO | Angelique | SF | 43 | 00:49:06 | 00:48:13 | 766 | Bois-Guillaume |
| 735 | DUBUISSON- DUPLESSION | Aurelien | SH | 311 | 00:49:06 | 00:47:20 | 682 | Saint-Etienne-du-Rouvray |
| 736 | PHILIPPE | Thomas | SH | 312 | 00:49:06 | 00:45:08 | 513 | Nantes |
| 737 | MARCHAT | Celia | JF | 5 | 00:49:07 | 00:48:00 | 737 | SAB |
| 738 | GRANGE | Stephane | VH1 | 169 | 00:49:08 | 00:47:34 | 699 | Cauvicourt |
| 739 | DANNA | Olivier | VH1 | 168 | 00:49:08 | 00:48:41 | 825 | CAEN TRIATHLON |
| 740 | DENIS | Freddy | SH | 313 | 00:49:08 | 00:47:12 | 663 | Caen |
| 741 | MOUCHEL | Frederic | VH1 | 170 | 00:49:09 | 00:47:12 | 661 | Querqueville |
| 742 | DELAVAUX | Thibault | SH | 314 | 00:49:09 | 00:47:58 | 729 | Caen |
| 743 | ENGUERRAND | Mickael | SH | 315 | 00:49:09 | 00:48:03 | 747 | Rosel |
| 744 | DEBROISE | Jules | JH | 24 | 00:49:13 | 00:47:52 | 724 | Villedieu-les-Poeles |
| 745 | DELAVAUX | Edouard | SH | 316 | 00:49:14 | 00:48:05 | 748 | Colombelles |
| 746 | LOUIS | Damien | VH1 | 171 | 00:49:14 | 00:48:15 | 772 | Saint-Martin-de-Fontenay |
| 747 | HELFAYA | Fabrice | VH1 | 172 | 00:49:14 | 00:48:15 | 771 | Stade athletique bayeusain |
| 748 | MORIN | Nicolas | VH1 | 173 | 00:49:15 | 00:48:07 | 754 | Lannilis |
| 749 | BOUSSION | Simon | SH | 317 | 00:49:15 | 00:48:31 | 808 | Angers |
| 750 | LATTE | Christian | VH3 | 21 | 00:49:16 | 00:48:20 | 785 | Caen |
| 751 | CHIVOT | Jerome | SH | 318 | 00:49:17 | 00:47:45 | 717 | le havre |
| 752 | DAVID | Sophie | VF2 | 10 | 00:49:19 | 00:49:03 | 857 | caen athletic club |
| 753 | ROPTIN | Arnauld | VH1 | 174 | 00:49:22 | 00:48:13 | 764 | Rocquancourt |
| 754 | AUBRY | Boris | VH1 | 175 | 00:49:23 | 00:48:50 | 843 | Caen |
| 755 | MACE | Christophe | VH2 | 71 | 00:49:24 | 00:48:23 | 791 | Fiers |
| 756 | CLEMENCEAU | Carole | SF | 44 | 00:49:26 | 00:49:13 | 876 | Es Falaisienne |

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| 757 | LE BIHAN | Marc | SH | 319 | 00:49:29 | 00:48:28 | 799 | Thury-Harcourt |
| 758 | SINEUX | Ewan | CH | 25 | 00:49:30 | 00:47:32 | 695 | THIAIS AC |
| 759 | BISSAY | Manuel | VH1 | 176 | 00:49:31 | 00:47:48 | 722 | Louvigny |
| 760 | GALOPIN | Michel | VH3 | 22 | 00:49:31 | 00:48:22 | 788 | ACO Sourdeval |
| 761 | DUMANOWSKI | Arnaud | VH1 | 177 | 00:49:32 | 00:49:22 | 885 | Cairon |
| 762 | BESNARD | Jean-pierre | VH1 | 178 | 00:49:32 | 00:48:40 | 824 | Le Neufbourg |
| 763 | TRAVERT | Nicolas | CH | 26 | 00:49:32 | 00:48:00 | 738 | Colleville-Montgomery |
| 764 | DUBOST | Fabien | SH | 320 | 00:49:32 | 00:48:50 | 842 | Nouainville |
| 765 | MOUSSAY | Adelaide | SF | 45 | 00:49:33 | 00:48:16 | 775 | Herouville-Saint-Clair |
| 766 | LENA | Stephane | VH1 | 179 | 00:49:33 | 00:48:28 | 800 | houlgate |
| 767 | LECAUDEY | Fabien | SH | 321 | 00:49:33 | 00:48:19 | 781 | Saint-Aignan-de-Cramesnil |
| 768 | MARIE | Sylvain | VH2 | 72 | 00:49:33 | 00:48:26 | 797 | Benouville |
| 769 | BOULOUARD | Flavie | SF | 46 | 00:49:35 | 00:47:59 | 732 | Caen |
| 770 | DEVERE | Nicolas | SH | 322 | 00:49:35 | 00:48:18 | 780 | Caen |
| 771 | HIMBER | Alexis | SH | 323 | 00:49:36 | 00:49:30 | 901 | Caen Athletic Club |
| 772 | BELLOT | Patricia | VF2 | 11 | 00:49:38 | 00:48:29 | 804 | ASMN |
| 773 | GOISBAULT | Cyrille | SH | 324 | 00:49:39 | 00:48:15 | 773 | Courbeville |
| 774 | BOSHER | Christophe | VH1 | 180 | 00:49:39 | 00:49:24 | 889 | Fresney-le-Puceux |
| 775 | LEROYER | Noel | VH3 | 23 | 00:49:39 | 00:48:06 | 751 | Bonnemaison |
| 776 | BOISRAMÉ | Emmanuel | SH | 326 | 00:49:40 | 00:48:16 | 776 | Meral |
| 777 | BAZIN | Christelle | VF1 | 17 | 00:49:40 | 00:48:08 | 756 | Bretteville-l'Orgueilleuse |
| 778 | CHAUVIN | Thibault | SH | 325 | 00:49:40 | 00:48:20 | 786 | Caen |
| 779 | LEMOINE | Ivan | SH | 327 | 00:49:40 | 00:48:26 | 796 | Iffs |
| 780 | KOUNKOU | Pascal | VH1 | 181 | 00:49:41 | 00:48:17 | 779 | Iffs |
| 781 | GODART | Clement | SH | 328 | 00:49:42 | 00:48:36 | 813 | Lisieux |
| 782 | MAINE | Sebastien | VH1 | 182 | 00:49:43 | 00:48:43 | 828 | Mouen |
| 783 | GODEL | Cedric | VH1 | 183 | 00:49:44 | 00:48:51 | 847 | Tollevast |
| 784 | LEGATELOIS | Christophe | VH2 | 73 | 00:49:45 | 00:48:03 | 746 | Iffs |
| 785 | BANCE | Antoine | SH | 329 | 00:49:45 | 00:48:38 | 820 | Pont-l'Eveque |
| 786 | RIOU | Sebastien | SH | 330 | 00:49:45 | 00:48:48 | 837 | Caen |
| 787 | RICHARD | Victorien | SH | 331 | 00:49:46 | 00:48:30 | 806 | Fontenay-le-Marmion |
| 788 | MARC | Johan | SH | 332 | 00:49:46 | 00:49:06 | 861 | CAEN |
| 789 | AUMONT | Thierry | VH2 | 74 | 00:49:48 | 00:48:40 | 823 | Courir pour les Trisomiques |
| 790 | LE CLAINCHE | Bruno | VH2 | 75 | 00:49:48 | 00:48:48 | 838 | Clecy |
| 791 | LORFEUVRE | Juliette | SF | 47 | 00:49:49 | 00:47:36 | 706 | Caen |
| 792 | LEVEE | Marc | VH1 | 184 | 00:49:49 | 00:49:30 | 903 | caen |
| 793 | PIQUET | Eric | VH2 | 76 | 00:49:50 | 00:48:57 | 851 | Herouville-Saint-Clair |
| 794 | LEBERRURIER | Pascal | VH2 | 77 | 00:49:50 | 00:48:55 | 849 | BIEVILLE BEUVILLE |
| 795 | CHANUSSOT-MATHIEU | Clement | CH | 27 | 00:49:51 | 00:48:24 | 793 | Basly |
| 796 | LAURET | Alexis | SH | 333 | 00:49:51 | 00:48:20 | 787 | Bosc-Bordel |
| 797 | BROCHET | Pierrick | VH2 | 78 | 00:49:52 | 00:49:22 | 887 | Vaux sur Aure |
| 798 | JERSOL | Stephane | SH | 334 | 00:49:52 | 00:49:09 | 869 | Caen |
| 799 | LAMACHE | Jean-yves | VH2 | 79 | 00:49:53 | 00:49:12 | 874 | Valognes |
| 800 | DAVID | Daniel | VH2 | 80 | 00:49:53 | 00:48:44 | 832 | Courir pour les trisomiques |
| 801 | CONSTANT | Franck | VH1 | 185 | 00:49:54 | 00:48:10 | 759 | Champsecret |

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| 802 | GILLES | Nicolas | SH | 335 | 00:49:55 | 00:49:08 | 865 | Feuguerolles-Bully |
| 803 | FERULLO | Jean-marc | VH2 | 81 | 00:49:56 | 00:48:24 | 794 | Gisy-les-Nobles |
| 804 | DALIGAULT | Benoit | VH1 | 186 | 00:49:56 | 00:48:23 | 792 | Caen |
| 805 | CASTEL | Damien | SH | 336 | 00:49:57 | 00:49:19 | 883 | Amfreville |
| 806 | ZOUITEN | Driss | SH | 337 | 00:49:57 | 00:48:00 | 739 | Blainville-sur-Orne |
| 807 | FEVRIER | Yannick | SH | 338 | 00:49:57 | 00:48:49 | 840 | bretteville sur odon |
| 808 | CLEMENCE | Thibault | SH | 339 | 00:49:57 | 00:48:48 | 839 | USC Mezidon |
| 809 | TCHERNOFF | Marie | SF | 48 | 00:49:58 | 00:49:46 | 936 | Paris |
| 810 | MARIE | Stephane | VH1 | 187 | 00:49:58 | 00:49:45 | 933 | Giberville |
| 811 | TRAVAGLINI | Luigi | VH2 | 82 | 00:50:00 | 00:48:27 | 798 | Savigny-sur-Orge |
| 812 | SAILLARD | Nicolas | SH | 340 | 00:50:01 | 00:47:45 | 716 | MACS |
| 813 | HUBERT | Xavier | SH | 341 | 00:50:02 | 00:48:54 | 848 | Damblainville |
| 814 | AVENEL | Laurent | VH1 | 188 | 00:50:02 | 00:49:46 | 935 | BLAINVILLE SUR ORNE |
| 815 | DELAUNAY | Manuel | SH | 342 | 00:50:03 | 00:48:56 | 850 | Vire |
| 816 | BRUNET | Daniel | VH3 | 24 | 00:50:06 | 00:49:49 | 944 | LECOUSSE |
| 817 | RONDAUD | Annabelle | VF1 | 18 | 00:50:06 | 00:48:47 | 836 | PARIS 14 |
| 818 | BODEY | Xavier | VH1 | 189 | 00:50:07 | 00:48:51 | 845 | Fleury-sur-Orne |
| 819 | RAZE | Alexandre | VH1 | 190 | 00:50:08 | 00:48:01 | 743 | S/L ES TROARN ATHLETISME |
| 820 | LE BOURNAULT | Pierrig | CH | 28 | 00:50:08 | 00:48:29 | 803 | Tournay-sur-Odon |
| 821 | DANILO | Karine | VF1 | 19 | 00:50:10 | 00:48:36 | 814 | Authie |
| 822 | MOUROCQ | Francois | SH | 343 | 00:50:10 | 00:48:37 | 817 | Dol-de-Bretagne |
| 823 | RAZE | Celine | VF1 | 20 | 00:50:10 | 00:48:58 | 852 | S/L ES TROARN ATHLETISME |
| 824 | BASSET | Jean baptiste | SH | 344 | 00:50:10 | 00:48:01 | 742 | Belleville sur mer |
| 825 | TREANGLE | Michel | VH3 | 25 | 00:50:10 | 00:49:17 | 880 | Saint-Germain-la-Blanche-Herbe |
| 826 | LE MAILLIER | Jean-louis | VH3 | 26 | 00:50:11 | 00:49:57 | 963 | CAEN ATHLETIC CLUB |
| 827 | PERRELLE | Nathan | EH | 35 | 00:50:11 | 00:47:22 | 684 | Caen |
| 828 | FIANT | Romain | SH | 345 | 00:50:11 | 00:49:07 | 864 | Rots |
| 829 | DALIGAULT | Simon | SH | 346 | 00:50:12 | 00:48:33 | 810 | Saint-Sylvain |
| 830 | BOUVET | Alphonse | SH | 347 | 00:50:13 | 00:47:35 | 700 | Moulines |
| 831 | BERTIN | Frederic | SH | 348 | 00:50:13 | 00:49:16 | 879 | CAEN |
| 832 | MARTINA | Cyril | VH1 | 191 | 00:50:14 | 00:48:14 | 770 | Caen |
| 833 | BONISSENT | Sandrine | SF | 49 | 00:50:14 | 00:48:51 | 844 | Mondeville |
| 834 | LE RETIF | Benoit | VH1 | 192 | 00:50:14 | 00:48:43 | 831 | Verson |
| 835 | BOURGOIN | Olivier | VH2 | 83 | 00:50:14 | 00:49:45 | 932 | Saint-Ouen-sur-Iton |
| 836 | HAMON | Pascal | VH2 | 84 | 00:50:15 | 00:49:15 | 878 | Carpiquet |
| 837 | LOUISE | Alexandra | SF | 50 | 00:50:15 | 00:49:01 | 856 | Caen Athletic Club |
| 838 | CHAVENTRE | Franck | VH1 | 193 | 00:50:15 | 00:49:55 | 960 | Demouville |
| 839 | DE NEF | Fabrice | VH1 | 194 | 00:50:16 | 00:49:59 | 965 | Douvres-la-Delivrande |
| 840 | MERIENNE | Frederic | SH | 349 | 00:50:16 | 00:49:19 | 882 | Vimont |
| 841 | BEDEAU | Gregoire | EH | 36 | 00:50:16 | 00:48:28 | 801 | mathieu |
| 842 | MARIE | Olivier | SH | 350 | 00:50:17 | 00:48:23 | 790 | Giberville |
| 843 | AUGUSTE | Simon | JH | 25 | 00:50:17 | 00:48:00 | 735 | Amfreville |
| 844 | DELAHOUSSE | Marc | VH1 | 195 | 00:50:18 | 00:49:08 | 866 | Rocquancourt |
| 845 | HUBERT | Romain | SH | 351 | 00:50:19 | 00:49:05 | 860 | Rocquancourt |
| 846 | LELIMOUZIN | Amanda | SF | 51 | 00:50:22 | 00:50:11 | 983 | Montpinchon |

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|-----|-------------|--------------|-----|-----|----------|----------|------|----------------------------|
| 847 | GAUNELLE | Alice | SF | 52 | 00:50:22 | 00:50:11 | 982 | Monthuchon |
| 848 | GRAINDORGE | Franck | SH | 352 | 00:50:22 | 00:49:21 | 884 | Villedieu-les-Poeles |
| 849 | LEFEUVRE | Emmanuel | SH | 353 | 00:50:22 | 00:48:38 | 821 | Caen |
| 850 | FEREY | Marin | CH | 29 | 00:50:23 | 00:48:43 | 830 | CAEN |
| 851 | QUESNEE | Guillaume | VH1 | 196 | 00:50:23 | 00:48:51 | 846 | Fleury-sur-Orne |
| 852 | LAURENT | Mathieu | SH | 354 | 00:50:24 | 00:48:00 | 736 | Levallois-Perret |
| 853 | MOREL | Yonec | VH1 | 197 | 00:50:24 | 00:49:27 | 897 | Verson |
| 854 | PESCHET | Christelle | VF1 | 21 | 00:50:25 | 00:48:49 | 841 | Eterville |
| 855 | LECOMTE | Christian | VH3 | 27 | 00:50:26 | 00:49:31 | 908 | ST PIERRE DU REGARD |
| 856 | CUNY | Catherine | VF1 | 22 | 00:50:26 | 00:49:27 | 896 | CAC |
| 857 | CUNY | Philippe | VH1 | 198 | 00:50:26 | 00:49:27 | 895 | CAen |
| 858 | DESTRES | Michel | VH1 | 199 | 00:50:28 | 00:49:31 | 909 | Verson |
| 859 | DESFOURS | Olympe | SF | 53 | 00:50:28 | 00:49:46 | 937 | Le Havre |
| 860 | MARGUERITE | Tony | VH1 | 200 | 00:50:29 | 00:48:59 | 853 | Eterville |
| 861 | HOUSTIN | Abel | VH2 | 85 | 00:50:30 | 00:47:59 | 730 | Saint-Martin-de-Landelles |
| 862 | COMMEUREUC | Frederic | VH1 | 201 | 00:50:32 | 00:49:35 | 915 | Viessoix |
| 863 | MARIE | Stephanie | SF | 54 | 00:50:34 | 00:48:15 | 774 | Louvigny |
| 864 | CARVILLE | Frederic | VH2 | 86 | 00:50:34 | 00:49:36 | 919 | Verson |
| 865 | BAUBRY | Mathis | JH | 26 | 00:50:34 | 00:48:06 | 750 | Cairon |
| 866 | CAILLARD | Pierre | VH2 | 87 | 00:50:34 | 00:48:20 | 783 | blainville sur orne |
| 867 | LEBLANC | Michel | VH2 | 88 | 00:50:35 | 00:49:38 | 922 | Corne |
| 868 | CAILLARD | Arthur | JH | 27 | 00:50:35 | 00:48:20 | 782 | blainville sur orne |
| 869 | MARIE | Marc | VH1 | 202 | 00:50:36 | 00:49:30 | 904 | LCBO |
| 870 | ROUXEL | Charline | SF | 55 | 00:50:36 | 00:48:59 | 854 | Rennes |
| 871 | CHAUFRAY | Valentin | SH | 355 | 00:50:36 | 00:49:04 | 858 | Caen |
| 872 | GRUENAI | Yves | VH1 | 203 | 00:50:38 | 00:49:31 | 907 | Iffs |
| 873 | LEMEE | Alexandre | SH | 356 | 00:50:38 | 00:49:07 | 863 | Le Havre |
| 874 | GRENTE | Jean-charles | VH1 | 204 | 00:50:38 | 00:49:43 | 927 | CAEN ATHLETIC CLUB |
| 875 | OSIKOWICZ | Bogdan | VH1 | 205 | 00:50:39 | 00:49:18 | 881 | Cormelles-le-Royal |
| 876 | PRINGAULT | Benedicte | VF1 | 23 | 00:50:39 | 00:49:28 | 898 | Lignou |
| 877 | HEROULT | Sebastien | VH1 | 207 | 00:50:41 | 00:49:36 | 918 | Colombelles |
| 878 | BOUDIER | Ludovic | SH | 357 | 00:50:41 | 00:47:59 | 733 | Caen |
| 879 | LOISON | Fabien | VH1 | 206 | 00:50:41 | 00:50:06 | 971 | Avenay |
| 880 | RAULD | Sophie | VF1 | 24 | 00:50:42 | 00:49:22 | 886 | Dangy |
| 881 | LEPRETTRE | Franck | VH1 | 208 | 00:50:42 | 00:49:10 | 870 | Evrecy |
| 882 | LECHEMINANT | Eric | VH2 | 89 | 00:50:43 | 00:50:20 | 1004 | Coulombs |
| 883 | MORIERE | Sebastien | VH1 | 209 | 00:50:43 | 00:49:10 | 871 | Mery-Corbon |
| 884 | LELEU | Julien | SH | 358 | 00:50:44 | 00:49:48 | 943 | Bretteville-l'Orgueilleuse |
| 885 | MARCHAND | Philippe | VH2 | 90 | 00:50:44 | 00:48:20 | 784 | Honfleur |
| 886 | MALHERBE | Jolan | SH | 359 | 00:50:45 | 00:48:30 | 805 | Nord Cotentin Athletisme |
| 887 | DUL | Zbigniew | VH2 | 91 | 00:50:45 | 00:49:24 | 890 | Giberville |
| 888 | PARIS | Etienne | SH | 360 | 00:50:45 | 00:48:43 | 829 | Caen |
| 889 | LEBEL | Nans | SH | 361 | 00:50:46 | 00:48:29 | 802 | Herouville-Saint-Clair |
| 890 | RAGOT | Baptiste | SH | 362 | 00:50:48 | 00:49:52 | 948 | Mandeville-en-Bessin |
| 891 | BUNEL | Sabrina | SF | 56 | 00:50:48 | 00:49:48 | 940 | Thury-Harcourt |

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| 892 | LEBOURGEOIS | Gilles | VH2 | 92 | 00:50:49 | 00:49:30 | 900 | Meuvaines |
| 893 | MATON | Laurent | VH2 | 93 | 00:50:49 | 00:46:33 | 612 | ASVA SANOFI |
| 894 | VIEILLARD | David | SH | 363 | 00:50:50 | 00:47:34 | 698 | Garcelles-Secqueville |
| 895 | TOUCHAIS | Christophe | VH1 | 210 | 00:50:51 | 00:49:14 | 877 | Caen |
| 896 | DUCROCQ | Quentin | SH | 364 | 00:50:52 | 00:49:25 | 892 | CAEN |
| 897 | FINOUX | Emeric | EH | 37 | 00:50:52 | 00:49:55 | 958 | Blainville-sur-Orne |
| 898 | BUCHET-DAVID | Isabelle | VF2 | 12 | 00:50:52 | 00:49:51 | 947 | Brouay |
| 899 | COISPEL | Laurent | VH1 | 211 | 00:50:53 | 00:49:42 | 926 | Fleury-sur-Orne |
| 900 | TROCHERIE | Vincent | VH1 | 212 | 00:50:53 | 00:49:53 | 949 | Sassy |
| 901 | PAPILLON | Benjamin | SH | 365 | 00:50:53 | 00:50:43 | 1047 | PARIS |
| 902 | SIMON | Sebastien | SH | 366 | 00:50:54 | 00:49:37 | 920 | EA Louviers |
| 903 | ANGER | Noemie | SF | 57 | 00:50:54 | 00:49:54 | 955 | Beaulieu |
| 904 | BESNARD | Ludovic | VH1 | 213 | 00:50:55 | 00:49:54 | 956 | USO Mondeville |
| 905 | FOUCAT | Christophe | VH1 | 214 | 00:50:56 | 00:49:32 | 911 | Clecly |
| 906 | CACCAVELLI | Axelle | SF | 58 | 00:50:57 | 00:49:49 | 945 | Fleury-sur-Orne |
| 907 | DUVAL | Benoit | SH | 367 | 00:50:58 | 00:49:24 | 891 | Epinay-sur-Odon |
| 908 | MESLIN | Stephane | VH1 | 215 | 00:50:59 | 00:49:08 | 867 | Tourlaville |
| 909 | GUERIN | Line | CF | 2 | 00:50:59 | 00:50:59 | 1075 | ECOUCHE LES VALLEE |
| 910 | GARNIER | Tom | CH | 30 | 00:51:00 | 00:46:25 | 597 | La Boissiere |
| 911 | BELLENGER | Thierry | VH1 | 216 | 00:51:01 | 00:49:53 | 951 | Alencon |
| 912 | AUBERT | Guillaume | SH | 368 | 00:51:01 | 00:50:50 | 1058 | CS TERNES PARIS OUEST |
| 913 | MARION | Claude | VF1 | 25 | 00:51:01 | 00:49:45 | 931 | saint-lo |
| 914 | BELLANGER | Stephane | VH1 | 217 | 00:51:01 | 00:48:42 | 826 | Giberville |
| 915 | CAVADINI | Olivier | SH | 369 | 00:51:02 | 00:49:48 | 941 | Nantes |
| 916 | RUELLAN | Pierrick | VH2 | 94 | 00:51:03 | 00:50:46 | 1052 | Fleury-sur-Orne |
| 917 | MARION | Bernard | VH4 | 2 | 00:51:03 | 00:49:54 | 954 | VIEUX |
| 918 | IZABELLE | Sebastien | VH1 | 218 | 00:51:04 | 00:51:04 | 1084 | LA MANCELLIERE SUR VIRE |
| 919 | LECLERC | Benoit | SH | 370 | 00:51:04 | 00:48:40 | 822 | Bayeux |
| 920 | HALIX | Christophe | VH2 | 95 | 00:51:05 | 00:49:25 | 893 | LC BRETTEVILLE SUR ODON |
| 921 | LANG | Pithy | VH1 | 219 | 00:51:05 | 00:48:06 | 749 | Parigne |
| 922 | DESHAYES | Simon | SH | 371 | 00:51:06 | 00:48:37 | 818 | Caen |
| 923 | AVENEL | Pauline | SF | 59 | 00:51:06 | 00:49:55 | 959 | Fresnay-le-Long |
| 924 | MONTECOT | Rejane | VF1 | 26 | 00:51:06 | 00:50:02 | 968 | Rocquancourt |
| 925 | VARAIN | Sabrina | SF | 60 | 00:51:06 | 00:50:14 | 989 | Saint-Vigor-le-Grand |
| 926 | SCHVARTZ | Antoine | SH | 372 | 00:51:09 | 00:47:11 | 659 | Caen |
| 927 | MARIE | Anne-laure | VF1 | 27 | 00:51:11 | 00:50:13 | 987 | caen athletique club |
| 928 | MARGUERITTE | Maxime | SH | 373 | 00:51:12 | 00:49:29 | 899 | Verson |
| 929 | OZOUF | Pierre | SH | 374 | 00:51:12 | 00:49:53 | 950 | Feugerolles-Bully |
| 930 | MISERIAUX | Emmanuel | SH | 375 | 00:51:13 | 00:50:59 | 1074 | Chateaubriant |
| 931 | TRICOCHÉ | Alexis | SH | 377 | 00:51:14 | 00:49:33 | 912 | Tilly-sur-Seulles |
| 932 | CONESA | Thibaut | SH | 376 | 00:51:14 | 00:50:19 | 999 | Tour-en-Bessin |
| 933 | KENNER | Franck | VH2 | 96 | 00:51:14 | 00:49:12 | 873 | COURCOURONNES |
| 934 | LOUBIERE | Nicolas | SH | 378 | 00:51:15 | 00:47:51 | 723 | Falaise |
| 935 | STANIASZEK | David | VH1 | 220 | 00:51:16 | 00:50:23 | 1007 | Conde-sur-Noireau |
| 936 | GABORIEAU | Olivier | VH1 | 221 | 00:51:17 | 00:49:44 | 930 | Sainte-Honorine-du-Fay |

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| 937 | MARIE | Bruno | VH2 | 97 | 00:51:18 | 00:49:26 | 894 | Bretteville-sur-Laize |
| 938 | BADIER | Philippe | VH2 | 98 | 00:51:19 | 00:49:43 | 929 | a3 alencon |
| 939 | BOISSELET | Geoffroy | SH | 379 | 00:51:19 | 00:50:53 | 1066 | La Barre-de-Semilly |
| 940 | LE POULARD | Gregory | VH1 | 222 | 00:51:20 | 00:49:54 | 957 | Caen |
| 941 | STOFFEL | Sandra | VF1 | 28 | 00:51:20 | 00:50:17 | 996 | Verson |
| 942 | JULIEN | Cecile | VF2 | 13 | 00:51:20 | 00:50:25 | 1009 | Caen |
| 943 | RICHARD | Nathan | CH | 31 | 00:51:22 | 00:50:28 | 1015 | GOUPILLIERES |
| 944 | KAROUATI | Sami | SH | 380 | 00:51:22 | 00:50:19 | 1001 | Bretteville-l'Orgueilleuse |
| 945 | GUELLE | Bastien | SH | 381 | 00:51:23 | 00:50:06 | 972 | Ils |
| 946 | DURAND | Sebastien | SH | 382 | 00:51:23 | 00:48:31 | 807 | Fontenay-le-Marmion |
| 947 | ROBVEILLE | Julien | SH | 383 | 00:51:23 | 00:49:23 | 888 | Eterville |
| 948 | BERTEN | Arnaud | SH | 384 | 00:51:23 | 00:49:05 | 859 | Auvillars |
| 949 | LEGAC | Emilie | SF | 61 | 00:51:24 | 00:50:17 | 995 | CAEN |
| 950 | CROSVILLE | Jerome | SH | 385 | 00:51:24 | 00:49:11 | 872 | Caen |
| 951 | ADAM | David | VH1 | 223 | 00:51:25 | 00:50:12 | 985 | Le Manoir |
| 952 | BRISSET | Jean-francois | VH1 | 224 | 00:51:26 | 00:47:39 | 711 | Le Havre |
| 953 | LECOEUR | Gaetan | SH | 386 | 00:51:27 | 00:49:00 | 855 | Bretteville-l'Orgueilleuse |
| 954 | BURBAUD | Hugo | JH | 28 | 00:51:27 | 00:48:34 | 811 | Caen |
| 955 | GRIMONPREZ | Hubert | VH2 | 99 | 00:51:28 | 00:50:33 | 1018 | Brouay |
| 956 | BELOUIN | Jean-baptiste | SH | 387 | 00:51:29 | 00:49:59 | 966 | Louvigny |
| 957 | PASQUETTE | Thomas | SH | 388 | 00:51:29 | 00:49:08 | 868 | Bretteville-sur-Odon |
| 958 | ROQUIGNY | Benjamin | SH | 390 | 00:51:30 | 00:50:15 | 990 | La Saussaye |
| 959 | DAUCHY | Jimmy | SH | 389 | 00:51:30 | 00:49:43 | 928 | Saint-Denis-sur-Scie |
| 960 | SNOCQ | Christophe | VH1 | 225 | 00:51:30 | 00:49:47 | 939 | Bourgtheroulde-Infreville |
| 961 | BISCAY | Aurelie | VF1 | 29 | 00:51:30 | 00:50:29 | 1016 | CAEN ATHLETIC CLUB |
| 962 | BELHADI | Mohamed-karim | SH | 391 | 00:51:31 | 00:49:56 | 961 | PARIS 17 |
| 963 | ESTIENNE | Jean-claude | VH1 | 226 | 00:51:32 | 00:50:10 | 980 | Ils |
| 964 | PRIOU | Florent | VH1 | 227 | 00:51:33 | 00:50:07 | 973 | US CHEMINOTS CAENNAIS |
| 965 | CAPDEPON | Adele | SF | 62 | 00:51:33 | 00:50:11 | 981 | Herouville-Saint-Clair |
| 966 | FOUBERT | Nathalie | VF1 | 30 | 00:51:33 | 00:50:34 | 1022 | colombelles |
| 967 | VILCOCQ | Olivier | VH1 | 228 | 00:51:34 | 00:50:09 | 977 | BIEVILLE BEUVILLE |
| 968 | QUEREY | Dominique | VH2 | 100 | 00:51:34 | 00:50:08 | 976 | Monts-en-Bessin |
| 969 | GUILLOTTE | Alexandre | SH | 392 | 00:51:35 | 00:50:12 | 984 | CAEN |
| 970 | GAUMER | Jerome | VH1 | 229 | 00:51:35 | 00:48:25 | 795 | Giberville |
| 971 | LEVERRIER | Edwige | SF | 63 | 00:51:35 | 00:50:37 | 1040 | Alencon |
| 972 | NORIE | Jean-francois | VH1 | 230 | 00:51:36 | 00:49:57 | 964 | Saint-Pierre-Langers |
| 973 | LINDJOUOM | Ibrahim | CH | 32 | 00:51:36 | 00:47:41 | 713 | Caen |
| 974 | MONZON | Maxime | SH | 393 | 00:51:37 | 00:49:53 | 953 | Cabourg |
| 975 | JOSPITRE | Joelle | VF2 | 14 | 00:51:37 | 00:50:34 | 1023 | Rogerville |
| 976 | DAVID | Michel | VH1 | 231 | 00:51:37 | 00:50:28 | 1014 | Stade athletique bayeusain |
| 977 | FAOU | Aurelien | SH | 394 | 00:51:37 | 00:49:53 | 952 | Hermanville-sur-Mer |
| 978 | RECROSIO | Stephane | VH1 | 232 | 00:51:37 | 00:50:35 | 1030 | Saint-Lo |
| 979 | MEUNIERS | Amandine | SF | 64 | 00:51:39 | 00:50:34 | 1025 | Caen triathlon |
| 980 | STOFFEL | Denis | VH2 | 101 | 00:51:40 | 00:50:37 | 1041 | Verson |
| 981 | DELY-DUGUEY | Anne-elise | SF | 65 | 00:51:41 | 00:50:33 | 1021 | Domloup |

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| 982 | SAUSSAIS | Johnny | SH | 395 | 00:51:41 | 00:50:24 | 1008 | Moult |
| 983 | RITZ | Ludivine | SF | 66 | 00:51:41 | 00:51:23 | 1114 | Caen Triathlon |
| 984 | GALLIENNE | Francois | SH | 396 | 00:51:41 | 00:50:34 | 1026 | Domloup |
| 985 | QUENTIN | Grieu | SH | 397 | 00:51:41 | 00:51:23 | 1115 | ASNIERES SUR SEINE |
| 986 | LEBATARD | Alexis | SH | 398 | 00:51:41 | 00:50:18 | 998 | Pont-l'Eveque |
| 987 | BOUBEKKI | Mickael | SH | 399 | 00:51:42 | 00:49:48 | 942 | AS tourlaville |
| 988 | GUERIN | Thomas | SH | 400 | 00:51:42 | 00:50:07 | 974 | BRETTEVILLE L'ORGUEILLEUSE |
| 989 | DELANNOY | Pierre-andre | SH | 401 | 00:51:42 | 00:49:35 | 914 | Laize-la-Ville |
| 990 | RAVENEL | Bertrand | VH2 | 102 | 00:51:42 | 00:50:47 | 1053 | Saint-Samson |
| 991 | HOLTZ | Stephane | VH1 | 233 | 00:51:43 | 00:50:19 | 1002 | Balleroy |
| 992 | SATBAEVA | Sabina | SF | 67 | 00:51:43 | 00:50:37 | 1038 | Moscow |
| 993 | BELLET | Camille | SF | 68 | 00:51:43 | 00:50:09 | 978 | Granville |
| 994 | GIBON | Patrice | VH1 | 234 | 00:51:46 | 00:49:30 | 902 | Mathieu |
| 995 | DUCHEMIN | Yannick | SH | 402 | 00:51:46 | 00:51:26 | 1121 | Hermanville-sur-Mer |
| 996 | BRINDEAU | Daniel | VH2 | 103 | 00:51:47 | 00:51:05 | 1090 | FLERS-CONDE SUR NOIREAU ATHLE |
| 997 | LE ROY | Corentin | EH | 38 | 00:51:48 | 00:50:37 | 1042 | Fontaine-Etoupefour |
| 998 | TAILLEFER | Elodie | SF | 69 | 00:51:48 | 00:50:47 | 1054 | CARRIERES SUR SEINE |
| 999 | MARCHAIS | Vincent | SH | 403 | 00:51:48 | 00:50:26 | 1012 | Le Mesnil-Rouxelin |
| 1000 | GOUEDARD | Romain | SH | 404 | 00:51:50 | 00:50:57 | 1070 | Lisieux |
| 1001 | MARIE | Helene | SF | 70 | 00:51:50 | 00:50:57 | 1071 | Gesvres |
| 1002 | MORIN | Fabrice | VH1 | 235 | 00:51:52 | 00:50:51 | 1063 | lfs |
| 1003 | LUCAS | Justine | SF | 71 | 00:51:52 | 00:50:55 | 1068 | Avenay |
| 1004 | DE OLIVEIRA | Jose | VH1 | 236 | 00:51:53 | 00:50:15 | 991 | Lonlay-l'Abbaye |
| 1005 | DELASALLE | Michel | VH1 | 237 | 00:51:54 | 00:50:08 | 975 | Maisoncelles-Pelvey |
| 1006 | RICCI | Daniel | VH2 | 104 | 00:51:55 | 00:51:40 | 1147 | Fresney-le-Puceux |
| 1007 | GAREAU | Christophe | VH1 | 238 | 00:51:55 | 00:50:47 | 1055 | Cuverville |
| 1008 | ALLOUCH | Nicolas | SH | 405 | 00:51:55 | 00:49:45 | 934 | Thevray |
| 1009 | RUIZ | Gaelle | SF | 72 | 00:51:57 | 00:51:00 | 1078 | Voisenon |
| 1010 | GOUIN | Aline | VF1 | 31 | 00:51:57 | 00:51:00 | 1076 | caen |
| 1011 | HENRIET | Anthony | SH | 406 | 00:51:58 | 00:48:34 | 812 | Caen |
| 1012 | ALLAN | Andrew | SH | 407 | 00:51:59 | 00:49:31 | 906 | London |
| 1013 | MARIE-HUET | Johan | VH1 | 239 | 00:51:59 | 00:50:13 | 986 | Luc sur mer |
| 1014 | MARIE | Emilie | SF | 73 | 00:51:59 | 00:50:13 | 988 | Bieville-Quetieville |
| 1015 | BANSE | Johanne | SH | 408 | 00:51:59 | 00:48:42 | 827 | Cerisy-la-Salle |
| 1016 | PEPIN | David | VH2 | 105 | 00:51:59 | 00:50:26 | 1011 | CONDE-TORIGNI |
| 1017 | DA ROIT | Stephane | VH1 | 240 | 00:51:59 | 00:50:20 | 1005 | Maltot |
| 1018 | SRIVASTAVA | Rakesh | VH2 | 106 | 00:52:00 | 00:51:00 | 1077 | MEUDON |
| 1019 | RUEL | Nathalie | VF1 | 32 | 00:52:00 | 00:51:49 | 1163 | Granville AC |
| 1020 | FINEL | Matteo | CH | 33 | 00:52:01 | 00:50:35 | 1031 | Creully |
| 1021 | SIMON | Lucille | JF | 6 | 00:52:02 | 00:50:26 | 1010 | Sannerville |
| 1022 | BROTIN | Romain | SH | 409 | 00:52:03 | 00:49:32 | 910 | Notre-Dame-de-Bondeville |
| 1023 | MARTINET | Daniel | VH2 | 107 | 00:52:03 | 00:49:37 | 921 | Colombelles |
| 1024 | LOUVET | Axel | SH | 410 | 00:52:04 | 00:50:43 | 1049 | Noyers-Bocage |
| 1025 | JOUGLET | Stephane | VH1 | 241 | 00:52:04 | 00:50:52 | 1064 | Cresserons |
| 1026 | LENORMAND | Paul | SH | 411 | 00:52:04 | 00:50:43 | 1050 | Jurques |

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| 1027 | MOREL | Jerome | VH1 | 242 | 00:52:08 | 00:50:19 | 1000 | Saint-Manvieu-Bocage |
| 1028 | OSMONT | Eric | VH2 | 108 | 00:52:09 | 00:51:13 | 1101 | AS TOURLAVILLE |
| 1029 | GOHIN | Melaine | VF1 | 33 | 00:52:10 | 00:51:10 | 1100 | Mouen |
| 1030 | JOUNOT | Yohan | SH | 412 | 00:52:10 | 00:49:41 | 924 | Bons-Tassilly |
| 1031 | GUILLOIN | Laetitia | VF1 | 34 | 00:52:11 | 00:51:04 | 1085 | Caen |
| 1032 | LERAY | Caroline | SF | 74 | 00:52:11 | 00:50:48 | 1056 | CAC |
| 1033 | BOUSSION | Baptiste | SH | 413 | 00:52:12 | 00:51:28 | 1124 | Angers |
| 1034 | MARTINEL | Laetitia | SF | 75 | 00:52:12 | 00:51:07 | 1092 | Avranches |
| 1035 | RICHARD | Jerome | VH1 | 243 | 00:52:12 | 00:50:35 | 1029 | Colombelles |
| 1036 | LECOQ | Eric | VH1 | 244 | 00:52:13 | 00:50:35 | 1032 | louvigny |
| 1037 | LEBAUDY | Guy | VH3 | 28 | 00:52:14 | 00:51:01 | 1080 | Caen |
| 1038 | THOMAS | Bruno | VH1 | 245 | 00:52:14 | 00:52:01 | 1184 | Villers bocage |
| 1039 | GUSTAVE | Dorothee | SF | 76 | 00:52:15 | 00:49:56 | 962 | Herouville-Saint-Clair |
| 1040 | DOUVILLE | Bastien | SH | 414 | 00:52:15 | 00:51:14 | 1104 | Caen |
| 1041 | CLEMENT D'HUART | Simon | SH | 415 | 00:52:18 | 00:51:24 | 1117 | Caen |
| 1042 | FUSSIEN | Remi | SH | 416 | 00:52:20 | 00:50:33 | 1019 | Caen |
| 1043 | MORELLON | Didier | VH1 | 246 | 00:52:20 | 00:51:04 | 1087 | Caen |
| 1044 | PELZ | Marie | SF | 77 | 00:52:21 | 00:49:31 | 905 | Caen |
| 1045 | BOUDESSEUL | Bastian | SH | 417 | 00:52:21 | 00:50:33 | 1020 | Bieville-Beuville |
| 1046 | LAILLIER | Benjamin | SH | 418 | 00:52:22 | 00:49:07 | 862 | Colombes |
| 1047 | BULLEN | Yvonne | VF2 | 15 | 00:52:23 | 00:51:05 | 1088 | CHARFONT ST. PETER |
| 1048 | JEANNE | Emmanuelle | SF | 78 | 00:52:23 | 00:51:01 | 1082 | Esson |
| 1049 | CHANEL | Herve | VH2 | 109 | 00:52:24 | 00:50:30 | 1017 | Vacognes-Neuilly |
| 1050 | MAUGER | Christophe | SH | 419 | 00:52:24 | 00:51:08 | 1096 | La Chapelle-Cecelin |
| 1051 | LECIGNE | Didier | VH3 | 29 | 00:52:24 | 00:50:36 | 1035 | us marquette |
| 1052 | PRUVOST | Jacques | VH2 | 110 | 00:52:24 | 00:50:36 | 1036 | US Marquette |
| 1053 | MACGREGOR | Chantal | VF3 | 4 | 00:52:25 | 00:50:36 | 1034 | US MARQUETTE |
| 1054 | ZELLER | Guillemette | JF | 7 | 00:52:25 | 00:52:08 | 1200 | ASSOCIATION SPORTIVE RENAULT T TRUCKS |
| 1055 | MINERBE | Christophe | SH | 420 | 00:52:26 | 00:51:06 | 1091 | Bretteville-le-Rabet |
| 1056 | THELOT | Isabelle | VF1 | 35 | 00:52:27 | 00:51:17 | 1110 | Brehal |
| 1057 | BLANQUIN | Astrid | SF | 79 | 00:52:27 | 00:50:16 | 992 | CAEN |
| 1058 | BORDOGNA | Xavier | SH | 421 | 00:52:27 | 00:51:05 | 1089 | Cormelles-le-Royal |
| 1059 | BARON | Guillaume | SH | 422 | 00:52:27 | 00:50:36 | 1033 | Bayeux |
| 1060 | FAUDAIS | Catherine | VF2 | 16 | 00:52:28 | 00:50:56 | 1069 | conde sur vire |
| 1061 | HOUELBECQ | Orlando | EH | 39 | 00:52:28 | 00:50:50 | 1060 | Caen |
| 1062 | ROUX | Paul | CH | 34 | 00:52:29 | 00:49:34 | 913 | Verson |
| 1063 | BODEY | Stephanie | VF1 | 36 | 00:52:29 | 00:51:14 | 1106 | Saint-Lambert-sur-Dive |
| 1064 | ZOUHAL | Estelle | VF1 | 37 | 00:52:30 | 00:51:36 | 1145 | Bourgbarre |
| 1065 | ARTOIS | Baudouin | VH1 | 247 | 00:52:30 | 00:50:55 | 1067 | PARIS 15 |
| 1066 | CURET | Baptiste | SH | 423 | 00:52:32 | 00:52:21 | 1225 | Caen |
| 1067 | PERROTTE | Gerard | VH3 | 30 | 00:52:33 | 00:51:33 | 1138 | Verson |
| 1068 | PELLETIER | Sonia | VF1 | 38 | 00:52:33 | 00:51:33 | 1137 | Fontaine-Etoupefour |
| 1069 | UGUEN | Magali | VF1 | 39 | 00:52:33 | 00:51:02 | 1083 | C. D'ALHLETISME CONDE-TORIGNI |
| 1070 | LAIGRE | Pauline | SF | 80 | 00:52:35 | 00:51:10 | 1099 | Vaudry |
| 1071 | MARIE | Arnaud | SH | 424 | 00:52:35 | 00:51:34 | 1139 | VILLY BOCAGE |

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| 1072 | MARTINEAU | Eric | VH1 | 248 | 00:52:36 | 00:51:09 | 1097 | Blainville sur Orne |
| 1073 | PELLETIER | Christophe | VH2 | 111 | 00:52:36 | 00:51:09 | 1098 | Pontoise |
| 1074 | COUDERC | Lionel | VH1 | 249 | 00:52:37 | 00:51:43 | 1155 | Fresney-le-Puceux |
| 1075 | PETITON | Damien | VH1 | 250 | 00:52:39 | 00:52:26 | 1234 | giberville |
| 1076 | LEBRETON | Melissa | SF | 81 | 00:52:39 | 00:50:17 | 997 | Giberville |
| 1077 | GRANDRIE | Johnny | SH | 425 | 00:52:40 | 00:51:20 | 1111 | Saint-Loup-Hors |
| 1078 | GUILLET | Marie | SF | 82 | 00:52:40 | 00:50:16 | 993 | Caen |
| 1079 | HERBELIN | Johann | VH1 | 251 | 00:52:41 | 00:51:20 | 1112 | Bourguebus |
| 1080 | LEROUX | Vincent | VH2 | 112 | 00:52:42 | 00:49:12 | 875 | Escoville |
| 1081 | ROMERO | Caroline | VF1 | 40 | 00:52:42 | 00:51:25 | 1118 | Stade ST LOIS |
| 1082 | MASSON | Baptiste | SH | 426 | 00:52:43 | 00:51:13 | 1103 | Fleury-sur-Orne |
| 1083 | DUVAL | Valerie | SF | 83 | 00:52:44 | 00:51:08 | 1095 | Louvigny |
| 1084 | HABERT | Martine | VF2 | 17 | 00:52:45 | 00:51:00 | 1079 | Aj Auxerre triathlon |
| 1085 | MARIE | Julien | SH | 427 | 00:52:45 | 00:50:58 | 1073 | Langrune-sur-Mer |
| 1086 | GORREC | Fabien | SH | 428 | 00:52:46 | 00:50:03 | 970 | giberville |
| 1087 | BATELIER | Jean pierre | VH3 | 31 | 00:52:47 | 00:49:59 | 967 | Pont-Audemer |
| 1088 | CAMBUZAT | Marie-laure | VF1 | 41 | 00:52:47 | 00:51:52 | 1169 | CAEN |
| 1089 | GARNIER | Sylvain | VH1 | 252 | 00:52:47 | 00:48:09 | 757 | La Boissiere |
| 1090 | LEMONNIER | Sylvain | SH | 429 | 00:52:48 | 00:50:19 | 1003 | Sannerville |
| 1091 | POUILLE | Julien | SH | 430 | 00:52:48 | 00:49:46 | 938 | Soliers |
| 1092 | ANDRE | Nicolas | SH | 431 | 00:52:50 | 00:51:35 | 1140 | Caen |
| 1093 | HARDY | Aurelien | JH | 29 | 00:52:51 | 00:50:43 | 1048 | Bayeux |
| 1094 | LERAY | Erwan | EH | 40 | 00:52:53 | 00:52:37 | 1252 | Saint-Georges-de-Rouelley |
| 1095 | LESELLIER | Didier | VH1 | 253 | 00:52:53 | 00:49:35 | 917 | La Chapelle-Biche |
| 1096 | BORDET | Corentin | CH | 35 | 00:52:53 | 00:51:26 | 1120 | Blainville-sur-Orne |
| 1097 | LEPAINTEUR | Herve | VH1 | 254 | 00:52:53 | 00:51:13 | 1102 | Secqueville-en-Bessin |
| 1098 | HEROUT | Raphaelle | SF | 84 | 00:52:55 | 00:49:39 | 923 | Caen |
| 1099 | GARNIER | Simon | SH | 432 | 00:52:56 | 00:52:50 | 1274 | A3 ALENCON |
| 1100 | MICHAUX | Nicolas | SH | 433 | 00:52:56 | 00:51:29 | 1128 | Demouville |
| 1101 | FOUQUES | Pascal | VH2 | 113 | 00:52:56 | 00:52:34 | 1244 | Mondeville |
| 1102 | HEDAN | Tony | SH | 434 | 00:52:58 | 00:51:47 | 1158 | PARIS 15 |
| 1103 | BONNEAU | Stephane | VH1 | 255 | 00:52:59 | 00:50:44 | 1051 | Putot-en-Auge |
| 1104 | BAISNEE | Eric | VH1 | 256 | 00:53:01 | 00:51:32 | 1134 | Saint-Vigor-le-Grand |
| 1105 | BARBOT | Jeremy | SH | 435 | 00:53:02 | 00:50:52 | 1065 | CAEN |
| 1106 | VADE | Marie-annick | VF2 | 18 | 00:53:03 | 00:50:50 | 1061 | SPORT ET DETENTE |
| 1107 | VADE | Philippe | VH2 | 114 | 00:53:03 | 00:50:49 | 1057 | SPORT ET DETENTE |
| 1108 | SURGET | Pascal | VH1 | 257 | 00:53:04 | 00:51:54 | 1173 | Caen |
| 1109 | RUULT | Hubert | VH2 | 115 | 00:53:04 | 00:50:21 | 1006 | CACT50 |
| 1110 | LEGENTIL | Marjorie | SF | 85 | 00:53:05 | 00:51:01 | 1081 | Torigni-sur-Vire |
| 1111 | LEMONNIER | David | VH1 | 258 | 00:53:07 | 00:50:58 | 1072 | Bourguebus |
| 1112 | BLANPAIN | Pierre-edouard | SH | 436 | 00:53:08 | 00:51:49 | 1162 | Giberville |
| 1113 | HAMEL | Gerard | VH3 | 32 | 00:53:08 | 00:51:58 | 1179 | ACO Sourdeval |
| 1114 | HERAMBERT | Yvon | EH | 41 | 00:53:09 | 00:49:42 | 925 | Foulbec |
| 1115 | HAMEL | Jocelyne | VF2 | 19 | 00:53:09 | 00:51:58 | 1180 | ACO Sourdeval |
| 1116 | CASTEL | Emmanuel | VH1 | 259 | 00:53:10 | 00:50:50 | 1059 | lfs |

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| 1117 | LAUNAY | Stephane | VH2 | 116 | 00:53:11 | 00:51:29 | 1130 | Sevigny |
| 1118 | OURY | Francois | VH1 | 260 | 00:53:11 | 00:52:05 | 1194 | Eraines |
| 1119 | DRION | Beatrice | VF1 | 42 | 00:53:12 | 00:52:12 | 1206 | Ifs |
| 1120 | DEBROISE | Jean-michel | VH2 | 117 | 00:53:12 | 00:51:57 | 1177 | Villedieu-les-Poeles |
| 1121 | DUMANOWSKI | Josselin | VH1 | 261 | 00:53:13 | 00:53:02 | 1302 | Luc-sur-Mer |
| 1122 | PLESSIS | Fabrice | VH2 | 118 | 00:53:14 | 00:51:40 | 1150 | conde-torigny |
| 1123 | BRODIN | Gilles | VH3 | 33 | 00:53:14 | 00:51:44 | 1157 | Sainte-Ceronne-les-Mortagne |
| 1124 | SALLES | Marie-laure | SF | 86 | 00:53:15 | 00:51:43 | 1153 | Messei |
| 1125 | LALALOUI | Medhi | SH | 437 | 00:53:15 | 00:53:15 | 1338 | Caen |
| 1126 | CHARRIER | Nicolas | SH | 438 | 00:53:16 | 00:52:09 | 1202 | Colleville-Montgomery |
| 1127 | BUSNEL | Vanessa | VF1 | 43 | 00:53:17 | 00:51:51 | 1164 | Caen |
| 1128 | HERFORT | Jerome | SH | 439 | 00:53:17 | 00:51:36 | 1144 | Mondeville |
| 1129 | FEREY | Guillaume | VH1 | 262 | 00:53:19 | 00:51:40 | 1148 | Caen |
| 1130 | FOSSE | Antoine | SH | 441 | 00:53:20 | 00:51:37 | 1146 | Giberville |
| 1131 | DEREAC | Julien | SH | 440 | 00:53:20 | 00:51:31 | 1132 | Caen |
| 1132 | ROUX | Nicolas | SH | 442 | 00:53:20 | 00:49:51 | 946 | Fumichon |
| 1133 | GAINON | Adeline | SF | 87 | 00:53:22 | 00:51:08 | 1094 | Usc mezidon |
| 1134 | DESCHATEAUX | Claudine | VF2 | 20 | 00:53:22 | 00:51:08 | 1093 | USC Mezidon |
| 1135 | SUTHERLAND | Maryline | VF1 | 44 | 00:53:23 | 00:50:36 | 1037 | Periers-sur-le-Dan |
| 1136 | ALLEAUME | Magali | VF1 | 45 | 00:53:23 | 00:51:14 | 1105 | Saint-Laurent-du-Mont |
| 1137 | JARDIN | Virginie | VF1 | 46 | 00:53:23 | 00:51:14 | 1108 | Rumesnil |
| 1138 | LEROY | Isabelle | VF2 | 21 | 00:53:24 | 00:50:37 | 1044 | Benouville |
| 1139 | GRAND | Julien | SH | 443 | 00:53:25 | 00:52:22 | 1226 | Caen |
| 1140 | SCELLES | Francois | VH1 | 263 | 00:53:26 | 00:50:50 | 1062 | Noron-la-Poterie |
| 1141 | MAHRACH | Monia | VF1 | 47 | 00:53:26 | 00:52:18 | 1222 | Bourguebus |
| 1142 | MARI | Dominique | VF1 | 48 | 00:53:29 | 00:52:06 | 1196 | CAEN ATHLETIC CLUB |
| 1143 | SOW | Remy | VH2 | 119 | 00:53:30 | 00:51:32 | 1135 | Cairon |
| 1144 | ROCHER | Sebastien | VH1 | 264 | 00:53:30 | 00:52:11 | 1204 | HEROUILLE SAINT CLAIR |
| 1145 | DESBORDES | Michel | VH1 | 265 | 00:53:31 | 00:52:08 | 1197 | Caen |
| 1146 | LEGRAND | Denis | VH2 | 120 | 00:53:31 | 00:52:03 | 1187 | Basse-Goulaine |
| 1147 | TATTEVIN | Didier | VH1 | 266 | 00:53:32 | 00:52:34 | 1247 | Verson |
| 1148 | MUSCO | Michela | VF1 | 49 | 00:53:33 | 00:52:33 | 1241 | Free runners le club |
| 1149 | FONTAINE GANNE | Florence | VF2 | 22 | 00:53:33 | 00:52:39 | 1256 | Bretteville-l'Orgueilleuse |
| 1150 | BELLOTTI | Jerome | VH1 | 267 | 00:53:34 | 00:52:01 | 1185 | CAEN |
| 1151 | DINEUR | Philippe | VH1 | 268 | 00:53:35 | 00:51:51 | 1165 | Le Plessis Bouchard |
| 1152 | TOURRET | Jean-robot | VH1 | 269 | 00:53:35 | 00:51:49 | 1161 | Cornelles-le-Royal |
| 1153 | LEMARESQUET | Ludovic | SH | 444 | 00:53:35 | 00:52:19 | 1223 | Bretteville-l'Orgueilleuse |
| 1154 | LEBEURRIER | Marc | VH2 | 121 | 00:53:36 | 00:51:27 | 1123 | Saint-Lo |
| 1155 | GUILLAMIN | Frederic | SH | 445 | 00:53:37 | 00:52:04 | 1190 | Colombelles |
| 1156 | DE SAINT JORES | Laurent | VH1 | 270 | 00:53:38 | 00:52:18 | 1220 | Saint-Planchers |
| 1157 | LEBRERE | Julie | SF | 88 | 00:53:39 | 00:52:19 | 1224 | Sainte-Marguerite-sur-Mer |
| 1158 | MERIENNE | Jean-louis | VH2 | 122 | 00:53:39 | 00:50:27 | 1013 | Laval |
| 1159 | FAUVEL | Corinne | VF1 | 50 | 00:53:40 | 00:51:51 | 1166 | association sportive Renault Trucks |
| 1160 | LASNE | Mathieu | SH | 446 | 00:53:40 | 00:51:35 | 1142 | CAEN |
| 1161 | LEROY | Thierry | VH1 | 271 | 00:53:40 | 00:51:42 | 1152 | Fontaine-Etoupefour |

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| 1162 | LAIGNEL | Valentin | SH | 447 | 00:53:40 | 00:52:00 | 1182 | Rots |
| 1163 | LAIGNEAU | Valentin | SH | 448 | 00:53:41 | 00:50:34 | 1024 | Bretteville-l'Orueilleuse |
| 1164 | CRAYE | Elise | SF | 89 | 00:53:41 | 00:51:22 | 1113 | Caen |
| 1165 | MALABOEUF | Mathieu | VH1 | 272 | 00:53:41 | 00:51:52 | 1170 | Herouville-Saint-Clair |
| 1166 | PHELINE | Audrey | SF | 90 | 00:53:41 | 00:52:04 | 1189 | Bordeaux |
| 1167 | SEGUY | Paul henri | SH | 449 | 00:53:41 | 00:52:05 | 1193 | Bordeaux |
| 1168 | BOULET | Marie roselyne | VF2 | 23 | 00:53:42 | 00:51:36 | 1143 | Oissel AC76 |
| 1169 | HERNANDEZ | Christophe | VH1 | 273 | 00:53:42 | 00:51:57 | 1175 | Plouaret |
| 1170 | LECLERCQ | Laure | SF | 91 | 00:53:42 | 00:52:31 | 1236 | Authie |
| 1171 | LORD | Christophe | SH | 450 | 00:53:43 | 00:52:39 | 1255 | CAEN |
| 1172 | GUINAMAND | Denis | SH | 451 | 00:53:44 | 00:50:16 | 994 | Saint-Vigor-le-Grand |
| 1173 | LEMEUX | Francois | SH | 452 | 00:53:44 | 00:48:14 | 767 | Caen |
| 1174 | FREHEL | Kevin | SH | 453 | 00:53:44 | 00:51:57 | 1176 | Caen |
| 1175 | BLAIS | Clement | SH | 454 | 00:53:46 | 00:52:33 | 1242 | Bieville-Beuville |
| 1176 | VANG | Benoit | VH1 | 274 | 00:53:46 | 00:52:14 | 1209 | Esquay-Notre-Dame |
| 1177 | LEBOURGEOIS | Bertrand | SF | 92 | 00:53:48 | 00:52:05 | 1195 | Mouen |
| 1178 | OLEJNICZAK | Tom | CH | 36 | 00:53:49 | 00:51:27 | 1122 | Caen |
| 1179 | THERAULT | Christelle | VF1 | 51 | 00:53:50 | 00:53:33 | 1398 | USM VIRE |
| 1180 | LANGLOIS-LENEVEU | Sandrine | SF | 93 | 00:53:50 | 00:53:32 | 1396 | Tellieres-le-Plessis |
| 1181 | VIMARD | Nadege | SF | 94 | 00:53:50 | 00:52:54 | 1285 | Mandeville-en-Bessin |
| 1182 | BONUTTO | Clement | SH | 455 | 00:53:50 | 00:51:29 | 1127 | Saint-Valery-en-Caux |
| 1183 | PORET | Florian | SH | 456 | 00:53:51 | 00:51:28 | 1126 | Caen |
| 1184 | CHEVALIER | Yann | SH | 457 | 00:53:52 | 00:51:43 | 1154 | Saint-Martin-de-Fontenay |
| 1185 | PEIGNEY | Jerome | SH | 458 | 00:53:53 | 00:53:07 | 1318 | BENY SUR MER |
| 1186 | WALTER | David | VH1 | 275 | 00:53:54 | 00:51:23 | 1116 | Caen |
| 1187 | LEPELLETIER | Ludivine | SF | 95 | 00:53:55 | 00:50:02 | 969 | Caen |
| 1188 | BOUVILLE | Frederic | VH2 | 123 | 00:53:56 | 00:53:02 | 1304 | May-sur-Orne |
| 1189 | GERMAN | Mehdi | SH | 459 | 00:53:57 | 00:51:58 | 1181 | Evreux |
| 1190 | BONNECHERE | Pascal | VH2 | 124 | 00:53:57 | 00:51:43 | 1156 | Villedieu-les-Bailleul |
| 1191 | LESOUTIVIER | Arnaud | SH | 460 | 00:53:57 | 00:51:28 | 1125 | Saint-Manvieu-Norrey |
| 1192 | GARCIA BALLESTER | Didier | VH2 | 125 | 00:53:58 | 00:51:58 | 1178 | Sylvains-les-Moulins |
| 1193 | LARCHER | Jean benoit | SH | 461 | 00:53:59 | 00:52:53 | 1283 | Bayeux |
| 1194 | SHALBY | Walid | SH | 462 | 00:53:59 | 00:50:10 | 979 | Caen |
| 1195 | GODARD | Fabien | VH1 | 276 | 00:53:59 | 00:51:54 | 1172 | Louvigny |
| 1196 | FOLLIOT | Quentin | SH | 463 | 00:54:01 | 00:52:45 | 1264 | Blainville-sur-Orne |
| 1197 | FAURIANT | Lucas | SH | 464 | 00:54:04 | 00:52:48 | 1270 | Clamart |
| 1198 | BARBOT | Severine | SF | 96 | 00:54:05 | 00:51:55 | 1174 | L' Etang-la-Ville |
| 1199 | BRIENS | Jean-christophe | VH1 | 277 | 00:54:05 | 00:53:28 | 1385 | CAEN |
| 1200 | SAUTER | Robin | SH | 466 | 00:54:06 | 00:52:10 | 1203 | Argentan |
| 1201 | BOTTET | Alexandre | SH | 465 | 00:54:06 | 00:53:12 | 1329 | Herouville Saint Clair |
| 1202 | GRAILLOT | Aline | VF1 | 52 | 00:54:07 | 00:52:15 | 1214 | DEAUVILLE TROUVILLE TRIATHLON |
| 1203 | THIEBEAUX | Christopher | SH | 467 | 00:54:08 | 00:52:54 | 1284 | carpiquet |
| 1204 | GILARD | Guy | VH2 | 126 | 00:54:09 | 00:53:01 | 1301 | Saint-Desir |
| 1205 | ROQUIGNY | Yvan | VH1 | 278 | 00:54:11 | 00:52:59 | 1298 | La Saussaye |
| 1206 | MOUCHEL | Frederic | SH | 468 | 00:54:11 | 00:51:52 | 1168 | Demouville |

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| 1207 | LAUNAY | Aline | VF1 | 53 | 00:54:11 | 00:52:09 | 1201 | Thaon |
| 1208 | CHARTRIE | Eric | VH1 | 279 | 00:54:12 | 00:52:14 | 1211 | La Gueroulde |
| 1209 | TORREGROSSA | Leo | SH | 469 | 00:54:12 | 00:52:15 | 1212 | PARIS 19 |
| 1210 | BOURIENNE | Jean-paul | VH1 | 280 | 00:54:13 | 00:52:14 | 1210 | Ils |
| 1211 | GUILLEMYN | Charlene | SF | 97 | 00:54:13 | 00:53:03 | 1306 | Es Falaisienne |
| 1212 | PAIN | Pierre | VH4 | 3 | 00:54:13 | 00:52:33 | 1243 | Hebecrevon |
| 1213 | FEUILLET | Jerome | SH | 470 | 00:54:13 | 00:52:01 | 1183 | Carpiquet |
| 1214 | LEVAVASSEUR | Anne laure | VF1 | 55 | 00:54:14 | 00:50:34 | 1028 | Saint-Lo |
| 1215 | CARDIN | Sandrine | VF1 | 54 | 00:54:14 | 00:52:34 | 1248 | HEBECREVEON |
| 1216 | LEMAITRE | Thierry | VH2 | 127 | 00:54:15 | 00:52:14 | 1208 | Vimont |
| 1217 | CHAN TSIN | Alain | VH3 | 34 | 00:54:15 | 00:53:16 | 1345 | Saint-Vigor-le-Grand |
| 1218 | SEGARD | Mathieu | VH1 | 281 | 00:54:15 | 00:53:06 | 1313 | Offranville |
| 1219 | LETOURNEUR | Romuald | SH | 471 | 00:54:15 | 00:51:31 | 1133 | Soulangy |
| 1220 | TESTEMALE | Katiane | SF | 98 | 00:54:16 | 00:51:53 | 1171 | Caen |
| 1221 | SALLES | Claudy | SF | 99 | 00:54:16 | 00:51:14 | 1107 | Vire |
| 1222 | LELIEVRE | Emilie | SF | 100 | 00:54:16 | 00:53:18 | 1351 | SAINT GERMAIN DE TALLEVENDE |
| 1223 | BERTHELOT | Vincent | SH | 472 | 00:54:16 | 00:52:47 | 1266 | Grainville-sur-Odon |
| 1224 | JONFAL | Joel | VH2 | 128 | 00:54:17 | 00:52:40 | 1257 | PARIS 17 |
| 1225 | LECLERC | Camille | SF | 101 | 00:54:17 | 00:53:17 | 1347 | Herouville-Saint-Clair |
| 1226 | CHASLE | Pierre | SH | 473 | 00:54:17 | 00:53:17 | 1346 | CAEN TRIATHLON |
| 1227 | DEBASLY | Patricia | VF1 | 56 | 00:54:17 | 00:53:23 | 1367 | Ils |
| 1228 | TURQUETIL | Karl | JH | 30 | 00:54:17 | 00:53:04 | 1309 | Tourville-sur-Odon |
| 1229 | THIBAUT | Nicolas | SH | 474 | 00:54:17 | 00:51:25 | 1119 | Laize-Clinchamps |
| 1230 | MARIE | Marion | SF | 102 | 00:54:17 | 00:52:25 | 1232 | Giberville |
| 1231 | HERBONNIERE | Lydie | VF1 | 57 | 00:54:17 | 00:53:16 | 1341 | Flers |
| 1232 | LE DUEY | Christophe | VH1 | 282 | 00:54:18 | 00:51:31 | 1131 | Ferel |
| 1233 | BIDON | Pascale | VF3 | 5 | 00:54:18 | 00:53:02 | 1305 | USC MEZIDON |
| 1234 | DEBONS | Stephane | SH | 475 | 00:54:18 | 00:51:33 | 1136 | Saint-Martin-de-Mieux |
| 1235 | BOURGUIN | Steven | SH | 476 | 00:54:18 | 00:52:55 | 1287 | Saint-Carne |
| 1236 | HARIVEL | Svetlana | SF | 103 | 00:54:19 | 00:53:06 | 1314 | Colombelles |
| 1237 | SEMELAGNE | Sabrina | VF1 | 58 | 00:54:19 | 00:52:31 | 1237 | LOUVIGNY |
| 1238 | POIDEVIN | Jerome | SH | 477 | 00:54:19 | 00:48:46 | 835 | Authie |
| 1239 | GARGUILO | Gerard | VH2 | 129 | 00:54:19 | 00:52:15 | 1215 | Rots |
| 1240 | RAMBAUT | Fabrice | VH1 | 283 | 00:54:20 | 00:52:32 | 1239 | Tilly-sur-Seulles |
| 1241 | MOULIN | Philippe | VH2 | 131 | 00:54:21 | 00:52:17 | 1217 | Equeurdreville-Hainneville |
| 1242 | RIBEIRO MARCELO | Ricardo | VH2 | 130 | 00:54:21 | 00:50:34 | 1027 | Caen |
| 1243 | ROHEL | Morgane | SF | 104 | 00:54:21 | 00:52:18 | 1219 | Caen |
| 1244 | LAISNEY | Sandrine | SF | 105 | 00:54:22 | 00:52:46 | 1265 | Tessy-sur-Vire |
| 1245 | DAVAL | Sabine | SF | 106 | 00:54:22 | 00:53:21 | 1362 | Cambes-en-Plaine |
| 1246 | LEMESLE | Celine | VF1 | 59 | 00:54:22 | 00:53:06 | 1315 | Herouville-Saint-Clair |
| 1247 | AGNES | Berenger | VH1 | 284 | 00:54:24 | 00:52:31 | 1238 | LES MOLLETS LYSTRIENS |
| 1248 | TRANCHANT | Bruno | VH2 | 132 | 00:54:25 | 00:52:44 | 1263 | Cheux |
| 1249 | PELLERIN | Gwenael | VH1 | 285 | 00:54:26 | 00:51:47 | 1159 | Saint-Etienne-du-Rouvray |
| 1250 | CHAMARET | Carine | VF1 | 60 | 00:54:26 | 00:51:48 | 1160 | Le Grand-Quevilly |
| 1251 | HIRON | Laurent | VH1 | 286 | 00:54:27 | 00:52:17 | 1218 | Mutrecy |

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|------|----------------|-------------|-----|-----|----------|----------|------|-------------------------------|
| 1252 | LECLERE | Fabrice | VH1 | 287 | 00:54:29 | 00:53:24 | 1371 | Grentheville |
| 1253 | LEQUEST | Catherine | VF1 | 61 | 00:54:30 | 00:52:05 | 1191 | Courseulles-sur-Mer |
| 1254 | MAREAU | Alexandre | SH | 478 | 00:54:30 | 00:51:14 | 1109 | SAINTE MARIE LAUMONT |
| 1255 | DE BEAUCOUDREY | Julie | SF | 107 | 00:54:30 | 00:53:25 | 1374 | Villons-les-Buissons |
| 1256 | MOORE | Thomas | SH | 479 | 00:54:31 | 00:51:29 | 1129 | Bayeux |
| 1257 | AUGER | Amelie | SF | 108 | 00:54:31 | 00:52:29 | 1235 | EMSAM |
| 1258 | VILLALON | Eric | VH1 | 288 | 00:54:31 | 00:53:17 | 1349 | Herouville-Saint-Clair |
| 1259 | LE BIHAN | Theophile | VH3 | 35 | 00:54:32 | 00:53:35 | 1402 | Saint-Laurent-de-Condol |
| 1260 | BERRY | Kathryn | VF2 | 24 | 00:54:33 | 00:52:05 | 1192 | Leatherhead |
| 1261 | LE ROUX | Frederic | VH1 | 289 | 00:54:33 | 00:53:36 | 1406 | AS Cherbourg |
| 1262 | BASLEY | Alain | VH2 | 133 | 00:54:34 | 00:53:03 | 1307 | Caen |
| 1263 | TELLIER | Sylvain | VH1 | 290 | 00:54:34 | 00:52:52 | 1281 | Moulineaux |
| 1264 | JAMES | Philippe | VH2 | 134 | 00:54:36 | 00:52:01 | 1186 | GRAND Parigny |
| 1265 | OUNA | Mikael | SH | 480 | 00:54:36 | 00:50:41 | 1046 | Paris |
| 1266 | GONNET | Emilie | SF | 109 | 00:54:36 | 00:53:34 | 1400 | Feuguerolles-Bully |
| 1267 | GAILLARD | Cyrille | VH1 | 291 | 00:54:36 | 00:53:36 | 1410 | Mouen |
| 1268 | KLEIN | Mikael | SH | 481 | 00:54:36 | 00:50:37 | 1043 | PARIS 03 |
| 1269 | GAUTHEY | Julien | SH | 482 | 00:54:37 | 00:54:16 | 1503 | Escoville |
| 1270 | LOISEAU | Maxime | SH | 483 | 00:54:38 | 00:53:15 | 1337 | Saint-Victor-de-Chretienville |
| 1271 | ETIENNE | Sylvie | VF2 | 25 | 00:54:38 | 00:54:05 | 1482 | Stade - Saint-Lo |
| 1272 | MATEO | Olivier | SH | 484 | 00:54:39 | 00:52:08 | 1198 | Demouville |
| 1273 | MARIE | Christian | VH2 | 135 | 00:54:39 | 00:53:23 | 1368 | Douvres-la-Delivrande |
| 1274 | ARMAND | Ludovic | VH1 | 292 | 00:54:39 | 00:53:19 | 1354 | Bois-Guillaume |
| 1275 | BESNARD | Francois | VH2 | 136 | 00:54:40 | 00:52:24 | 1229 | Colombelles |
| 1276 | MUTREL | Fabrice | VH1 | 293 | 00:54:40 | 00:52:57 | 1294 | Fresney-le-Puceux |
| 1277 | MUTREL | Dominique | VH2 | 137 | 00:54:40 | 00:52:57 | 1292 | Iffs |
| 1278 | MUTREL | Eric | VH2 | 138 | 00:54:41 | 00:52:57 | 1293 | Iffs |
| 1279 | DESCHAMPS | Emmanuel | VH1 | 294 | 00:54:41 | 00:53:05 | 1310 | CAEN |
| 1280 | DARNANVILLE | Margaux | SF | 110 | 00:54:42 | 00:53:27 | 1378 | Cesny-Bois-Halbout |
| 1281 | LEGAC | Sabine | VF2 | 26 | 00:54:43 | 00:53:36 | 1407 | Cherbourg-Octeville |
| 1282 | MOISSON | Celine | SF | 111 | 00:54:44 | 00:53:29 | 1387 | U.S.O. MONDEVILLE |
| 1283 | LEMARESQUET | Morgane | SF | 112 | 00:54:44 | 00:53:28 | 1381 | Bretteville-l'Orgueilleuse |
| 1284 | CHAN TSIN | Jacky | VH4 | 4 | 00:54:44 | 00:53:45 | 1427 | Caen |
| 1285 | FERET | Denis | VH2 | 139 | 00:54:45 | 00:52:48 | 1271 | s/l u.s.o Mondeville |
| 1286 | GONZALEZ | Marie-laure | VF2 | 27 | 00:54:45 | 00:54:26 | 1533 | BARON SUR ODON |
| 1287 | FROGET | Christophe | VH1 | 295 | 00:54:45 | 00:52:35 | 1249 | Le Vaudreuil |
| 1288 | MESLIN | Fabrice | SH | 485 | 00:54:45 | 00:53:16 | 1340 | May-sur-Orne |
| 1289 | CLOUS | Valerie | VF1 | 62 | 00:54:45 | 00:54:34 | 1559 | Danestal |
| 1290 | GOUVILLE | Elodie | SF | 113 | 00:54:46 | 00:53:30 | 1391 | BRETTEVILLE SUR ODON |
| 1291 | BRUNEL | Valerie | SF | 114 | 00:54:46 | 00:53:30 | 1390 | Maltot |
| 1292 | HAMEL | Simon | SH | 486 | 00:54:47 | 00:52:08 | 1199 | Caen |
| 1293 | RAMOND | Jerome | VH1 | 296 | 00:54:48 | 00:52:15 | 1213 | Athis-de-l'Orne |
| 1294 | LEGRAND | Marie-anne | VF2 | 28 | 00:54:49 | 00:53:20 | 1357 | Basse-Goulaine |
| 1295 | LE BORDAIS | Melodie | SF | 115 | 00:54:49 | 00:53:45 | 1432 | Longvillers |
| 1296 | RAMOND | Celine | VF1 | 63 | 00:54:49 | 00:52:16 | 1216 | athis val de rouvre |

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| 1297 | MIELVAQUE | Stephanie | SF | 116 | 00:54:50 | 00:52:34 | 1246 | Torgni-sur-Vire |
| 1298 | LACOUR | Thea | JF | 8 | 00:54:50 | 00:52:34 | 1245 | Merville-Franceville-Plage |
| 1299 | GAMELIN | Charlene | SF | 117 | 00:54:51 | 00:51:41 | 1151 | r2MA |
| 1300 | MOCQUES | Cyril | VH1 | 297 | 00:54:51 | 00:53:09 | 1322 | Le Beny-Bocage |
| 1301 | COSTY | Charles | SH | 487 | 00:54:52 | 00:53:20 | 1359 | CAEN |
| 1302 | NICOLLE | Frederic | SH | 488 | 00:54:53 | 00:51:51 | 1167 | Subles |
| 1303 | FOULGOC | Alain | VH3 | 36 | 00:54:54 | 00:53:15 | 1339 | Fourqueux |
| 1304 | GERAULT | Isabelle | VF1 | 64 | 00:54:54 | 00:53:37 | 1412 | Laille |
| 1305 | DE BEAUCOUDREY | Guillaume | SH | 489 | 00:54:55 | 00:53:50 | 1445 | Villons-les-Buissons |
| 1306 | BOULLAND | Benoit | SH | 490 | 00:54:55 | 00:53:31 | 1392 | Rocquancourt |
| 1307 | BARBET | Xavier | SH | 491 | 00:54:56 | 00:51:40 | 1149 | CONDE SUR VIRE |
| 1308 | SAUSSAIS | Marvin | SH | 492 | 00:54:57 | 00:53:47 | 1438 | Caen |
| 1309 | MAUBANC | Cedric | SH | 493 | 00:54:58 | 00:49:35 | 916 | Carcagny |
| 1310 | ROY | Charlotte | SF | 118 | 00:54:59 | 00:52:58 | 1297 | Fontevraud l'Abbaye |
| 1311 | BOUVILLE | Delphine | VF1 | 65 | 00:54:59 | 00:53:51 | 1449 | May-sur-Orne |
| 1312 | CHESNAY | Mathieu | SH | 494 | 00:54:59 | 00:53:11 | 1327 | Bayeux |
| 1313 | LEBARON | Cyril | VH1 | 298 | 00:55:00 | 00:53:41 | 1422 | Noyers-Bocage |
| 1314 | FRESSARD | Philippe | VH1 | 299 | 00:55:00 | 00:53:05 | 1311 | Mery-Corbon |
| 1315 | LEFAVRAIS | Nicolas | VH1 | 300 | 00:55:00 | 00:53:24 | 1372 | Canteloup |
| 1316 | LEMARCHAND | Frederic | SH | 495 | 00:55:01 | 00:53:34 | 1399 | Valambray |
| 1317 | MALHERBE | Camille | SH | 496 | 00:55:01 | 00:51:35 | 1141 | Caen |
| 1318 | TERRIAT | William | SH | 497 | 00:55:02 | 00:53:25 | 1373 | Vimont |
| 1319 | LEHAYAIS | Franck | VH2 | 140 | 00:55:02 | 00:53:08 | 1319 | Douvres-la-Delivrande |
| 1320 | LESOURD | Marc | VH3 | 37 | 00:55:03 | 00:53:57 | 1464 | Cairon |
| 1321 | LAPLANCHE | Mickael | VH1 | 301 | 00:55:03 | 00:53:58 | 1467 | Ducey |
| 1322 | LAIGRE | Nelly | VF2 | 29 | 00:55:04 | 00:53:40 | 1417 | USM VIRE |
| 1323 | BESCOND | Melanie | SF | 119 | 00:55:05 | 00:53:50 | 1444 | Herouville-Saint-Clair |
| 1324 | RAIMBAULT | Frederic | VH2 | 141 | 00:55:06 | 00:53:52 | 1453 | Courseulles-sur-Mer |
| 1325 | LEFEVRE | Victorien | JH | 31 | 00:55:06 | 00:52:55 | 1289 | Putot-en-Bessin |
| 1326 | MAZEURE | Guillaume | SH | 498 | 00:55:07 | 00:52:22 | 1228 | Potigny |
| 1327 | LEPENANT | Lilian | EH | 42 | 00:55:07 | 00:53:41 | 1420 | LIEURY |
| 1328 | CADORET | Daniel | VH3 | 38 | 00:55:08 | 00:53:56 | 1463 | UNION SPORTIVE MERY SUR OISE |
| 1329 | DUMONT | Didier | VH1 | 302 | 00:55:08 | 00:54:09 | 1491 | Gace |
| 1330 | JAMES | Steven | SH | 499 | 00:55:09 | 00:52:35 | 1251 | Caen |
| 1331 | RIPAUX | Richard | VH2 | 142 | 00:55:10 | 00:53:56 | 1461 | Trun |
| 1332 | JOUSSEAUME | Stephane | VH2 | 143 | 00:55:10 | 00:52:52 | 1282 | cambremer |
| 1333 | CARPENTIER | Magali | SF | 120 | 00:55:11 | 00:53:48 | 1440 | Lisieux |
| 1334 | GROSSIER | Christophe | VH2 | 144 | 00:55:12 | 00:52:03 | 1188 | Subles |
| 1335 | LEMARINIER | Isabelle | VF2 | 30 | 00:55:12 | 00:52:48 | 1268 | Anguerny |
| 1336 | LEMARINIER | Alain | VH2 | 145 | 00:55:12 | 00:52:49 | 1272 | Anguerny |
| 1337 | GAUQUELIN | Guy | VH3 | 39 | 00:55:13 | 00:53:51 | 1448 | CAEN |
| 1338 | FAINS | Yannick | SH | 500 | 00:55:16 | 00:52:49 | 1273 | Goufaleur |
| 1339 | MALBAUX | Benoit | VH1 | 303 | 00:55:18 | 00:53:54 | 1457 | ES TROARN ATHLETISME |
| 1340 | LEROUX | Paul | SH | 501 | 00:55:19 | 00:53:42 | 1423 | Caen |
| 1341 | GUICHARD | Alain | VH3 | 40 | 00:55:19 | 00:53:29 | 1388 | Soliers |

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| 1342 | VERITE | Nicolas | SH | 502 | 00:55:20 | 00:54:04 | 1481 | Vendes |
| 1343 | PHILIPPE | Fabrice | VH1 | 304 | 00:55:20 | 00:54:01 | 1478 | Les Moutiers-Hubert |
| 1344 | SCRUMEDA | Radu | VH2 | 146 | 00:55:20 | 00:52:43 | 1261 | Caen |
| 1345 | LE BUAN | Celine | SF | 121 | 00:55:21 | 00:53:31 | 1394 | Giberville |
| 1346 | FRILAY | Cedric | VH1 | 305 | 00:55:21 | 00:53:27 | 1379 | Authie |
| 1347 | FUCHSBERGER | Tanja | SF | 122 | 00:55:21 | 00:53:28 | 1383 | Cambridge |
| 1348 | CLAVERY | Stephane | VH2 | 147 | 00:55:22 | 00:53:07 | 1316 | CAEN |
| 1349 | BORDAS | Eric | VH3 | 41 | 00:55:23 | 00:54:04 | 1480 | Villiers-le-Bacle |
| 1350 | TAYO | Merlin | SH | 503 | 00:55:24 | 00:53:59 | 1473 | Iffs |
| 1351 | LE BECQ | Mickael | SH | 505 | 00:55:26 | 00:53:56 | 1462 | Bourguebus |
| 1352 | SICOT | Stephane | SH | 504 | 00:55:26 | 00:52:51 | 1277 | Herouville-Saint-Clair |
| 1353 | COURTIN | Jason | SH | 506 | 00:55:26 | 00:52:51 | 1276 | Caen |
| 1354 | VALLIN | Priscilla | SF | 123 | 00:55:27 | 00:53:26 | 1375 | Saumur |
| 1355 | MAUCORPS | Gregory | SH | 507 | 00:55:29 | 00:54:25 | 1527 | Saint-Martin-de-Fontenay |
| 1356 | KLEIN | Marine | EF | 10 | 00:55:29 | 00:54:23 | 1518 | Falaise |
| 1357 | HANNON | Julien | SH | 508 | 00:55:29 | 00:52:22 | 1227 | Sallertaine |
| 1358 | LEPLEY | Sylvain | SH | 509 | 00:55:30 | 00:55:15 | 1664 | Fontenay-le-Marmion |
| 1359 | SENECHAL | Patrick | VH2 | 148 | 00:55:30 | 00:53:01 | 1300 | Barbery |
| 1360 | SAMSON | Xavier | VH3 | 42 | 00:55:30 | 00:54:27 | 1534 | Le Plessis-Grammoire |
| 1361 | LAUDET | Myriam | VF2 | 31 | 00:55:31 | 00:54:34 | 1562 | Seiches-sur-le-Loir |
| 1362 | CORBIN | Thomas | SH | 510 | 00:55:31 | 00:52:55 | 1286 | MONDEVILLE |
| 1363 | LEDOUIT | Annabelle | SF | 124 | 00:55:31 | 00:54:24 | 1522 | Mondrainville |
| 1364 | SAINT | Thomas | SH | 512 | 00:55:32 | 00:51:04 | 1086 | Caen |
| 1365 | FRANCOISE | Emmanuel | VH1 | 306 | 00:55:32 | 00:53:21 | 1364 | Valframbert |
| 1366 | SABA | Nicolas | SH | 511 | 00:55:32 | 00:52:56 | 1290 | Caen |
| 1367 | GUILBERT | Monique | VF2 | 32 | 00:55:32 | 00:53:45 | 1430 | Valognes |
| 1368 | GUILBERT | Sylvain | VH1 | 307 | 00:55:32 | 00:53:45 | 1429 | Valognes |
| 1369 | GELLET | Eric | VH1 | 308 | 00:55:32 | 00:54:28 | 1536 | Benouville |
| 1370 | LECONTE | Richard | VH1 | 309 | 00:55:32 | 00:53:35 | 1401 | Argences |
| 1371 | CHARON | Patricia | VF1 | 66 | 00:55:33 | 00:55:20 | 1680 | Colleville-Montgomery |
| 1372 | GAIGNON | Mickael | VH1 | 310 | 00:55:33 | 00:52:56 | 1291 | Vieux-Fume |
| 1373 | NOTREAMI | Fabrice | SH | 513 | 00:55:34 | 00:52:39 | 1254 | Mezidon-Canon |
| 1374 | BESNARD | Fabrice | VH1 | 311 | 00:55:34 | 00:53:28 | 1386 | Iffs |
| 1375 | CHANUSSOT | Jean-luc | VH3 | 43 | 00:55:34 | 00:53:10 | 1325 | palaiseau |
| 1376 | BRIARD | Laurent | VH1 | 312 | 00:55:35 | 00:54:08 | 1489 | CORMELLES LE ROYAL |
| 1377 | LEROY | Benjamin | SH | 514 | 00:55:35 | 00:52:44 | 1262 | Giberville |
| 1378 | BOUTRY | Eric | VH1 | 313 | 00:55:35 | 00:54:26 | 1530 | Esquay-Notre-Dame |
| 1379 | AGISSON | Jennifer | SF | 125 | 00:55:36 | 00:54:26 | 1529 | OUISTREHAM |
| 1380 | POIRIER | David | VH1 | 314 | 00:55:37 | 00:53:55 | 1459 | Mouen |
| 1381 | MUSUALU | Bernard | VH3 | 44 | 00:55:37 | 00:53:40 | 1419 | USO Mondeville |
| 1382 | ILLARET | Stephane | VH1 | 315 | 00:55:38 | 00:53:09 | 1323 | Bieville-Beuville |
| 1383 | LEROUX | Gaylord | SH | 515 | 00:55:38 | 00:55:25 | 1693 | Grainville-sur-Odon |
| 1384 | DEPINCE | Jean-claude | VH3 | 45 | 00:55:38 | 00:54:19 | 1510 | Saint-Aubin-d'Arquenay |
| 1385 | MATHIEU | Emmanuel | VH1 | 316 | 00:55:38 | 00:54:32 | 1551 | boulogne billancourt |
| 1386 | ABNER | Jean-bernard | VH2 | 149 | 00:55:38 | 00:54:27 | 1535 | May-sur-Orne |

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| 1387 | CADIOU | Samuel | VH1 | 317 | 00:55:38 | 00:53:45 | 1428 | Giberville |
| 1388 | SAIHI | Karim | VH2 | 150 | 00:55:38 | 00:53:31 | 1393 | Herouville-Saint-Clair |
| 1389 | WORETH | Nicolas | VH1 | 318 | 00:55:39 | 00:53:58 | 1468 | Courir en Baie Pontorson |
| 1390 | CARTIER | Guillaume | SH | 516 | 00:55:39 | 00:54:07 | 1487 | Caen |
| 1391 | CADEAU | Alexis | SH | 517 | 00:55:39 | 00:53:48 | 1442 | Caen |
| 1392 | PILATE | Alice | SF | 126 | 00:55:40 | 00:54:24 | 1524 | CAEN |
| 1393 | PHILIPPERON | Frederick | VH1 | 319 | 00:55:41 | 00:52:40 | 1258 | BLONVILLE SUR MER |
| 1394 | MOUCHEL | Roxane | SF | 127 | 00:55:41 | 00:52:12 | 1207 | Saint-Germain-Village |
| 1395 | VASSE | Arnaud | VH1 | 320 | 00:55:42 | 00:54:25 | 1528 | Colombelles |
| 1396 | KERLEAUX | Benjamin | SH | 518 | 00:55:42 | 00:53:57 | 1465 | Caen |
| 1397 | LAISNEY | Damien | VH2 | 151 | 00:55:42 | 00:54:34 | 1563 | Cheronvilliers |
| 1398 | CHAMBON | Anne-sophie | SF | 128 | 00:55:43 | 00:53:16 | 1344 | PARIS 12 |
| 1399 | REHEL | Valery | VH2 | 152 | 00:55:43 | 00:54:34 | 1561 | Authie |
| 1400 | LECARPENTIER | Thierry | VH1 | 321 | 00:55:44 | 00:54:12 | 1498 | Caen |
| 1401 | ERIL | Esther | VF2 | 33 | 00:55:44 | 00:54:38 | 1577 | caen |
| 1402 | SUPPLICE | Sandrine | VF1 | 67 | 00:55:44 | 00:53:20 | 1358 | Douvres-la-Delivrande |
| 1403 | PEAN | Olivier | SH | 519 | 00:55:44 | 00:54:15 | 1502 | EVREUX |
| 1404 | MANSON | Virginie | SF | 129 | 00:55:45 | 00:54:50 | 1600 | Fleury-sur-Orne |
| 1405 | CHARLES | Clotilde | VF1 | 68 | 00:55:45 | 00:54:32 | 1552 | ES TROARN ATHLETISME |
| 1406 | GAUTHIER | Emmanuel | VH1 | 322 | 00:55:45 | 00:54:31 | 1550 | ES Troarn Athletisme |
| 1407 | MARIE | Yohann | SH | 520 | 00:55:45 | 00:53:50 | 1443 | Saint-Martin-des-Besaces |
| 1408 | ROULLAND | Noemie | SF | 130 | 00:55:45 | 00:54:17 | 1504 | Bieville-Beuville |
| 1409 | DZIUK | Christine | VF2 | 34 | 00:55:46 | 00:54:29 | 1538 | Ifs |
| 1410 | DZIUK | Emma | SF | 131 | 00:55:46 | 00:54:30 | 1543 | Ifs |
| 1411 | COYETTE | Cedric | VH1 | 323 | 00:55:46 | 00:53:18 | 1352 | Bieville-Beuville |
| 1412 | MADELAINE | Julie | SF | 132 | 00:55:47 | 00:53:12 | 1331 | Bois-le-Roi |
| 1413 | SIMON | Claire-emilie | SF | 133 | 00:55:48 | 00:54:23 | 1520 | Urou-et-Crennes |
| 1414 | LILLE | Emmanuel | VH2 | 153 | 00:55:48 | 00:54:50 | 1603 | Bretteville-sur-Odon |
| 1415 | MARGUERITE | Anthony | SH | 521 | 00:55:50 | 00:53:38 | 1414 | Bieville-Beuville |
| 1416 | BARBE | Dominique | VH3 | 46 | 00:55:50 | 00:53:55 | 1458 | Saint-Contest |
| 1417 | FRANCOS | Alexandra | SF | 134 | 00:55:51 | 00:53:23 | 1369 | Bieville-Beuville |
| 1418 | GARNIER | Sabine | VF1 | 69 | 00:55:51 | 00:54:43 | 1583 | S/L Luce Mainvilliers PTT |
| 1419 | CONARD | Fredette | VF3 | 6 | 00:55:52 | 00:55:36 | 1730 | pont-audemer |
| 1420 | TOUCHET | Olivier | VH3 | 47 | 00:55:52 | 00:54:18 | 1507 | Coulimer |
| 1421 | HENRY | Stephanie | VF2 | 35 | 00:55:52 | 00:55:32 | 1713 | Cussy |
| 1422 | LEFEVRE | Fleur | SF | 135 | 00:55:52 | 00:55:33 | 1717 | Cussy |
| 1423 | TREMEAU | Francois | SH | 522 | 00:55:52 | 00:53:58 | 1471 | Bretteville-l'Orgueilleuse |
| 1424 | BRARD | Marc-anthony | SH | 523 | 00:55:52 | 00:52:38 | 1253 | CAEN |
| 1425 | SOPHIE | Jean-baptiste | SH | 524 | 00:55:53 | 00:53:36 | 1409 | Mondrainville |
| 1426 | PLAUD | Roman | JH | 32 | 00:55:53 | 00:53:28 | 1382 | CAEN |
| 1427 | THIVOLET | Arnaud | VH1 | 324 | 00:55:54 | 00:54:11 | 1496 | ESCURES SUR FAVIERES |
| 1428 | JEANNE | Emmanuel | SH | 525 | 00:55:54 | 00:54:33 | 1557 | Saint-Pair-sur-Mer |
| 1429 | CAPPELLE | Olivier | VH1 | 325 | 00:55:54 | 00:53:08 | 1320 | Caen |
| 1430 | DELENTE | Fabrice | VH1 | 326 | 00:55:54 | 00:50:39 | 1045 | Caen |
| 1431 | MALTETE | Jerome | VH1 | 327 | 00:55:55 | 00:55:55 | 1792 | CAEN |

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| 1432 | MAILLARD | Julien | SH | 527 | 00:55:55 | 00:53:08 | 1321 | Caen |
| 1433 | DIREXEL | Delphine | SF | 136 | 00:55:55 | 00:54:26 | 1532 | Amfreville |
| 1434 | MERCEROLLE | Guillaume | SH | 526 | 00:55:55 | 00:52:35 | 1250 | Fay-aux-Loges |
| 1435 | SENECHAL | Sabine | VF1 | 70 | 00:55:55 | 00:54:58 | 1619 | Vimont |
| 1436 | CAPELLARI | Nathalie | VF2 | 36 | 00:55:55 | 00:55:39 | 1740 | ALAVE |
| 1437 | GERARD | Sarah | SF | 137 | 00:55:56 | 00:53:59 | 1472 | ENTENTE MONT ST AIGNAN MAROMME |
| 1438 | TRANCHANT | Alisson | SF | 138 | 00:55:56 | 00:52:50 | 1275 | Caen |
| 1439 | HERICHER | Sandrine | VF1 | 71 | 00:55:56 | 00:53:54 | 1455 | Rots |
| 1440 | VERMEIL | Emmanuel | VH1 | 328 | 00:55:56 | 00:52:55 | 1288 | Chateau d'oex |
| 1441 | ROUQUE | Wilfried | VH1 | 329 | 00:55:57 | 00:53:10 | 1326 | Benouville |
| 1442 | GERARD | Vincent | SH | 528 | 00:55:57 | 00:54:01 | 1477 | MSA TRIATHLON |
| 1443 | LANOE | Sandrine | VF1 | 72 | 00:55:57 | 00:54:07 | 1486 | AS RENAULT TRUCKS |
| 1444 | LEBAILLY | Odile | VF3 | 7 | 00:55:58 | 00:54:21 | 1514 | USO MONDEVILLE |
| 1445 | TANSORIER | Clement | EH | 43 | 00:55:59 | 00:52:33 | 1240 | Mortain |
| 1446 | JOUANDON | Nelly | SF | 139 | 00:55:59 | 00:52:52 | 1279 | Thaon |
| 1447 | SICOT | Gaelle | SF | 140 | 00:55:59 | 00:54:10 | 1493 | Cahagnolles |
| 1448 | TANGUY | Chrisitan | VH2 | 154 | 00:55:59 | 00:53:13 | 1332 | Eterville |
| 1449 | BAILLOUX | Emmanuel | VH1 | 330 | 00:56:00 | 00:53:45 | 1434 | Authie |
| 1450 | PIBOUIN | Franck | SH | 529 | 00:56:00 | 00:53:52 | 1451 | PARIS 09 |
| 1451 | FAUDAIS | Charline | SF | 141 | 00:56:00 | 00:54:37 | 1573 | Airan |
| 1452 | DIREXEL | Fabien | VH1 | 331 | 00:56:00 | 00:54:31 | 1547 | Amfreville |
| 1453 | DESBOIS | Sebastien | SH | 530 | 00:56:00 | 00:53:40 | 1418 | Caen |
| 1454 | CHAPPE | Laure | SF | 142 | 00:56:01 | 00:54:21 | 1511 | Courir en Baie Pontorson |
| 1455 | GALLOT | Jocelyn | VH1 | 332 | 00:56:01 | 00:55:18 | 1678 | Athis-de-l'Orne |
| 1456 | LAPRUNE | Manon | JF | 9 | 00:56:01 | 00:53:04 | 1308 | Bayeux |
| 1457 | LENFANT-MARIE | Stephane | VH1 | 333 | 00:56:02 | 00:53:20 | 1356 | Saint-Vigor-le-Grand |
| 1458 | LEON | Olivier | VH1 | 334 | 00:56:03 | 00:53:12 | 1328 | Honfleur |
| 1459 | FRERET | Tanguy | EH | 44 | 00:56:03 | 00:53:21 | 1361 | Langrune-sur-Mer |
| 1460 | LE GUILLOU | Fanny | SF | 143 | 00:56:03 | 00:53:09 | 1324 | Alencon |
| 1461 | MAJEWSKI | Slawomir | SH | 531 | 00:56:04 | 00:54:19 | 1509 | Dozule |
| 1462 | NICOLAS | Mickael | VH1 | 335 | 00:56:05 | 00:53:38 | 1413 | Audrieu |
| 1463 | LOISY | Caroline | SF | 144 | 00:56:05 | 00:54:29 | 1542 | lfs |
| 1464 | LECAPLAIN | Christophe | VH1 | 336 | 00:56:06 | 00:52:41 | 1259 | Cormelles-le-Royal |
| 1465 | TURGIS | Alexandre | SH | 532 | 00:56:06 | 00:53:29 | 1389 | Caen |
| 1466 | SILVEIRA | Camille | EF | 11 | 00:56:06 | 00:55:06 | 1641 | Cresserons |
| 1467 | SILVEIRA | Francisco | VH1 | 337 | 00:56:06 | 00:55:05 | 1639 | Cresserons |
| 1468 | COLLEDANI | Laurent | VH2 | 155 | 00:56:06 | 00:53:41 | 1421 | bretteville sur odon |
| 1469 | FRANCOISE | Marie-laure | VF1 | 73 | 00:56:07 | 00:55:11 | 1655 | Boulon |
| 1470 | BOULAY | Nicolas | VH1 | 338 | 00:56:07 | 00:53:18 | 1353 | Herouville-Saint-Clair |
| 1471 | KUC | Rodolphe | SH | 533 | 00:56:07 | 00:52:52 | 1280 | Caen |
| 1472 | LAMY | Loic | SH | 534 | 00:56:07 | 00:54:29 | 1541 | SAINT GERMAIN DE TALLEVENDE |
| 1473 | GUAY | Damien | SH | 535 | 00:56:08 | 00:50:37 | 1039 | Caen |
| 1474 | PUCEL | Laetitia | SF | 145 | 00:56:08 | 00:54:44 | 1586 | Demouville |
| 1475 | RUEL | Severine | SF | 146 | 00:56:08 | 00:54:25 | 1526 | TILLY LA CAMPAGNE |
| 1476 | PONTIER | Pascal | VH1 | 339 | 00:56:08 | 00:54:35 | 1567 | Hebecrevon |

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| 1477 | FRERET | Pascal | VH2 | 156 | 00:56:08 | 00:53:26 | 1376 | Langrune-sur-Mer |
| 1478 | LESPEZ | Laurent | VH1 | 340 | 00:56:09 | 00:54:28 | 1537 | PARIS 20 |
| 1479 | GODEY | Emilie | SF | 147 | 00:56:11 | 00:54:43 | 1582 | Courir pour les trisomiques |
| 1480 | MATHON | Cedric | SH | 536 | 00:56:11 | 00:54:37 | 1572 | Feuguerolles-Bully |
| 1481 | FESTOU | Andre | VH2 | 157 | 00:56:11 | 00:53:17 | 1350 | Mathieu |
| 1482 | MONTI | Benjamin | EH | 45 | 00:56:11 | 00:55:07 | 1643 | Angers |
| 1483 | BIZIEN | Franck | VH1 | 341 | 00:56:11 | 00:54:50 | 1601 | Le havre |
| 1484 | LEREBOURS | Esther | SF | 148 | 00:56:12 | 00:53:12 | 1330 | Caen |
| 1485 | GAILLARD | Karine | VF1 | 74 | 00:56:12 | 00:55:12 | 1657 | Mouen |
| 1486 | PORTIER | Valerie | VF2 | 37 | 00:56:12 | 00:54:51 | 1604 | Le havre |
| 1487 | CATHERINE | Maxence | CH | 37 | 00:56:13 | 00:54:47 | 1593 | Thaon |
| 1488 | THOMAS | Sandra | SF | 149 | 00:56:13 | 00:56:00 | 1804 | Villers-Bocage |
| 1489 | HAMELIN | Maxime | SH | 537 | 00:56:13 | 00:54:33 | 1556 | Houlgate |
| 1490 | LANFANT | Caroline | VF1 | 75 | 00:56:14 | 00:53:14 | 1334 | Baron-sur-Odon |
| 1491 | GUERIN | Fabrice | VH1 | 342 | 00:56:14 | 00:53:16 | 1343 | Moulines |
| 1492 | LAUTOUR | Aurelien | SH | 538 | 00:56:14 | 00:54:38 | 1575 | Anguerny |
| 1493 | VIMOND | Ludovic | SH | 539 | 00:56:15 | 00:53:00 | 1299 | Emieville |
| 1494 | MARQUET | Laure | VF1 | 76 | 00:56:15 | 00:54:01 | 1475 | lambersart |
| 1495 | CADOR | Charline | VF1 | 77 | 00:56:15 | 00:54:46 | 1590 | Grainville-sur-Odon |
| 1496 | MALNOUX | Laurent | VH1 | 343 | 00:56:16 | 00:54:14 | 1499 | La Hoguette |
| 1497 | GILLES | Rachel | VF2 | 38 | 00:56:18 | 00:54:57 | 1617 | S/L ES Troarn Athletisme |
| 1498 | PRINCIPAUD | Sylvie | VF3 | 8 | 00:56:19 | 00:55:25 | 1696 | Limoges |
| 1499 | CADOR | Loic | VH1 | 344 | 00:56:19 | 00:54:51 | 1605 | AS RENAULT TRUCKS |
| 1500 | CAUMONT | Sebastien | SH | 540 | 00:56:19 | 00:54:36 | 1568 | Le Grand-Quevilly |
| 1501 | LUQUAS | Eric | VH1 | 345 | 00:56:20 | 00:53:32 | 1395 | Luc-sur-Mer |
| 1502 | RANNOU | Jean-michel | VH2 | 158 | 00:56:21 | 00:54:55 | 1610 | Pertheville-Ners |
| 1503 | BARBARAT | Julien | SH | 541 | 00:56:23 | 00:53:16 | 1342 | Carrieres-sur-Seine |
| 1504 | CHOUIN | David | VH1 | 346 | 00:56:23 | 00:54:46 | 1589 | O XYGENE 28 |
| 1505 | OSOUF | Nadege | SF | 150 | 00:56:23 | 00:54:07 | 1485 | May-sur-Orne |
| 1506 | SEBESTA | Evelyne | VF1 | 78 | 00:56:23 | 00:53:47 | 1436 | ellon |
| 1507 | LOUESSARD | Didier | VH3 | 48 | 00:56:24 | 00:54:22 | 1516 | caen athletic club |
| 1508 | GUILLOTTE | Lucie | SF | 151 | 00:56:24 | 00:52:24 | 1230 | Fleury-sur-Orne |
| 1509 | TALEUX | Julien | SH | 542 | 00:56:25 | 00:54:56 | 1614 | Sainte-Croix-Grand-Tonne |
| 1510 | PERCHEY | Ludovic | VH1 | 347 | 00:56:25 | 00:54:44 | 1587 | Bons-Tassilly |
| 1511 | MARIE | Celine | SF | 152 | 00:56:25 | 00:53:21 | 1365 | Chicheboville |
| 1512 | LEMOLTON | Sylvain | VH1 | 348 | 00:56:25 | 00:53:27 | 1377 | Maltot |
| 1513 | GIRODON | Christophe | VH1 | 349 | 00:56:26 | 00:53:52 | 1452 | Saint-Georges-de-Didonne |
| 1514 | CROCQUEVIEILLE | Karen | SF | 153 | 00:56:26 | 00:53:36 | 1408 | La Vacquerie |
| 1515 | LANG | Piseth | VH1 | 350 | 00:56:26 | 00:53:21 | 1360 | Caen |
| 1516 | WATERLOT | Laurent | VH1 | 351 | 00:56:26 | 00:53:22 | 1366 | Basly |
| 1517 | MOULIN | Melanie | VF1 | 79 | 00:56:28 | 00:53:28 | 1384 | lfs |
| 1518 | KURPIK | Manon | CF | 3 | 00:56:28 | 00:54:10 | 1495 | Benouville |
| 1519 | FLORENTIN | Mathilde | SF | 154 | 00:56:28 | 00:54:05 | 1484 | Caen |
| 1520 | GENDREAU | Bertrand | VH1 | 352 | 00:56:29 | 00:54:01 | 1476 | CAEN |
| 1521 | NELLE | Ellen | SF | 155 | 00:56:29 | 00:54:38 | 1576 | Saint Ouen |

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| 1522 | CATHERINE | Karine | VF1 | 80 | 00:56:30 | 00:54:54 | 1607 | Thaon |
| 1523 | MANSARD | Jean-francois | VH1 | 353 | 00:56:30 | 00:54:50 | 1599 | Saint-Leonard |
| 1524 | LOMBARDO | Christophe | SH | 543 | 00:56:30 | 00:53:50 | 1447 | Cleville |
| 1525 | MONNIER | Laurine | SF | 156 | 00:56:30 | 00:53:15 | 1336 | Caen |
| 1526 | HEILLAUT | Julien | VH1 | 354 | 00:56:30 | 00:55:15 | 1663 | Mathieu |
| 1527 | JANOCCA | Anne | SF | 157 | 00:56:31 | 00:55:17 | 1674 | Escoville |
| 1528 | LOINARD | Anthony | SH | 544 | 00:56:32 | 00:55:03 | 1635 | Clinchamps-sur-Orne |
| 1529 | CARCELLER | Helene | VF1 | 81 | 00:56:32 | 00:55:16 | 1668 | Falaise |
| 1530 | RICHARD | Valerie | VF1 | 82 | 00:56:33 | 00:52:18 | 1221 | Benouville |
| 1531 | FADEL | Edouard | SH | 545 | 00:56:33 | 00:54:58 | 1618 | CAEN |
| 1532 | CHEREL | Lucie | SF | 158 | 00:56:33 | 00:55:00 | 1624 | CAEN |
| 1533 | FAELENS | Guillaume | SH | 546 | 00:56:34 | 00:52:47 | 1267 | Aunay-sur-Odon |
| 1534 | DELARUE | Fabrice | VH1 | 355 | 00:56:34 | 00:55:12 | 1658 | saint-desir |
| 1535 | DESCRETTES | Christelle | SF | 159 | 00:56:34 | 00:53:54 | 1456 | Villiers-le-Sec |
| 1536 | JOLY | Florence | VF2 | 39 | 00:56:34 | 00:54:23 | 1521 | Fontaine-Etoupefour |
| 1537 | CHARLOT | Eric | VH1 | 356 | 00:56:34 | 00:53:02 | 1303 | Vassy |
| 1538 | PERRUAUX | Raymond | VH4 | 5 | 00:56:35 | 00:55:29 | 1707 | Agneaux |
| 1539 | LOUVEAU | Benjamin | SH | 547 | 00:56:35 | 00:55:00 | 1623 | Bretteville-l'Orgueilleuse |
| 1540 | LEBRETON | Robert | VH3 | 49 | 00:56:36 | 00:54:33 | 1554 | caen |
| 1541 | GODIN | Joel | VH3 | 50 | 00:56:37 | 00:55:42 | 1747 | MONDEVILLE |
| 1542 | TACHER | Catherine | VF2 | 40 | 00:56:37 | 00:56:22 | 1878 | CAEN ATHLETIC CLUB |
| 1543 | DRUGEON | Arnaud | VH1 | 357 | 00:56:37 | 00:55:36 | 1731 | Bagnoles Oxygene |
| 1544 | HANICOT | Nathalie | VF2 | 41 | 00:56:38 | 00:53:48 | 1441 | La Vacquerie |
| 1545 | RAULT | Philippe | VH1 | 358 | 00:56:38 | 00:54:54 | 1608 | Saint-Contest |
| 1546 | JEAN | Lea | SF | 160 | 00:56:38 | 00:54:50 | 1597 | CAEN |
| 1547 | TREBOUET | Catherine | SF | 161 | 00:56:39 | 00:54:33 | 1558 | Luc-sur-Mer |
| 1548 | RAGONNET | Dorian | EH | 46 | 00:56:39 | 00:55:05 | 1637 | Mutrecy |
| 1549 | FOUCAMBERT | David | VH1 | 359 | 00:56:39 | 00:55:31 | 1710 | Caen |
| 1550 | HUBAUT | Frederic | VH1 | 360 | 00:56:40 | 00:54:21 | 1515 | USCMEZIDON |
| 1551 | UGOLINI | Caroline | VF1 | 84 | 00:56:41 | 00:55:48 | 1769 | Douvres-la-Delivrande |
| 1552 | DELARUE | Alexandre | SH | 548 | 00:56:41 | 00:55:56 | 1794 | Mouen |
| 1553 | BECHE | Sylvie | VF1 | 83 | 00:56:41 | 00:55:37 | 1736 | Crulai |
| 1554 | DELARUE | Charlotte | SF | 162 | 00:56:41 | 00:55:56 | 1795 | Blainville-sur-Orne |
| 1555 | LE PRINCE | Paul | SH | 549 | 00:56:41 | 00:55:22 | 1686 | Caen |
| 1556 | LACHAMBRE | Geraldine | VF1 | 85 | 00:56:42 | 00:55:40 | 1741 | Tournay-sur-Odon |
| 1557 | DURANDE | Thomas | SH | 550 | 00:56:42 | 00:55:05 | 1640 | Mouen |
| 1558 | VALOGNES | Jean-baptiste | SH | 551 | 00:56:43 | 00:54:48 | 1594 | Le Mesnil-Amey |
| 1559 | DOUET | Alexandre | SH | 552 | 00:56:43 | 00:54:39 | 1579 | Caen |
| 1560 | PHILIPPART | Isabelle | VF2 | 42 | 00:56:43 | 00:53:44 | 1425 | Rouen |
| 1561 | COSNE | Remy | SH | 553 | 00:56:44 | 00:54:18 | 1508 | Cambes-en-Plaine |
| 1562 | PHILIPPART | Alain | VH3 | 51 | 00:56:44 | 00:56:44 | 1947 | Rouen |
| 1563 | PHILIPPART | Patrice | VH3 | 52 | 00:56:44 | 00:53:44 | 1426 | luc sur mer |
| 1564 | GUILLEMOT | Emilie | SF | 163 | 00:56:45 | 00:55:49 | 1774 | Fleury-sur-Orne |
| 1565 | TOREL | Florence | VF1 | 86 | 00:56:45 | 00:54:55 | 1611 | Ranville |
| 1566 | LILLE | Alexandra | VF1 | 87 | 00:56:46 | 00:55:37 | 1737 | Bretteville-sur-Odon |

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| 1567 | FOSSE | Catherine | VF3 | 9 | 00:56:47 | 00:55:07 | 1647 | Saint-Loup-Hors |
| 1568 | MACE | Chloe | JF | 10 | 00:56:47 | 00:54:30 | 1544 | Caen |
| 1569 | DAMBRAINE | Aline | SF | 164 | 00:56:47 | 00:54:38 | 1574 | Maltot |
| 1570 | CASTELLIER | Herve | VH2 | 159 | 00:56:48 | 00:54:22 | 1517 | Villons-les-Buissons |
| 1571 | SOUTUMIER | Jean michel | VH2 | 160 | 00:56:48 | 00:55:17 | 1673 | Bonnemaison |
| 1572 | BRUN | Jean-pierre | VH2 | 161 | 00:56:48 | 00:55:28 | 1705 | Herouville-Saint-Clair |
| 1573 | ANGELIER | Fabrice | VH1 | 361 | 00:56:48 | 00:52:57 | 1296 | Le Chatelet-en-Brie |
| 1574 | JAMES | Elodie | SF | 165 | 00:56:49 | 00:54:32 | 1553 | Urville |
| 1575 | LESOURD | Maud | VF3 | 10 | 00:56:49 | 00:55:44 | 1754 | Cairon |
| 1576 | LEMENAND | Corinne | VF1 | 88 | 00:56:49 | 00:54:09 | 1492 | Le Breuil-en-Auge |
| 1577 | MALARD | Luca | JH | 33 | 00:56:50 | 00:54:33 | 1555 | Verson |
| 1578 | LEFETHEY | Christian | VH2 | 162 | 00:56:50 | 00:55:51 | 1779 | Gueron |
| 1579 | HUGUET | Florian | SH | 554 | 00:56:50 | 00:53:35 | 1404 | Caen |
| 1580 | BORDET | Herve | VH1 | 362 | 00:56:50 | 00:55:24 | 1691 | BLAINVILLE SUR ORNE |
| 1581 | SAUVAGE | Olivier | SH | 555 | 00:56:51 | 00:54:45 | 1588 | La Chapelle du Fest |
| 1582 | CRESPIN | Pascal | SH | 556 | 00:56:51 | 00:54:08 | 1488 | Fourneaux-le-Val |
| 1583 | HERVIEU | Vincent | SH | 557 | 00:56:52 | 00:55:58 | 1799 | Mondeville |
| 1584 | RICHARD | Clemence | EF | 12 | 00:56:52 | 00:53:58 | 1470 | Asnelles |
| 1585 | PATARD | Robin | SH | 558 | 00:56:53 | 00:52:57 | 1295 | Demouville |
| 1586 | HURE | Jean marc | VH2 | 163 | 00:56:53 | 00:55:07 | 1646 | CAEN |
| 1587 | ARDANT | Martial | VH2 | 164 | 00:56:54 | 00:55:26 | 1701 | Caen |
| 1588 | CACHARD | Jean-claude | VH1 | 363 | 00:56:55 | 00:54:58 | 1621 | Coulombs |
| 1589 | BEVELO | Catherine | VF2 | 43 | 00:56:55 | 00:55:34 | 1723 | S/L ES TROARN ATHLETISME |
| 1590 | DOLLE | Marin | CH | 38 | 00:56:55 | 00:55:02 | 1632 | Authie |
| 1591 | LEMALE | Florence | SF | 166 | 00:56:55 | 00:55:05 | 1638 | Saint-Aubin-sur-Mer |
| 1592 | CHAMPIN | Valerie | VF1 | 89 | 00:56:55 | 00:55:52 | 1783 | Vassy |
| 1593 | LENAULT | Johanna | SF | 167 | 00:56:56 | 00:55:31 | 1711 | Ils |
| 1594 | THERIN | Sandrine | VF1 | 90 | 00:56:56 | 00:55:53 | 1786 | Vassy |
| 1595 | BAZIN | Marie | SF | 168 | 00:56:56 | 00:56:37 | 1927 | SAB |
| 1596 | MARAIS | Carine | VF1 | 91 | 00:56:57 | 00:54:58 | 1622 | Ellon |
| 1597 | ANNE | Claire | VF2 | 44 | 00:56:57 | 00:55:37 | 1734 | Les Veys |
| 1598 | LEPRIEUR | Karine | VF1 | 92 | 00:56:57 | 00:55:57 | 1797 | Ouistreham |
| 1599 | RENEE | Samuel | VH1 | 364 | 00:56:57 | 00:52:48 | 1269 | EVRECY |
| 1600 | NOWATZKI | Agathe | EF | 13 | 00:56:58 | 00:54:46 | 1591 | Ouistreham |
| 1601 | DENIS | Valerie | VF2 | 45 | 00:56:58 | 00:55:46 | 1761 | La Trinite-de-Thouberville |
| 1602 | BROYART | Jean-pierre | VH3 | 53 | 00:56:58 | 00:53:58 | 1469 | Le Kremlin-Bicetre |
| 1603 | MARIE | Eliane | VF3 | 11 | 00:56:58 | 00:55:36 | 1732 | ACO Sourdeval |
| 1604 | HENOCQ | Martin | CH | 39 | 00:56:59 | 00:54:38 | 1578 | Ils |
| 1605 | MONGODIN | Myriam | SF | 169 | 00:56:59 | 00:55:35 | 1726 | Fleury-sur-Orne |
| 1606 | GAUTIER | Miguel | VH1 | 365 | 00:56:59 | 00:55:59 | 1802 | Ouistreham |
| 1607 | LHOTELLIER | Camille | CF | 4 | 00:57:00 | 00:53:35 | 1405 | stade athletique bayeusain |
| 1608 | AUMOITTE | Nicolas | VH1 | 366 | 00:57:00 | 00:55:16 | 1666 | AC Mortagne |
| 1609 | RONDEL | Claire | SF | 170 | 00:57:00 | 00:55:00 | 1625 | Caen Athletisme Club |
| 1610 | ALLAIS | Laurent | VH2 | 165 | 00:57:00 | 00:55:16 | 1667 | THUE ET MUE |
| 1611 | KOPEC | Wilfried | VH1 | 367 | 00:57:01 | 00:53:35 | 1403 | USCC TRIATHLON |

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| 1612 | TELLIER | Chantal | VF3 | 12 | 00:57:01 | 00:55:49 | 1776 | Notteville les Rouen |
| 1613 | LEGOUT | Lionel | VH2 | 166 | 00:57:01 | 00:54:34 | 1564 | Caen |
| 1614 | GOSSELIN | Romuald | SH | 559 | 00:57:02 | 00:55:08 | 1648 | Fontenay-le-Pesnel |
| 1615 | LEMOINE | Stephanie | SF | 171 | 00:57:02 | 00:55:52 | 1782 | Blainville-sur-Orne |
| 1616 | UNVOY | Pascal | VH2 | 167 | 00:57:02 | 00:53:48 | 1439 | OUISTREHAM |
| 1617 | RABY | Valentin | SH | 560 | 00:57:03 | 00:53:19 | 1355 | Cambes-en-Plaine |
| 1618 | DROUART | Corinne | VF2 | 46 | 00:57:03 | 00:53:21 | 1363 | st aubin d'arquenay |
| 1619 | MARAIS | Florence | VF2 | 47 | 00:57:04 | 00:55:24 | 1688 | ST MARTIN DE LA LIEUE |
| 1620 | DROUART | Christophe | VH2 | 168 | 00:57:04 | 00:53:23 | 1370 | Saint-Aubin-d'Arquenay |
| 1621 | VALERY | Antoine | CH | 40 | 00:57:05 | 00:52:12 | 1205 | Cairon |
| 1622 | MAYET | Christophe | VH1 | 368 | 00:57:05 | 00:56:01 | 1810 | Thaon |
| 1623 | CHEVRET | Catherine | VF2 | 48 | 00:57:06 | 00:56:02 | 1816 | Authie |
| 1624 | LEROY | Cedric | SH | 561 | 00:57:06 | 00:53:50 | 1446 | VIRE |
| 1625 | CHENU | David | VH1 | 369 | 00:57:06 | 00:53:57 | 1466 | Aunay-sur-Odon |
| 1626 | BENOIT | Pascal | VH2 | 169 | 00:57:06 | 00:55:47 | 1762 | Sainte-Honorine-du-Fay |
| 1627 | LEBAS | Nathalie | VF1 | 93 | 00:57:07 | 00:53:59 | 1474 | Rosel |
| 1628 | LE FRANCOIS | Mickael | VH1 | 370 | 00:57:07 | 00:55:02 | 1629 | Hermanville-sur-Mer |
| 1629 | BRONSARD | Jeremie | SH | 562 | 00:57:07 | 00:54:30 | 1545 | Caen |
| 1630 | LE HAY | Sandrine | VF1 | 94 | 00:57:08 | 00:55:07 | 1644 | Hamars |
| 1631 | DAUCHEL | Mathieu | SH | 563 | 00:57:08 | 00:54:46 | 1592 | Blainville-sur-Orne |
| 1632 | KERVAZO | Sophie | VF1 | 95 | 00:57:09 | 00:55:08 | 1649 | Thury-Harcourt |
| 1633 | GUILBARD | Franck | VH1 | 371 | 00:57:10 | 00:54:11 | 1497 | Meslay |
| 1634 | BAR | Hugo | JH | 34 | 00:57:11 | 00:54:23 | 1519 | Pont-Audemer |
| 1635 | CHAPERON | Pierre-antoine | SH | 564 | 00:57:11 | 00:53:13 | 1333 | Saint-Germain-en-Cogles |
| 1636 | FEREY | Marion | VF1 | 96 | 00:57:11 | 00:55:32 | 1714 | Caen |
| 1637 | RAPPOLD | Gilles | VH2 | 170 | 00:57:11 | 00:53:38 | 1415 | DOZULE |
| 1638 | BUREAU | Paul | CH | 41 | 00:57:12 | 00:53:51 | 1450 | Baron-sur-Odon |
| 1639 | BARRIER | Lucile | SF | 172 | 00:57:12 | 00:55:04 | 1636 | Basly |
| 1640 | CASTEL | Isabelle | VF2 | 49 | 00:57:12 | 00:54:57 | 1616 | uso mondeville |
| 1641 | BELLENGER | Jacky | VH1 | 372 | 00:57:13 | 00:54:29 | 1540 | Pertheville-Ners |
| 1642 | DE L'ISLE | Martin | SH | 565 | 00:57:13 | 00:53:14 | 1335 | Caen |
| 1643 | LOPEZ | Tom | CH | 42 | 00:57:13 | 00:55:20 | 1681 | Rocquancourt |
| 1644 | GAUQUELIN | Nicolas | SH | 566 | 00:57:14 | 00:54:53 | 1606 | Cairon |
| 1645 | FORTIN | Mathias | VH1 | 373 | 00:57:14 | 00:56:09 | 1836 | Lisieux |
| 1646 | LE PRUNENNEC | Severine | VF1 | 97 | 00:57:14 | 00:56:10 | 1839 | Demouville |
| 1647 | LEPELTIER | Benoit | VH2 | 171 | 00:57:15 | 00:55:53 | 1785 | Bieville-Beuville |
| 1648 | LOPEZ | Frederic | VH1 | 374 | 00:57:16 | 00:55:22 | 1685 | Rocquancourt |
| 1649 | FLORENTIN | Gilles | VH2 | 172 | 00:57:16 | 00:54:55 | 1612 | Caen |
| 1650 | BERTRAND | Yoann | SH | 567 | 00:57:17 | 00:55:26 | 1702 | Touffreville |
| 1651 | LEMARQUAND | Adrien | SH | 568 | 00:57:17 | 00:55:20 | 1682 | Saint-Lo |
| 1652 | MESSIRE | Julie | SF | 173 | 00:57:18 | 00:55:29 | 1706 | Fontenay-le-Marmion |
| 1653 | LALOY | Philippe | VH1 | 375 | 00:57:19 | 00:56:01 | 1807 | Saint-Germain-la-Blanche-Herbe |
| 1654 | MARC | David | SH | 569 | 00:57:19 | 00:55:18 | 1676 | C AEN ATHLETIC CLUB* |
| 1655 | LALOY | Camille | EF | 14 | 00:57:19 | 00:56:01 | 1806 | Saint-Germain-la-Blanche-Herbe |
| 1656 | CAHOREL | Sabrina | VF1 | 98 | 00:57:19 | 00:55:34 | 1720 | Saint-Martin-de-Fontenay |

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| 1657 | LESART | Samuel | SH | 570 | 00:57:19 | 00:55:52 | 1781 | Caen |
| 1658 | RAVENEL | Julien | SH | 571 | 00:57:20 | 00:55:18 | 1677 | Caen Athletic Club |
| 1659 | BLONDEAU | Maud | SF | 174 | 00:57:20 | 00:54:35 | 1566 | Lecaude |
| 1660 | LE RETIF | Sylvie | VF1 | 99 | 00:57:21 | 00:56:08 | 1833 | Verson |
| 1661 | JEGO | Perrine | SF | 175 | 00:57:21 | 00:54:42 | 1581 | Cambes-en-Plaine |
| 1662 | GUENIN | Esperance | VF2 | 50 | 00:57:21 | 00:56:12 | 1848 | Alfortville |
| 1663 | HARIVEL | Damien | SH | 572 | 00:57:21 | 00:56:09 | 1837 | colombelles |
| 1664 | DENEKETCHIAN | Marie | SF | 176 | 00:57:22 | 00:55:02 | 1627 | ACHERES (78260) |
| 1665 | TOUDICK | Thierry | VH2 | 173 | 00:57:22 | 00:54:18 | 1506 | Hermanville-sur-Mer |
| 1666 | CARLINO | Catherine | VF2 | 51 | 00:57:22 | 00:54:18 | 1505 | Douvres-la-Delivrande |
| 1667 | ARTOIS | Emilie | VF1 | 100 | 00:57:23 | 00:55:47 | 1764 | Caen |
| 1668 | MARTIN | Karine | SF | 177 | 00:57:23 | 00:56:22 | 1879 | Lion-sur-Mer |
| 1669 | ALAOUI SOSSE | Mehdi | SH | 573 | 00:57:23 | 00:53:27 | 1380 | Sannerville |
| 1670 | LALIGANT | Norbert | VH2 | 174 | 00:57:24 | 00:54:49 | 1596 | Caumont-l'Evente |
| 1671 | LANDEROIN | Emilie | VF1 | 101 | 00:57:24 | 00:55:41 | 1746 | LOUVIGNY |
| 1672 | RIVES | Anne | EF | 15 | 00:57:25 | 00:54:35 | 1565 | Cairon |
| 1673 | FONTAINE | Jocelyn | VH1 | 376 | 00:57:26 | 00:53:39 | 1416 | Le Fresne-Camilly |
| 1674 | LEGRAND | Christophe | SH | 574 | 00:57:27 | 00:55:41 | 1743 | Reux |
| 1675 | MERABET | Karim | VH1 | 377 | 00:57:27 | 00:53:43 | 1424 | Caen |
| 1676 | LEGRAND | Clemence | SF | 178 | 00:57:27 | 00:55:41 | 1744 | Reux |
| 1677 | LALOY | Nathalie | VF1 | 102 | 00:57:28 | 00:56:10 | 1843 | Saint-Germain-la-Blanche-Herbe |
| 1678 | MANSUTTI | Patrick | VH2 | 175 | 00:57:28 | 00:55:10 | 1652 | Flers |
| 1679 | FAJOUX | Frederic | VH1 | 378 | 00:57:29 | 00:55:13 | 1660 | Saint-Lo |
| 1680 | CORDIER-LALLOUET | Sarah | VF1 | 103 | 00:57:29 | 00:55:13 | 1659 | Club athletisme de conde-torigni |
| 1681 | BRUNET | Harold | VH1 | 379 | 00:57:29 | 00:56:21 | 1875 | Lion-sur-Mer |
| 1682 | LE SENECHAL | Vivien | SH | 575 | 00:57:29 | 00:42:46 | 332 | Caen |
| 1683 | HUREAUX | Dominique | VH1 | 380 | 00:57:29 | 00:54:26 | 1531 | CAEN |
| 1684 | LERAY | Emilie | SF | 179 | 00:57:30 | 00:54:14 | 1501 | Grainville sur Odon |
| 1685 | ANQUETIL | Nadege | VF1 | 104 | 00:57:30 | 00:55:25 | 1695 | Pierres |
| 1686 | DESCHAMPS | Melanie | SF | 180 | 00:57:31 | 00:55:52 | 1784 | ACO Sourdeval |
| 1687 | BEUVE | Sandrine | SF | 181 | 00:57:31 | 00:55:15 | 1662 | CONDE-TORIGNI |
| 1688 | GOURDIN | Magali | VF1 | 105 | 00:57:31 | 00:56:18 | 1869 | ES TROARN ATHLETISME |
| 1689 | LEROUX | Alisson | SF | 182 | 00:57:31 | 00:54:36 | 1571 | MATHIEU |
| 1690 | LECOUTEY | Sabrina | VF1 | 106 | 00:57:32 | 00:56:02 | 1812 | Cheux |
| 1691 | NEAUD | Guillaume | VH1 | 381 | 00:57:32 | 00:55:02 | 1631 | Colombelles |
| 1692 | ALLO | Alexandra | SF | 183 | 00:57:32 | 00:55:02 | 1628 | Fresney-le-Puceux |
| 1693 | ALLO | Pascal | VH1 | 382 | 00:57:32 | 00:55:02 | 1630 | Fresney-le-Puceux |
| 1694 | LEGORGEU | Catherine | VF2 | 52 | 00:57:33 | 00:54:50 | 1602 | CACT |
| 1695 | BOISSEAU | Celine | SF | 184 | 00:57:33 | 00:53:47 | 1435 | LE HAVRE |
| 1696 | MAGNIER | Valerie | VF1 | 107 | 00:57:34 | 00:56:17 | 1863 | Cairon |
| 1697 | LEMAIRE | Annabelle | SF | 185 | 00:57:35 | 00:55:45 | 1759 | Coulombs |
| 1698 | MIGNOT | Cyril | VH1 | 383 | 00:57:35 | 00:55:32 | 1716 | Evreux |
| 1699 | HUET | Thierry | VH2 | 176 | 00:57:36 | 00:55:30 | 1708 | SAINT GERMAIN DE TALLEVENDE |
| 1700 | DEBROISE | Carole | VF1 | 108 | 00:57:37 | 00:55:12 | 1656 | Sotteville-les-Rouen |
| 1701 | BOURGERIE | Michel | VH3 | 54 | 00:57:37 | 00:56:18 | 1866 | Merville-Franceville-Plage |

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| 1702 | CARATY | Robert | VH2 | 177 | 00:57:38 | 00:56:20 | 1871 | caen |
| 1703 | ROCTON | Benjamin | SH | 576 | 00:57:38 | 00:55:24 | 1689 | Bernay |
| 1704 | BELPALME | Jean | VH3 | 55 | 00:57:38 | 00:56:36 | 1924 | breville les monts |
| 1705 | MARONAS | Jose | VH2 | 178 | 00:57:38 | 00:55:25 | 1694 | Saint-Martin-de-Fontenay |
| 1706 | SAUGER | Bertrand | SH | 577 | 00:57:39 | 00:55:36 | 1729 | Baron-sur-Odon |
| 1707 | LESELLIER | Pierrick | SH | 578 | 00:57:39 | 00:56:24 | 1885 | Canisy |
| 1708 | PICQUENOT | Fabien | SH | 579 | 00:57:40 | 00:53:47 | 1437 | lfs |
| 1709 | VOISIN | Fabrice | VH2 | 179 | 00:57:40 | 00:54:03 | 1479 | Caen |
| 1710 | RIPAUX | Patricia | VF1 | 109 | 00:57:40 | 00:56:26 | 1893 | Trun |
| 1711 | MARADAN | Didier | VH2 | 180 | 00:57:40 | 00:55:37 | 1738 | Le Val-David |
| 1712 | CATTIAUX | Thomas | EH | 47 | 00:57:40 | 00:53:17 | 1348 | Montabard |
| 1713 | PLANCHAIS | Patrick | VH3 | 56 | 00:57:41 | 00:55:32 | 1712 | le havre |
| 1714 | PANNIER | Guillaume | VH2 | 181 | 00:57:41 | 00:54:05 | 1483 | lfs |
| 1715 | RENAULT | Coline | EF | 16 | 00:57:42 | 00:54:56 | 1613 | Ver sur mer |
| 1716 | HERREMANS | Stephanie | VF1 | 110 | 00:57:42 | 00:56:46 | 1950 | Caen |
| 1717 | ROCHA | Dominique | VH2 | 182 | 00:57:42 | 00:55:16 | 1670 | Authie |
| 1718 | BACCONNAIS | Martine | VF2 | 53 | 00:57:42 | 00:54:36 | 1570 | S/L ES TROARN ATHLETISME |
| 1719 | BOUSSION | Bertrand | VH2 | 183 | 00:57:43 | 00:53:37 | 1411 | Caen |
| 1720 | HABERT | Christophe | VH1 | 384 | 00:57:43 | 00:56:10 | 1840 | Champigny |
| 1721 | TOUSSAINT | Nicolas | VH2 | 184 | 00:57:45 | 00:56:08 | 1834 | Crepon |
| 1722 | PIQUERY | Aurelian | SH | 580 | 00:57:45 | 00:54:09 | 1490 | Eterville |
| 1723 | VIINIKKA | Elodie | SF | 186 | 00:57:45 | 00:57:21 | 2066 | Eterville |
| 1724 | LELLIEVRE | Marie | SF | 187 | 00:57:46 | 00:57:21 | 2067 | Paris |
| 1725 | BEDEAU | Nicolas | VH1 | 385 | 00:57:46 | 00:55:54 | 1789 | mathieu |
| 1726 | GUIOUILIER | Nathalie | VF1 | 111 | 00:57:47 | 00:54:54 | 1609 | USOM |
| 1727 | COUVREUR | David | VH1 | 386 | 00:57:47 | 00:55:40 | 1742 | Evrecy |
| 1728 | FERTALA | Denis | VH1 | 387 | 00:57:48 | 00:52:25 | 1231 | Potigny |
| 1729 | RENOUF | Sylvie | VF1 | 112 | 00:57:48 | 00:55:32 | 1715 | Club Athletisme Conde Torigni |
| 1730 | GUERIN | Beatrice | VF1 | 113 | 00:57:48 | 00:55:48 | 1767 | Caen triathlon |
| 1731 | HURAS | Stephane | SH | 581 | 00:57:48 | 00:52:26 | 1233 | Argentan |
| 1732 | REMILLY | Serge | VH3 | 57 | 00:57:49 | 00:54:49 | 1595 | Picauville |
| 1733 | GOHIN | Didier | VH2 | 185 | 00:57:49 | 00:55:33 | 1719 | Colombelles |
| 1734 | CHAUVET | Claude | VH3 | 58 | 00:57:50 | 00:56:31 | 1908 | Cestas |
| 1735 | GOHIN | Beatrice | VF2 | 54 | 00:57:50 | 00:55:34 | 1725 | USOMONDEVILLE |
| 1736 | VIAUD | Alexandre | SH | 582 | 00:57:50 | 00:54:40 | 1580 | Caen |
| 1737 | PERENCN | Hugo | SH | 583 | 00:57:50 | 00:54:14 | 1500 | Bretteville-sur-Odon |
| 1738 | SARRAZYN | Dominique | VF2 | 55 | 00:57:51 | 00:56:32 | 1910 | Tingueux |
| 1739 | CLOUET | Sebastien | VH1 | 388 | 00:57:51 | 00:54:24 | 1525 | Saint-Contest |
| 1740 | LEDUC | Benoit | VH1 | 389 | 00:57:52 | 00:52:43 | 1260 | SAINT-OMER |
| 1741 | SONNET | Isabelle | VF2 | 56 | 00:57:53 | 00:55:55 | 1790 | Fontaine-Etoupefour |
| 1742 | DESCHAMPS | Stephane | VH1 | 390 | 00:57:53 | 00:56:15 | 1857 | Amaye-sur-Orne |
| 1743 | LANDEROIN | Pauline | SF | 188 | 00:57:54 | 00:56:12 | 1849 | Louvigny |
| 1744 | FOURRIER | Philippe | VH2 | 186 | 00:57:54 | 00:54:21 | 1513 | Cornelles-le-Royal |
| 1745 | RUALT | Beatrice | VF1 | 114 | 00:57:54 | 00:56:32 | 1911 | Fontaine-Henry |
| 1746 | BINET | Cecile | SF | 189 | 00:57:55 | 00:56:13 | 1852 | Mouen |

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| 1747 | MARIE | Pascal | VH2 | 187 | 00:57:55 | 00:55:21 | 1684 | Bieville-Beuville |
| 1748 | LEBOCQ | Bernard | VH1 | 391 | 00:57:55 | 00:56:51 | 1961 | Hamars |
| 1749 | MASTOUMECQ | Bruno | VH1 | 392 | 00:57:55 | 00:55:15 | 1665 | caen |
| 1750 | DEVAUX | Claudine | VF2 | 57 | 00:57:56 | 00:55:45 | 1758 | May-sur-Orne |
| 1751 | ALIX | Mathilde | JF | 11 | 00:57:57 | 00:56:40 | 1937 | Brunville |
| 1752 | HAIMET | Dominique | VF2 | 58 | 00:57:57 | 00:56:09 | 1835 | Saint-Martin-d'Ecublei |
| 1753 | RENAULT | Lucas | CH | 43 | 00:57:57 | 00:55:11 | 1654 | Ver sur mer |
| 1754 | GUICHARD | Bertrand | VH2 | 188 | 00:57:58 | 00:54:31 | 1549 | ARGENCES |
| 1755 | VATTIER | Laurent | VH1 | 393 | 00:57:58 | 00:54:21 | 1512 | Verson |
| 1756 | FRANCOIS | Victorine | SF | 190 | 00:57:59 | 00:56:36 | 1926 | Lisieux |
| 1757 | JOUBIN | Emmanuel | VH1 | 394 | 00:58:00 | 00:56:13 | 1851 | AC AVRANCHES |
| 1758 | JOUBIN | Sylvie | VF1 | 115 | 00:58:00 | 00:56:14 | 1854 | AC AVRANCHES |
| 1759 | RAVENEL | Victoria | JF | 12 | 00:58:00 | 00:56:21 | 1874 | Sannerville |
| 1760 | LAIGNEL STONHAM | Deborah | SF | 191 | 00:58:01 | 00:56:23 | 1882 | Vieux |
| 1761 | BARBEY | Celine | VF1 | 116 | 00:58:01 | 00:56:02 | 1814 | Blainville-sur-Orne |
| 1762 | BARBEY | Clara | CF | 5 | 00:58:01 | 00:56:02 | 1815 | Blainville-sur-Orne |
| 1763 | TREGUER | Guenole | VH1 | 395 | 00:58:02 | 00:56:03 | 1822 | Douvres-la-Delivrande |
| 1764 | AUMONT | Celine | SF | 192 | 00:58:02 | 00:56:04 | 1823 | Potigny |
| 1765 | PLANCHAIS | Annie | VF3 | 13 | 00:58:02 | 00:55:54 | 1788 | le havre |
| 1766 | LEBLOND | Emmanuelle | VF1 | 117 | 00:58:03 | 00:55:56 | 1793 | Goderville |
| 1767 | MESLIN | Celine | SF | 193 | 00:58:03 | 00:56:34 | 1918 | May-sur-Orne |
| 1768 | MARIE | Emmanuelle | VF1 | 118 | 00:58:03 | 00:56:08 | 1832 | uso mondeville |
| 1769 | LAFORETS | Melanie | SF | 194 | 00:58:03 | 00:55:50 | 1778 | Bieville-Beuville |
| 1770 | LOYER | Antoine | SH | 584 | 00:58:03 | 00:53:45 | 1431 | Caen |
| 1771 | GROSOS | Flavien | EH | 48 | 00:58:04 | 00:56:49 | 1955 | Herouville-Saint-Clair |
| 1772 | DUVAL | Stephane | SH | 585 | 00:58:05 | 00:55:36 | 1733 | Bretteville-l'Orgueilleuse |
| 1773 | SENECHAL | Johann | VH1 | 396 | 00:58:05 | 00:57:08 | 2022 | Vimont |
| 1774 | LUCAS | Bernard | VH2 | 189 | 00:58:05 | 00:56:30 | 1904 | Hennebont |
| 1775 | GENEST | Manon | SF | 195 | 00:58:05 | 00:53:33 | 1397 | Granville |
| 1776 | LUCAS | Christophe | SH | 586 | 00:58:06 | 00:56:30 | 1902 | Queven athletisme |
| 1777 | CHESNAY | Olivier | VH2 | 190 | 00:58:06 | 00:56:19 | 1870 | Bayeux |
| 1778 | LUCAS | Laurent | SH | 587 | 00:58:06 | 00:56:31 | 1907 | Caen |
| 1779 | LUCAS | Alexandre | SH | 588 | 00:58:06 | 00:56:30 | 1903 | Brest |
| 1780 | CLAVREUL | Justine | SF | 196 | 00:58:07 | 00:56:41 | 1939 | Colleville-Montgomery |
| 1781 | MARTIN | Sebastien | SH | 589 | 00:58:07 | 00:54:36 | 1569 | Noyers-Bocage |
| 1782 | DEVIN | Catherine | VF2 | 59 | 00:58:08 | 00:55:26 | 1697 | ouistrehem |
| 1783 | LUCCA | Stephane | VH2 | 191 | 00:58:08 | 00:56:25 | 1892 | Saint-Germain-la-Blanche-Herbe |
| 1784 | VIMONT | Jeremy | SH | 590 | 00:58:09 | 00:57:09 | 2026 | Esquay-Notre-Dame |
| 1785 | LE PRIEUR | Pierre | JH | 35 | 00:58:09 | 00:55:34 | 1721 | Colleville-Montgomery |
| 1786 | PAVIE | Cyril | SH | 591 | 00:58:09 | 00:56:18 | 1868 | Ailly-sur-Noye |
| 1787 | SANSON | Sebastien | VH1 | 397 | 00:58:10 | 00:54:34 | 1560 | Douvres-la-Delivrande |
| 1788 | BRIONES | Emile | VH2 | 192 | 00:58:10 | 00:55:49 | 1770 | Morainvilliers |
| 1789 | PRISER | Nicole | VF2 | 60 | 00:58:10 | 00:55:49 | 1771 | Ploudaniel |
| 1790 | BELOT | Marianne | VF1 | 119 | 00:58:10 | 00:55:11 | 1653 | Goupillieres |
| 1791 | QUESLIER | Caroline | SF | 197 | 00:58:11 | 00:55:49 | 1772 | CAEN TRIATHLON |

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| 1792 | DELAURY | Carole | VF1 | 120 | 00:58:12 | 00:56:27 | 1896 | Saint Aubin sur scie |
| 1793 | GODEFROY | Melanie | SF | 198 | 00:58:12 | 00:56:36 | 1922 | Maisons-Alfort |
| 1794 | ANFROY | Gerard | VH3 | 59 | 00:58:13 | 00:56:20 | 1873 | Fleury-sur-Orne |
| 1795 | GOMART | Herve | VH2 | 193 | 00:58:14 | 00:56:29 | 1901 | Dieppe |
| 1796 | VIARD | Romain | SH | 592 | 00:58:14 | 00:58:00 | 2187 | Colleville-Montgomery |
| 1797 | PICHET | Anne laure | SF | 199 | 00:58:14 | 00:56:03 | 1818 | Cambes-en-Plaine |
| 1798 | HUBERT | Olivier | VH3 | 60 | 00:58:14 | 00:57:08 | 2021 | Tilly-sur-Seulles |
| 1799 | ESNAULT | Patrice | VH3 | 61 | 00:58:15 | 00:56:03 | 1817 | CAEN |
| 1800 | DIERICK | Sebastien | VH1 | 398 | 00:58:15 | 00:55:50 | 1777 | Fierville-Bray |
| 1801 | VOISIN | Pascal | VH1 | 399 | 00:58:16 | 00:56:50 | 1957 | Avrilly |
| 1802 | ANQUETIL | Claude | VH2 | 194 | 00:58:16 | 00:57:03 | 2000 | Eterville |
| 1803 | PAPE | Karine | VF1 | 121 | 00:58:17 | 00:57:04 | 2004 | Verson |
| 1804 | GIRAUD | Philippe | VH1 | 400 | 00:58:17 | 00:55:24 | 1692 | Caen |
| 1805 | MONDON | Peggy | SF | 200 | 00:58:17 | 00:57:03 | 1999 | Saint-Paul-du-Vernay |
| 1806 | MOTARD | Philippe | VH2 | 195 | 00:58:18 | 00:56:55 | 1977 | Chartres |
| 1807 | RUSSEIL | Pascal | VH2 | 196 | 00:58:18 | 00:55:27 | 1703 | L' Houmeau |
| 1808 | ADAM | Gilles | VH2 | 197 | 00:58:18 | 00:55:21 | 1683 | la Meauffe |
| 1809 | SUARD | Patrice | VH2 | 198 | 00:58:19 | 00:55:02 | 1633 | Frenouville |
| 1810 | ROULLAND | Elise | SF | 201 | 00:58:20 | 00:56:51 | 1959 | Angers |
| 1811 | JOUANNE | Jean-louis | VH3 | 62 | 00:58:20 | 00:56:56 | 1980 | Ils |
| 1812 | CALLENCE | Nicolas | EH | 49 | 00:58:20 | 00:53:07 | 1317 | Caen |
| 1813 | LECHEVALIER | Pascal | VH2 | 199 | 00:58:20 | 00:55:49 | 1773 | Carpiquet |
| 1814 | BARBE | Jocelyne | VF3 | 14 | 00:58:20 | 00:56:25 | 1890 | Saint-Contest |
| 1815 | DUMOUCHEL | Benoit | SH | 593 | 00:58:20 | 00:57:00 | 1997 | Petiville |
| 1816 | MENAGER | Frederic | SH | 594 | 00:58:21 | 00:55:30 | 1709 | HERMIVAL LES VAUX |
| 1817 | DUCHESNE | Justine | CF | 6 | 00:58:21 | 00:55:56 | 1796 | Clinchamps-sur-Orne |
| 1818 | LERICOLLAIS | Yves | VH3 | 63 | 00:58:21 | 00:55:44 | 1753 | Virey |
| 1819 | RICAUD | Michel | VH2 | 200 | 00:58:22 | 00:56:27 | 1898 | Benouville |
| 1820 | MOISSON | Frederic | VH1 | 401 | 00:58:24 | 00:55:07 | 1645 | fontenay le marmion |
| 1821 | SIMON | Claire | SF | 202 | 00:58:24 | 00:55:43 | 1752 | Cairon |
| 1822 | CONSTANT | Ludovic | VH1 | 402 | 00:58:24 | 00:55:16 | 1671 | Langrune-sur-Mer |
| 1823 | CRINIÈRE | Isabelle | VF1 | 122 | 00:58:25 | 00:56:57 | 1985 | mathieu |
| 1824 | YON | Samuel | VH1 | 403 | 00:58:25 | 00:55:16 | 1672 | Caen |
| 1825 | GROSOS | Clement | JH | 36 | 00:58:26 | 00:57:10 | 2029 | HEROUVILLE ST CLAIR |
| 1826 | GOUPIL | Thomas | EH | 50 | 00:58:26 | 00:56:54 | 1972 | Saint-Martin-des-Champs |
| 1827 | JONCOUR | Arthur | SH | 595 | 00:58:26 | 00:56:01 | 1809 | Periers-sur-le-Dan |
| 1828 | BESLEY | Veronique | VF1 | 123 | 00:58:27 | 00:53:06 | 1312 | Juvigny sur orne |
| 1829 | GUERIN | Melanie | SF | 203 | 00:58:28 | 00:57:33 | 2095 | CAEN |
| 1830 | MARTIN | Mathilde | SF | 204 | 00:58:28 | 00:56:08 | 1831 | La Houblonniere |
| 1831 | REDON | Magali | VF1 | 124 | 00:58:28 | 00:55:01 | 1626 | giberville |
| 1832 | DELOZIER | Thierry | VH1 | 404 | 00:58:29 | 00:55:26 | 1699 | Bayeux |
| 1833 | RIVIERE | Patrick | VH1 | 405 | 00:58:29 | 00:56:28 | 1899 | Reux |
| 1834 | LESELLIER | Laurent | SH | 597 | 00:58:31 | 00:57:15 | 2048 | Fontaine-Etoupefour |
| 1835 | TREVEL | Herve | SH | 596 | 00:58:31 | 00:56:35 | 1920 | Soliers |
| 1836 | VASTEL | Lydie | VF1 | 125 | 00:58:32 | 00:55:49 | 1775 | CACT |

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| 1837 | TRIDEAU | Laurent | VH1 | 406 | 00:58:33 | 00:56:32 | 1909 | Aytre |
| 1838 | CATTIAUX | Marie | SF | 205 | 00:58:33 | 00:54:10 | 1494 | Montabard |
| 1839 | FUCHS | Eberhard | VH4 | 6 | 00:58:33 | 00:55:02 | 1634 | Fonds-Saint-Denis |
| 1840 | SOPHIE | Jeremy | SH | 598 | 00:58:34 | 00:56:15 | 1858 | Ils |
| 1841 | SALLEY | Gaelle | SF | 206 | 00:58:34 | 00:56:33 | 1914 | Cac |
| 1842 | GUEULLE | Sebaastien | VH1 | 407 | 00:58:34 | 00:56:10 | 1842 | Villers-Bocage |
| 1843 | BABIN | Emmanuel | VH2 | 201 | 00:58:34 | 00:54:29 | 1539 | Caen |
| 1844 | BLANCHARD | Olivier | VH2 | 202 | 00:58:34 | 00:56:11 | 1847 | Fleury-sur-Orne |
| 1845 | ROUSSEAU | Karine | SF | 207 | 00:58:35 | 00:56:27 | 1895 | Herouville-Saint-Clair |
| 1846 | GAUDIN | Dominique | VH1 | 408 | 00:58:35 | 00:54:31 | 1548 | Bieville-Beuville |
| 1847 | PIRON | Veronique | VF1 | 126 | 00:58:35 | 00:56:23 | 1883 | Evrecy |
| 1848 | TOURRET | Marlene | VF1 | 127 | 00:58:36 | 00:56:25 | 1889 | Cormelles-le-Royal |
| 1849 | BODEY | Laurent | VH2 | 203 | 00:58:36 | 00:57:22 | 2072 | Saint-Lambert-sur-Dive |
| 1850 | LAMOTTE | Sebastien | SH | 599 | 00:58:36 | 00:56:07 | 1829 | Basly |
| 1851 | NELLE | Charlotte | SF | 208 | 00:58:37 | 00:56:45 | 1948 | Noyal-Chatillon-sur-Seiche |
| 1852 | MARGUERITE | Gaelle | SF | 209 | 00:58:37 | 00:56:36 | 1923 | Villers-Canivet |
| 1853 | LION | Eric | JH | 37 | 00:58:37 | 00:57:24 | 2073 | Caen |
| 1854 | LION | Titouan | JH | 38 | 00:58:37 | 00:57:24 | 2074 | Caen |
| 1855 | GOBE | Beatrice | VF2 | 61 | 00:58:38 | 00:56:01 | 1808 | Esson |
| 1856 | RENARD | Amelie | SF | 210 | 00:58:38 | 00:55:59 | 1800 | Ils |
| 1857 | BRION | Julien | VH1 | 409 | 00:58:38 | 00:57:10 | 2027 | Bernieres-sur-Mer |
| 1858 | RAVENEL | Marie | JF | 13 | 00:58:39 | 00:57:00 | 1996 | Sannerville |
| 1859 | ARVIS | Natalie | VF1 | 128 | 00:58:39 | 00:57:11 | 2032 | PARIS |
| 1860 | BANNIER | Carolane | EF | 17 | 00:58:40 | 00:57:07 | 2013 | Alencon |
| 1861 | LARGILLET | Gerald | SH | 600 | 00:58:40 | 00:56:43 | 1946 | Caen |
| 1862 | LEPELTIER | Helene | SF | 211 | 00:58:40 | 00:57:18 | 2058 | Bieville-Beuville |
| 1863 | DELOURMEL | Jean lou | VH2 | 204 | 00:58:41 | 00:56:30 | 1906 | mondeville |
| 1864 | GOUMAUX | Valentin | JH | 39 | 00:58:41 | 00:56:03 | 1821 | Bremoy |
| 1865 | FRANCOISE | Daniel | VH3 | 64 | 00:58:41 | 00:52:52 | 1278 | Saint-Martin-de-Fontenay |
| 1866 | MORGADO | Lise | SF | 212 | 00:58:42 | 00:54:44 | 1585 | MEZIDON CANON |
| 1867 | LOUVEL | Regine | VF3 | 15 | 00:58:43 | 00:56:40 | 1938 | Flers |
| 1868 | LETOUZEY | Sandrine | VF1 | 129 | 00:58:43 | 00:56:20 | 1872 | Cahagnes |
| 1869 | TAFFLE | Mathilde | SF | 213 | 00:58:44 | 00:56:30 | 1905 | Mondeville |
| 1870 | LETOURMY | Jean louis | VH2 | 205 | 00:58:44 | 00:56:18 | 1867 | Percy |
| 1871 | BOUCHARAIN | Sandrine | VF1 | 130 | 00:58:45 | 00:55:42 | 1749 | Louvigny |
| 1872 | BOESSEL | Antoine | EH | 51 | 00:58:45 | 00:56:09 | 1838 | Eterville |
| 1873 | HOUDIERE | Laurent | VH1 | 410 | 00:58:46 | 00:58:46 | 2348 | Lisieux |
| 1874 | DUBOIS | Candice | SF | 214 | 00:58:46 | 00:54:24 | 1523 | Caen |
| 1875 | MAOUHOUB | Mehdi | SH | 601 | 00:58:46 | 00:54:56 | 1615 | Caen |
| 1876 | AZE | Celine | VF1 | 131 | 00:58:47 | 00:56:50 | 1958 | EA MONDEVILLE HEROUVILLE* |
| 1877 | BISSON | Florent | VH1 | 411 | 00:58:48 | 00:56:41 | 1941 | Caen |
| 1878 | GRONDIN | Frederic | VH1 | 412 | 00:58:48 | 00:56:42 | 1943 | Verson |
| 1879 | RAGONNET | Frederic | VH1 | 413 | 00:58:49 | 00:57:16 | 2054 | Mutrecy |
| 1880 | TEISSEDRE | Corinne | VF1 | 132 | 00:58:50 | 00:57:20 | 2063 | Demouville |
| 1881 | ANGERVILLE | Angelique | EF | 18 | 00:58:50 | 00:57:36 | 2102 | EAMH |

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|------|-------------|------------|-----|-----|----------|----------|------|--------------------------|
| 1882 | NEDELEC | Caroline | SF | 215 | 00:58:50 | 00:57:20 | 2065 | Banville |
| 1883 | LETERRIER | Justine | SF | 216 | 00:58:50 | 00:56:27 | 1897 | Bayeux |
| 1884 | FINOUX | Eddy | VH1 | 414 | 00:58:50 | 00:57:53 | 2161 | Blainville sur Orne |
| 1885 | LIPOVAC | Sabrina | SF | 217 | 00:58:51 | 00:54:58 | 1620 | Caen |
| 1886 | MAHMOUD | Noha | SF | 218 | 00:58:51 | 00:56:01 | 1805 | Caen |
| 1887 | LEBAILLY | Sebastien | SH | 602 | 00:58:52 | 00:56:01 | 1811 | Oully-le-Tesson |
| 1888 | FLECHARD | Maxime | VH1 | 415 | 00:58:52 | 00:55:26 | 1700 | Villy-lez-Falaise |
| 1889 | DUHAMEL | Florent | SH | 603 | 00:58:53 | 00:56:33 | 1915 | Lisieux |
| 1890 | CASIER | Damien | VH1 | 416 | 00:58:53 | 00:57:36 | 2101 | Cheux |
| 1891 | BELLET | Sophie | VF1 | 133 | 00:58:54 | 00:54:30 | 1546 | louvigny |
| 1892 | LOPES | Angelique | SF | 219 | 00:58:54 | 00:56:58 | 1988 | Cormelles-le-Royal |
| 1893 | DEFRANCE | Mickael | SH | 604 | 00:58:54 | 00:55:39 | 1739 | Garcelles-Secqueville |
| 1894 | OREL | Tony | VH1 | 417 | 00:58:54 | 00:57:15 | 2051 | Vire |
| 1895 | DOSSMANN | Lucie | SF | 220 | 00:58:55 | 00:57:45 | 2132 | BORDEAUX |
| 1896 | LANDMANN | Lucile | VF2 | 62 | 00:58:55 | 00:57:15 | 2053 | Teteghem |
| 1897 | MADELEINE | Jean luc | VH1 | 418 | 00:58:55 | 00:57:14 | 2045 | Mouen |
| 1898 | HENRIQUES | Christophe | SH | 605 | 00:58:55 | 00:57:45 | 2133 | Sainte-Helene |
| 1899 | MADEC | Sebastien | SH | 606 | 00:58:55 | 00:56:15 | 1859 | Caen |
| 1900 | THEROUX | Tiphaine | SF | 221 | 00:58:56 | 00:57:04 | 2003 | caen |
| 1901 | BISSON | Marie | SF | 222 | 00:58:56 | 00:57:06 | 2010 | Caen |
| 1902 | CANNET | Edith | SF | 223 | 00:58:56 | 00:57:06 | 2011 | Caen |
| 1903 | PATRY | Guillaume | SH | 607 | 00:58:57 | 00:56:51 | 1960 | Le Havre |
| 1904 | NIANG | Papa | SH | 609 | 00:58:57 | 00:58:29 | 2284 | Caen |
| 1905 | DANO | Brigitte | VF2 | 63 | 00:58:57 | 00:57:55 | 2169 | OUISTREHAM |
| 1906 | PHILIPPE | Emmanuel | VH1 | 419 | 00:58:57 | 00:56:58 | 1992 | CAEN ATHLETIC CLUB |
| 1907 | PHILIPPE | Virginie | VF1 | 134 | 00:58:57 | 00:56:58 | 1993 | CAEN ATHLETIC CLUB |
| 1908 | FERRAND | Romain | SH | 608 | 00:58:57 | 00:55:34 | 1722 | Saint-Samson |
| 1909 | GOBE | Pascal | VH2 | 206 | 00:58:58 | 00:56:59 | 1995 | caen athletic club |
| 1910 | CHATEAU | Loig | VH1 | 420 | 00:59:00 | 00:55:34 | 1724 | Mondeville |
| 1911 | MANCEAU | Jocelyne | VF1 | 135 | 00:59:00 | 00:57:59 | 2186 | Angers |
| 1912 | NOEL-BRIAND | Xavier | VH1 | 421 | 00:59:00 | 00:55:16 | 1669 | Herouville-Saint-Clair |
| 1913 | FRANCOISE | Aurore | JF | 14 | 00:59:01 | 00:58:06 | 2201 | Boulon |
| 1914 | TERAN | Miguel | VH3 | 65 | 00:59:02 | 00:55:37 | 1735 | Les Moutiers-en-Cinglais |
| 1915 | NEGRE | Anais | SF | 224 | 00:59:02 | 00:57:48 | 2145 | Cormelles-le-Royal |
| 1916 | FOURNEL | Thomas | SH | 610 | 00:59:02 | 00:55:17 | 1675 | POTIGNY |
| 1917 | LEVAVASSEUR | Victor | EH | 52 | 00:59:03 | 00:55:14 | 1661 | Vire |
| 1918 | POTHIN | Delphine | SF | 225 | 00:59:03 | 00:58:07 | 2202 | Saint-Martin-de-Fontenay |
| 1919 | MOREL | Sandra | VF1 | 136 | 00:59:03 | 00:56:51 | 1962 | CAEN ATHLETIC CLUB |
| 1920 | LEFEVRE | Helene | SF | 226 | 00:59:03 | 00:56:22 | 1880 | Caen |
| 1921 | LENOIR | Guillaume | SH | 611 | 00:59:03 | 00:56:26 | 1894 | caen |
| 1922 | WEYANT | Benjamin | EH | 53 | 00:59:03 | 00:56:56 | 1982 | Cairon |
| 1923 | PAIMBLANC | Benjamin | SH | 612 | 00:59:04 | 00:58:06 | 2200 | Vimont |
| 1924 | CHALET | Thomas | SH | 613 | 00:59:05 | 00:56:53 | 1967 | CAEN |
| 1925 | LEBOUCHER | Guillaume | VH1 | 422 | 00:59:05 | 00:55:28 | 1704 | Ver-sur-Mer |
| 1926 | SHEYKHAN | Romuald | VH2 | 207 | 00:59:05 | 00:56:53 | 1968 | Saint-Pierre-Canivet |

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|------|----------------|-------------|-----|-----|----------|----------|------|--------------------------------|
| 1927 | GADOIS | Mathias | SH | 614 | 00:59:06 | 00:56:11 | 1844 | Alencon |
| 1928 | ISIDOR | Laurent | VH1 | 423 | 00:59:06 | 00:56:33 | 1913 | Saint-Germain-la-Blanche-Herbe |
| 1929 | MOREL | Daniel | VH3 | 66 | 00:59:07 | 00:55:44 | 1755 | LA SELLE LA FORGE |
| 1930 | TERAN | Damien | SH | 615 | 00:59:07 | 00:55:43 | 1750 | Caen |
| 1931 | RELIQUET | Lionel | VH3 | 67 | 00:59:07 | 00:55:19 | 1679 | Nantes |
| 1932 | MALNOUX | Bertrand | VH2 | 208 | 00:59:08 | 00:57:06 | 2005 | Caen |
| 1933 | FAFIN | Rodrigue | SH | 616 | 00:59:09 | 00:53:53 | 1454 | AGY |
| 1934 | VIGNON | Marine | SF | 227 | 00:59:09 | 00:57:43 | 2121 | Caen |
| 1935 | TAILLEFER | Christelle | SF | 228 | 00:59:09 | 00:56:57 | 1987 | Louvigny |
| 1936 | BOURHIS | Erwan | SH | 617 | 00:59:10 | 00:56:24 | 1887 | Blainville-sur-Orne |
| 1937 | BATTEUR | Johanna | SF | 229 | 00:59:10 | 00:57:43 | 2123 | Herouville-Saint-Clair |
| 1938 | LEPETIT | Maele | SF | 230 | 00:59:11 | 00:57:40 | 2112 | Caen |
| 1939 | ISAAC | Aurelie | SF | 231 | 00:59:11 | 00:57:48 | 2143 | Courbevoie |
| 1940 | FAUTRAT | Karine | SF | 232 | 00:59:11 | 00:57:45 | 2128 | caen athletic club |
| 1941 | TENDRON | Pascale | VF1 | 137 | 00:59:12 | 00:57:48 | 2142 | Bourguebus |
| 1942 | GERARD | Jean-pierre | VH2 | 209 | 00:59:12 | 00:55:47 | 1766 | EAMH |
| 1943 | SEIGNEURIE | Jacqueline | VF2 | 64 | 00:59:12 | 00:57:51 | 2152 | Mondeville |
| 1944 | QUENTIN | Gerard | VH2 | 210 | 00:59:12 | 00:55:22 | 1687 | Hermanville-sur-Mer |
| 1945 | MAYER | Patrice | VH3 | 68 | 00:59:12 | 00:56:16 | 1861 | Bieville-Beuville |
| 1946 | MOUCHEL | Melanie | EF | 19 | 00:59:12 | 00:57:10 | 2028 | Sannerville |
| 1947 | MILOCHE | Samuel | VH1 | 424 | 00:59:13 | 00:58:15 | 2231 | Barbery |
| 1948 | QUECHON | Eric | VH1 | 425 | 00:59:14 | 00:55:47 | 1763 | BLAINVILLE SUR ORNE |
| 1949 | DOISY | Benjamin | VH1 | 426 | 00:59:14 | 00:57:40 | 2111 | Fontenay-le-Marmion |
| 1950 | STECKMEYER | Jean-claude | VH3 | 69 | 00:59:14 | 00:57:12 | 2036 | Saint-Gatien-des-Bois |
| 1951 | GUENOT | Nicolas | SH | 618 | 00:59:14 | 00:53:45 | 1433 | Blainville-sur-Orne |
| 1952 | PITREL | Sophie | VF1 | 138 | 00:59:15 | 00:56:58 | 1989 | OUISTREHAM |
| 1953 | TASSILLY | Stephane | SH | 619 | 00:59:15 | 00:55:51 | 1780 | Fontenay-le-Pesnel |
| 1954 | CALBERG-ELLEN | Julie | SF | 233 | 00:59:15 | 00:56:39 | 1931 | Caen |
| 1955 | LECLERC | Thomas | SH | 620 | 00:59:15 | 00:55:41 | 1745 | Mathieu |
| 1956 | GACHET | Elisabeth | VF2 | 65 | 00:59:16 | 00:56:33 | 1916 | Sainte-Suzanne-sur-Vire |
| 1957 | LERUEZ | Sebastien | SH | 621 | 00:59:16 | 00:56:07 | 1830 | TOUR EN BESSIN |
| 1958 | LEMONNIER | Florian | SH | 622 | 00:59:16 | 00:56:34 | 1919 | CAEN |
| 1959 | DUMENIL | Fabienne | VF2 | 66 | 00:59:18 | 00:56:05 | 1825 | Fontenay-le-Marmion |
| 1960 | DUMENIL | Gilles | VH2 | 211 | 00:59:19 | 00:56:05 | 1824 | Fontenay-le-Marmion |
| 1961 | LEVEIL | Marina | SF | 234 | 00:59:19 | 00:57:25 | 2075 | Vire |
| 1962 | SAUSSAIS | Matthieu | SH | 623 | 00:59:20 | 00:58:11 | 2214 | Lisieux |
| 1963 | DUGUEY | Cyril | VH1 | 427 | 00:59:20 | 00:55:59 | 1801 | Flers triathlon |
| 1964 | DEFEVER | Melanie | SF | 235 | 00:59:20 | 00:58:13 | 2224 | lfs |
| 1965 | DEMOULIN | Jerome | VH1 | 428 | 00:59:21 | 00:56:03 | 1819 | Lion-sur-Mer |
| 1966 | AISSA | Malik | VH1 | 429 | 00:59:21 | 00:58:14 | 2228 | lfs |
| 1967 | NIGAIZE | David | VH1 | 430 | 00:59:21 | 00:56:35 | 1921 | Caen |
| 1968 | LEFRANCOIS | Ronnie | VH1 | 431 | 00:59:22 | 00:56:36 | 1925 | Garcelles-Secqueville |
| 1969 | ABEILLE-BATIER | Chrystelle | VF1 | 139 | 00:59:22 | 00:57:54 | 2164 | Caen |
| 1970 | DESDOITS | Laura | SF | 236 | 00:59:23 | 00:56:14 | 1855 | Caen |
| 1971 | GRASSET | Solenne | EF | 20 | 00:59:23 | 00:57:15 | 2052 | Caen |

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| 1972 | LE ROY | Laura | SF | 237 | 00:59:23 | 00:56:14 | 1856 | Flers |
| 1973 | LEVALLOIS | Melanie | SF | 238 | 00:59:24 | 00:55:43 | 1751 | Sainte-Honorine-du-Fay |
| 1974 | BOURHIS | Rene | VH3 | 70 | 00:59:24 | 00:56:38 | 1929 | Ploeren |
| 1975 | CUTRUPIA | Alexandra | VF1 | 140 | 00:59:24 | 00:55:58 | 1798 | Rocquancourt |
| 1976 | LEMIERE | Sebastien | SH | 624 | 00:59:25 | 00:57:19 | 2061 | Gonneville-sur-Honfleur |
| 1977 | CUTRUPIA | Daniel | VH1 | 432 | 00:59:25 | 00:56:00 | 1803 | Rocquancourt |
| 1978 | LEVEQUE | Christophe | VH2 | 212 | 00:59:26 | 00:58:11 | 2215 | Cheux |
| 1979 | DESCHATEAUX | Eric | VH1 | 433 | 00:59:26 | 00:55:10 | 1651 | EVREUX AC |
| 1980 | BALLON | Fulvio | VH1 | 434 | 00:59:26 | 00:55:48 | 1768 | Saint-Georges-des-Groseillers |
| 1981 | ROSE | Cecile | VF2 | 67 | 00:59:27 | 00:58:14 | 2227 | Cornelles-le-Royal |
| 1982 | VOITURIER | Fabrice | VH1 | 435 | 00:59:27 | 00:57:13 | 2043 | Saint-Contest |
| 1983 | LEGENBRE | Stephane | VH1 | 436 | 00:59:27 | 00:57:20 | 2064 | Saint-Hilaire-le-Chatel |
| 1984 | HALLEY | Francois | VH1 | 437 | 00:59:28 | 00:56:33 | 1912 | Cairon |
| 1985 | GUERIN | Yvan | VH1 | 439 | 00:59:29 | 00:56:45 | 1949 | Giberville |
| 1986 | CRETIEN | Daniel | VH4 | 7 | 00:59:29 | 00:57:31 | 2085 | Tourgeville |
| 1987 | BICHAIN | Laurent | VH1 | 438 | 00:59:29 | 00:58:22 | 2261 | Villers-Bocage |
| 1988 | MASSE | Delphine | VF1 | 141 | 00:59:29 | 00:55:46 | 1760 | Herouville-Saint-Clair |
| 1989 | LUBIN | Ingrid | SF | 239 | 00:59:29 | 00:58:23 | 2265 | Villers-Bocage |
| 1990 | TESSON | Didier | SH | 625 | 00:59:30 | 00:56:28 | 1900 | Tilly-sur-Seulles |
| 1991 | LANCELOT | Pauline | SF | 240 | 00:59:30 | 00:56:37 | 1928 | Deauville |
| 1992 | BINET | Nicolas | SH | 626 | 00:59:31 | 00:58:09 | 2206 | Houlgate |
| 1993 | LEGRAND | Caroline | SF | 241 | 00:59:31 | 00:57:52 | 2157 | Aunay-sur-Odon |
| 1994 | PAINCHAUD | Marie | EF | 21 | 00:59:32 | 00:56:14 | 1853 | FOUGERES |
| 1995 | BOESSEL | Yvon | VH2 | 213 | 00:59:32 | 00:56:55 | 1979 | Eterville |
| 1996 | FORET | Marie-laure | VF2 | 68 | 00:59:32 | 00:57:07 | 2015 | Cornelles-le-Royal |
| 1997 | LION | Vincent | VH1 | 440 | 00:59:32 | 00:58:19 | 2254 | Caen |
| 1998 | CADEC | Clementine | SF | 242 | 00:59:32 | 00:58:25 | 2271 | Louvigny |
| 1999 | HIVERT | Anne-sophie | SF | 243 | 00:59:32 | 00:58:21 | 2259 | CAEN |
| 2000 | RETAILLAUD | Vincent | VH1 | 441 | 00:59:33 | 00:56:10 | 1841 | LA SELLE LA FORGE |
| 2001 | OLIVEIRA DE SOUSA | Benjamim | VH3 | 71 | 00:59:34 | 00:54:50 | 1598 | Montigny le Tilleul |
| 2002 | LEVAVASSEUR | Jocelyn | VH1 | 442 | 00:59:34 | 00:57:08 | 2023 | Saint-Patrice-de-Clajds |
| 2003 | BLOYET | Daniel | VH4 | 8 | 00:59:34 | 00:56:22 | 1876 | Epron |
| 2004 | MALLET | Adrien | SH | 627 | 00:59:35 | 00:57:56 | 2172 | CAEN |
| 2005 | LAMBOURG | Claude | VH2 | 214 | 00:59:35 | 00:56:40 | 1935 | Thaon |
| 2006 | BRARD | Huguette | VF3 | 16 | 00:59:36 | 00:57:59 | 2180 | Lecousse |
| 2007 | BOUTELOUP | Philippe | VH2 | 215 | 00:59:36 | 00:55:55 | 1791 | Juvigny-sur-Seulles |
| 2008 | RACINNE | Veronique | VF2 | 69 | 00:59:36 | 00:55:47 | 1765 | Saint-Pere |
| 2009 | WABLE | Virginie | VF1 | 142 | 00:59:36 | 00:57:11 | 2033 | Barentin |
| 2010 | RENEAUD | Mickael | VH1 | 443 | 00:59:37 | 00:56:22 | 1877 | laize la ville |
| 2011 | LECOQ | Noel | VH3 | 72 | 00:59:37 | 00:56:40 | 1934 | Caen |
| 2012 | PESCHET | Laurence | VF1 | 143 | 00:59:38 | 00:57:53 | 2162 | Vire |
| 2013 | DELHOMMEAU | Jean-paul | VH3 | 73 | 00:59:39 | 00:56:39 | 1932 | RIVA COURIR |
| 2014 | LAFFONT | Jean | VH1 | 444 | 00:59:40 | 00:55:53 | 1787 | Saint-Manvieu-Norrey |
| 2015 | BONHOMME | Florian | SH | 628 | 00:59:40 | 00:56:23 | 1884 | Rosel |
| 2016 | MARCHINI | Cecile | SF | 244 | 00:59:40 | 00:57:07 | 2014 | Conches-en-Ouche |

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| 2017 | HOUSSAYE | Julie | SF | 245 | 00:59:41 | 00:56:52 | 1965 | Caen |
| 2018 | DESCHEPPER | Emilien | SH | 629 | 00:59:41 | 00:57:47 | 2138 | Epinay-sur-Odon |
| 2019 | EVAIN | Yann | VH1 | 445 | 00:59:41 | 00:56:02 | 1813 | Giberville |
| 2020 | DROUET | Lea | SF | 246 | 00:59:42 | 00:58:22 | 2262 | caen |
| 2021 | NICOLLE | Cindy | SF | 247 | 00:59:42 | 00:56:55 | 1976 | Mondeville |
| 2022 | LE GAC | Anne | VF1 | 144 | 00:59:42 | 00:58:27 | 2275 | Plescop |
| 2023 | LECOEUR | Cedric | SH | 630 | 00:59:43 | 00:55:36 | 1728 | Carpiquet |
| 2024 | QUIROGA | Lisa | EF | 22 | 00:59:43 | 00:55:36 | 1727 | Montmorency |
| 2025 | GRAILLOT | Roland | VH4 | 9 | 00:59:43 | 00:58:35 | 2303 | Caen |
| 2026 | SANTOS | Miguel | VH2 | 216 | 00:59:43 | 00:57:07 | 2016 | Mondeville |
| 2027 | JOLY | Cecile | SF | 248 | 00:59:44 | 00:56:43 | 1945 | Cherence-le-Roussel |
| 2028 | DOISY | Magalie | VF1 | 145 | 00:59:44 | 00:58:10 | 2207 | Fontenay-le-Marmion |
| 2029 | SENFARA | Gervais | SH | 631 | 00:59:44 | 00:57:34 | 2096 | Cairon |
| 2030 | LAGUESTE | Nathalie | VF2 | 70 | 00:59:45 | 00:58:41 | 2328 | Aignerville |
| 2031 | MEHEUST | Jose | VH3 | 74 | 00:59:46 | 00:56:33 | 1917 | Cresserons |
| 2032 | GRANDIDIER | Laurent | VH1 | 446 | 00:59:46 | 00:56:53 | 1971 | Courtonne-la-Meurdrac |
| 2033 | LAGUESTE | Cynthia | SF | 249 | 00:59:46 | 00:58:42 | 2331 | Coulombs |
| 2034 | HYPOLITE | Veronique | VF2 | 71 | 00:59:47 | 00:58:16 | 2235 | Epron |
| 2035 | GRIMAUDDO | Michel | SH | 632 | 00:59:47 | 00:56:11 | 1845 | Tourneville |
| 2036 | LALLEMAND | Mickael | VH1 | 447 | 00:59:47 | 00:57:09 | 2024 | Le Hom |
| 2037 | BILLARD | Stephanie | SF | 250 | 00:59:47 | 00:55:06 | 1642 | Caen |
| 2038 | SALOMON | Delphine | VF1 | 146 | 00:59:48 | 00:58:18 | 2252 | Mutrecy |
| 2039 | RAPPOLD | Leslie | SF | 251 | 00:59:48 | 00:56:12 | 1850 | Dozule |
| 2040 | SALOMON | Jean-francois | VH1 | 448 | 00:59:48 | 00:58:18 | 2250 | Mutrecy |
| 2041 | CAMMAROTA | Stevie | SH | 633 | 00:59:49 | 00:56:51 | 1963 | Carpiquet |
| 2042 | TARDIF | Sarah | SF | 252 | 00:59:49 | 00:56:46 | 1951 | SAINT GERMAIN DE TALLEVENDE |
| 2043 | HERBRETEAU | Isabelle | VF1 | 147 | 00:59:49 | 00:57:12 | 2037 | Iffs |
| 2044 | LEGER | Aurelien | SH | 634 | 00:59:50 | 00:57:39 | 2109 | Caen |
| 2045 | DUBOULAY | Caroline | SF | 253 | 00:59:50 | 00:57:20 | 2062 | Caen |
| 2046 | MOUCHEL | Denis | VH2 | 217 | 00:59:50 | 00:56:56 | 1983 | Thaon |
| 2047 | LETERTRE | Magali | SF | 254 | 00:59:52 | 00:57:32 | 2089 | Giberville |
| 2048 | YVON | Michael | SH | 635 | 00:59:52 | 00:57:32 | 2090 | Iffs |
| 2049 | GUFFROY | Elodie | SF | 255 | 00:59:52 | 00:57:32 | 2088 | Billy |
| 2050 | BEURION | Mathilde | SF | 256 | 00:59:52 | 00:58:40 | 2321 | Yerville |
| 2051 | LEBARBIER | Thierry | VH2 | 218 | 00:59:53 | 00:57:15 | 2049 | Conde-sur-Noireau |
| 2052 | PAUL-JACQUES | Christian | VH1 | 449 | 00:59:53 | 00:57:13 | 2038 | Saint-Pierre-du-Regard |
| 2053 | GRIMAUDDO | Gaelle | SF | 257 | 00:59:53 | 00:56:17 | 1862 | Tourneville |
| 2054 | LECONTE | Laura | JF | 15 | 00:59:54 | 00:57:37 | 2104 | Hermanville-sur-Mer |
| 2055 | MARIE | Aline | SF | 258 | 00:59:54 | 00:56:55 | 1974 | urville |
| 2056 | FOUQUE | Herve | VH3 | 75 | 00:59:55 | 00:57:52 | 2156 | Caen |
| 2057 | FAUTRAS | Stephanie | VF1 | 148 | 00:59:55 | 00:57:52 | 2155 | Lasson |
| 2058 | VAILLAND | Marie | SF | 259 | 00:59:55 | 00:57:30 | 2081 | Le Perron |
| 2059 | SURVILLE | Marion | SF | 260 | 00:59:56 | 00:57:46 | 2135 | Blangy-le-chateau |
| 2060 | ALLAIS | Chantal | VF2 | 72 | 00:59:56 | 00:59:49 | 2544 | Saint-Germain-le-Vasson |
| 2061 | LOUISE | Lisa | SF | 261 | 00:59:57 | 00:57:49 | 2149 | Bayeux |

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| 2062 | FOURNET-POREE | Coralie | VF2 | 73 | 00:59:57 | 00:55:26 | 1698 | Caen |
| 2063 | BELOT | Frederic | VH1 | 450 | 00:59:57 | 00:56:11 | 1846 | Demouville |
| 2064 | DARCEL | Steven | SH | 636 | 00:59:57 | 00:57:49 | 2150 | Bayeux |
| 2065 | SURVILLE | David | VH1 | 451 | 00:59:57 | 00:57:46 | 2134 | Caen |
| 2066 | LUKACS | Emerick | SH | 637 | 00:59:57 | 00:57:30 | 2083 | Saint-Vigor-le-Grand |
| 2067 | LUKACS | Anne-sophie | SF | 262 | 00:59:57 | 00:57:30 | 2082 | Saint-Vigor-le-Grand |
| 2068 | CHANTELOT | Thierry | VH2 | 219 | 00:59:57 | 00:58:23 | 2266 | Verson |
| 2069 | LETOURNEUR | Guillaume | SH | 638 | 00:59:58 | 00:57:21 | 2069 | Fleury sur orne |
| 2070 | LETOURNEUR | Serge | VH3 | 76 | 00:59:58 | 00:57:21 | 2068 | Saint-Germain-sur-Ay |
| 2071 | PFISTER | Thomas | SH | 639 | 00:59:58 | 00:55:44 | 1757 | zell am main |
| 2072 | PFISTER | Allison | SF | 263 | 00:59:59 | 00:55:44 | 1756 | zell am main |
| 2073 | CHALLES | Sandrine | SF | 264 | 00:59:59 | 00:58:51 | 2366 | Garcelles-Secqueville |
| 2074 | DUPONT | Laurence | VF2 | 74 | 00:59:59 | 00:56:07 | 1828 | Hermanville sur mer |
| 2075 | ENEE | Henri | VH3 | 77 | 00:59:59 | 00:57:53 | 2163 | Colombelles |
| 2076 | RICHARD | Charline | SF | 265 | 01:00:00 | 00:57:06 | 2008 | Sommervieu |
| 2077 | MEZERETTE | Pauline | SF | 266 | 01:00:01 | 00:56:55 | 1975 | CAEN |
| 2078 | ARVIER | Estelle | VF1 | 149 | 01:00:01 | 00:57:02 | 1998 | Vendes |
| 2079 | FOUCHARD | Kevin | EH | 54 | 01:00:01 | 00:57:13 | 2042 | Caen |
| 2080 | FOUCHARD | Thierry | VH2 | 220 | 01:00:01 | 00:57:11 | 2034 | Cresseveuille |
| 2081 | BRIERE | Pascal | VH2 | 221 | 01:00:02 | 00:57:06 | 2007 | GIBERVILLE |
| 2082 | KECHOURI | Denis | VH2 | 222 | 01:00:02 | 00:56:16 | 1860 | Le Pre-Saint-Gervais |
| 2083 | CREVEUIL | Sandra | VF1 | 150 | 01:00:02 | 00:57:12 | 2035 | giberville |
| 2084 | LENOTRE | Emilie | SF | 267 | 01:00:03 | 00:57:27 | 2076 | May-sur-Orme |
| 2085 | LEBOUCHER | Regine | VF2 | 75 | 01:00:03 | 00:57:07 | 2019 | VIVRE |
| 2086 | JAGAU | Sandrine | VF1 | 151 | 01:00:04 | 00:58:32 | 2296 | Escoville |
| 2087 | PRIOUL | Christine | VF2 | 76 | 01:00:04 | 00:57:07 | 2018 | Cact Conde Torigni sur vire |
| 2088 | PERRIER | Lucie | SF | 268 | 01:00:05 | 00:57:38 | 2107 | Herouvillette |
| 2089 | LEVASSEUR | Yannick | VH2 | 223 | 01:00:05 | 00:57:47 | 2141 | Alencon |
| 2090 | LENA | Angelique | VF1 | 152 | 01:00:06 | 00:57:59 | 2185 | Cesny-Bois-Halbout |
| 2091 | DUBET | Angelique | SF | 269 | 01:00:06 | 00:58:30 | 2285 | Saint-Aignan-de-Cramesnil |
| 2092 | BOUDONNET | Morgane | SF | 270 | 01:00:06 | 00:57:14 | 2044 | Vire |
| 2093 | KROLEWICZ | Myriam | VF2 | 77 | 01:00:07 | 00:56:40 | 1933 | Oissel |
| 2094 | BRAULT | Camille | SF | 271 | 01:00:08 | 00:57:15 | 2047 | La Graverie |
| 2095 | LEBRETHON | Vincent | SH | 640 | 01:00:08 | 00:57:56 | 2174 | Caen |
| 2096 | AMICE | Juliette | SF | 272 | 01:00:09 | 00:57:45 | 2127 | Hermanville-sur-Mer |
| 2097 | LECONTE | Charles | CH | 44 | 01:00:10 | 00:58:12 | 2220 | Argences |
| 2098 | LUGAND | H | VF1 | 153 | 01:00:11 | 00:58:11 | 2217 | cac |
| 2099 | VAILLANT | Monique | VF2 | 78 | 01:00:11 | 00:57:59 | 2182 | Luc-sur-Mer |
| 2100 | REMAUD | Jacques | VH2 | 224 | 01:00:11 | 00:57:59 | 2183 | Aulnay-sur-Iton |
| 2101 | PAULIEN | Philippe | VH2 | 225 | 01:00:12 | 00:56:47 | 1952 | Charenton le Pont |
| 2102 | HUYNH | David | VH1 | 452 | 01:00:12 | 00:57:51 | 2154 | Escoville |
| 2103 | NOBLET | Celine | VF1 | 154 | 01:00:13 | 00:56:50 | 1956 | Ouistreham |
| 2104 | LEMONNIER | Regine | VF2 | 79 | 01:00:14 | 00:57:33 | 2094 | CACT |
| 2105 | SIMON | Aurelien | SH | 641 | 01:00:14 | 00:57:17 | 2057 | Saint-Manvieu-Norrey |
| 2106 | HEBERT | Caroline | SF | 273 | 01:00:15 | 00:59:16 | 2434 | LA GRAVERIE |

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| 2107 | BOUVET | Estelle | SF | 274 | 01:00:15 | 00:59:16 | 2433 | Saint-Sever-Calvados |
| 2108 | DE CHALUP | Diane | SF | 275 | 01:00:15 | 00:57:48 | 2144 | Caen |
| 2109 | LE BRICQUIR | Anais | EF | 23 | 01:00:16 | 00:57:39 | 2110 | Caen |
| 2110 | DEMANET | Quentin | SH | 642 | 01:00:17 | 00:57:10 | 2030 | Caen |
| 2111 | BOUDEKHANE | Charlene | SF | 276 | 01:00:17 | 00:59:23 | 2457 | Bougy |
| 2112 | BLANCHET | Patrick | VH3 | 78 | 01:00:17 | 00:57:32 | 2092 | Missy |
| 2113 | RAULT | Aurelien | SH | 643 | 01:00:18 | 00:58:43 | 2338 | Cormelles-le-Royal |
| 2114 | CHAUVEL | Ophelie | EF | 24 | 01:00:18 | 00:57:39 | 2108 | Esquay-sur-Seulles |
| 2115 | DOUCET LECOUTEUX | Emmanuelle | VF1 | 155 | 01:00:18 | 00:58:02 | 2193 | CAEN |
| 2116 | BLIN | Loic | VH1 | 453 | 01:00:19 | 00:58:12 | 2218 | ST HILAIRE LE CHATEL |
| 2117 | DEPIERE | Maxime | SH | 644 | 01:00:19 | 00:58:46 | 2349 | Herouville-Saint-Clair |
| 2118 | CASSIGNEUL | Anne-lise | SF | 277 | 01:00:20 | 00:58:56 | 2378 | Thaon |
| 2119 | BARBE | Alwine | SF | 278 | 01:00:20 | 00:58:25 | 2270 | Soliers |
| 2120 | LASNE=CARDON | Audrey | SF | 279 | 01:00:20 | 00:57:58 | 2179 | Estrees la campagne |
| 2121 | SUZANNE | Alexandra | SF | 280 | 01:00:21 | 00:58:25 | 2269 | Escoville |
| 2122 | DOINARD | Mickael | SH | 645 | 01:00:21 | 00:56:25 | 1891 | Caen |
| 2123 | ANTHUNE | Bruno | SH | 646 | 01:00:21 | 00:56:06 | 1826 | Grainville-Langannerie |
| 2124 | ANTHUNE | Alissar | SF | 281 | 01:00:22 | 00:56:06 | 1827 | Grainville-Langannerie |
| 2125 | BODIER | Sandrine | VF1 | 156 | 01:00:22 | 00:57:10 | 2031 | US MERY SUR OISE |
| 2126 | LECLAIR | Eric | VH1 | 454 | 01:00:22 | 00:58:31 | 2292 | BAYEUX |
| 2127 | COLLET | Orane | EF | 25 | 01:00:23 | 00:57:35 | 2100 | Mondeville |
| 2128 | CONTAMIN | Benoit | VH1 | 455 | 01:00:23 | 00:57:27 | 2077 | caen |
| 2129 | MARC | Nathalie | VF1 | 157 | 01:00:23 | 00:58:42 | 2332 | Mouen |
| 2130 | PEPIN | Daniel | VH2 | 226 | 01:00:23 | 00:57:33 | 2093 | Saint-Andre-sur-Orne |
| 2131 | LAPORTE | Marine | SF | 282 | 01:00:23 | 00:56:40 | 1936 | Caen |
| 2132 | BLANCHEMAIN | Fabien | SH | 647 | 01:00:23 | 00:57:29 | 2080 | AUDRIEU |
| 2133 | PETTREMANN | Stephanie | VF1 | 158 | 01:00:24 | 00:58:43 | 2333 | Tilly-sur-Seulles |
| 2134 | BOURHIS | Jean | VH2 | 227 | 01:00:25 | 00:56:23 | 1881 | Quimper |
| 2135 | AUBERT | Yasmina | SF | 283 | 01:00:25 | 00:57:48 | 2147 | Bayeux |
| 2136 | HENOCQ | David | VH1 | 456 | 01:00:25 | 00:58:04 | 2196 | Ifs |
| 2137 | COLLET | Francois | SH | 648 | 01:00:25 | 00:58:41 | 2327 | Saint-Aignan-de-Cramesnil |
| 2138 | BEAUDOUIN | Estelle | VF1 | 159 | 01:00:26 | 00:57:42 | 2119 | Bavent |
| 2139 | MAROCHIN | Celine | SF | 284 | 01:00:26 | 00:58:43 | 2337 | Saint-Aignan-de-Cramesnil |
| 2140 | AMICE | Angelique | EF | 26 | 01:00:27 | 00:58:01 | 2189 | Hermanville-sur-Mer |
| 2141 | TRIBEHOU | Floscel | VH1 | 457 | 01:00:27 | 00:56:42 | 1944 | Herouville-Saint-Clair |
| 2142 | GEFFROY | Matthieu | SH | 649 | 01:00:28 | 00:58:20 | 2258 | Laval |
| 2143 | FERRIERE | Nathalie | VF1 | 160 | 01:00:28 | 00:58:29 | 2283 | MONDEVILLE |
| 2144 | BLOQUIAU | Herve | VH1 | 458 | 01:00:29 | 00:56:25 | 1888 | Troarn |
| 2145 | MONCOMBLE | Julie | VF1 | 161 | 01:00:29 | 00:58:33 | 2299 | Le Beny-Bocage |
| 2146 | LOUIS | Gosselin | CH | 45 | 01:00:30 | 00:58:19 | 2255 | Douvres-la-Delivrande |
| 2147 | CASSAGNAUD | Aurore | SF | 285 | 01:00:30 | 00:57:07 | 2017 | Usc Mezidon |
| 2148 | MECHIN | Laurence | VF1 | 162 | 01:00:30 | 00:57:17 | 2056 | CAEN |
| 2149 | BERQUET | Philippe | VH2 | 228 | 01:00:31 | 00:58:04 | 2194 | Caen |
| 2150 | BELIN | Maryse | VF1 | 163 | 01:00:31 | 00:57:17 | 2055 | le Havre |
| 2151 | HUNOUT | Mathilde | SF | 286 | 01:00:32 | 00:58:10 | 2209 | CAEN |

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| 2152 | ASSELIN | Philippe | VH3 | 79 | 01:00:33 | 00:58:24 | 2268 | LCBO |
| 2153 | KURPIK | Marie-france | VF1 | 164 | 01:00:33 | 00:58:16 | 2240 | Benouville |
| 2154 | GUERIN | Lydie | SF | 287 | 01:00:33 | 00:57:56 | 2171 | Club sportif carentanais |
| 2155 | GIARD | Francine | VF1 | 165 | 01:00:33 | 00:57:56 | 2170 | Bayeux |
| 2156 | LETOURNEUR | Franck | SH | 650 | 01:00:34 | 00:57:57 | 2176 | Courcy |
| 2157 | SAMSON | Alberic | VH1 | 459 | 01:00:35 | 00:59:27 | 2464 | Mondrainville |
| 2158 | SALENT | Melanie | VF1 | 166 | 01:00:38 | 00:58:17 | 2243 | Caen Triathlon |
| 2159 | BERNARD | Philippe | VH2 | 229 | 01:00:38 | 00:57:32 | 2087 | Vire |
| 2160 | DE GOUSSENCOURT | Nathalie | VF2 | 80 | 01:00:39 | 00:57:13 | 2041 | Caen |
| 2161 | MARTIN | Arnaud | VH1 | 460 | 01:00:40 | 00:59:28 | 2469 | Verson |
| 2162 | LONGUET | Gregory | VH1 | 461 | 01:00:40 | 00:57:19 | 2060 | Sainte-Suzanne-sur-Vire |
| 2163 | TRAVERS | Guillaume | VH1 | 462 | 01:00:40 | 00:57:13 | 2040 | CAEN |
| 2164 | BOTTIN-FREMY | Edith | VF2 | 81 | 01:00:40 | 00:59:19 | 2445 | Saint-Amand |
| 2165 | LIEBART | David | VH1 | 463 | 01:00:41 | 00:59:35 | 2500 | Douville-en-Auge |
| 2166 | ALEXANDRE | Christophe | VH1 | 464 | 01:00:41 | 00:58:53 | 2371 | Lisieux |
| 2167 | TANQUERAY | Caroline | VF1 | 168 | 01:00:42 | 00:58:48 | 2356 | Bernieres-sur-Mer |
| 2168 | AMEDEE | Valerie | VF1 | 167 | 01:00:42 | 00:58:43 | 2336 | ATHIS VAL DE ROUVRE |
| 2169 | LE TALLEC | Celine | SF | 288 | 01:00:42 | 00:58:31 | 2290 | Herouville-Saint-Clair |
| 2170 | GESLIN | Melanie | SF | 289 | 01:00:42 | 00:58:45 | 2342 | Blay |
| 2171 | FILOCHE | Emmanuel | SH | 651 | 01:00:42 | 00:57:32 | 2091 | Foulbec |
| 2172 | DRUESNE | Nicolas | SH | 652 | 01:00:42 | 00:58:31 | 2291 | Caen |
| 2173 | LEPROVOST | Romain | SH | 653 | 01:00:43 | 00:57:18 | 2059 | Saint-Aubin-sur-Mer |
| 2174 | RICHARD | Marilyne | VF1 | 169 | 01:00:43 | 00:59:02 | 2399 | Mouen |
| 2175 | VASNIER | Marie christine | VF2 | 82 | 01:00:44 | 00:57:50 | 2151 | mondeville |
| 2176 | SAUNIER | Charles | EH | 55 | 01:00:44 | 00:56:24 | 1886 | Caen |
| 2177 | LANGCARD | Agathe | SF | 290 | 01:00:44 | 00:58:16 | 2239 | Caen |
| 2178 | JAMES | Elise | SF | 291 | 01:00:44 | 00:57:55 | 2168 | Caen |
| 2179 | TINARD | Thomas | SH | 654 | 01:00:45 | 00:58:16 | 2237 | Caen |
| 2180 | FRANCOISE | Laure | VF1 | 170 | 01:00:46 | 00:59:35 | 2503 | Verson |
| 2181 | RICHEUX | Patricia | VF2 | 83 | 01:00:47 | 00:56:52 | 1966 | ST BENOIT DES ONDES |
| 2182 | MOULIN | Peggy | VF1 | 171 | 01:00:47 | 00:59:38 | 2514 | Verson |
| 2183 | FOURNIER | Lucie | SF | 292 | 01:00:47 | 00:58:10 | 2208 | Harfleur |
| 2184 | DUVAL | Francois | VH3 | 80 | 01:00:47 | 00:56:53 | 1970 | La Fresnais |
| 2185 | YONG | Dominique | EF | 27 | 01:00:47 | 00:55:42 | 1748 | London |
| 2186 | COUPEAU | Sylvain | VH1 | 465 | 01:00:47 | 00:57:56 | 2173 | Cambes-en-Plaine |
| 2187 | LECROISEY | Mederic | SH | 655 | 01:00:47 | 00:55:09 | 1650 | Carentan |
| 2188 | PRUNIER | Nicolas | SH | 656 | 01:00:48 | 00:55:33 | 1718 | Urville |
| 2189 | DESRUCQUES | Angelique | VF1 | 172 | 01:00:48 | 00:59:37 | 2508 | Caen |
| 2190 | BAGIAU | Adrien | SH | 657 | 01:00:48 | 00:59:15 | 2432 | Bretteville-l'Orgueilleuse |
| 2191 | MOSSOT | Celine | SF | 293 | 01:00:48 | 00:56:57 | 1986 | L' Hay-les-Roses |
| 2192 | EUDES | Joan | SH | 658 | 01:00:51 | 00:58:44 | 2339 | Villers-Bocage |
| 2193 | LECONTE | Benoit | VH1 | 466 | 01:00:51 | 00:57:14 | 2046 | Querqueville |
| 2194 | CAILLEAU | Justine | SF | 295 | 01:00:52 | 00:57:42 | 2118 | Caen |
| 2195 | DOGON | Elodie | SF | 294 | 01:00:52 | 00:59:46 | 2537 | Colombelles |
| 2196 | LEBRETON | Thomas | SH | 659 | 01:00:53 | 00:57:34 | 2098 | Bougy |

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| 2197 | FOURE | Luc | VH2 | 230 | 01:00:53 | 00:57:07 | 2020 | Authie |
| 2198 | LEMONNIER | Muriel | SF | 296 | 01:00:53 | 00:58:38 | 2310 | lion sur mer |
| 2199 | PREEL | Jean-marc | VH1 | 467 | 01:00:53 | 00:59:55 | 2559 | ROUEN |
| 2200 | GUERMOND | Martine | VF2 | 84 | 01:00:53 | 00:58:14 | 2226 | Caen |
| 2201 | MARIE | Antoine | SH | 660 | 01:00:54 | 00:57:52 | 2160 | Bayeux |
| 2202 | THOMAS | Audrey | VF1 | 173 | 01:00:54 | 00:58:17 | 2245 | Bayeux |
| 2203 | FABRICE | Prevel | VH1 | 468 | 01:00:54 | 00:59:50 | 2545 | lfs |
| 2204 | PETIT | Florian | SH | 661 | 01:00:55 | 00:59:30 | 2476 | caen |
| 2205 | LERECULEY | Christelle | VF1 | 174 | 01:00:55 | 00:58:35 | 2305 | Rots |
| 2206 | HELIE | Monika | VF1 | 175 | 01:00:56 | 00:58:01 | 2191 | Le Mesnil-Patry |
| 2207 | RAPHALEN MORIN | Pascale | VF2 | 85 | 01:00:56 | 00:57:31 | 2084 | Douvres-la-Delivrande |
| 2208 | BURGER | Veronika | VF3 | 17 | 01:00:56 | 00:56:41 | 1942 | wurzburg |
| 2209 | MORVAN | Maurice | VH3 | 81 | 01:00:56 | 00:59:00 | 2391 | Eterville |
| 2210 | ROUSSEL | Fabien | VH2 | 231 | 01:00:57 | 00:58:51 | 2367 | Tourville-sur-Odon |
| 2211 | ANGOT | Yoann | VH1 | 469 | 01:00:57 | 00:59:32 | 2487 | caen |
| 2212 | DESCLOS | Lydie | SF | 297 | 01:00:57 | 00:58:34 | 2302 | Thaon |
| 2213 | ANGOT | Raynald | VH1 | 470 | 01:00:57 | 00:57:06 | 2006 | BREVILLE |
| 2214 | PELTIER | Marina | EF | 28 | 01:00:57 | 00:57:54 | 2166 | Authie |
| 2215 | FAVEREAUX | Manon | SF | 298 | 01:00:57 | 00:56:41 | 1940 | Caen |
| 2216 | MORILLAND | Guillaume | SH | 662 | 01:00:58 | 00:58:28 | 2280 | Authie |
| 2217 | FROGER | Catherine | VF1 | 176 | 01:00:59 | 00:58:05 | 2197 | LION SUR MER |
| 2218 | CHATEIGNER | Sophie | VF1 | 177 | 01:00:59 | 00:58:20 | 2257 | Creully |
| 2219 | MALARD | Cyril | VH1 | 471 | 01:01:00 | 00:58:45 | 2341 | Fontaine-Etoupefour |
| 2220 | MARIE | Yohann | SH | 663 | 01:01:00 | 00:59:45 | 2533 | Falaise |
| 2221 | FONTAINE | Celia | SF | 299 | 01:01:02 | 00:57:47 | 2140 | Bayeux |
| 2222 | AMELINE | Esther | EF | 29 | 01:01:02 | 00:57:45 | 2129 | Saint-Contest |
| 2223 | PAINEAU | Frederic | SH | 664 | 01:01:02 | 00:57:09 | 2025 | Colombelles |
| 2224 | TRAHAY | Marie-laure | VF1 | 178 | 01:01:03 | 00:57:52 | 2159 | Blainville-sur-Orne |
| 2225 | VRAND BILLAS | Pauline | SF | 300 | 01:01:03 | 00:59:12 | 2424 | US Marquette |
| 2226 | MARIE | Christele | VF1 | 179 | 01:01:03 | 00:58:46 | 2350 | LANDIGOU |
| 2227 | BEAUDOUIN | Vincent | SH | 665 | 01:01:03 | 00:58:27 | 2278 | Mondeville |
| 2228 | BELLEC | Claudine | VF3 | 18 | 01:01:03 | 00:58:27 | 2279 | Mondeville |
| 2229 | COLAS | Pascal | VH2 | 232 | 01:01:04 | 00:59:13 | 2428 | US MARQUETTE |
| 2230 | GAULTIER | Ginette | VF3 | 19 | 01:01:04 | 01:00:07 | 2587 | St aubin d arquenay |
| 2231 | HERVIEU | Roman | VH1 | 472 | 01:01:04 | 00:57:59 | 2181 | Hebecrevon |
| 2232 | GOURDIN | Sebastien | SH | 666 | 01:01:04 | 00:59:34 | 2497 | CAEN |
| 2233 | COUVIGNY | Valerie | VF1 | 180 | 01:01:05 | 00:59:50 | 2548 | Notre-Dame-de-Livaye |
| 2234 | CANUET | Olivier | VH1 | 473 | 01:01:05 | 00:57:41 | 2115 | lfs |
| 2235 | TOUTAIN | Roselyne | SF | 301 | 01:01:06 | 00:59:00 | 2392 | Sainte-Opportune |
| 2236 | LAIZE | Veronique | VF1 | 181 | 01:01:06 | 00:59:00 | 2390 | Sainte-Opportune |
| 2237 | HERMANGE | Lionel | VH2 | 233 | 01:01:06 | 00:59:23 | 2455 | Mont Saint-Aignan |
| 2238 | POUSSIER | Nadia | VF1 | 182 | 01:01:06 | 00:58:20 | 2256 | Hubert-Folie |
| 2239 | LE BOULCH | Stephane | VH2 | 234 | 01:01:06 | 01:00:08 | 2589 | Cisai-Saint-Aubin |
| 2240 | ARNAUD | Moulins | SH | 667 | 01:01:07 | 00:57:15 | 2050 | Maisoncelles sur ajon |
| 2241 | JUBERT | Isabelle | VF2 | 86 | 01:01:07 | 01:00:08 | 2591 | Gace |

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| 2242 | LOISIL | Laure | SF | 302 | 01:01:08 | 00:59:45 | 2531 | Caen |
| 2243 | PERRET | Isabelle | VF1 | 183 | 01:01:09 | 00:57:06 | 2009 | troarn |
| 2244 | GUINAIS | Mathilde | SF | 303 | 01:01:09 | 00:58:51 | 2363 | Caen |
| 2245 | KOWALCZYK | Samuel | VH1 | 474 | 01:01:09 | 00:57:21 | 2071 | Caen |
| 2246 | GOURDIN | Soizic | SF | 304 | 01:01:10 | 00:59:39 | 2517 | CAEN |
| 2247 | DA COSTA ROSA | Amelie | SF | 305 | 01:01:10 | 00:57:44 | 2126 | Aincourt |
| 2248 | PELLER | Julien | SH | 668 | 01:01:10 | 00:56:54 | 1973 | Noron-la-Poterie |
| 2249 | SAHMANOVIC | Vezir | SH | 669 | 01:01:11 | 00:56:55 | 1978 | Cormelles le royal |
| 2250 | TACHER | Laurence | VF1 | 184 | 01:01:11 | 00:57:43 | 2122 | Esquay-Notre-Dame |
| 2251 | THUILLIER-HAMEL | Carole | VF1 | 185 | 01:01:11 | 00:58:15 | 2234 | Hermanville-sur-Mer |
| 2252 | ATTIS | Stephane | VH1 | 475 | 01:01:11 | 01:00:08 | 2593 | Verson |
| 2253 | TACHER | Stephane | VH1 | 476 | 01:01:11 | 00:57:46 | 2136 | Esquay-Notre-Dame |
| 2254 | HUE | Geoffrey | SH | 670 | 01:01:12 | 01:00:02 | 2574 | Caen |
| 2255 | BOULIER | Richard | VH2 | 235 | 01:01:13 | 00:57:04 | 2002 | Mondeville |
| 2256 | LE NORMAND | Nathalie | VF2 | 87 | 01:01:13 | 00:57:56 | 2175 | Sannerville |
| 2257 | COUTARD | Alain | VH2 | 236 | 01:01:13 | 00:58:17 | 2246 | C D'ATHLETISME CONDE TORIGNI |
| 2258 | THESSIER | Aude | VF1 | 186 | 01:01:14 | 00:57:34 | 2097 | Caen |
| 2259 | BRAS | Jean | VH2 | 237 | 01:01:14 | 00:56:52 | 1964 | Caen |
| 2260 | GUERNIER | Enzo | CH | 46 | 01:01:14 | 00:56:59 | 1994 | CARPIQUET |
| 2261 | MALBAUX | Julien | SH | 671 | 01:01:14 | 00:58:40 | 2320 | lfs |
| 2262 | ROLLAND | Benoit | VH1 | 477 | 01:01:14 | 00:58:18 | 2248 | Caen |
| 2263 | FLEURY | Melanie | SF | 306 | 01:01:14 | 00:58:45 | 2346 | Basly |
| 2264 | DEJEAN | Emmanuelle | SF | 307 | 01:01:14 | 00:58:07 | 2205 | Authie |
| 2265 | DOMAGNE | Melanie | SF | 308 | 01:01:14 | 00:59:26 | 2463 | ROUEN |
| 2266 | MOOTOOSAMY | Elisa | SF | 309 | 01:01:15 | 00:59:25 | 2462 | Saint-Manvieu-Norrey |
| 2267 | PARRA PRIETO | Clarisse | SF | 310 | 01:01:15 | 00:58:18 | 2251 | caen |
| 2268 | THIERRY | Marc-antoine | SH | 672 | 01:01:15 | 00:58:18 | 2249 | Caen |
| 2269 | HUE | Claire | VF2 | 88 | 01:01:16 | 00:59:38 | 2512 | Tilly-la-Campagne |
| 2270 | LONGPRE | Amelie | SF | 311 | 01:01:16 | 00:58:50 | 2359 | Argences |
| 2271 | GAGEZ | Elise | SF | 312 | 01:01:16 | 00:59:27 | 2465 | St Georges de Groseillers |
| 2272 | VERON | Jan | SH | 673 | 01:01:16 | 00:58:19 | 2253 | Caen |
| 2273 | CORNIER | Olivier | VH1 | 478 | 01:01:16 | 00:59:13 | 2426 | Mennecy |
| 2274 | BUREL | Pascale | VF2 | 89 | 01:01:16 | 00:57:38 | 2106 | Caen |
| 2275 | BERTHET | Gael | SH | 674 | 01:01:17 | 00:57:28 | 2078 | Caen |
| 2276 | FOSSARD | Muriel | VF2 | 90 | 01:01:17 | 00:56:18 | 1865 | Saint Aubin sur mer |
| 2277 | FOSSARD | Brice | VH2 | 238 | 01:01:17 | 00:56:18 | 1864 | Saint Aubin sur mer |
| 2278 | VOIDY | Celine | SF | 313 | 01:01:18 | 00:58:36 | 2307 | Beuvillers |
| 2279 | ZYSSMAN | Thomas | SH | 675 | 01:01:18 | 00:59:32 | 2490 | BRETTEVILLE L'ORGUEILLEUSE |
| 2280 | DAUPHIN | Clair | SH | 676 | 01:01:18 | 00:59:30 | 2475 | Caen |
| 2281 | GALONS | Lucie | SF | 314 | 01:01:18 | 00:59:31 | 2482 | PARIS 12 |
| 2282 | SERRE | Lea | SF | 315 | 01:01:19 | 00:59:32 | 2485 | Herouville saint Clair |
| 2283 | QUENTIN | Emmanuel | VH1 | 479 | 01:01:19 | 00:58:16 | 2238 | Drucourt |
| 2284 | VAILLANT | Methilde | EF | 30 | 01:01:19 | 00:59:06 | 2410 | Luc-sur-Mer |
| 2285 | LUCAS | Flavie | SF | 316 | 01:01:19 | 00:58:10 | 2212 | Saint-Andre-sur-Orne |
| 2286 | CARCELLER | Patrick | VH1 | 480 | 01:01:19 | 01:00:02 | 2571 | Falaise |

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| 2287 | MERCIER | Christophe | VH1 | 481 | 01:01:20 | 00:57:57 | 2177 | Villers-Canivet |
| 2288 | ALBERT | Sebastien | SH | 677 | 01:01:20 | 00:59:59 | 2569 | Vieux |
| 2289 | MALBAUX | Edouard | SH | 678 | 01:01:21 | 00:59:56 | 2562 | Montebourg |
| 2290 | VALLET | Rachel | SF | 317 | 01:01:21 | 00:59:39 | 2519 | Bavent |
| 2291 | MARIE | Chantal | SF | 318 | 01:01:22 | 00:58:32 | 2297 | Langrune-sur-Mer |
| 2292 | THOILLIEZ | Gaelle | VF1 | 187 | 01:01:22 | 00:58:59 | 2386 | Eterville |
| 2293 | BRUN | Laurent | VH1 | 482 | 01:01:22 | 00:58:43 | 2334 | Saint-Amand |
| 2294 | LEMIEGRE | Virginie | SF | 319 | 01:01:22 | 00:58:32 | 2294 | Langrune-sur-Mer |
| 2295 | BESNARD | Odile | VF3 | 20 | 01:01:22 | 00:59:34 | 2498 | Benouville |
| 2296 | OLIVIER | Emmanuelle | VF1 | 188 | 01:01:22 | 00:58:43 | 2335 | Saint-Lo |
| 2297 | LEMIEGRE | Guillaume | VH1 | 483 | 01:01:22 | 00:58:32 | 2293 | Langrune-sur-Mer |
| 2298 | DELAFOSSE | Remy | JH | 40 | 01:01:23 | 00:58:26 | 2274 | Saint-Contest |
| 2299 | LEPASTOUREL | Alois | SH | 679 | 01:01:23 | 00:57:28 | 2079 | Ouistreham |
| 2300 | BENOIST | Yvon | VH3 | 82 | 01:01:24 | 01:00:24 | 2629 | Le Molay-Littry |
| 2301 | AMIN | Ali | CH | 47 | 01:01:24 | 00:56:03 | 1820 | Caen |
| 2302 | THOMASSE | Joel | VH3 | 83 | 01:01:25 | 00:58:41 | 2326 | Fleury-sur-Orne |
| 2303 | THOMASSE | Betty | SF | 320 | 01:01:25 | 00:58:41 | 2325 | Janville |
| 2304 | CAUMONT | Aymeric | SH | 680 | 01:01:25 | 00:59:43 | 2525 | Saint-Etienne-du-Rouvray |
| 2305 | SENARDIERE | Jean-claude | VH2 | 239 | 01:01:26 | 00:58:48 | 2358 | Caudebec-les-Elbeuf |
| 2306 | PANNETIER | Veronique | VF2 | 91 | 01:01:26 | 00:58:31 | 2289 | La Chapelle-des-Fougeretz |
| 2307 | LEGOUPIL | Charles | SH | 681 | 01:01:27 | 00:57:54 | 2165 | BIEVILLE- BEUVILLE |
| 2308 | GUERIN | Pascal | VH1 | 484 | 01:01:27 | 00:58:30 | 2288 | Cuverville |
| 2309 | TOUDIC | Jean-francois | VH1 | 485 | 01:01:27 | 00:58:38 | 2314 | Caen |
| 2310 | MARCHALOT | Isabelle | VF2 | 92 | 01:01:28 | 00:58:38 | 2313 | Caen |
| 2311 | RAFFIN | Jacki | VH3 | 84 | 01:01:28 | 00:58:47 | 2351 | Fliers |
| 2312 | CORRE | Julia | SF | 321 | 01:01:28 | 00:59:23 | 2456 | Demouville |
| 2313 | GRAILLOT | Maxime | VH1 | 486 | 01:01:28 | 00:59:35 | 2502 | DEAUVILLE TROUVILLE TRIATHLON |
| 2314 | TOMINI | Eric | VH2 | 240 | 01:01:28 | 00:57:42 | 2116 | Saint-Malo |
| 2315 | DELASSUS | Margaux | SF | 322 | 01:01:28 | 00:57:06 | 2012 | Caen |
| 2316 | TANQUERAY | Marc | VH2 | 241 | 01:01:28 | 00:59:36 | 2504 | Reviere |
| 2317 | LEVIONNOIS | Nadege | VF1 | 189 | 01:01:29 | 00:59:37 | 2509 | Langrune-sur-Mer |
| 2318 | VAGLIO | Herve | VH2 | 242 | 01:01:29 | 00:59:37 | 2507 | LION SUR MER |
| 2319 | GUERIN | Roger | VH3 | 85 | 01:01:29 | 00:58:32 | 2295 | Colombelles |
| 2320 | FOYER | Melanie | VF1 | 190 | 01:01:30 | 00:58:52 | 2369 | Le Hom |
| 2321 | BAUDRY | Audrey | SF | 323 | 01:01:30 | 00:59:27 | 2467 | Saint-Sebastien-sur-Loire |
| 2322 | LEBEY | Salome | JF | 16 | 01:01:30 | 00:59:35 | 2501 | Ifs |
| 2323 | COLOMER | Marguerite | VF4 | 1 | 01:01:30 | 00:59:34 | 2494 | uso mondeville |
| 2324 | DUPRE | Nicolas | VH1 | 487 | 01:01:32 | 00:57:40 | 2114 | Tourville-sur-Odon |
| 2325 | MAHE | Leane | JF | 17 | 01:01:32 | 00:57:59 | 2184 | Cambes-en-Plaine |
| 2326 | LE SAVOUREUX | Stanislas | SH | 682 | 01:01:32 | 00:58:12 | 2219 | Saint-Vigor-le-Grand |
| 2327 | GOMOND | Eric | VH1 | 488 | 01:01:33 | 00:58:12 | 2221 | Valognes |
| 2328 | NEGRE | Maria | VF2 | 93 | 01:01:33 | 01:00:19 | 2619 | Cormelles-le-Royal |
| 2329 | GUENIN | Jean yves | VH3 | 86 | 01:01:34 | 01:00:25 | 2635 | ALFORVILLE |
| 2330 | MARIE | Olivia | VF1 | 191 | 01:01:34 | 00:59:10 | 2419 | Ouistreham |
| 2331 | RABY | Philippe | VH2 | 243 | 01:01:34 | 00:57:51 | 2153 | Cambes-en-Plaine |

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| 2332 | TOUCHARD | Sylvie | VF2 | 94 | 01:01:35 | 00:58:17 | 2241 | Laignelet |
| 2333 | LE BERRE - FAVAUDON | Janick | SF | 324 | 01:01:35 | 00:59:19 | 2447 | Caen |
| 2334 | MICHEL | Celine | SF | 325 | 01:01:35 | 00:58:17 | 2242 | Caen |
| 2335 | LOUVEL | Serge | VH3 | 87 | 01:01:36 | 00:56:49 | 1954 | Saint-Martin-de-Fontenay |
| 2336 | REGAUDIE | Emmanuel | VH1 | 489 | 01:01:37 | 00:58:56 | 2376 | Caen |
| 2337 | LEPETIT | Florine | SF | 326 | 01:01:37 | 00:57:43 | 2120 | Leaupartie |
| 2338 | ROBERT | Yohann | SH | 683 | 01:01:38 | 00:57:54 | 2167 | Falaise |
| 2339 | LOUVEL | Franck | SH | 684 | 01:01:38 | 01:00:19 | 2620 | Villons-les-Buissons |
| 2340 | LECOQ | Elodie | SF | 327 | 01:01:39 | 00:59:32 | 2491 | Bieville-Quetieville |
| 2341 | HEGUIAPHAL | Sarah | SF | 328 | 01:01:39 | 00:58:29 | 2281 | Bieville-Beuville |
| 2342 | MARENGHI | Pierre | SH | 685 | 01:01:39 | 00:53:56 | 1460 | Macon |
| 2343 | SIMONNET | Cedric | SH | 686 | 01:01:40 | 00:59:05 | 2409 | Giberville |
| 2344 | LEVREL | Marc | VH1 | 490 | 01:01:40 | 00:58:32 | 2298 | Thaon |
| 2345 | LEPELTIER | Dorothee | SF | 329 | 01:01:41 | 00:59:44 | 2529 | Saint-Aubin-sur-Mer |
| 2346 | SOREL | Elise | SF | 330 | 01:01:41 | 00:58:24 | 2267 | Benouville |
| 2347 | LIEVRE | Sylvain | VH2 | 244 | 01:01:41 | 00:59:29 | 2473 | COLOMBELLES |
| 2348 | VERY | Cornelie | SF | 331 | 01:01:42 | 00:57:37 | 2103 | Bieville-Beuville |
| 2349 | PERSON | Anthony | SH | 687 | 01:01:42 | 00:59:00 | 2389 | Saint-Germain-le-Vasson |
| 2350 | BARBOUX | Jean baptiste | CH | 48 | 01:01:43 | 00:59:03 | 2404 | Cambes-en-Plaine |
| 2351 | ARRIEU | Stephane | VH1 | 491 | 01:01:43 | 00:58:13 | 2223 | Tracy-sur-Mer |
| 2352 | DEUMIER | Anabel | SF | 332 | 01:01:43 | 00:58:07 | 2204 | Salignac |
| 2353 | LEBEY | Fabienne | VF2 | 95 | 01:01:44 | 00:59:49 | 2543 | Ils |
| 2354 | BINA | David | VH1 | 492 | 01:01:44 | 01:00:44 | 2678 | CAEN |
| 2355 | HEGUIAPHAL | Laurence | VF1 | 192 | 01:01:45 | 00:58:34 | 2301 | Bieville-Beuville |
| 2356 | NOEL | Paul | JH | 41 | 01:01:45 | 00:56:57 | 1984 | Moult |
| 2357 | NOEL | Arthur | EH | 56 | 01:01:45 | 00:56:58 | 1990 | Moult |
| 2358 | NOEL | Franck | VH1 | 494 | 01:01:46 | 00:56:58 | 1991 | Moult |
| 2359 | SIMON | Frederic | VH1 | 493 | 01:01:46 | 00:58:44 | 2340 | Evreux |
| 2360 | ROULLAND | Herve | VH2 | 245 | 01:01:46 | 00:59:58 | 2568 | sainte suzanne sur vire |
| 2361 | JEANNE | Emeric | SH | 688 | 01:01:46 | 00:58:56 | 2377 | Mezidon-Canon |
| 2362 | RAULT | Stephane | VH1 | 495 | 01:01:47 | 00:58:47 | 2353 | Saint-Martin-de-Fontenay |
| 2363 | LAPRUNE | Veronique | VF2 | 96 | 01:01:47 | 00:58:50 | 2360 | Bayeux |
| 2364 | POTTIER | Flavie | SF | 333 | 01:01:47 | 01:00:22 | 2626 | Caen |
| 2365 | COLAS | Patrick | VH2 | 246 | 01:01:48 | 01:00:19 | 2618 | herouville saint clair |
| 2366 | QUEVAL | Anthony | SH | 689 | 01:01:48 | 00:58:35 | 2306 | Bayeux |
| 2367 | MECA | Joelle | VF3 | 21 | 01:01:49 | 00:59:30 | 2481 | DOUVRES LA DELIVRANDE |
| 2368 | BESNARD | Pascal | VH1 | 496 | 01:01:49 | 01:00:32 | 2650 | Cherbourg-Octeville |
| 2369 | MARIE | Agnes | VF1 | 194 | 01:01:50 | 00:58:10 | 2213 | PONT HEBERT |
| 2370 | MARIETTE | Benedicte | VF1 | 193 | 01:01:50 | 00:58:10 | 2210 | Donville-les-Bains |
| 2371 | HAMEL | Laetitia | SF | 334 | 01:01:51 | 00:57:31 | 2086 | Bremoy |
| 2372 | COUVIGNY | Charlotte | EF | 31 | 01:01:51 | 01:00:36 | 2655 | Notre-Dame-de-Livaye |
| 2373 | BOULLAND | Jean-philippe | VH3 | 88 | 01:01:51 | 00:59:11 | 2422 | Caen |
| 2374 | CHAUVIN | Francis | VH1 | 497 | 01:01:51 | 00:57:44 | 2125 | La Haye-du-Puits |
| 2375 | VAUTIER | Marina | SF | 335 | 01:01:51 | 00:58:50 | 2362 | CACT |
| 2376 | MC ISAAC | Florent | SH | 690 | 01:01:52 | 00:59:35 | 2499 | Paris |

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| 2377 | DE GROULARD | Christine | VF1 | 195 | 01:01:52 | 00:58:39 | 2319 | Saint-Manvieu-Norrey |
| 2378 | LE TALAER | Hugues | VH2 | 247 | 01:01:52 | 00:59:17 | 2442 | Colleville-Montgomery |
| 2379 | GRAIZON | Sandrine | VF1 | 196 | 01:01:53 | 00:59:39 | 2520 | Ouistreham |
| 2380 | CHANUSSOT-MATHIEU | Didier | VH1 | 498 | 01:01:53 | 00:59:29 | 2474 | Basly |
| 2381 | DUQUESNAY | Coralie | SF | 336 | 01:01:53 | 00:58:48 | 2355 | Saint-Contest |
| 2382 | COURSON | Mariette | VF1 | 197 | 01:01:54 | 00:57:47 | 2137 | Caen |
| 2383 | BOUET | Valery | VH1 | 499 | 01:01:54 | 00:57:47 | 2139 | Caen |
| 2384 | LANOE | Manon | CF | 7 | 01:01:55 | 00:58:45 | 2343 | Thaon |
| 2385 | HASSANI | Anthoumani | VH1 | 500 | 01:01:55 | 00:58:41 | 2323 | Caen |
| 2386 | HOUSSIN | Florence | VF2 | 97 | 01:01:55 | 00:57:48 | 2146 | La Haye-du-Puits |
| 2387 | LE NORMAND | Arnaud | VH2 | 248 | 01:01:55 | 00:58:38 | 2315 | Sannerville |
| 2388 | FAVRAU | Marie | SF | 337 | 01:01:56 | 00:56:48 | 1953 | CAEN |
| 2389 | MARTIN | Emmanuel | VH1 | 501 | 01:01:56 | 00:58:30 | 2286 | Cambes-en-Plaine |
| 2390 | MARTIN | Stephanie | VF1 | 198 | 01:01:56 | 00:58:30 | 2287 | Cambes-en-Plaine |
| 2391 | BARBOT | Magali | SF | 338 | 01:01:57 | 01:00:36 | 2656 | Vengeons |
| 2392 | DOCO | Amelie | SF | 339 | 01:01:58 | 00:58:04 | 2195 | Caen |
| 2393 | OSBORN | Don | VH3 | 89 | 01:01:58 | 00:59:50 | 2546 | Saint-Aubin-de-Scellon |
| 2394 | ROZIER | Hadrien | SH | 691 | 01:01:59 | 00:56:39 | 1930 | Caen |
| 2395 | ANDRE | William | CH | 49 | 01:01:59 | 00:57:03 | 2001 | CAEN |
| 2396 | BELLAIL | Thomas | EH | 57 | 01:01:59 | 00:59:02 | 2400 | Fontaine-Etoupefour |
| 2397 | LOUAIL | Virginie | VF1 | 199 | 01:01:59 | 00:59:41 | 2522 | Garcelles-Secqueville |
| 2398 | MARIE | Sandrine | VF1 | 200 | 01:02:00 | 01:00:03 | 2580 | Villers-Bocage |
| 2399 | GRANDJEAN | Isabelle | VF1 | 201 | 01:02:01 | 00:58:36 | 2308 | Saint-Andre-sur-Orne |
| 2400 | VIAUD | Aurelie | SF | 340 | 01:02:01 | 00:58:51 | 2364 | Blainville-sur-Orne |
| 2401 | AROSTEGUI | Stephane | VH1 | 502 | 01:02:01 | 00:59:14 | 2429 | Benouville |
| 2402 | QUENAULT | Nelly | VF2 | 98 | 01:02:01 | 00:59:24 | 2458 | Carpiquet |
| 2403 | SOUXDORF | Laurent | VH2 | 249 | 01:02:01 | 00:57:52 | 2158 | Pont-l'Eveque |
| 2404 | VIMOND | Guillaume | SH | 692 | 01:02:02 | 00:58:45 | 2347 | Beslon |
| 2405 | LE FERON DE LONGCAMP | Amaury | VH1 | 503 | 01:02:02 | 00:58:23 | 2264 | Cheux |
| 2406 | RENAULT | Jean-philippe | SH | 693 | 01:02:02 | 00:58:12 | 2222 | Caen |
| 2407 | DEFRANCE | Elodie | SF | 341 | 01:02:02 | 00:58:47 | 2352 | Garcelles-Secqueville |
| 2408 | CORNUEL | Serge | VH3 | 90 | 01:02:02 | 00:57:49 | 2148 | Bazoches-sur-Hoene |
| 2409 | FEVRIER | Stephanie | SF | 342 | 01:02:03 | 00:58:34 | 2300 | Sees |
| 2410 | GIRARD | Philippe | VH2 | 250 | 01:02:04 | 00:59:16 | 2436 | Blainville-sur-Orne |
| 2411 | HOCDE | Maryline | VF1 | 202 | 01:02:04 | 01:00:12 | 2601 | bayeux |
| 2412 | CHAUTARD | Frederic | VH2 | 251 | 01:02:04 | 01:00:12 | 2603 | Caen |
| 2413 | MATTENET | Audrey | SF | 343 | 01:02:04 | 00:59:13 | 2425 | Caen |
| 2414 | LANGLOIS | Frederic | VH1 | 504 | 01:02:04 | 00:58:38 | 2309 | Saint-Remy |
| 2415 | YVRAY | Martine | VF2 | 99 | 01:02:04 | 00:59:19 | 2449 | Villers-Bocage |
| 2416 | TOUGARD | Julie | SF | 344 | 01:02:05 | 00:58:56 | 2380 | Caen |
| 2417 | VERNY | Jean sony | VH4 | 10 | 01:02:05 | 01:00:13 | 2610 | Caen |
| 2418 | LAFORGE-VERNY | Veronique | VF1 | 203 | 01:02:06 | 01:00:13 | 2608 | uso mondeville |
| 2419 | FRANCOIS | Anne-marie | VF1 | 204 | 01:02:06 | 01:00:29 | 2642 | Grainville-Langannerie |
| 2420 | MORIN | Olivier | VH1 | 505 | 01:02:07 | 00:59:15 | 2431 | Joue-du-Plain |
| 2421 | MARTIN | Isabelle | VF2 | 100 | 01:02:07 | 01:00:31 | 2649 | grainville langannerie |

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| 2422 | MORIN | Christelle | SF | 345 | 01:02:08 | 00:59:17 | 2437 | Joue-du-Plain |
| 2423 | CRAND | Julien | JH | 42 | 01:02:08 | 00:57:45 | 2130 | Parfouru-sur-Odon |
| 2424 | ALLAVENA | Sophie | SF | 346 | 01:02:08 | 00:59:47 | 2540 | Vimont |
| 2425 | SCAPOLAN | Alain | VH2 | 252 | 01:02:09 | 00:57:40 | 2113 | CARPIQUET |
| 2426 | DONATIEN | Laetitia | SF | 347 | 01:02:10 | 00:57:45 | 2131 | Saint-Loup-Hors |
| 2427 | KEMAL | Cyril | SH | 694 | 01:02:10 | 00:57:13 | 2039 | Caen |
| 2428 | TOURNACHE | Julien | SH | 695 | 01:02:10 | 00:59:20 | 2450 | Troarn |
| 2429 | BASTARD | Guillaume | SH | 696 | 01:02:10 | 01:00:42 | 2673 | Bretteville-sur-Odon |
| 2430 | DUVAL | Sonia | SF | 348 | 01:02:11 | 00:59:20 | 2452 | Troarn |
| 2431 | FOURRE | Celine | SF | 349 | 01:02:11 | 01:00:11 | 2598 | Laize-la-Ville |
| 2432 | MASSON | Celine | VF1 | 205 | 01:02:11 | 00:59:45 | 2532 | Caen |
| 2433 | VEROT | William | SH | 697 | 01:02:14 | 01:00:47 | 2685 | Demouville |
| 2434 | DEC | Mat | SH | 698 | 01:02:14 | 00:58:27 | 2276 | Caen |
| 2435 | BOULICAUT | Camille | SF | 350 | 01:02:14 | 01:00:10 | 2597 | Ouistreham |
| 2436 | LEVRARD | Frederic | VH1 | 506 | 01:02:15 | 00:57:42 | 2117 | Saint-Manvieu-Norrey |
| 2437 | COL | Cin | SF | 351 | 01:02:15 | 00:58:27 | 2277 | Caen |
| 2438 | LEMASSON | Dominique | VF2 | 101 | 01:02:15 | 01:00:36 | 2659 | Norolles |
| 2439 | OUARY | Marion | SF | 352 | 01:02:15 | 00:58:50 | 2361 | Oudon |
| 2440 | BOULICAUT | Thomas | SH | 699 | 01:02:16 | 01:00:09 | 2594 | Cormelles-le-Royal |
| 2441 | LUO | Yiyan | SF | 353 | 01:02:16 | 00:56:56 | 1981 | Caen |
| 2442 | CORDOSO | Tony | SH | 700 | 01:02:16 | 01:02:16 | 2914 | Carpiquet |
| 2443 | ETHEVE | Jean-francois | VH1 | 507 | 01:02:17 | 00:58:02 | 2192 | Mondeville |
| 2444 | GRIPPON | Anne catherine | SF | 354 | 01:02:17 | 01:02:17 | 2919 | Carpiquet |
| 2445 | LEBRETON | Karine | VF1 | 206 | 01:02:17 | 00:58:40 | 2322 | Ver-sur-Mer |
| 2446 | BELKAID | Nohame | SH | 701 | 01:02:18 | 00:57:21 | 2070 | giberville |
| 2447 | JACKOWIAK | Julien | JH | 43 | 01:02:19 | 00:56:53 | 1969 | May-sur-Orne |
| 2448 | VIEL | Nicolas | SH | 702 | 01:02:19 | 00:59:39 | 2518 | Caen |
| 2449 | SAUMON | Emeline | EF | 32 | 01:02:19 | 01:00:48 | 2689 | caen |
| 2450 | GENDREAU | Stephanie | VF1 | 207 | 01:02:19 | 00:59:51 | 2554 | CAEN |
| 2451 | SAUMON | Christophe | VH1 | 508 | 01:02:19 | 01:00:48 | 2688 | Caen |
| 2452 | MEUTZNER | Christophe | VH2 | 253 | 01:02:20 | 00:59:58 | 2565 | Saint-Ouen-de-Mimbre |
| 2453 | GUTH | Marie-odile | VF1 | 208 | 01:02:20 | 01:00:52 | 2701 | Flers |
| 2454 | PUISNEY | Pierre | SH | 703 | 01:02:21 | 01:00:42 | 2674 | MONDEVILLE |
| 2455 | SCHMIDT | Lea | SF | 355 | 01:02:21 | 01:00:42 | 2675 | MONDEVILLE |
| 2456 | PATER | Nathalie | VF2 | 102 | 01:02:21 | 00:58:15 | 2233 | FONTAINE ETOUPEFOUR |
| 2457 | RICHARD | David | VH1 | 509 | 01:02:21 | 00:58:39 | 2318 | Bavent |
| 2458 | LE SCOLAN | Christelle | VF1 | 209 | 01:02:21 | 00:58:15 | 2232 | CAEN |
| 2459 | BACON | Thierry | VH2 | 254 | 01:02:22 | 00:59:56 | 2561 | Carpiquet |
| 2460 | GOURIO | Frederic | VH1 | 510 | 01:02:22 | 00:58:22 | 2260 | Houlgate |
| 2461 | BOILLOT | Chloe | JF | 18 | 01:02:22 | 00:59:47 | 2538 | Sacquenville |
| 2462 | MADEIRA | Melina | SF | 356 | 01:02:23 | 00:58:29 | 2282 | Colleville-Montgomery |
| 2463 | ANGER | Nelly | VF2 | 103 | 01:02:23 | 00:59:36 | 2506 | COLOMBELLES |
| 2464 | GILLET | Sebastien | VH1 | 511 | 01:02:24 | 00:58:59 | 2387 | Tourville sur odon |
| 2465 | CAPET | Nicolas | VH1 | 512 | 01:02:24 | 00:58:01 | 2190 | Rennes |
| 2466 | LELIEVRE | Estelle | VF1 | 210 | 01:02:24 | 01:00:07 | 2588 | Sainte-Honorine-du-Fay |

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| 2467 | PERRIOT | Mathieu | VH1 | 513 | 01:02:24 | 01:00:50 | 2695 | Fontenay-le-Marmion |
| 2468 | REGUEIRO SEDJAT | Olivia | SF | 357 | 01:02:24 | 00:59:34 | 2496 | Caen |
| 2469 | BRANOWSKI | Nicolas | VH1 | 514 | 01:02:24 | 00:59:51 | 2555 | herouville saint clair |
| 2470 | GENESLAY | Patrick | VH2 | 255 | 01:02:25 | 00:58:26 | 2272 | Caen |
| 2471 | LAMENT | Coryse | SF | 358 | 01:02:25 | 00:59:34 | 2495 | OUISTREHAM |
| 2472 | MICHEL | Dominique | VH2 | 256 | 01:02:25 | 00:59:29 | 2472 | Carentan |
| 2473 | KOVAC | Elodie | SF | 359 | 01:02:25 | 00:59:08 | 2413 | Caen |
| 2474 | MICHEL | Aline | SF | 360 | 01:02:25 | 00:59:24 | 2460 | CACT |
| 2475 | MOREL | Celia | EF | 33 | 01:02:26 | 00:58:59 | 2388 | carpiquet |
| 2476 | PROUX | Thomas | VH1 | 515 | 01:02:26 | 00:57:57 | 2178 | Bretteville-sur-Odon |
| 2477 | BIEMONT | Melanie | VF1 | 211 | 01:02:26 | 00:59:36 | 2505 | CAEN |
| 2478 | MASTOUMECQ | Aline | VF2 | 104 | 01:02:26 | 00:59:46 | 2536 | caen |
| 2479 | DUBOURG | Emilie | SF | 361 | 01:02:26 | 01:00:50 | 2696 | c. d'athletisme conde torigni |
| 2480 | CRAND | Guillaume | CH | 50 | 01:02:27 | 00:58:05 | 2198 | Parfouru-sur-Odon |
| 2481 | FOUQUES | Charlotte | SF | 362 | 01:02:27 | 01:00:12 | 2602 | Sannerville |
| 2482 | TISON | Elodie | SF | 363 | 01:02:27 | 00:58:57 | 2381 | Missy |
| 2483 | HUARD | Clemence | EF | 34 | 01:02:27 | 00:59:22 | 2453 | lfs |
| 2484 | CRAND | Olivier | VH1 | 516 | 01:02:27 | 00:58:05 | 2199 | Parfouru-sur-Odon |
| 2485 | PERSON | Terry | EH | 58 | 01:02:27 | 00:59:45 | 2530 | caen |
| 2486 | DASSONVILLE | Fiona | SF | 364 | 01:02:28 | 00:58:00 | 2188 | Cherbourg-Octeville |
| 2487 | LEBRET | Margaux | SF | 365 | 01:02:28 | 00:59:38 | 2513 | Saint-Lo |
| 2488 | SINGER | Linda | SF | 366 | 01:02:28 | 00:58:14 | 2229 | hettstadt |
| 2489 | GOURIO | Charlotte | VF1 | 212 | 01:02:29 | 00:58:15 | 2230 | Houlgate |
| 2490 | BOUVET | Christelle | VF1 | 213 | 01:02:29 | 00:58:26 | 2273 | Auberville |
| 2491 | FERARD | Francois | SH | 704 | 01:02:29 | 00:59:00 | 2395 | Caen |
| 2492 | RENE-BRAULT | Carole | SF | 367 | 01:02:29 | 00:59:37 | 2510 | Lisieux |
| 2493 | VIAU | Patrick | VH3 | 91 | 01:02:30 | 01:00:36 | 2657 | Les Ponts-de-Ce |
| 2494 | BAUSSIN | Pascal | VH2 | 257 | 01:02:30 | 01:00:37 | 2661 | Angers |
| 2495 | SALHI RICHARD | Guylaine | SF | 368 | 01:02:30 | 01:01:19 | 2781 | Verson |
| 2496 | DUPART | Stephane | VH1 | 517 | 01:02:30 | 00:59:03 | 2402 | CAEN |
| 2497 | BERANGER | Jean-yves | VH2 | 258 | 01:02:30 | 00:58:11 | 2216 | Vire |
| 2498 | HUREAU | Laure-evane | SF | 369 | 01:02:31 | 01:00:03 | 2576 | Rocquancourt |
| 2499 | SELLE | Lydie | VF2 | 105 | 01:02:31 | 00:58:10 | 2211 | lfs |
| 2500 | BAR | Stephanie | VF1 | 215 | 01:02:32 | 00:59:43 | 2524 | Pont-Audemer |
| 2501 | CREN | Celine | VF1 | 214 | 01:02:32 | 00:58:22 | 2263 | Bougy |
| 2502 | DEVAUX | Christophe | VH2 | 259 | 01:02:32 | 00:59:08 | 2415 | Merville-Franceville-Plage |
| 2503 | MICHEL | Lea | CF | 8 | 01:02:32 | 00:59:04 | 2405 | Basly |
| 2504 | ROBILLARD | Maite | VF1 | 216 | 01:02:33 | 01:00:54 | 2712 | Garcelles-Secqueville |
| 2505 | AUVRAY | Mickaelle | VF1 | 217 | 01:02:33 | 01:01:02 | 2734 | Cuverville |
| 2506 | ROBILLARD | Nathalie | VF2 | 106 | 01:02:33 | 01:00:55 | 2713 | SAINT SYLVAIN |
| 2507 | MICHEL | Christophe | VH2 | 260 | 01:02:33 | 00:59:05 | 2408 | Basly |
| 2508 | VIOU | Marie | SF | 370 | 01:02:33 | 00:58:13 | 2225 | Louvigny |
| 2509 | DUPRE | Laura | SF | 371 | 01:02:34 | 00:59:45 | 2534 | Giberville |
| 2510 | MAZINGUE | Regine | VF3 | 22 | 01:02:35 | 00:59:48 | 2542 | lfs |
| 2511 | GARBE | Benoit | VH1 | 518 | 01:02:36 | 00:59:09 | 2418 | Aincourt |

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| 2512 | BEAUDET | Alain | VH3 | 92 | 01:02:37 | 01:00:10 | 2596 | Monchy-sur-Eu |
| 2513 | HANCHIN | Christian | VH3 | 93 | 01:02:37 | 01:00:41 | 2671 | Douvres-la-Delivrande |
| 2514 | DHALENNE | Geoffrey | SH | 705 | 01:02:38 | 00:58:52 | 2368 | Mondrainville |
| 2515 | CHEVRET | Samuel | VH1 | 519 | 01:02:38 | 00:58:59 | 2385 | Caen |
| 2516 | LOUWARD | Sandy | SF | 372 | 01:02:39 | 00:59:00 | 2396 | Croisilles |
| 2517 | RIOTTO | Helene | SF | 373 | 01:02:39 | 00:58:35 | 2304 | le mans |
| 2518 | AUBRY | Nicolas | SH | 706 | 01:02:39 | 00:59:01 | 2397 | Lonlay-le-Tesson |
| 2519 | TISON | Guillaume | SH | 707 | 01:02:40 | 00:59:09 | 2417 | Missy |
| 2520 | THEAULT | Antoine | VH3 | 94 | 01:02:40 | 00:59:00 | 2393 | Caen |
| 2521 | DARIDAN | Emmanuelle | VF1 | 218 | 01:02:40 | 00:59:25 | 2461 | Mouen |
| 2522 | MCMAHON | William | VH2 | 261 | 01:02:40 | 00:58:07 | 2203 | Londo |
| 2523 | GUIGNARD | Sabrina | VF1 | 219 | 01:02:41 | 00:58:58 | 2384 | Saint-Romphaire |
| 2524 | FOUGEROLLE | Jerome | VH1 | 520 | 01:02:41 | 00:59:03 | 2401 | La Chapelle-Biche |
| 2525 | LEGALLAIS | Rene | VH3 | 95 | 01:02:42 | 00:58:17 | 2244 | Anisy |
| 2526 | DOLLEY | Brigitte | VF2 | 108 | 01:02:43 | 01:01:15 | 2768 | MONDEVILLE |
| 2527 | TROTOUX | Dominique | VH2 | 262 | 01:02:43 | 00:59:39 | 2516 | Authie |
| 2528 | ALVES MONTEIRO | Liliane | VF2 | 107 | 01:02:43 | 01:01:11 | 2758 | Giberville |
| 2529 | VATEL | Edwige | SF | 374 | 01:02:43 | 00:59:27 | 2466 | Saint-Pierre-Langers |
| 2530 | L'HERMITTE | Baptiste | SH | 708 | 01:02:43 | 01:00:02 | 2573 | Caen |
| 2531 | LAMOUREUX | Lise | EF | 35 | 01:02:43 | 00:59:17 | 2440 | La Graverie |
| 2532 | EDEINE | Jean-pierre | VH2 | 263 | 01:02:44 | 00:59:29 | 2470 | Ranville |
| 2533 | LEBOURGEOIS | Clarisse | SF | 375 | 01:02:46 | 00:58:56 | 2379 | Caen |
| 2534 | DEROBERT | Helene | SF | 376 | 01:02:46 | 01:02:28 | 2942 | SAB |
| 2535 | PITEL | Mathilde | SF | 377 | 01:02:47 | 01:00:24 | 2631 | Caen |
| 2536 | PENHOET | Erwan | SH | 709 | 01:02:48 | 01:01:00 | 2724 | Saint-Pierre-sur-Dives |
| 2537 | ROBERT | Helene | VF3 | 23 | 01:02:48 | 01:00:23 | 2628 | Donnay |
| 2538 | LEFRANC | Luce | SF | 378 | 01:02:49 | 00:58:39 | 2316 | Cabourg |
| 2539 | PERICHON | Stephane | VH2 | 264 | 01:02:50 | 01:00:40 | 2670 | Caen |
| 2540 | MARIAGE | Aurore | SF | 379 | 01:02:50 | 01:01:47 | 2845 | Avenay |
| 2541 | FAGEOL-STEINMETZ | Helene | SF | 380 | 01:02:50 | 00:58:41 | 2324 | CAEN |
| 2542 | GUERIN | Catherine | SF | 381 | 01:02:50 | 01:01:21 | 2787 | Courir pour les trisomiques |
| 2543 | LOUZAOUEN | Xavier | VH2 | 265 | 01:02:51 | 01:00:30 | 2645 | Escoville |
| 2544 | FOUCAMBERT | Simon | JH | 44 | 01:02:51 | 00:59:48 | 2541 | CAEN |
| 2545 | BERHAUT | Felix | SH | 710 | 01:02:51 | 00:58:42 | 2330 | Bourguebus |
| 2546 | BONNAUDIN | Jeanne | SF | 382 | 01:02:52 | 00:58:42 | 2329 | Anguerny |
| 2547 | LECONTE | Myriam | VF1 | 220 | 01:02:52 | 00:59:18 | 2444 | Querqueville |
| 2548 | LEGOUESTRE | Mickael | SH | 711 | 01:02:52 | 00:58:58 | 2383 | Saint germain la blanche herbe |
| 2549 | DETERPIGNY | Florence | VF2 | 109 | 01:02:53 | 00:58:55 | 2373 | Pont-l'Eveque |
| 2550 | STEPHAN | Domitille | SF | 383 | 01:02:53 | 01:00:11 | 2599 | lisieux |
| 2551 | ROGER | Catherine | VF1 | 221 | 01:02:54 | 01:00:53 | 2706 | VILLERS BOCAGE |
| 2552 | AUBREE | Monique | SF | 384 | 01:02:54 | 00:59:04 | 2406 | Basly |
| 2553 | MADELAINE | Estelle | SF | 385 | 01:02:54 | 00:58:45 | 2344 | Verson |
| 2554 | TONNERRE | Soizic | VF2 | 110 | 01:02:54 | 00:58:58 | 2382 | Caen |
| 2555 | SCHMITT | Marion | EF | 36 | 01:02:54 | 00:59:55 | 2560 | Saint-Sebastien-de-Morsent |
| 2556 | SERAIS | Nathalie | VF2 | 111 | 01:02:54 | 00:59:56 | 2563 | Saint-Sebastien-de-Morsent |

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| 2557 | BAZIRE | Yannick | VH2 | 266 | 01:02:55 | 00:59:16 | 2435 | Saint-Aubin-d'Arquenay |
| 2558 | LAUMONDAIS | Joel | VH2 | 267 | 01:02:55 | 00:59:32 | 2489 | Mezidon-Canon |
| 2559 | ROTH | Amandine | SF | 386 | 01:02:56 | 01:01:46 | 2839 | Bretteville-l'Orgueilleuse |
| 2560 | PIEDELEU | Aurore | VF1 | 222 | 01:02:57 | 00:59:30 | 2480 | Mondeville |
| 2561 | CHANTELOUBE | Pascale | VF3 | 24 | 01:02:57 | 00:59:19 | 2446 | CAEN |
| 2562 | MORIN | Julien | SH | 712 | 01:02:58 | 00:58:48 | 2357 | Flers |
| 2563 | BRIEND | Gerard | VH3 | 96 | 01:02:58 | 00:59:20 | 2451 | Saint-Michel-Tuboef |
| 2564 | BOUILLET | Emeline | EF | 37 | 01:02:59 | 00:59:30 | 2477 | Roullours |
| 2565 | BOISSET | Jean michel | VH1 | 521 | 01:02:59 | 00:59:06 | 2412 | Caen |
| 2566 | MAUTREF | Franck | SH | 713 | 01:03:00 | 00:57:34 | 2099 | Montchamp |
| 2567 | SLEBODA | Agnieszka | SF | 387 | 01:03:01 | 01:00:13 | 2609 | Mathieu |
| 2568 | PROFIT | Benoit | VH1 | 522 | 01:03:01 | 01:00:42 | 2676 | Glos |
| 2569 | GOHEL | Gilles | VH2 | 268 | 01:03:01 | 00:59:42 | 2523 | Regneville-sur-Mer |
| 2570 | MARTINEZ | Julio | VH1 | 523 | 01:03:02 | 00:59:08 | 2414 | Carpiquet |
| 2571 | HERBLAND ESNAULT | Severine | VF1 | 223 | 01:03:02 | 01:00:51 | 2699 | caen |
| 2572 | KARAMIAN | Philippe | VH1 | 524 | 01:03:03 | 00:58:38 | 2311 | Herouville Saint Clair |
| 2573 | SAMSON | Laure | VF1 | 224 | 01:03:03 | 00:58:38 | 2312 | Fleury-sur-Orne |
| 2574 | FAURE | Guy | VH4 | 11 | 01:03:03 | 01:01:32 | 2809 | HEROUVILLE SAINT CLAIR |
| 2575 | KARAMIAN | Patricia | VF1 | 225 | 01:03:04 | 00:58:39 | 2317 | Herouville Saint Clair |
| 2576 | PROVOST | Julien | SH | 714 | 01:03:04 | 00:59:19 | 2448 | Maizet |
| 2577 | MAGUET | Michele | VF2 | 112 | 01:03:04 | 00:59:18 | 2443 | Mathieu |
| 2578 | CULIE | Florian | EH | 59 | 01:03:04 | 00:57:44 | 2124 | Caen |
| 2579 | LEGER | Sandrine | VF2 | 113 | 01:03:05 | 00:58:16 | 2236 | Ils |
| 2580 | DAIGREMONT | Laurence | VF2 | 114 | 01:03:05 | 00:59:38 | 2511 | Estrees-la-Campagne |
| 2581 | DOCO | Caroline | SF | 388 | 01:03:05 | 00:59:10 | 2420 | Nantes |
| 2582 | ALBERTEAU | Christian | VH2 | 269 | 01:03:07 | 01:00:02 | 2572 | Frenouville |
| 2583 | LAGET | Babeth | VF2 | 115 | 01:03:07 | 01:01:09 | 2754 | Fontaine-Etoupefour |
| 2584 | FLEUTOT | Fanny | VF1 | 226 | 01:03:07 | 01:01:08 | 2752 | Fontaine-Etoupefour |
| 2585 | ETHEVE | Dorian | JH | 45 | 01:03:07 | 00:58:52 | 2370 | Mondeville |
| 2586 | PINLOCHE | Magali | VF1 | 227 | 01:03:07 | 00:59:50 | 2547 | Caen |
| 2587 | PEIGNE | Gaelle | VF1 | 228 | 01:03:08 | 00:59:32 | 2486 | Manvieux |
| 2588 | DUVAL | Sigolene | SF | 389 | 01:03:08 | 00:59:32 | 2488 | MACS |
| 2589 | BAUDRY | Fanny | SF | 390 | 01:03:08 | 00:58:54 | 2372 | Saint-Cloud |
| 2590 | AUDE | Sebastien | VH1 | 525 | 01:03:08 | 00:59:39 | 2515 | Hottot-les-Bagues |
| 2591 | RECHARD | Anna | SF | 391 | 01:03:09 | 01:00:20 | 2624 | Saint-Varent |
| 2592 | SINEAU | Anthony | SH | 715 | 01:03:09 | 00:59:51 | 2553 | Buceels |
| 2593 | CASTEL | Tanguy | CH | 51 | 01:03:10 | 00:59:57 | 2564 | Crouay |
| 2594 | DROUART | Alexandre | SH | 716 | 01:03:11 | 01:01:03 | 2737 | Saint-Aubin-d'Arquenay |
| 2595 | BARBE | Gyorgyi | VF1 | 229 | 01:03:11 | 01:00:53 | 2704 | Conches-en-Ouche |
| 2596 | JULLIEN | Pierre | SH | 717 | 01:03:11 | 01:01:07 | 2748 | Soumont-Saint-Quentin |
| 2597 | LE VAILLANT | Tiphaine | SF | 392 | 01:03:12 | 01:01:07 | 2749 | Soumont-Saint-Quentin |
| 2598 | DURAND | Alain | VH1 | 526 | 01:03:12 | 00:59:17 | 2441 | Athis-de-l'Orne |
| 2599 | MALNOUX | Paul | CH | 52 | 01:03:13 | 01:00:10 | 2595 | Caen |
| 2600 | HANCHIN | Martine | VF2 | 116 | 01:03:15 | 01:01:17 | 2774 | Douvres-la-Delivrande |
| 2601 | SORIN | Jean-pierre | SH | 718 | 01:03:15 | 00:59:50 | 2549 | CAEN |

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| 2602 | MOREL | Francis | VH2 | 270 | 01:03:16 | 00:59:50 | 2550 | carpiquet |
| 2603 | COQUELIN | Cecile | SF | 393 | 01:03:16 | 01:01:07 | 2750 | Basly |
| 2604 | LEROY | Julia | VF1 | 230 | 01:03:17 | 01:01:19 | 2778 | Fontaine-Etoupefour |
| 2605 | PERRIOT | Muriel | VF1 | 231 | 01:03:17 | 00:59:58 | 2566 | Ancinnes |
| 2606 | BESSECHE | Remi | VH3 | 97 | 01:03:18 | 01:00:44 | 2677 | CAEN |
| 2607 | VANDERCAMERE | Lydie | SF | 394 | 01:03:18 | 01:01:12 | 2760 | Verson |
| 2608 | GUIBOUX | Joel | VH2 | 271 | 01:03:19 | 01:00:13 | 2606 | Demouville |
| 2609 | LE GALL | Fabien | SH | 719 | 01:03:19 | 00:59:01 | 2398 | Agneaux |
| 2610 | POTIER | Arnaud | VH1 | 527 | 01:03:20 | 01:00:53 | 2707 | Vendes |
| 2611 | LEHERICEY | Nathalie | VF1 | 232 | 01:03:20 | 01:00:35 | 2654 | Moult |
| 2612 | MAERTENS | Laurene | JF | 19 | 01:03:20 | 01:00:50 | 2693 | Houlgate |
| 2613 | FOLLIOT | Pierre-jean | JH | 46 | 01:03:20 | 01:00:29 | 2641 | Caen |
| 2614 | N'DRAMAN AKO | Camille | JF | 20 | 01:03:20 | 01:00:50 | 2694 | PARIS 16 |
| 2615 | PASSY | Gerald | VH1 | 528 | 01:03:21 | 00:59:00 | 2394 | PARIS 01 |
| 2616 | GUSTAVE | Alexandre | VH1 | 529 | 01:03:22 | 01:00:04 | 2582 | Nogent-le-Rotrou |
| 2617 | VOISIN | Jeanne | VF1 | 233 | 01:03:23 | 01:01:49 | 2851 | PARIS 12 |
| 2618 | VOISIN | Samuel | VH1 | 530 | 01:03:24 | 01:01:49 | 2849 | Caen |
| 2619 | THEZARD | Helene | SF | 395 | 01:03:25 | 01:00:18 | 2616 | Le Mans |
| 2620 | LE DUFF | Yann | SH | 720 | 01:03:25 | 00:59:14 | 2430 | Harpenden |
| 2621 | GALLIER | Laetitia | SF | 396 | 01:03:26 | 01:00:50 | 2692 | ESTREES LA CAMPAGNE |
| 2622 | CHAUVET | Reynald | VH2 | 272 | 01:03:26 | 01:01:01 | 2730 | Fleury-sur-Orne |
| 2623 | COLLIN | Patricia | VF2 | 117 | 01:03:26 | 01:00:44 | 2679 | uso mondeville |
| 2624 | PUPIN | Nicolas | SH | 721 | 01:03:26 | 01:00:52 | 2702 | Noron-l'Abbaye |
| 2625 | LETESSIER | Isabelle | VF1 | 234 | 01:03:27 | 00:59:33 | 2493 | CAEN |
| 2626 | GARCONNAT | Bernard | VH2 | 273 | 01:03:27 | 01:01:24 | 2799 | Periers-sur-le-Dan |
| 2627 | CHAGNY | David | VH1 | 531 | 01:03:28 | 00:58:56 | 2375 | argences |
| 2628 | BOULAND | Manon | SF | 397 | 01:03:28 | 00:59:11 | 2421 | blainville sur orne |
| 2629 | LEBARBANCHON | Julien | SH | 722 | 01:03:28 | 00:59:17 | 2438 | Argences |
| 2630 | STONHAM | Christopher | SH | 723 | 01:03:28 | 01:01:49 | 2852 | Vieux |
| 2631 | GIRODON | Marie agnes | VF1 | 235 | 01:03:29 | 01:00:54 | 2710 | ST GEORGES DE DIDONNE |
| 2632 | AUCOUTURIER | Francois | VH3 | 98 | 01:03:29 | 00:59:24 | 2459 | Mathieu |
| 2633 | MORTEVEILLE | Jerome | SH | 724 | 01:03:29 | 01:01:04 | 2743 | Caen |
| 2634 | BOURGEOIS | Paul-antoine | VH1 | 532 | 01:03:29 | 01:01:04 | 2742 | Bretteville-l'Orgueilleuse |
| 2635 | AUCOUTURIER | Christine | VF3 | 25 | 01:03:30 | 00:59:44 | 2528 | MATHIEU |
| 2636 | LECORDIER | Emma | JF | 21 | 01:03:30 | 00:58:17 | 2247 | Le Val-Saint-Pere |
| 2637 | GIRARDIN | Eleonore | CF | 9 | 01:03:30 | 00:59:52 | 2556 | Caen |
| 2638 | AUDRA | Sophie | VF1 | 236 | 01:03:30 | 01:00:11 | 2600 | Fontaine-Etoupefour |
| 2639 | LECORDIER | Romain | VH1 | 533 | 01:03:31 | 00:58:47 | 2354 | Le Val-Saint-Pere |
| 2640 | SEJOURNE-ALAUX | Stephanie | VF1 | 237 | 01:03:32 | 01:00:56 | 2716 | ROUEN |
| 2641 | STINAT | Elodie | SF | 398 | 01:03:32 | 01:00:49 | 2690 | Saint-Pierre-des-Ifs |
| 2642 | DUCHEMIN | Manon | SF | 399 | 01:03:33 | 01:02:35 | 2962 | Caen |
| 2643 | LEGOUPIL | Lysiane | SF | 400 | 01:03:33 | 01:00:01 | 2570 | BIEVILLE- BEUVILLE |
| 2644 | BUET | Yann | SH | 725 | 01:03:33 | 00:59:44 | 2527 | Ouistreham |
| 2645 | LOPEZ | Rosa | SF | 401 | 01:03:33 | 01:01:33 | 2814 | Ouistreham |
| 2646 | LOPEZ | Jose | VH2 | 274 | 01:03:34 | 01:01:34 | 2815 | Ouistreham |

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| 2647 | POUSSIER | Veronique | VF1 | 238 | 01:03:34 | 01:00:56 | 2718 | Mandeville-en-Bessin |
| 2648 | CASSINADRI | Romain | SH | 726 | 01:03:34 | 01:00:14 | 2611 | Bieville-Beuville |
| 2649 | NOYRIGAT | Flavie | VF1 | 239 | 01:03:34 | 00:59:31 | 2483 | Suresnes |
| 2650 | ANDRE | Laurence | VF1 | 240 | 01:03:36 | 01:00:58 | 2722 | SURRAIN |
| 2651 | PONTIER | Laurence | VF1 | 241 | 01:03:36 | 01:00:03 | 2577 | Hebecrevon |
| 2652 | FRANCOISE | Nathalie | SF | 402 | 01:03:37 | 01:01:31 | 2808 | Ranchy |
| 2653 | BOURHIS | Catherine | VF3 | 26 | 01:03:38 | 01:00:52 | 2700 | Ploeren |
| 2654 | GRANDIN | Virginie | VF1 | 242 | 01:03:38 | 01:02:41 | 2980 | Caen |
| 2655 | COCHEPAIN | Yaelle | VF1 | 243 | 01:03:39 | 01:01:35 | 2817 | Louvigny |
| 2656 | STONHAM | John | VH3 | 99 | 01:03:39 | 01:02:04 | 2889 | Aunay-sur-Odon |
| 2657 | MAUGER | Damien | SH | 727 | 01:03:39 | 00:59:28 | 2468 | Valognes |
| 2658 | LECONTE | Marina | SF | 403 | 01:03:39 | 01:00:59 | 2723 | Curcy-sur-Orne |
| 2659 | PETIT | Olga | VF2 | 118 | 01:03:40 | 01:00:51 | 2698 | AS Tourlaville |
| 2660 | DEMAGNEZ | Nathalie | VF1 | 244 | 01:03:41 | 00:58:55 | 2374 | MONDEVILLE |
| 2661 | JURKIW | Laurent | VH2 | 275 | 01:03:41 | 01:02:16 | 2916 | Frenouville |
| 2662 | CHAUVOIS | Charlotte | SF | 404 | 01:03:41 | 01:00:03 | 2579 | Caen |
| 2663 | CARTEL | Jerome | VH1 | 534 | 01:03:45 | 01:01:54 | 2863 | Caen |
| 2664 | LAUNAY | Dorothee | SF | 405 | 01:03:45 | 01:01:53 | 2861 | Caen |
| 2665 | CHIRON | Frederik | VH1 | 535 | 01:03:45 | 00:59:44 | 2526 | Caen |
| 2666 | MONNIER | Eric | VH1 | 536 | 01:03:46 | 01:00:47 | 2684 | Saint-Pierre-du-Bu |
| 2667 | FEUVRE | Jean-baptiste | SH | 728 | 01:03:47 | 01:00:49 | 2691 | Argentan |
| 2668 | GALLIOU-BOISSEL | Nadege | SF | 406 | 01:03:47 | 01:00:38 | 2666 | Caen |
| 2669 | ECOURTEMER | Helene | SF | 407 | 01:03:47 | 01:01:09 | 2755 | Brouay |
| 2670 | DEMESLAY | Estelle | VF1 | 245 | 01:03:47 | 01:00:24 | 2630 | saint mars d'egrenne |
| 2671 | REBOUX | Goulwen | VH1 | 537 | 01:03:47 | 01:01:22 | 2791 | Lisieux |
| 2672 | CHIRON | Agnes | VF1 | 246 | 01:03:48 | 00:59:47 | 2539 | Caen |
| 2673 | LECOMTE | Camille | SF | 408 | 01:03:49 | 01:00:39 | 2668 | Benouville |
| 2674 | PIEDAGNEL | Vanessa | SF | 409 | 01:03:49 | 01:00:24 | 2632 | Nancy |
| 2675 | FICHET | Claire | SF | 410 | 01:03:49 | 01:01:28 | 2801 | Caen |
| 2676 | PONTAIS | Sophie | VF1 | 247 | 01:03:49 | 01:00:53 | 2705 | Cresserons |
| 2677 | CHATEAU | Anne | SF | 411 | 01:03:49 | 01:00:24 | 2633 | MONDEVILLE |
| 2678 | BARATEAU | Anais | SF | 412 | 01:03:50 | 01:01:15 | 2767 | Rennes |
| 2679 | LABOUX | Manuella | VF1 | 248 | 01:03:50 | 01:02:54 | 3008 | Saint-Andre-sur-Orne |
| 2680 | JONFAL PRINGAULT | Annick | VF2 | 119 | 01:03:50 | 01:00:26 | 2637 | PARIS 17 |
| 2681 | LEBLANC | Serge | VH2 | 276 | 01:03:50 | 00:59:40 | 2521 | Parmain |
| 2682 | LEMOLTON | Sophie | VF1 | 249 | 01:03:51 | 01:00:53 | 2703 | Maltot |
| 2683 | DENIZE | Charles | SH | 729 | 01:03:51 | 01:01:30 | 2804 | La Houblonniere |
| 2684 | BOUVARD | Nicole | VF3 | 27 | 01:03:52 | 01:00:05 | 2583 | Mathieu |
| 2685 | MARTINET | Jean-baptiste | SH | 730 | 01:03:52 | 00:59:51 | 2551 | Fontenay-le-Marmion |
| 2686 | TILLON | Katy | VF2 | 120 | 01:03:52 | 01:02:42 | 2983 | Epinay-sur-Odon |
| 2687 | BRIERE | Laurent | VH1 | 538 | 01:03:53 | 01:01:42 | 2832 | louvigny |
| 2688 | MOTARD | Pascale | VF2 | 121 | 01:03:54 | 01:00:55 | 2714 | Chartres |
| 2689 | MOURIER TANGUY | Christelle | VF1 | 250 | 01:03:55 | 01:02:28 | 2944 | DEMOUVILLE |
| 2690 | GUILLEUX | Marie | JF | 22 | 01:03:55 | 01:01:22 | 2790 | Tourville-sur-Odon |
| 2691 | RUBE | Chantal | VF2 | 122 | 01:03:56 | 00:59:30 | 2479 | Bayeux |

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| 2692 | GUESNET | Anne-sophie | SF | 413 | 01:03:57 | 01:00:48 | 2687 | Benouville |
| 2693 | BONVALLET | Alexis | VH1 | 539 | 01:03:58 | 01:01:02 | 2735 | CAEN |
| 2694 | METGE | Eric | VH3 | 100 | 01:03:58 | 01:00:41 | 2672 | Savigny |
| 2695 | PERRETTE | Jean-marc | VH3 | 101 | 01:03:58 | 01:01:03 | 2741 | CAEN |
| 2696 | EL HAGE | Karine | VF1 | 251 | 01:03:59 | 01:00:36 | 2658 | USCMEZIDON |
| 2697 | HOUEL | Sylvie | VF2 | 123 | 01:03:59 | 01:00:37 | 2660 | BARON SUR ODON |
| 2698 | DESCHAMPS | Francois-regis | VH1 | 540 | 01:04:00 | 01:00:16 | 2613 | Herouville-Saint-Clair |
| 2699 | HOMBESSA | Nelly | SF | 414 | 01:04:01 | 01:00:38 | 2665 | Saint-Samson |
| 2700 | MELOCCO | Elen | VH1 | 541 | 01:04:01 | 01:01:57 | 2868 | Bayeux |
| 2701 | CHAPPERON | Jerome | SH | 731 | 01:04:01 | 01:00:02 | 2575 | Mezidon-Canon |
| 2702 | JAOUEN | Pascal | VH2 | 277 | 01:04:01 | 01:00:16 | 2614 | Evreux |
| 2703 | SANVELIAN | Eric | VH2 | 278 | 01:04:02 | 01:01:48 | 2847 | Feucherolles |
| 2704 | NAVET | Nadine | VF1 | 252 | 01:04:02 | 01:00:29 | 2644 | Hebecrevon |
| 2705 | CHAMPEAUX | Nicolas | CH | 53 | 01:04:02 | 01:00:31 | 2648 | Blainville-sur-Orne |
| 2706 | PRAUD | Sarah | SF | 415 | 01:04:02 | 01:00:12 | 2604 | Caen |
| 2707 | HUART | Christophe | VH1 | 542 | 01:04:02 | 01:01:59 | 2874 | Bayeux |
| 2708 | IBAZIZENE | Leonie | JF | 23 | 01:04:03 | 01:00:33 | 2652 | Saint-Germain-la-Blanche-Herbe |
| 2709 | HESLOUIN | Romain | SH | 732 | 01:04:03 | 01:00:37 | 2664 | Blainville-sur-Orne |
| 2710 | HESLOUIN | Delphine | VF1 | 253 | 01:04:04 | 01:00:37 | 2663 | Blainville-sur-Orne |
| 2711 | SIMON | Beate | SF | 416 | 01:04:04 | 01:01:01 | 2728 | PARIS |
| 2712 | SURGUY | Michael | VH1 | 543 | 01:04:05 | 00:59:03 | 2403 | Blainville-sur-Orne |
| 2713 | WRIGHT | Gary | VH2 | 279 | 01:04:05 | 00:59:05 | 2407 | ANGOVILLE |
| 2714 | LEMOINE | Mickael | VH1 | 544 | 01:04:05 | 01:00:03 | 2581 | Bernieres-sur-Mer |
| 2715 | MIQUELARD | Peggy | SF | 417 | 01:04:06 | 01:01:46 | 2841 | ACO Sourdeval |
| 2716 | VALMAR | Christophe | SH | 733 | 01:04:06 | 00:58:45 | 2345 | caen |
| 2717 | TARDIF | Peggy | SF | 418 | 01:04:08 | 01:01:48 | 2848 | ACO Sourdeval |
| 2718 | DESTIN | Sandrine | VF1 | 254 | 01:04:08 | 01:00:05 | 2585 | Herouville-Saint-Clair |
| 2719 | RICHARD | Credeville | VH1 | 545 | 01:04:08 | 00:59:13 | 2427 | Caen |
| 2720 | VALLEE | Valerie | VF1 | 255 | 01:04:08 | 00:59:33 | 2492 | Boulleville |
| 2721 | THOREL | Bruno | VH2 | 280 | 01:04:09 | 01:00:28 | 2638 | CAEN |
| 2722 | CLAVIER | Stephane | VH1 | 546 | 01:04:09 | 01:00:37 | 2662 | Herouville-Saint-Clair |
| 2723 | MAMADOU | Diallo | CH | 54 | 01:04:11 | 00:58:51 | 2365 | Caen |
| 2724 | BOULLIN | Sabrina | SF | 419 | 01:04:11 | 01:01:57 | 2870 | USC mezidon |
| 2725 | LE GOVIC | Pascal | VH1 | 547 | 01:04:13 | 01:02:49 | 2998 | Bretteville-le-Rabet |
| 2726 | VOISINE | Eric | SH | 734 | 01:04:13 | 01:00:13 | 2605 | Bieville-Beuville |
| 2727 | LERAY | Jerome | VH1 | 548 | 01:04:13 | 01:00:58 | 2720 | Grainville-sur-Odon |
| 2728 | PAPIN | Salome | CF | 10 | 01:04:15 | 01:01:01 | 2727 | Caen |
| 2729 | LE CLECH | Bruno | VH1 | 549 | 01:04:16 | 01:03:06 | 3035 | FLERS-CONDE SUR NOIREAU |
| 2730 | TIRARD | Thierry | VH2 | 281 | 01:04:16 | 01:01:52 | 2859 | LANGRUNE SUR MER |
| 2731 | LECLERC | Sarah | SF | 420 | 01:04:17 | 00:59:30 | 2478 | Falaise |
| 2732 | LECLERC | Nicolas | SH | 735 | 01:04:18 | 00:59:31 | 2484 | ES FALAISIENNE |
| 2733 | MARION | Sophie | VF1 | 256 | 01:04:19 | 01:01:18 | 2775 | Lantheuil |
| 2734 | FOURMONT | Arthur | SH | 736 | 01:04:20 | 01:01:06 | 2747 | Caen |
| 2735 | ADAMEK | Elodie | SF | 421 | 01:04:20 | 00:59:09 | 2416 | Ussy |
| 2736 | AUBREE | Maryline | VF1 | 257 | 01:04:20 | 01:01:13 | 2765 | Ducy-Sainte-Marguerite |

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| 2737 | REVERT | Catherine | VF3 | 28 | 01:04:21 | 01:02:40 | 2978 | caen |
| 2738 | SEVRIN | Agnes | SF | 422 | 01:04:21 | 01:00:21 | 2625 | Saint Mandé |
| 2739 | PAPIN | Aline | SF | 423 | 01:04:21 | 01:01:07 | 2751 | Troarn |
| 2740 | MACAUX | Nicolas | VH1 | 550 | 01:04:21 | 01:02:41 | 2979 | Herouville-Saint-Clair |
| 2741 | MACAUX | Sarah | JF | 24 | 01:04:22 | 01:02:40 | 2974 | Herouville-Saint-Clair |
| 2742 | SANSEOU | Tony | VH2 | 282 | 01:04:22 | 00:59:54 | 2557 | Queven |
| 2743 | DESHAYES | Catherine | VF1 | 258 | 01:04:23 | 01:01:36 | 2819 | Saint-Samson-de-Bonfosse |
| 2744 | DEJA | Carl | SH | 737 | 01:04:23 | 01:01:12 | 2759 | Saint-Pierre-des-Ifs |
| 2745 | SEVRIN | Marie | SF | 424 | 01:04:23 | 01:00:25 | 2636 | PARIS 03 |
| 2746 | DANNET | Amelie | SF | 426 | 01:04:25 | 01:01:29 | 2803 | Bayeux |
| 2747 | MATHON | Virginie | SF | 425 | 01:04:25 | 01:01:29 | 2802 | Fresney-le-Puceux |
| 2748 | HERNIGOU | Beatrice | VF1 | 259 | 01:04:25 | 01:01:12 | 2762 | BANVILLE |
| 2749 | AUDOU | Dorian | SH | 738 | 01:04:25 | 01:00:18 | 2617 | caen |
| 2750 | CHAVENTRE | Celine | VF1 | 260 | 01:04:26 | 01:02:01 | 2878 | Merville-Franceville-Plage |
| 2751 | FRANCOIS | Cecilia | SF | 427 | 01:04:26 | 01:00:20 | 2623 | Saint-Vigor-le-Grand |
| 2752 | HENRIETTE | Nicolas | SH | 739 | 01:04:27 | 01:01:00 | 2726 | Hermanville-sur-Mer |
| 2753 | AMOURET | Vincent | SH | 740 | 01:04:27 | 01:00:55 | 2715 | Bayeux |
| 2754 | JOHNS | Melloney | SF | 428 | 01:04:28 | 00:59:17 | 2439 | London |
| 2755 | MAILLEFER | Severine | VF1 | 261 | 01:04:28 | 01:01:22 | 2789 | Croissanville |
| 2756 | MAUDUIT | Camille | SF | 429 | 01:04:29 | 00:59:12 | 2423 | mondeville |
| 2757 | CAVELLIER | Marion | SF | 430 | 01:04:30 | 01:01:23 | 2794 | Sallertaine |
| 2758 | MARION | Ludovic | VH1 | 551 | 01:04:30 | 00:59:58 | 2567 | May sur orne |
| 2759 | FEAT | Clyvia | SF | 431 | 01:04:31 | 01:01:10 | 2756 | Cambes-en-Plaine |
| 2760 | BLOTIERE | Charlotte | SF | 432 | 01:04:32 | 01:01:09 | 2753 | Escoville |
| 2761 | ROLLAND | Claude | VH3 | 102 | 01:04:33 | 01:00:22 | 2627 | MAGNY-LA-CAMPAGNE |
| 2762 | CASTEL | Audrey | JF | 25 | 01:04:33 | 01:01:20 | 2785 | Crouay |
| 2763 | IBAZIZENE | Sophie | VF1 | 262 | 01:04:36 | 01:01:05 | 2746 | Caen |
| 2764 | POTIER | Aline | SF | 433 | 01:04:37 | 01:01:43 | 2836 | Saint-Pierre-des-Ifs |
| 2765 | COHN | Stephane | VH1 | 552 | 01:04:38 | 01:00:54 | 2711 | Colombes |
| 2766 | LEBOUTEILLER | Geraldine | VF1 | 263 | 01:04:40 | 01:03:18 | 3060 | Saint-Amand |
| 2767 | LE PRIEUR | Anne | VF1 | 264 | 01:04:42 | 01:02:08 | 2898 | Colleville-Montgomery |
| 2768 | LE TALAER | Nathalie | VF1 | 265 | 01:04:43 | 01:02:08 | 2900 | Colleville-Montgomery |
| 2769 | SKRZYPACZ | Sylvie | VF2 | 124 | 01:04:43 | 01:03:22 | 3066 | Colleville-Montgomery |
| 2770 | LEGUELINEL | Rachel | VF1 | 267 | 01:04:44 | 01:00:05 | 2584 | les mollets lystriens |
| 2771 | MARIE | Vanessa | VF1 | 266 | 01:04:44 | 01:00:06 | 2586 | LES MOLLETS LYSTRIENS |
| 2772 | CORNET | Renaud | SH | 741 | 01:04:45 | 01:01:13 | 2766 | Thaon |
| 2773 | VANDECASTEE | Catherine | VF2 | 125 | 01:04:46 | 01:01:50 | 2857 | Cresserons |
| 2774 | GUE | Emmanuel | VH1 | 553 | 01:04:46 | 01:01:15 | 2771 | Verson |
| 2775 | LEFRONT | Florence | VF1 | 268 | 01:04:47 | 01:01:39 | 2828 | L' Hotellerie |
| 2776 | LE BAILLIF | Marie | VF1 | 269 | 01:04:48 | 01:01:39 | 2829 | L' Hotellerie |
| 2777 | DERRIEN | Annick | VF2 | 126 | 01:04:48 | 01:01:10 | 2757 | Bry-sur-Marne |
| 2778 | LETELLIER | Nathalie | VF1 | 270 | 01:04:48 | 01:02:23 | 2932 | Luc sur mer |
| 2779 | AGASSE | Helene | SF | 434 | 01:04:48 | 01:01:12 | 2761 | Poses |
| 2780 | ALLAIS | Patricia | VF1 | 271 | 01:04:49 | 01:03:04 | 3027 | THUE ET MUE |
| 2781 | SOUCIER | Aurelie | SF | 435 | 01:04:49 | 01:00:08 | 2590 | Cordebugle |

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| 2782 | DUBOIS | Isabelle | VF2 | 127 | 01:04:50 | 00:59:23 | 2454 | U SM VIRE |
| 2783 | GOURET | Anne-marie | VF1 | 272 | 01:04:50 | 01:02:03 | 2885 | Nantes |
| 2784 | LE LOUARN | Philippe | VH2 | 283 | 01:04:50 | 00:59:06 | 2411 | lfs |
| 2785 | BALMOISIERE | Benoit | SH | 742 | 01:04:51 | 01:02:49 | 2999 | La Croix-Saint-Leufroy |
| 2786 | MESLIN | Julien | SH | 743 | 01:04:51 | 01:01:37 | 2822 | Lasson |
| 2787 | SERAFIN | Adam | VH2 | 284 | 01:04:52 | 01:03:32 | 3085 | Saint-Sylvain |
| 2788 | MALHERE | Anne-sophie | SF | 436 | 01:04:52 | 01:01:01 | 2732 | Caen |
| 2789 | RIZZOTTO | Anne | VF2 | 128 | 01:04:52 | 01:02:06 | 2893 | Tilly-sur-Seulles |
| 2790 | EVARD | Angelique | SF | 437 | 01:04:52 | 01:00:45 | 2681 | benouville |
| 2791 | KERVAREC | Patricia | VF2 | 129 | 01:04:53 | 01:03:50 | 3124 | Avrille |
| 2792 | CREMERS | Eric | VH2 | 285 | 01:04:53 | 01:03:51 | 3125 | Avrille |
| 2793 | MALAIZE SICOT | Benedicte | VF2 | 130 | 01:04:54 | 01:02:06 | 2892 | Caen |
| 2794 | FORTIER | Celine | SF | 438 | 01:04:54 | 01:03:34 | 3089 | Verson |
| 2795 | DEBONS | Manuela | VF1 | 273 | 01:04:56 | 01:00:03 | 2578 | saint -Martin de mieux |
| 2796 | DOYERE | Laurence | VF2 | 131 | 01:04:56 | 01:02:12 | 2908 | Cambremer |
| 2797 | LEFRANC | Benjamin | SH | 744 | 01:04:56 | 00:59:29 | 2471 | Parfouru-sur-Odon |
| 2798 | DEMOLE | Sandrine | VF1 | 274 | 01:04:56 | 01:00:29 | 2639 | Argentan |
| 2799 | FRANCOIS | Bruno | VH1 | 554 | 01:04:56 | 01:00:29 | 2640 | Saint-Martin-de-Fontenay |
| 2800 | LAROSE | Olivia | VF1 | 275 | 01:04:57 | 01:01:03 | 2740 | CAEN |
| 2801 | SEGUIN | Dominique | VF2 | 132 | 01:04:57 | 01:00:30 | 2646 | AC VEULAIS |
| 2802 | DI-GALLO | Laura | SF | 439 | 01:04:58 | 01:03:52 | 3127 | Cagny |
| 2803 | BOUSSARIE | Jean-luc | VH2 | 286 | 01:04:58 | 01:00:38 | 2667 | Demouville |
| 2804 | GARDIE | Camille | SH | 745 | 01:04:58 | 01:01:36 | 2818 | louigny |
| 2805 | PERU | Ingrid | VF1 | 276 | 01:04:59 | 01:02:12 | 2910 | Douvres-la-Delivrande |
| 2806 | GAUTIER | Laetitia | SF | 440 | 01:04:59 | 01:00:13 | 2607 | Aunay-sur-Odon |
| 2807 | HERMELINE | Marie | SF | 441 | 01:04:59 | 01:01:41 | 2831 | Chateaufort-sur-Loire |
| 2808 | MANCEAU | Chantal | VF3 | 29 | 01:05:00 | 01:01:57 | 2869 | Bieville-Beuville |
| 2809 | GABRIEL | Clement | SH | 746 | 01:05:00 | 01:01:19 | 2782 | BOURGUEBUS |
| 2810 | SINEAU | Fanny | SF | 442 | 01:05:01 | 01:01:43 | 2834 | Nogent-le-Rotrou |
| 2811 | LEBRETON | Sabrina | SF | 443 | 01:05:01 | 01:01:24 | 2797 | Jurques |
| 2812 | ELOY | Stephane | VH3 | 103 | 01:05:01 | 01:05:01 | 3306 | Saint-Paul-les-Dax |
| 2813 | GAUTIER | Jennifer | SF | 444 | 01:05:01 | 01:00:34 | 2653 | Bailleul |
| 2814 | THOMAS | Adeline | SF | 445 | 01:05:01 | 01:02:26 | 2939 | Mondeville |
| 2815 | MARIE | Victor | VH1 | 555 | 01:05:02 | 00:59:45 | 2535 | BRETTEVILLE SUR ODON |
| 2816 | DU BURCK | Laurent | VH2 | 287 | 01:05:02 | 00:59:54 | 2558 | LC BRETTEVILLE SUR ODON |
| 2817 | YGER | Emilie | SF | 446 | 01:05:05 | 01:00:29 | 2643 | carpiquet |
| 2818 | MURAIL | Jerome | VH1 | 556 | 01:05:05 | 01:01:37 | 2825 | Gavrus |
| 2819 | ESNAULT | Thierry | VH1 | 557 | 01:05:07 | 01:01:43 | 2835 | Landelles-et-Coupigny |
| 2820 | PICQUET | Emmanuel | VH1 | 558 | 01:05:09 | 01:01:17 | 2773 | CAEN |
| 2821 | PETIT-LELANDAIS | Belinda | VF2 | 133 | 01:05:10 | 01:02:22 | 2929 | USOMondeville |
| 2822 | COURRIER | Camille | SF | 447 | 01:05:10 | 01:02:31 | 2950 | La Houblonniere |
| 2823 | POUSSIN | Agnes | VF3 | 30 | 01:05:11 | 01:02:22 | 2927 | Saint-Contest |
| 2824 | CRISPIN | Caroline | SF | 448 | 01:05:11 | 01:00:18 | 2615 | Fourneaux-le-Val |
| 2825 | GEBENHOLTZ | Gregoire | SH | 747 | 01:05:13 | 01:00:57 | 2719 | Ouistreham |
| 2826 | BELLENGER | Christelle | VF1 | 277 | 01:05:13 | 01:00:20 | 2622 | Pertheville-Ners |

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| 2827 | MESNAGE | Marc | VH3 | 104 | 01:05:13 | 01:01:33 | 2813 | Saint-Lo |
| 2828 | GETIN | Guillaume | VH1 | 559 | 01:05:14 | 01:01:55 | 2866 | Caen |
| 2829 | TOUFFET | Julie | SF | 449 | 01:05:14 | 01:01:31 | 2807 | Douvres-la-Delivrande |
| 2830 | JAOUEN | Marie-christine | VF2 | 134 | 01:05:15 | 01:01:30 | 2805 | Evreux |
| 2831 | BELLAMY | Anita | VF1 | 278 | 01:05:15 | 01:03:16 | 3055 | Teurtheville-Hague |
| 2832 | MARIE | Nathalie | SF | 450 | 01:05:15 | 01:01:24 | 2798 | Cac |
| 2833 | NOEL | Benoit | VH1 | 560 | 01:05:15 | 01:01:23 | 2795 | Brouay |
| 2834 | MOUCHEL-LADUNE | Patricia | VF1 | 279 | 01:05:16 | 01:02:18 | 2920 | Avenay |
| 2835 | BUREAU | Christophe | VH2 | 288 | 01:05:16 | 01:01:53 | 2862 | Baron-sur-Odon |
| 2836 | TREANGLE | Frederick | VH1 | 561 | 01:05:16 | 01:02:53 | 3002 | Authie |
| 2837 | VANDERMERSCH | Charlotte | SF | 451 | 01:05:17 | 01:02:03 | 2884 | Cintheaux |
| 2838 | BOCQUET | Nathalie | VF1 | 280 | 01:05:18 | 01:02:32 | 2956 | Anctoville |
| 2839 | TREANGLE | Elise | SF | 452 | 01:05:18 | 01:02:55 | 3011 | Authie |
| 2840 | GENESLAY | Manon | SF | 453 | 01:05:18 | 01:01:20 | 2784 | Caen |
| 2841 | LARGILLIERE | Jean-philippe | VH2 | 289 | 01:05:19 | 01:01:19 | 2779 | Vaudry |
| 2842 | BOBOEUF | Caroline | SF | 454 | 01:05:19 | 01:02:01 | 2877 | L' Hotellerie |
| 2843 | GIRARD | Lucille | SF | 455 | 01:05:20 | 00:59:51 | 2552 | Vitry-sur-Seine |
| 2844 | DUBET | Damien | SH | 748 | 01:05:20 | 01:02:04 | 2888 | Saint-Samson |
| 2845 | BEVELO | Romain | EH | 60 | 01:05:20 | 01:01:13 | 2763 | BERCK OPALE SUD TRIATHLON |
| 2846 | LELONG | Marine | EF | 38 | 01:05:21 | 01:01:13 | 2764 | Benouville |
| 2847 | GOMBERT | Ombeline | SF | 456 | 01:05:21 | 01:02:02 | 2880 | CAEN |
| 2848 | T KINT DE ROODENBEKE | Thibault | SH | 749 | 01:05:22 | 00:57:38 | 2105 | PARIS |
| 2849 | PINEL | Valerie | VF1 | 281 | 01:05:23 | 01:02:17 | 2917 | Bretteville sur Odon |
| 2850 | GUIANVARC'H | Gerard | VH2 | 290 | 01:05:23 | 01:01:05 | 2745 | Saint-Andre-sur-Orne |
| 2851 | SICILIAN | Lucie | SF | 457 | 01:05:24 | 01:02:06 | 2896 | Caen |
| 2852 | LEBOURGEOIS | Stephanie | VF1 | 282 | 01:05:24 | 01:03:42 | 3103 | Mouen |
| 2853 | ALDERWEIRELD | Delphine | VF1 | 283 | 01:05:24 | 01:02:06 | 2895 | Mondeville |
| 2854 | DUBOIS | Alizee | JF | 26 | 01:05:25 | 01:00:51 | 2697 | Neuilly-le-Malherbe |
| 2855 | FAUNY | Mylene | SF | 458 | 01:05:25 | 01:03:28 | 3076 | Fleury-sur-Orne |
| 2856 | LEGARSON-MESLIER | Francoise | VF1 | 284 | 01:05:25 | 01:02:23 | 2933 | CACT |
| 2857 | REBUT | Quentin | JH | 47 | 01:05:26 | 01:00:33 | 2651 | Lisieux |
| 2858 | COURAYE | Christine | VF2 | 135 | 01:05:26 | 01:03:28 | 3077 | Fontaine-Etoupefour |
| 2859 | AUGEAU | Ophelie | SF | 459 | 01:05:27 | 01:01:05 | 2744 | Saint-Lo |
| 2860 | MARIE | Elodie | SF | 460 | 01:05:27 | 01:01:47 | 2846 | Bourguebus |
| 2861 | LESUEUR | Severine | VF1 | 285 | 01:05:27 | 01:00:56 | 2717 | Argences |
| 2862 | DU BREUL DE SACONAY | Benoit | SH | 750 | 01:05:29 | 01:02:31 | 2952 | Soliers |
| 2863 | CHRISTOPHE | Christiane | VF4 | 2 | 01:05:30 | 01:03:04 | 3028 | lfs |
| 2864 | DUTEL | Vanessa | SF | 461 | 01:05:30 | 01:02:45 | 2987 | Beuvillers |
| 2865 | GUILLOUET | Francoise | VF3 | 31 | 01:05:32 | 01:02:20 | 2923 | Vire |
| 2866 | DURAND | Lionnel | VH1 | 562 | 01:05:32 | 01:02:27 | 2940 | Saint-Pierre-de-Semilly |
| 2867 | HOUALET | Julie | SF | 462 | 01:05:34 | 01:02:08 | 2899 | Caen |
| 2868 | AMELINE | Laurence | VF2 | 136 | 01:05:35 | 01:02:18 | 2921 | Saint-Contest |
| 2869 | BEYLOT | Frederique | VF1 | 286 | 01:05:35 | 01:01:47 | 2843 | AUDRIEU |
| 2870 | MICHEL | Pascal | VH1 | 563 | 01:05:35 | 01:02:28 | 2943 | Anguerny |

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| 2871 | HOULETTE | Sandrine | SF | 463 | 01:05:35 | 01:02:25 | 2936 | Cavigny |
| 2872 | LAMAZURE | Mathilde | SF | 464 | 01:05:35 | 01:02:26 | 2938 | Saint-Lo |
| 2873 | ROUET | Nathalie | VF1 | 287 | 01:05:35 | 01:02:16 | 2913 | Lisieux |
| 2874 | DELAHAYE | Jacques | VH4 | 12 | 01:05:36 | 01:03:07 | 3036 | Douvres-la-Delivrande |
| 2875 | GRASSIEN | Mathilde | SF | 465 | 01:05:36 | 01:01:24 | 2796 | Bayeux |
| 2876 | THOUROUDE | Eric | VH2 | 291 | 01:05:36 | 01:01:47 | 2842 | Moult-Chicheboville |
| 2877 | MORIN | Arnaud | VH1 | 564 | 01:05:36 | 01:02:31 | 2955 | Villers-Canivet |
| 2878 | BOULAY | Franck | SH | 751 | 01:05:36 | 01:02:22 | 2930 | Coulonces |
| 2879 | VRAIN | Alain | VH2 | 292 | 01:05:37 | 01:00:45 | 2682 | Caen |
| 2880 | STEUNOU | Julie | SF | 466 | 01:05:37 | 01:01:49 | 2853 | Grandchamps-des-Fontaines |
| 2881 | LE CHEVREL | Anne marie | VF1 | 288 | 01:05:37 | 01:02:34 | 2961 | Giberville |
| 2882 | ROSSIGNOL | Philippe | SH | 752 | 01:05:37 | 01:01:15 | 2769 | Caen |
| 2883 | BOUDIN | Isabelle | VF2 | 137 | 01:05:38 | 01:02:24 | 2934 | Ils |
| 2884 | FOURE | Michel | VH3 | 105 | 01:05:39 | 01:04:14 | 3192 | Vieux |
| 2885 | LEMAITRE | Charles | SH | 753 | 01:05:39 | 01:01:18 | 2777 | Rouen |
| 2886 | GRIEU | Marine | SF | 467 | 01:05:39 | 01:02:33 | 2958 | Asnieres-sur-Seine |
| 2887 | UNVOY | Benoit | SH | 755 | 01:05:40 | 01:01:23 | 2793 | Caen |
| 2888 | ANTOINE | Grieu | VH2 | 293 | 01:05:40 | 01:02:33 | 2957 | Auberville |
| 2889 | COCHET | Laurent | SH | 754 | 01:05:40 | 01:02:03 | 2886 | Rennes |
| 2890 | PETRE | Mathilde | SF | 468 | 01:05:40 | 01:02:23 | 2931 | Eterville |
| 2891 | POLLIN | Lucie | SF | 469 | 01:05:41 | 01:01:20 | 2783 | Rouen |
| 2892 | GOHEL | Nelly | VF2 | 138 | 01:05:41 | 01:02:22 | 2928 | Regneville-sur-Mer |
| 2893 | DUPLEICHS | Elisabeth | VF1 | 289 | 01:05:42 | 01:02:16 | 2915 | Verson |
| 2894 | COURNUT | Philippe | VH1 | 565 | 01:05:42 | 01:02:55 | 3010 | Caen |
| 2895 | LECESNE | Sebastien | SH | 756 | 01:05:42 | 01:00:47 | 2686 | Caen |
| 2896 | COULIBALY | Gnienlnaya didier | VH1 | 566 | 01:05:43 | 01:00:08 | 2592 | Caen |
| 2897 | GARNIER | Audrey.garnier | SF | 470 | 01:05:43 | 01:01:31 | 2806 | Cairon |
| 2898 | BRIARD | Sandrine | SF | 471 | 01:05:43 | 01:02:56 | 3014 | Caen |
| 2899 | MARTIN | Marie blanche | VF3 | 32 | 01:05:43 | 01:01:38 | 2826 | Benouville |
| 2900 | BUFFET | Roland | VH3 | 106 | 01:05:44 | 01:00:45 | 2680 | Verson |
| 2901 | FONTAINE | Angelique | VF1 | 290 | 01:05:44 | 01:03:15 | 3053 | Troarn |
| 2902 | PERRIOT | Celine | VF1 | 291 | 01:05:44 | 01:04:11 | 3180 | Fontenay-le-Marmion |
| 2903 | LE MASLE | Jean-paul | VH2 | 294 | 01:05:46 | 01:01:50 | 2856 | BAVENT |
| 2904 | CHATEAU | Jo | VH1 | 567 | 01:05:46 | 01:02:43 | 2985 | Bayeux |
| 2905 | ROZE | Ludovic | VH1 | 568 | 01:05:46 | 01:03:58 | 3139 | Cahagnolles |
| 2906 | GUINEBAULT | Florence | VF1 | 292 | 01:05:46 | 01:04:39 | 3249 | Villers-Bocage |
| 2907 | DUDOUIT | Marie | SF | 472 | 01:05:47 | 01:01:23 | 2792 | Bayeux |
| 2908 | YVERT | Dominique | VH1 | 569 | 01:05:47 | 01:01:43 | 2833 | Beny-sur-Mer |
| 2909 | TURQUETIL | Olivier | VH1 | 570 | 01:05:47 | 01:04:35 | 3238 | Tourville-sur-Odon |
| 2910 | COURTEILLE | Thibault | EH | 61 | 01:05:48 | 01:02:02 | 2881 | SAINT GERMAIN DE TALLEVENDE |
| 2911 | LONFILS | Daisy | SF | 474 | 01:05:48 | 01:01:35 | 2816 | Basly |
| 2912 | GABROY | Fanny | SF | 473 | 01:05:48 | 01:01:36 | 2821 | CAEN |
| 2913 | JACKOWIAK | Franck | VH1 | 571 | 01:05:48 | 01:00:25 | 2634 | May-sur-Ome |
| 2914 | GALLIER | Celine | SF | 475 | 01:05:48 | 01:01:56 | 2867 | Saint-Manvieu-Bocage |
| 2915 | LONFILS | Laurent | SH | 757 | 01:05:49 | 01:01:36 | 2820 | Basly |

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| 2916 | TRECHE | Justine | SF | 476 | 01:05:49 | 01:01:37 | 2824 | caen |
| 2917 | MORTIER | Nicolas | JH | 48 | 01:05:50 | 01:01:03 | 2739 | Vernon |
| 2918 | MORTIER | Dominique | VH2 | 295 | 01:05:50 | 01:01:03 | 2738 | Vernon |
| 2919 | GRALL | Elodie | SF | 477 | 01:05:50 | 01:02:47 | 2992 | Caen |
| 2920 | MARIE | Manon | SF | 478 | 01:05:50 | 01:02:47 | 2993 | Saint-Julien-le-Faucon |
| 2921 | VASSELIN | Jessica | SF | 479 | 01:05:51 | 01:02:04 | 2890 | Saint-Germain-d'Ectot |
| 2922 | LECLER | Nicolas | VH1 | 572 | 01:05:52 | 01:02:53 | 3003 | RIVA COURIR |
| 2923 | LAPORTE | Sandrine | VF2 | 139 | 01:05:53 | 01:00:47 | 2683 | Colomby |
| 2924 | PUGLIESI-CONTI | Aude | VF1 | 293 | 01:05:54 | 01:00:19 | 2621 | Hermanville-sur-Mer |
| 2925 | DESMONTS | Isabelle | VF1 | 294 | 01:05:54 | 01:03:14 | 3050 | Amfreville |
| 2926 | GODFROY | Charlotte | SF | 480 | 01:05:54 | 01:01:45 | 2837 | Cuveville |
| 2927 | GODFROY | Justine | SF | 481 | 01:05:54 | 01:01:45 | 2838 | Cuveville |
| 2928 | DELACOUR | Philibert | VH2 | 296 | 01:05:54 | 01:03:07 | 3039 | Bieville-Beuville |
| 2929 | MATHON | Sylvain | SH | 758 | 01:05:55 | 01:04:21 | 3206 | Fresney-le-Puceux |
| 2930 | JOLIVET | Therese | VF1 | 295 | 01:05:55 | 01:02:25 | 2935 | Bourguebus |
| 2931 | LIEGARD | Karine | VF1 | 296 | 01:05:56 | 01:03:31 | 3083 | Giberville |
| 2932 | YVON | Josiane | VF3 | 33 | 01:05:56 | 01:01:00 | 2725 | IFS |
| 2933 | TELMAR | Thierry | VH1 | 573 | 01:05:56 | 01:01:21 | 2788 | Hubert-Folie |
| 2934 | SEGUIN | Farida | VF2 | 140 | 01:05:56 | 01:02:10 | 2904 | Mezieres-sur-Couesnon |
| 2935 | DEFLIN | Marine | SF | 482 | 01:05:57 | 01:02:56 | 3013 | Bieville-Beuville |
| 2936 | GARGIULO | Marie | VF2 | 141 | 01:05:57 | 01:01:16 | 2772 | MARCINELLE |
| 2937 | GAUTIER | Cynthia | VF1 | 297 | 01:05:58 | 01:01:57 | 2871 | Caen |
| 2938 | POTIER | Celine | SF | 483 | 01:05:58 | 01:02:39 | 2971 | Demouville |
| 2939 | PINEAU | David | VH1 | 574 | 01:05:58 | 01:01:59 | 2875 | Caen |
| 2940 | MORICET | Carole | VF1 | 298 | 01:05:58 | 01:01:32 | 2810 | Evrecy |
| 2941 | FONTAINE | Rachele | VF1 | 299 | 01:05:59 | 01:03:11 | 3043 | CARPIQUET |
| 2942 | THIERRY | Amelie | VF1 | 300 | 01:05:59 | 01:02:46 | 2991 | Mesnil-Raoul |
| 2943 | BUFFARD | Antoine | SH | 759 | 01:06:00 | 01:02:54 | 3005 | Alencon |
| 2944 | PESSAQUE | Sandrine | VF1 | 301 | 01:06:00 | 01:03:59 | 3148 | CAC |
| 2945 | BENARD | Amtul | SF | 484 | 01:06:01 | 01:02:48 | 2995 | LHSA |
| 2946 | BENARD | Nicolas | SH | 760 | 01:06:01 | 01:02:49 | 2997 | LHSA |
| 2947 | PARIOT | Didier | VH2 | 297 | 01:06:02 | 01:03:46 | 3117 | Raizeux |
| 2948 | GROSOS | Francois | VH2 | 298 | 01:06:02 | 01:04:49 | 3273 | HEROUVILLE ST CLAIR |
| 2949 | DUQUENOY | Nicolas | SH | 761 | 01:06:02 | 01:02:04 | 2887 | Lisieux |
| 2950 | PICOT | Beatrice | VF2 | 142 | 01:06:04 | 01:02:09 | 2902 | COURIR POUR LES TRISOMIQUES |
| 2951 | LECARPENTIER | Michel | VH2 | 299 | 01:06:04 | 01:03:28 | 3079 | Saint-Manvieu-Norrey |
| 2952 | MARTIN-BODET | Aline | VF1 | 302 | 01:06:04 | 01:01:39 | 2827 | caen |
| 2953 | FEUILLET | Simon | CH | 55 | 01:06:05 | 01:01:01 | 2729 | Tessy-sur-Vire |
| 2954 | CAVELIER | Nathalie | VF1 | 303 | 01:06:05 | 01:03:18 | 3061 | Bourg-Achard |
| 2955 | MARINEL | Valerie | VF1 | 304 | 01:06:06 | 01:02:56 | 3012 | Mathieu |
| 2956 | LOUZAOUEN | Muriel | VF2 | 143 | 01:06:06 | 01:03:43 | 3105 | Escoville |
| 2957 | DUMAS | Jean francois | VH2 | 300 | 01:06:06 | 01:03:16 | 3056 | Demouville |
| 2958 | SUMAR | Nadia | VF1 | 305 | 01:06:07 | 01:01:46 | 2840 | PARIS 01 |
| 2959 | BROSSIER | Hugues | VH3 | 107 | 01:06:08 | 01:00:15 | 2612 | caen |
| 2960 | CHAPRON | Michael | SH | 762 | 01:06:08 | 01:00:30 | 2647 | Cheux |

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| 2961 | L HER | Anne | SF | 485 | 01:06:09 | 01:03:30 | 3082 | Es Falaisienne |
| 2962 | OZANNE | Alexandre | SH | 763 | 01:06:09 | 01:01:18 | 2776 | Tournon-sur-Rhone |
| 2963 | LE BON TANTEL | Laurence | VF1 | 306 | 01:06:09 | 01:01:03 | 2736 | Evrecy |
| 2964 | DE LA FOUCHARDIERE | Berengere | SF | 486 | 01:06:09 | 01:01:19 | 2780 | Tournon-sur-Rhone |
| 2965 | JEAN | Amelie | VF1 | 307 | 01:06:09 | 01:03:02 | 3025 | Secqueville-en-Bessin |
| 2966 | CAUCHIS | Laurence | VF2 | 144 | 01:06:10 | 01:05:52 | 3428 | Saint-Aubin-les-Elbeuf |
| 2967 | ABALO | Rachel | SF | 487 | 01:06:10 | 01:01:39 | 2830 | Colombelles |
| 2968 | GIRARD | Margaux | SF | 488 | 01:06:11 | 01:00:40 | 2669 | Rennes |
| 2969 | HENRY | Gregoire | SH | 764 | 01:06:11 | 01:01:51 | 2858 | Caen |
| 2970 | BRETIN | Catherine | VF3 | 34 | 01:06:11 | 01:03:23 | 3068 | St Mards de Blacarville |
| 2971 | BEDEL | Severine | VF1 | 308 | 01:06:11 | 01:03:03 | 3026 | Bretteville-l'Orgueilleuse |
| 2972 | CORDAHI | Isabelle | SF | 489 | 01:06:11 | 01:01:59 | 2872 | Saint-Mande |
| 2973 | MERIAU | Sylvie | VF1 | 309 | 01:06:11 | 01:02:31 | 2954 | Bieville-Beuville |
| 2974 | HOUCARD | Robin | CH | 56 | 01:06:11 | 01:03:41 | 3098 | Bougy |
| 2975 | GONFROY | Nicolas | VH1 | 575 | 01:06:12 | 01:02:20 | 2924 | Blainville-sur-Orne |
| 2976 | PREVOT | Servane | SF | 490 | 01:06:12 | 01:01:33 | 2811 | Caen |
| 2977 | BEUVIN | Vincent | EH | 62 | 01:06:13 | 01:05:07 | 3332 | Herouville-Saint-Clair |
| 2978 | LECHEVALLIER | Julien | SH | 765 | 01:06:13 | 01:04:28 | 3217 | Plogoff |
| 2979 | LECHEVALLIER | Stephanie | SF | 491 | 01:06:13 | 01:04:29 | 3221 | Plogoff |
| 2980 | AVYN | David | VH1 | 576 | 01:06:15 | 01:01:49 | 2850 | Nonvilliers-Grandhoux |
| 2981 | DESFEUX | Adeline | SF | 492 | 01:06:15 | 01:03:06 | 3034 | Langrune-sur-Mer |
| 2982 | GRABSKI | Arnaud | VH1 | 577 | 01:06:15 | 01:03:35 | 3090 | TRIATHLON FLERS LA FERTE MACE |
| 2983 | JAMES | Gilles | VH1 | 578 | 01:06:16 | 01:02:06 | 2894 | Mesnil-Clinchamps |
| 2984 | CROCHEMORE | Camille | SF | 493 | 01:06:16 | 01:02:46 | 2988 | Bourguebus |
| 2985 | BUGEAUD | Corinne | VF1 | 310 | 01:06:17 | 01:02:19 | 2922 | Droisy |
| 2986 | DELANNOY | Vanessa | SF | 494 | 01:06:17 | 01:06:17 | 3492 | Aubergenville |
| 2987 | VOISIN | Julien | SH | 766 | 01:06:18 | 01:01:37 | 2823 | Fleury-sur-Orne |
| 2988 | GODILLE | Florence | VF1 | 311 | 01:06:18 | 01:04:16 | 3194 | Authie |
| 2989 | FREMOND | Berengere | SF | 495 | 01:06:19 | 01:01:02 | 2733 | Caen |
| 2990 | CORDHOMME | Corinne | VF1 | 312 | 01:06:19 | 01:02:12 | 2909 | Authie |
| 2991 | JORT | Fabienne | VF1 | 313 | 01:06:19 | 01:02:15 | 2912 | Cormelles-le-Royal |
| 2992 | LE GOUBIN | Franck | VH2 | 301 | 01:06:19 | 01:02:11 | 2907 | Benouville |
| 2993 | GILLETTE | Thomas | SH | 767 | 01:06:19 | 01:02:11 | 2906 | CAEN |
| 2994 | RENAUT | Magali | VF1 | 314 | 01:06:20 | 01:03:27 | 3074 | Noyers-Bocage |
| 2995 | ROGER | Stephanie | VF1 | 315 | 01:06:20 | 01:01:50 | 2855 | Langrune sur mer |
| 2996 | DANTON | Roger marc | VH3 | 108 | 01:06:20 | 01:01:50 | 2854 | Saint aubin |
| 2997 | LEON | Luc | VH1 | 579 | 01:06:20 | 01:02:25 | 2937 | CAEN |
| 2998 | VIMONT | Gerard | VH3 | 109 | 01:06:20 | 01:04:52 | 3279 | c.d'athletismeconde-torigni |
| 2999 | PLOT | Simone | VF2 | 145 | 01:06:21 | 01:03:23 | 3069 | Villy-lez-Falaise |
| 3000 | LE MOINE | Eric | VH3 | 110 | 01:06:22 | 01:03:16 | 3054 | CAEN |
| 3001 | MAUGER | Deborah | VF1 | 316 | 01:06:23 | 01:02:30 | 2949 | caen |
| 3002 | PLAINFOSSE | Laurence | VF1 | 317 | 01:06:23 | 01:03:08 | 3040 | Caen |
| 3003 | ANAISE | Sabrina | VF1 | 318 | 01:06:25 | 01:05:27 | 3371 | Etouvy |
| 3004 | DUCHESNE | Ludovic | VH1 | 580 | 01:06:25 | 01:03:05 | 3029 | Ste Croix sur Mer |
| 3005 | CHAPPERON | Christophe | VH1 | 581 | 01:06:25 | 01:02:07 | 2897 | Demouville |

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| 3006 | GOUPIL | Marylene | VF1 | 319 | 01:06:26 | 01:04:03 | 3162 | Caen |
| 3007 | DELAPIERRE | Nadege | VF1 | 320 | 01:06:26 | 01:04:04 | 3164 | Caen |
| 3008 | PICHARD | Guillaume | SH | 768 | 01:06:26 | 01:02:48 | 2994 | Saint-Georges-des-Groseillers |
| 3009 | WEBER-DIVAY | Stephanie | VF1 | 321 | 01:06:26 | 01:01:26 | 2800 | Eraines |
| 3010 | FORGET | Sandrine | VF1 | 322 | 01:06:27 | 01:03:48 | 3123 | Rocquancourt |
| 3011 | DELILLE | Nathalie | VF2 | 146 | 01:06:27 | 01:02:10 | 2903 | Demouville |
| 3012 | ROPTIN | Sandrine | VF1 | 323 | 01:06:28 | 01:02:57 | 3015 | Rocquancourt |
| 3013 | HUGUET | Carine | SF | 496 | 01:06:28 | 01:02:02 | 2882 | Saint-Clement-de-la-Place |
| 3014 | DELACOTTE | Claire | SF | 497 | 01:06:28 | 01:02:29 | 2947 | Caen |
| 3015 | AVYN | Barbara | VF1 | 324 | 01:06:29 | 01:02:03 | 2883 | Nonvilliers-Grandhoux |
| 3016 | BACHELET | Anne | SF | 498 | 01:06:29 | 01:03:06 | 3032 | DIEPPE |
| 3017 | LEROUX | Charly | SH | 769 | 01:06:29 | 01:03:07 | 3038 | Fresney-le-Puceux |
| 3018 | DESHAYES | Catherine | VF2 | 147 | 01:06:29 | 01:03:40 | 3096 | Saint-Germain-la-Blanche-Herbe |
| 3019 | CASSINADRI | Benjamin | SH | 770 | 01:06:29 | 01:02:13 | 2911 | Bieville-Beuville |
| 3020 | MALLEDANT | Severine | VF1 | 325 | 01:06:30 | 01:03:43 | 3104 | Marines |
| 3021 | MORIN | Carole | VF1 | 326 | 01:06:30 | 01:00:58 | 2721 | Bougy |
| 3022 | VOISIN | Alexandra | VF1 | 327 | 01:06:31 | 01:01:21 | 2786 | 14220 - ST OMER |
| 3023 | DELAMARE | Nicolas | SH | 771 | 01:06:31 | 01:05:19 | 3363 | Bourgtheroulde-Infreville |
| 3024 | GUERIN | Julie | SF | 499 | 01:06:32 | 01:05:02 | 3309 | Flers |
| 3025 | MORINEAU | Axelle | VF1 | 328 | 01:06:32 | 01:03:44 | 3109 | Mondeville |
| 3026 | EDEL | Vanessa | VF1 | 329 | 01:06:32 | 01:05:02 | 3308 | Flers |
| 3027 | MALGOUYRE | Elodie | SF | 500 | 01:06:32 | 01:02:41 | 2981 | Cuverville |
| 3028 | CORMIER | Marie | SF | 501 | 01:06:32 | 01:02:30 | 2948 | Caen |
| 3029 | HINET | Anne | VF1 | 330 | 01:06:32 | 01:04:47 | 3270 | Saint-Denis-le-Gast |
| 3030 | BATHILDE | Eloy | CF | 11 | 01:06:33 | 01:04:12 | 3184 | Loucelles |
| 3031 | JACQUELINE | Sylvain | VH1 | 582 | 01:06:33 | 01:03:29 | 3081 | Verson |
| 3032 | FAIVRET | Remi | VH1 | 583 | 01:06:33 | 01:02:36 | 2965 | Garches |
| 3033 | MENU | Amandine | SF | 502 | 01:06:34 | 01:02:43 | 2986 | Caen |
| 3034 | LOHIER | Emmanuelle | SF | 503 | 01:06:34 | 01:00:54 | 2709 | Creully |
| 3035 | LOHIER | Benoit | SH | 772 | 01:06:35 | 01:00:54 | 2708 | Creully |
| 3036 | LECOEUR | Stephanie | SF | 504 | 01:06:35 | 01:02:29 | 2946 | Port-en-Bessin-Huppain |
| 3037 | BLONDELLE | Cedric | SH | 773 | 01:06:36 | 01:02:29 | 2945 | Port-en-Bessin-Huppain |
| 3038 | LUBIN | Delphine | SF | 505 | 01:06:37 | 01:03:44 | 3108 | Noyers-Bocage |
| 3039 | AVRILLON | Angeline | SF | 506 | 01:06:37 | 01:03:46 | 3115 | Noyers-Bocage |
| 3040 | MENETRIER | Sandrine | VF1 | 331 | 01:06:38 | 01:02:21 | 2925 | Demouville |
| 3041 | LEPILLEUR | Claude | VH2 | 302 | 01:06:39 | 01:03:28 | 3078 | Villers-Bocage |
| 3042 | LEDUC | Benedicte | SF | 507 | 01:06:39 | 01:02:01 | 2876 | Caen |
| 3043 | LISCH | Armand | EH | 63 | 01:06:39 | 01:02:11 | 2905 | Caen |
| 3044 | CAUSIER | Eric | VH1 | 584 | 01:06:39 | 01:01:01 | 2731 | Fierville-Bray |
| 3045 | DESVAGES | Evelyne | VF2 | 148 | 01:06:41 | 01:03:01 | 3024 | LOUVIGNY |
| 3046 | RUPPERT | Lauriane | EF | 39 | 01:06:41 | 01:02:40 | 2975 | Caen |
| 3047 | MOUCHEL | Gaetan | SH | 774 | 01:06:41 | 01:02:59 | 3022 | LOUVIGNY |
| 3048 | SAIDOU | Christele | VF1 | 332 | 01:06:43 | 01:02:31 | 2953 | Bayeux |
| 3049 | HOUGUET | Elodie | SF | 508 | 01:06:44 | 01:03:26 | 3072 | Caen |
| 3050 | BREAUTE | Berengere | SF | 509 | 01:06:44 | 01:03:46 | 3118 | Riva courir |

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| 3051 | VOISIN | Joachim | VH1 | 586 | 01:06:45 | 01:05:10 | 3343 | PARIS 12 |
| 3052 | FERRARI | Magali | VF1 | 333 | 01:06:45 | 01:04:11 | 3182 | Villers-Carivet |
| 3053 | VALIGNAT | Celine | SF | 510 | 01:06:45 | 01:02:54 | 3009 | Bieville-Beuville |
| 3054 | BARBOUX | Francois | VH1 | 585 | 01:06:45 | 01:03:11 | 3044 | Cambes-en-Plaine |
| 3055 | COURS-MACH | Laure | SF | 511 | 01:06:46 | 01:05:08 | 3335 | CAEN |
| 3056 | POCHON | Cecile | VF1 | 334 | 01:06:46 | 01:05:07 | 3329 | CAEN |
| 3057 | PEPIN | Nicolas | VH1 | 587 | 01:06:46 | 01:03:12 | 3045 | Clinchamps-sur-Orne |
| 3058 | MEUBRY | Gilles | VH1 | 588 | 01:06:46 | 01:01:33 | 2812 | Verson |
| 3059 | BARBOUX | Clara | VF1 | 335 | 01:06:46 | 01:03:14 | 3049 | Cambes-en-Plaine |
| 3060 | FRILAY | Eve | VF1 | 336 | 01:06:47 | 01:02:33 | 2959 | Authie |
| 3061 | BARBIER | Michel | SH | 775 | 01:06:48 | 01:05:45 | 3412 | Feuguerolles-Bully |
| 3062 | GERBAUD | Bertrand | VH2 | 303 | 01:06:48 | 01:03:22 | 3067 | Sully |
| 3063 | PICOT | Jessica | SF | 512 | 01:06:48 | 01:02:53 | 3000 | courir pour les trisomiques |
| 3064 | AUGIER | Isabelle | VF1 | 337 | 01:06:48 | 01:03:21 | 3065 | Giberville |
| 3065 | CORMIER | Guillaume | VH2 | 304 | 01:06:49 | 01:03:45 | 3111 | CAEN |
| 3066 | MENTION | Juliette | SF | 513 | 01:06:49 | 01:05:05 | 3325 | Creully-sur-seulles |
| 3067 | CHAUCHIS ARDAENS | Maryline | VF1 | 338 | 01:06:49 | 01:03:05 | 3031 | Cornelles-le-Royal |
| 3068 | BERTRAND | Corentin | SH | 776 | 01:06:50 | 01:05:05 | 3324 | CAEN |
| 3069 | MASBONCON | Fabien | VH1 | 589 | 01:06:50 | 01:03:51 | 3126 | Riva Courir |
| 3070 | NEIL | William | VH1 | 590 | 01:06:50 | 01:01:54 | 2865 | Fontenay-le-Marmion |
| 3071 | FOUET | Elise | VF2 | 149 | 01:06:50 | 01:05:06 | 3328 | RIVA COURIR |
| 3072 | AUBERT | Corinne | VF1 | 339 | 01:06:50 | 01:02:36 | 2964 | Caen |
| 3073 | BUNEL | Myriam | SF | 514 | 01:06:50 | 01:01:54 | 2864 | La Caine |
| 3074 | LEMAISTRE | Samuel | SH | 777 | 01:06:52 | 01:05:07 | 3331 | CAEN |
| 3075 | LEMARIE | Stephanie | VF1 | 340 | 01:06:52 | 01:03:59 | 3147 | Thaon |
| 3076 | JEAN | Dorothee | SF | 515 | 01:06:52 | 01:02:21 | 2926 | Colleville-Montgomery |
| 3077 | MENARD | Fabienne | VF1 | 341 | 01:06:54 | 01:03:58 | 3142 | Mortagne-au-Perche |
| 3078 | POULET | Philippe | VH2 | 305 | 01:06:54 | 01:03:20 | 3064 | Ils |
| 3079 | GELINAT | Sebastien | VH1 | 591 | 01:06:54 | 01:03:58 | 3141 | REMALARD-EN-PERCHE |
| 3080 | VERGIN | Pauline | SF | 516 | 01:06:54 | 01:02:46 | 2990 | Caen |
| 3081 | ZELAZKO | David | VH1 | 592 | 01:06:55 | 01:03:06 | 3033 | Saint-Nicolas |
| 3082 | MARTRE | Nicolas | SH | 778 | 01:06:55 | 01:02:46 | 2989 | La Graverie |
| 3083 | BENEDEK | Gilles | VH3 | 111 | 01:06:55 | 01:06:55 | 3580 | Argol |
| 3084 | LE MAROIS | Stephanie | SF | 517 | 01:06:55 | 01:02:31 | 2951 | Saint-Sylvain |
| 3085 | MONDUC | Mathieu | SH | 779 | 01:06:56 | 01:01:59 | 2873 | Bretteville-sur-Odon |
| 3086 | DUPONT | Pauline | SF | 518 | 01:06:56 | 01:02:54 | 3006 | Percy |
| 3087 | VATEL | Sophie | SF | 519 | 01:06:56 | 01:03:41 | 3099 | Bayeux |
| 3088 | PHILIPPART | Catherine | VF3 | 35 | 01:06:56 | 01:03:54 | 3131 | Luc sur mer |
| 3089 | FRESSARD | Aurelie | SF | 520 | 01:06:56 | 01:05:01 | 3307 | Mery-Corbon |
| 3090 | MASSET | Aurelie | SF | 521 | 01:06:57 | 01:02:54 | 3007 | Villedieu-les-Poeles |
| 3091 | BELFATMI | Sophie | VF1 | 342 | 01:06:57 | 01:02:42 | 2984 | Authie |
| 3092 | LELAIDIER | Laure | VF1 | 343 | 01:06:57 | 01:02:40 | 2972 | Demouville |
| 3093 | LELAIDIER | Bruno | VH1 | 593 | 01:06:58 | 01:02:39 | 2970 | Demouville |
| 3094 | BERNARD | Mathis | JH | 49 | 01:06:58 | 01:02:49 | 2996 | Pont-l'Eveque |
| 3095 | COSSE | Sandra | VF1 | 344 | 01:06:58 | 01:04:18 | 3201 | Saint-Nicolas-d'Aliermont |

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| 3096 | BERANGER | Marie | SF | 522 | 01:06:59 | 01:02:39 | 2968 | Caen |
| 3097 | TANQUEREL | Chloe | EF | 40 | 01:06:59 | 01:02:39 | 2969 | Caen |
| 3098 | MAERTENS | Denis | VH2 | 306 | 01:06:59 | 01:02:42 | 2982 | Houlgate |
| 3099 | BERNARD | Helene | SF | 523 | 01:07:00 | 01:03:38 | 3093 | Caen |
| 3100 | BRIONE | Gregory | SH | 780 | 01:07:01 | 01:02:05 | 2891 | Demouville |
| 3101 | LEBORGNE | Brigitte | VF2 | 150 | 01:07:01 | 01:03:25 | 3071 | Frenouville |
| 3102 | LEPREVOST | Sophie | SF | 524 | 01:07:01 | 01:03:54 | 3133 | Cuverville |
| 3103 | HAGHEBAERT | Olympe | SF | 525 | 01:07:01 | 01:03:46 | 3116 | Conde-sur-Iffs |
| 3104 | AUZOUX | Mathilde | EF | 41 | 01:07:01 | 01:02:17 | 2918 | Surville |
| 3105 | BELIN HUARD | Sophie | VF1 | 345 | 01:07:02 | 01:04:13 | 3189 | caen |
| 3106 | GOULEY | Valerie | VF1 | 346 | 01:07:02 | 01:03:14 | 3047 | Audrieu |
| 3107 | COUGNARD | Cecile | VF1 | 347 | 01:07:02 | 01:02:40 | 2976 | Saint-Martin-de-Fontenay |
| 3108 | GOULEY | Florent | VH1 | 594 | 01:07:02 | 01:03:15 | 3052 | Audrieu |
| 3109 | BREHIN | Isabelle | SF | 526 | 01:07:03 | 01:02:59 | 3023 | Sevrai |
| 3110 | LOUAZE | Sandrine | VF1 | 348 | 01:07:03 | 01:03:15 | 3051 | Creully |
| 3111 | MARTINACHE | Karine | VF1 | 349 | 01:07:03 | 01:02:36 | 2966 | Camembert |
| 3112 | AMELINE | Remi | VH2 | 307 | 01:07:05 | 01:03:40 | 3097 | Cagny |
| 3113 | AMELINE | Francine | VF2 | 151 | 01:07:05 | 01:03:41 | 3101 | Cagny |
| 3114 | VIGNERON | Florence | SF | 527 | 01:07:05 | 01:03:46 | 3114 | Douvres-la-Delivrande |
| 3115 | PIQUOT | Alexis | SH | 781 | 01:07:05 | 01:02:08 | 2901 | Caen |
| 3116 | CISSE | Bala | CH | 57 | 01:07:08 | 01:01:47 | 2844 | Caen |
| 3117 | DUREL | Stephane | VH1 | 595 | 01:07:08 | 01:02:34 | 2960 | Greville-Hague |
| 3118 | LORRET | Nicole | VF3 | 36 | 01:07:08 | 01:03:47 | 3121 | Cairon |
| 3119 | DUVAL | Karine | VF1 | 350 | 01:07:09 | 01:02:35 | 2963 | Greville-Hague |
| 3120 | KEGET | Caroline | SF | 528 | 01:07:09 | 01:03:57 | 3137 | US MERY SUR OISE |
| 3121 | VAGAO | Christiane | VF3 | 37 | 01:07:10 | 01:03:58 | 3145 | US MERY SUR OISE |
| 3122 | JEAN-BAPTISTE | Frederic | VH1 | 596 | 01:07:12 | 01:05:45 | 3409 | Cormelles-le-Royal |
| 3123 | BETH | Sebastien | VH1 | 597 | 01:07:13 | 01:05:51 | 3425 | CAEN |
| 3124 | SIMON | Helene | VF1 | 351 | 01:07:15 | 01:04:17 | 3198 | Villons-les-Buissons |
| 3125 | MARIAGE | Serge | VH3 | 112 | 01:07:16 | 01:03:58 | 3140 | Mondeville |
| 3126 | LECOINTRE | Nathalie | VF1 | 352 | 01:07:17 | 01:04:52 | 3283 | Fleury-sur-Orne |
| 3127 | POSTAIRE | Segolene | SF | 529 | 01:07:17 | 01:03:38 | 3092 | Demouville |
| 3128 | GIGON | Maryvonne | VF3 | 38 | 01:07:17 | 01:04:30 | 3224 | Banville |
| 3129 | CRESPIN | Isabelle | VF2 | 152 | 01:07:19 | 01:03:46 | 3119 | IFS |
| 3130 | SENECHAL | Lysiane | VF1 | 353 | 01:07:20 | 01:02:59 | 3018 | Bellou-en-Houlme |
| 3131 | LEPORTIER | Nathalie | VF1 | 354 | 01:07:20 | 01:02:59 | 3020 | Briouze |
| 3132 | ENAUULT | Christian | VH3 | 113 | 01:07:21 | 01:05:02 | 3311 | L' Oudon |
| 3133 | PROFIT | Frederique | VF1 | 355 | 01:07:21 | 01:05:02 | 3315 | Glos |
| 3134 | BRIERE | Remi | SH | 782 | 01:07:22 | 01:03:17 | 3059 | Le Bourg-Saint-Leonard |
| 3135 | ROUVRES | Elise | SF | 530 | 01:07:23 | 01:03:14 | 3048 | Saint-Pierre-du-Bu |
| 3136 | PFOHL | Alain | VH3 | 114 | 01:07:23 | 01:02:01 | 2879 | Bieville-Beuville |
| 3137 | MARIE | Sophie | VF2 | 153 | 01:07:23 | 01:05:42 | 3402 | Caen |
| 3138 | HEUZE | Valerie | VF2 | 154 | 01:07:25 | 01:05:10 | 3342 | Periers-en-Auge |
| 3139 | EVAIN | Gaelle | SF | 531 | 01:07:25 | 01:03:45 | 3112 | Giberville |
| 3140 | NOEL | Clemence | SF | 532 | 01:07:25 | 01:03:55 | 3134 | Cormelles-le-Royal |

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| 3141 | GUILLOUX | Angelique | SF | 533 | 01:07:25 | 01:05:10 | 3344 | Deville-les-Rouen |
| 3142 | GAUTIER | Nadine | VF2 | 155 | 01:07:28 | 01:03:32 | 3084 | CAEN |
| 3143 | ERARD | Melanie | SF | 534 | 01:07:28 | 01:03:10 | 3042 | Fresney-le-Vieux |
| 3144 | GEORGEL | Angelique | SF | 535 | 01:07:28 | 01:04:04 | 3163 | Herouville |
| 3145 | LEBOUTEILLER | Nadege | VF1 | 356 | 01:07:28 | 01:05:31 | 3380 | Le Beny-Bocage |
| 3146 | LAVIEILLE | Sandra | VF1 | 357 | 01:07:28 | 01:04:04 | 3165 | Boulogne-Billancourt |
| 3147 | QUESNE | Veronique | VF2 | 156 | 01:07:29 | 01:04:09 | 3177 | EST troarn |
| 3148 | PREZIOSO | Elisabeth | VF1 | 358 | 01:07:30 | 01:01:52 | 2860 | Le Chesnay |
| 3149 | FAUDEMÉR | Marie-laure | VF2 | 157 | 01:07:30 | 01:03:48 | 3122 | carpiquet |
| 3150 | GUIBOUX | Bastien | JH | 50 | 01:07:30 | 01:04:23 | 3211 | Demouville |
| 3151 | COURTEILLE | Isabelle | VF2 | 158 | 01:07:31 | 01:03:45 | 3113 | SAINT GERMAIN DE TALLEVENDE |
| 3152 | FLAMBARD LEROY | Anne | VF1 | 359 | 01:07:31 | 01:03:19 | 3062 | Valframbert |
| 3153 | LASVALADAS | Rachel | VF1 | 360 | 01:07:31 | 01:03:20 | 3063 | Cuerville |
| 3154 | HUARD | Charlotte | SF | 536 | 01:07:35 | 01:04:30 | 3225 | lfs |
| 3155 | RICARD | Alice | SF | 537 | 01:07:36 | 01:04:08 | 3172 | Caen |
| 3156 | JOUANNET | Laurent | VH1 | 598 | 01:07:37 | 01:02:59 | 3019 | mery sur oise |
| 3157 | VAUGEOIS | Anais | SF | 538 | 01:07:37 | 01:04:09 | 3176 | CAEN |
| 3158 | ROSE | Melanie | JF | 27 | 01:07:37 | 01:06:22 | 3501 | Cormelles-le-Royal |
| 3159 | DAN | Claire | VF1 | 361 | 01:07:38 | 01:02:58 | 3017 | Cairon |
| 3160 | HUARD | Francois | VH2 | 308 | 01:07:39 | 01:04:32 | 3231 | lfs |
| 3161 | LEFEVRE | Thierry | VH2 | 309 | 01:07:40 | 01:04:29 | 3223 | CAEN |
| 3162 | GILLET | Sandrine | VF1 | 362 | 01:07:40 | 01:04:16 | 3195 | Tourville-sur-Odon |
| 3163 | MOITIE | Catherine | VF2 | 159 | 01:07:41 | 01:04:48 | 3272 | Troarn |
| 3164 | LAMY | Lionnel | VH1 | 599 | 01:07:41 | 01:07:41 | 3670 | CENON |
| 3165 | LEROYER | Julie | EF | 42 | 01:07:42 | 01:04:11 | 3181 | Demouville |
| 3166 | FOSSE | Thierry | VH2 | 310 | 01:07:43 | 01:04:02 | 3159 | GIBERVILLE |
| 3167 | GOMOND | Florent | VH1 | 600 | 01:07:44 | 01:02:28 | 2941 | Audrieu |
| 3168 | MARTEL | Laurent | VH1 | 601 | 01:07:44 | 01:03:07 | 3037 | Saint-Martin-de-Mailloc |
| 3169 | QUITTE | Nathalie | VF1 | 363 | 01:07:45 | 01:06:00 | 3444 | Saint-Martin-de-Fontenay |
| 3170 | GANTOIS | Philippe | VH3 | 115 | 01:07:45 | 01:03:34 | 3088 | Cormeilles en Parisis |
| 3171 | ROSE | Maryse | VF2 | 160 | 01:07:45 | 01:05:24 | 3369 | CAC |
| 3172 | BENOIST MORTIER | Anne | VF1 | 364 | 01:07:45 | 01:06:01 | 3447 | Saint-Martin-de-Fontenay |
| 3173 | BUHLER | Jean | VH3 | 116 | 01:07:46 | 01:04:14 | 3190 | BLAINVILLE SUR ORNE |
| 3174 | OUMANETZ | Lucie | SF | 539 | 01:07:46 | 01:03:52 | 3130 | Caen |
| 3175 | DESSOLIERS | Armel | VF1 | 365 | 01:07:47 | 01:04:15 | 3193 | Rocquancourt |
| 3176 | ARDOUIN | Pierre | SH | 783 | 01:07:48 | 01:04:07 | 3171 | Caen |
| 3177 | ARDOUIN | Claire-marie | SF | 540 | 01:07:48 | 01:04:07 | 3170 | Caen |
| 3178 | DARTOIS | Mickael | VH1 | 602 | 01:07:49 | 01:04:04 | 3166 | Caen |
| 3179 | ZANETTI | Adrien | SH | 784 | 01:07:50 | 01:05:09 | 3336 | Giberville |
| 3180 | ALLAIN | Isabelle | VF1 | 366 | 01:07:50 | 01:05:08 | 3333 | Lingevres |
| 3181 | ZANETTI | Dominique | VF2 | 161 | 01:07:50 | 01:05:09 | 3340 | Giberville |
| 3182 | ROUSSELET | Laurent | VH2 | 311 | 01:07:50 | 01:02:54 | 3004 | OUISTREHAM |
| 3183 | AMAURY | Alexandra | SF | 541 | 01:07:51 | 01:04:45 | 3264 | Moult |
| 3184 | FREHEL | Aurelien | SH | 785 | 01:07:51 | 01:04:41 | 3255 | Saint-Georges-des-Groseillers |
| 3185 | GUIBON | Vanessa | SF | 542 | 01:07:51 | 01:04:30 | 3227 | Herouville-Saint-Clair |

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| 3186 | LECLERC | Celine | VF1 | 367 | 01:07:52 | 01:04:05 | 3167 | Bonnemaison |
| 3187 | MOUCHEL | Ludovic | VH1 | 603 | 01:07:53 | 01:03:59 | 3146 | Sannerville |
| 3188 | DELIGNIERES | Adeline | SF | 543 | 01:07:53 | 01:05:53 | 3431 | Flers |
| 3189 | ENCINAS | Bruno | VH1 | 604 | 01:07:53 | 01:04:35 | 3237 | Saint Martin de Fontenay |
| 3190 | LAUNAY | Amelie | SF | 544 | 01:07:54 | 01:05:54 | 3434 | Flers |
| 3191 | MONSALLIER | Marie | VF1 | 368 | 01:07:54 | 01:04:53 | 3284 | Cambes-en-Plaine |
| 3192 | VASLOT | Marielle | VF2 | 162 | 01:07:55 | 01:03:44 | 3110 | Maizet |
| 3193 | LOISEL | Nathan | EH | 64 | 01:07:55 | 01:05:18 | 3359 | Baron-sur-Odon |
| 3194 | CHARROUX | Maryse | VF2 | 163 | 01:07:56 | 01:04:14 | 3191 | May-sur-Orne |
| 3195 | FAUVEL | Magali | VF1 | 369 | 01:07:56 | 01:03:43 | 3106 | OUISTREHAM |
| 3196 | BENGUIGUI | Nicolas | VH1 | 605 | 01:07:56 | 01:03:43 | 3107 | BLAINVILLE SUR ORNE |
| 3197 | THIERRY | Sandrine | VF1 | 370 | 01:07:56 | 01:04:41 | 3256 | Ver-sur-Mer |
| 3198 | LUBERT | Angelique | SF | 545 | 01:07:57 | 01:04:30 | 3226 | MONDEVILLE |
| 3199 | DAVID | Eric | VH2 | 312 | 01:07:58 | 01:04:17 | 3200 | VILLIERS FOSSARD |
| 3200 | PASQUIER | Laurence | SF | 546 | 01:07:58 | 01:04:34 | 3235 | Crevecoeur-en-Auge |
| 3201 | PASQUIER | Sylvain | VH1 | 606 | 01:07:58 | 01:04:34 | 3234 | CEVECOEUR EN AUGUE |
| 3202 | CAILLETEAU | Sandra | VF1 | 371 | 01:07:58 | 01:04:30 | 3229 | BLAINVILLE SUR ORNE |
| 3203 | LEBRUN | Edouard | SH | 786 | 01:08:00 | 01:07:23 | 3639 | Pont-l'Eveque |
| 3204 | WATHELET | Jean-marc | VH3 | 117 | 01:08:01 | 01:03:17 | 3058 | Nalinnes |
| 3205 | FONTAINE | Estelle | JF | 28 | 01:08:01 | 01:02:53 | 3001 | Maulde |
| 3206 | RONDEAU | Carine | VF1 | 372 | 01:08:02 | 01:04:13 | 3186 | Le Mesnil-Adelee |
| 3207 | MATHERN | Jean-jacques | VH3 | 118 | 01:08:02 | 01:04:13 | 3185 | Hermanville-sur-Mer |
| 3208 | BECHADE | Amandine | SF | 547 | 01:08:03 | 01:04:00 | 3151 | Eterville |
| 3209 | FORTIER | Francoise | VF1 | 373 | 01:08:04 | 01:05:42 | 3400 | Saint-Germain-la-Blanche-Herbe |
| 3210 | FORTIER | Christophe | VH2 | 313 | 01:08:04 | 01:05:43 | 3405 | Saint-Germain-la-Blanche-Herbe |
| 3211 | CHAUVAT | Caroline | SF | 548 | 01:08:04 | 01:04:55 | 3293 | Caen |
| 3212 | ARREGUI | Patrick | VH3 | 119 | 01:08:04 | 01:03:47 | 3120 | Benouville |
| 3213 | LEROUILLY | Maxime | SH | 787 | 01:08:05 | 01:05:15 | 3351 | Argences |
| 3214 | TYPHAIGNE | Carine | VF1 | 374 | 01:08:06 | 01:05:12 | 3346 | Cauvicourt |
| 3215 | TYPHAIGNE | Laurent | VH1 | 607 | 01:08:07 | 01:05:12 | 3347 | Cauvicourt |
| 3216 | ZIMMERMANN | Anais | CF | 12 | 01:08:07 | 01:06:26 | 3516 | Saint-Martin-de-Fontenay |
| 3217 | POUZIUX | Izabelle | VF1 | 375 | 01:08:08 | 01:03:40 | 3094 | COMBS LA VILLE |
| 3218 | ZIMMERMANN | Philippe | VH2 | 314 | 01:08:08 | 01:06:26 | 3517 | Saint-Martin-de-Fontenay |
| 3219 | BOUCHET | Charlotte | SF | 549 | 01:08:09 | 01:05:08 | 3334 | Saint-Julien-l'Ars |
| 3220 | DEBOSQUE | Paul-alexis | CH | 58 | 01:08:10 | 01:04:54 | 3288 | Putot-en-Auge |
| 3221 | CARDONNEL | Christine | VF2 | 164 | 01:08:10 | 01:04:00 | 3154 | Herouville-Saint-Clair |
| 3222 | LEPLEY | Julia | SF | 550 | 01:08:10 | 01:04:30 | 3228 | Fontenay-le-Marmion |
| 3223 | PLANTIER | Mathilde | VF1 | 376 | 01:08:10 | 01:04:58 | 3297 | Saint Aubin sur Mer |
| 3224 | DEBOSQUE | Max | VH1 | 608 | 01:08:10 | 01:04:55 | 3291 | Putot-en-Auge |
| 3225 | FREDERIQUE | Bruel | VF2 | 165 | 01:08:11 | 01:04:21 | 3204 | Bayeux |
| 3226 | KERZREHO | Loic | VH1 | 609 | 01:08:12 | 01:04:24 | 3212 | Villy-Bocage |
| 3227 | BESNARD | Lise-marie | SF | 551 | 01:08:12 | 01:05:02 | 3314 | Sourdeval |
| 3228 | PROVOST | Alain | VH3 | 120 | 01:08:12 | 01:03:52 | 3129 | Anisy |
| 3229 | FLEURY | Hubert | SH | 788 | 01:08:12 | 01:03:36 | 3091 | Caen |
| 3230 | BAGLIN | Damien | SH | 789 | 01:08:14 | 01:03:12 | 3046 | Argentan |

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| 3231 | LOUET | Marie | SF | 552 | 01:08:15 | 01:03:24 | 3070 | Herouville-Saint-Clair |
| 3232 | LE CORRE | Herve | VH2 | 315 | 01:08:15 | 01:02:57 | 3016 | Eterville |
| 3233 | COLETTE | Karine | VF1 | 377 | 01:08:16 | 01:04:00 | 3153 | Authie |
| 3234 | LERICOLLAIS | Laetitia | SF | 553 | 01:08:16 | 01:05:38 | 3390 | Tourville-sur-Odon |
| 3235 | LERICOLLAIS | Romain | SH | 790 | 01:08:16 | 01:05:38 | 3391 | Tourville-sur-Odon |
| 3236 | FREMANGER | Marie | SF | 554 | 01:08:16 | 01:04:49 | 3274 | Mezidon-Canon |
| 3237 | MENON FADA | Emmanuelle | VF1 | 378 | 01:08:17 | 01:04:01 | 3156 | Authie |
| 3238 | OLIVE | Estelle | SF | 555 | 01:08:17 | 01:05:31 | 3378 | Boulon |
| 3239 | JEANNE | Edwige | VF1 | 380 | 01:08:18 | 01:04:32 | 3232 | RIVA COURIR |
| 3240 | LAVOLLE | Pascal | VH1 | 610 | 01:08:18 | 01:07:34 | 3660 | Sainte-Honorine-la-Chardonne |
| 3241 | LECROISEY | Aline | SF | 556 | 01:08:18 | 01:02:40 | 2973 | CAEN |
| 3242 | LEMESLE | Stephanie | VF1 | 379 | 01:08:18 | 01:04:39 | 3248 | Giberville |
| 3243 | GUILLEMETTE | Yann | VH1 | 611 | 01:08:19 | 01:04:29 | 3220 | trouville sur mer |
| 3244 | DANJOU | Yannick | VH2 | 316 | 01:08:19 | 01:04:42 | 3259 | Villers-Bocage |
| 3245 | VALERY | Sylvie | VF1 | 381 | 01:08:20 | 01:03:27 | 3075 | Cairon |
| 3246 | DOLLE | Claire | VF1 | 382 | 01:08:20 | 01:04:05 | 3168 | Authie |
| 3247 | WAGENBRENNER | Walter | VH2 | 317 | 01:08:21 | 01:05:29 | 3374 | Tamm |
| 3248 | MARTIN SASSIER | Isabelle | VF1 | 383 | 01:08:22 | 01:07:11 | 3619 | Verson |
| 3249 | RIOU | Audrey | SF | 557 | 01:08:22 | 01:03:33 | 3087 | PONT L'EVEQUE |
| 3250 | LECLER | Stephanie | VF1 | 384 | 01:08:22 | 01:04:37 | 3245 | RIVA COURIR |
| 3251 | LEGRIX | Sylvie | VF2 | 166 | 01:08:23 | 01:04:53 | 3286 | Saint-Andre-sur-Orne |
| 3252 | MILCENT HEBERT | Laurence | VF1 | 385 | 01:08:23 | 01:03:26 | 3073 | Cesny-Bois-Halbout |
| 3253 | MARTIN | Celine | VF1 | 386 | 01:08:24 | 01:03:09 | 3041 | Giberville |
| 3254 | DEROUET | Aurelie | SF | 558 | 01:08:25 | 01:03:56 | 3135 | Amblie |
| 3255 | BLANCHEMAIN | Thomas | SH | 791 | 01:08:25 | 01:03:05 | 3030 | Caen |
| 3256 | DESLONDES | Julie | VF1 | 387 | 01:08:26 | 01:04:43 | 3261 | Anguerny |
| 3257 | RODALLEC | Marie | SF | 559 | 01:08:27 | 01:04:42 | 3260 | L' Hermitage |
| 3258 | ASSIMON | Bertille | JF | 29 | 01:08:27 | 01:02:59 | 3021 | Fontenay-le-Marmion |
| 3259 | BUOT | Camille | CF | 13 | 01:08:28 | 01:05:02 | 3313 | Saint-Manvieu-Norrey |
| 3260 | PAINS | Aurelie | SF | 560 | 01:08:28 | 01:05:04 | 3320 | Fresney-le-Puceux |
| 3261 | LEVALLOIS | Pascale | VF2 | 167 | 01:08:28 | 01:06:10 | 3472 | Frenouville |
| 3262 | LEREBOURG | Jerome | VH1 | 612 | 01:08:28 | 01:05:04 | 3319 | Fresney-le-Puceux |
| 3263 | PATEREK | Thomas | SH | 792 | 01:08:29 | 01:05:52 | 3429 | Basly |
| 3264 | GERVAIS | Jean baptiste | SH | 793 | 01:08:29 | 01:05:02 | 3312 | Mezidon-Canon |
| 3265 | DUHAMEL | Alain | VH2 | 318 | 01:08:29 | 01:05:50 | 3422 | Falaise |
| 3266 | LAFORGE | Aurelien | SH | 794 | 01:08:30 | 01:04:41 | 3258 | mondeville |
| 3267 | GERVAIS | Sylvaine | VF2 | 168 | 01:08:31 | 01:05:05 | 3322 | Noron-l'Abbaye |
| 3268 | PAGNIER | Amelie | EF | 43 | 01:08:31 | 01:07:20 | 3633 | lfs |
| 3269 | COMAS | Michel | VH2 | 319 | 01:08:31 | 01:04:27 | 3216 | Mennecy |
| 3270 | MARIE | Arnaud | SH | 795 | 01:08:31 | 01:06:29 | 3521 | Ellon |
| 3271 | STUM | Jessi | VF1 | 388 | 01:08:31 | 01:03:54 | 3132 | Saint-Desir |
| 3272 | SECHAUD | Paul | VH1 | 613 | 01:08:31 | 01:04:13 | 3187 | Clinchamps-sur-Orne |
| 3273 | LECOQ | Severine | SF | 561 | 01:08:32 | 01:04:00 | 3150 | Rumesnil |
| 3274 | LEBRASSEUR | Sophie | VF1 | 389 | 01:08:33 | 01:04:00 | 3152 | Saint-Philbert-des-Champs |
| 3275 | CHENEL | Virginie | VF1 | 390 | 01:08:33 | 01:04:39 | 3250 | Saint-Benoit-des-Ondes |

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| 3276 | CELINE | Dubost | SF | 562 | 01:08:33 | 01:04:18 | 3202 | caen |
| 3277 | MALHERBE | Pauline | SF | 563 | 01:08:33 | 01:04:28 | 3218 | CAEN |
| 3278 | KOVAC | Philippe | VH3 | 121 | 01:08:34 | 01:05:17 | 3356 | Saint-Contest |
| 3279 | MADEIRA | Vanessa | SF | 564 | 01:08:34 | 01:04:41 | 3257 | Caen |
| 3280 | LEPROVOST | Monique | VF2 | 169 | 01:08:35 | 01:05:09 | 3341 | Anguerny |
| 3281 | BAZIN | Jacky | VH3 | 122 | 01:08:37 | 01:07:25 | 3641 | FENOUVILLE |
| 3282 | DESMONTS | Sandra | VF1 | 391 | 01:08:37 | 01:05:12 | 3348 | La Lande-Patry |
| 3283 | FALER | Corine | VF2 | 170 | 01:08:38 | 01:05:00 | 3304 | Flers |
| 3284 | GOURAND | Fabienne | VF2 | 171 | 01:08:38 | 01:06:17 | 3493 | Caen Athletic Club |
| 3285 | FORGET | Florence | VF1 | 392 | 01:08:38 | 01:04:26 | 3215 | Lisieux |
| 3286 | LENEVEU | Matthieu | SH | 796 | 01:08:38 | 01:04:33 | 3233 | Lisieux |
| 3287 | CORBIN | Celine | VF1 | 393 | 01:08:39 | 01:04:26 | 3214 | Moult |
| 3288 | LIOT | Jean pierre | VH3 | 123 | 01:08:39 | 01:04:08 | 3175 | LE FRESNE CAMILLY |
| 3289 | RABY | Maxence | EH | 65 | 01:08:39 | 01:04:53 | 3285 | Caen |
| 3290 | VIVIER | Florence | VF1 | 394 | 01:08:39 | 01:06:18 | 3496 | ESLR |
| 3291 | LEVALLOIS | Laetitia | VF1 | 395 | 01:08:39 | 01:03:29 | 3080 | Thury-Harcourt |
| 3292 | COUEFFE | Sophie | VF1 | 396 | 01:08:41 | 01:04:52 | 3276 | Barbery |
| 3293 | COUEFFE | Sylvain | VH1 | 614 | 01:08:41 | 01:04:50 | 3275 | Barbery |
| 3294 | JABURY | Natasha | SF | 565 | 01:08:43 | 01:04:03 | 3161 | Nantes |
| 3295 | DENIS | Manon | SF | 566 | 01:08:44 | 01:04:38 | 3246 | Val-des-Marais |
| 3296 | LECAMUS | Agnes | VF1 | 397 | 01:08:45 | 01:06:27 | 3520 | Bernieres sur mer |
| 3297 | NEHOUE | Constance | SF | 567 | 01:08:46 | 01:04:25 | 3213 | Fleury-sur-Orne |
| 3298 | DUVEY | Severine | VF1 | 398 | 01:08:47 | 01:04:11 | 3178 | May-sur-Orne |
| 3299 | KOZERA | Morgane | SF | 568 | 01:08:48 | 01:04:12 | 3183 | Saint-Andre-sur-Orne |
| 3300 | BRION | Lucie | SF | 569 | 01:08:48 | 01:06:10 | 3470 | Colleville-Montgomery |
| 3301 | LEPOURRY | Claudie | SF | 570 | 01:08:49 | 01:05:38 | 3389 | Carentan |
| 3302 | PILLOT | Celine | VF1 | 399 | 01:08:49 | 01:04:01 | 3155 | Cesny-aux-Vignes |
| 3303 | DEGREDEL | Aurore | SF | 571 | 01:08:51 | 01:04:40 | 3251 | CAEN |
| 3304 | HARY | Tiphaine | SF | 572 | 01:08:52 | 01:03:32 | 3086 | Caen |
| 3305 | COTTEBRUNE | Florian | SH | 797 | 01:08:52 | 01:05:37 | 3387 | Cornelles-le-Royal |
| 3306 | LECALVEZ | Perine | SF | 573 | 01:08:54 | 01:06:00 | 3445 | Saint-Herblain |
| 3307 | RICHARD | Anne sophie | SF | 574 | 01:08:54 | 01:06:00 | 3443 | Anguerny |
| 3308 | MARY | Nadine | SF | 575 | 01:08:54 | 01:05:30 | 3377 | Le Reculey |
| 3309 | NICOLAS | Blandine | SF | 576 | 01:08:55 | 01:06:32 | 3533 | Caen |
| 3310 | LEJEUNE | Florence | VF2 | 172 | 01:08:56 | 01:08:56 | 3832 | NANTES |
| 3311 | BLIN | Alexandre | SH | 798 | 01:08:56 | 01:03:17 | 3057 | Ouistreham |
| 3312 | BOUGIE | Jeanne | SF | 577 | 01:08:56 | 01:05:48 | 3416 | Rennes |
| 3313 | BREUT | Isabelle | VF1 | 400 | 01:08:57 | 01:06:18 | 3495 | Bieville-Beuville |
| 3314 | MICHEL | Claire | SF | 578 | 01:08:57 | 01:05:49 | 3420 | Bazoche-sur-Hoene |
| 3315 | DAUGEARD | Valerie | VF2 | 173 | 01:08:58 | 01:05:48 | 3417 | Subles |
| 3316 | ARABDIOUI | Yasmina | VF2 | 174 | 01:08:59 | 01:05:36 | 3385 | CAEN |
| 3317 | BERTHEAU | Joris | SH | 799 | 01:09:02 | 01:03:41 | 3100 | Saint-Hilaire-les-Andresis |
| 3318 | LOLLIVIER | Thierry | VH2 | 320 | 01:09:03 | 01:05:59 | 3442 | Bellengreville |
| 3319 | MARAIS | Yohan | SH | 800 | 01:09:03 | 01:03:42 | 3102 | Fontaine-Etoupefour |
| 3320 | ANTUNES | Celine | SF | 579 | 01:09:03 | 01:03:57 | 3136 | HEROUVILLE SAINT CLAIR |

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| 3321 | NORMAND | Claire | SF | 580 | 01:09:03 | 01:06:04 | 3458 | Donnay |
| 3322 | GARNIER-DURAND | Julien | SH | 801 | 01:09:03 | 01:03:58 | 3138 | Clinchamps-sur-Orne |
| 3323 | FERET | Anais | SF | 581 | 01:09:04 | 01:05:24 | 3368 | Chateau-Thierry |
| 3324 | LEPAISANT | Bastien | SH | 802 | 01:09:06 | 01:05:42 | 3404 | Digosville |
| 3325 | PREMPAIN | Ingrid | SF | 582 | 01:09:06 | 01:06:40 | 3556 | Caen |
| 3326 | VIALON | Serge | VH2 | 321 | 01:09:06 | 01:04:29 | 3222 | Lisieux |
| 3327 | FOUCHER | Cecile | SF | 583 | 01:09:07 | 01:06:37 | 3544 | Villers-Bocage |
| 3328 | PILARD | Aurelie | SF | 584 | 01:09:07 | 01:05:59 | 3440 | Bourg-des-Comptes |
| 3329 | BEAURUEL | Philippe | VH2 | 322 | 01:09:08 | 01:04:13 | 3188 | Mathieu |
| 3330 | GIRAUD | Christophe | VH2 | 323 | 01:09:08 | 01:03:40 | 3095 | LE VAL |
| 3331 | MARONAS LEBRUN | Nadege | VF1 | 401 | 01:09:08 | 01:05:13 | 3349 | Saint-Martin-de-Fontenay |
| 3332 | ROUSSEL | Pauline | SF | 585 | 01:09:09 | 01:05:47 | 3415 | Rots |
| 3333 | GROULT | Mickael | SH | 803 | 01:09:09 | 01:05:04 | 3321 | Blangy-le-Chateau |
| 3334 | PAVAN | Severine | VF1 | 402 | 01:09:10 | 01:04:54 | 3287 | Demouville |
| 3335 | LUCAS | Nguyen | VF1 | 403 | 01:09:10 | 01:04:44 | 3263 | Ils |
| 3336 | HUE | Mylene | SF | 586 | 01:09:11 | 01:04:08 | 3173 | Nantes |
| 3337 | TIRARD | David | VH1 | 615 | 01:09:11 | 01:05:35 | 3383 | CAEN |
| 3338 | PICARD | Herve | VH1 | 616 | 01:09:12 | 01:06:32 | 3535 | le hom |
| 3339 | DUMOUCHEL | Muriel | SF | 587 | 01:09:12 | 01:05:53 | 3430 | Petiville |
| 3340 | LEFEBVRE | Cecile | VF1 | 404 | 01:09:12 | 01:04:45 | 3265 | Bourguebus |
| 3341 | POCINO | Landry | SH | 804 | 01:09:12 | 01:05:56 | 3437 | Vacognes-Neuilly |
| 3342 | FLEURY | Christine | VF2 | 175 | 01:09:13 | 01:05:09 | 3337 | Bieville-Beuville |
| 3343 | SANTERNE | Claire | VF2 | 176 | 01:09:13 | 01:05:09 | 3338 | Louvigny |
| 3344 | LOBRY | Magalie | SF | 588 | 01:09:14 | 01:05:15 | 3353 | L' Aigle |
| 3345 | GIOMMI | Sylvie | VF2 | 177 | 01:09:14 | 01:04:46 | 3269 | Verson |
| 3346 | BERTHELOT | Marion | VF1 | 405 | 01:09:14 | 01:04:46 | 3268 | Verson |
| 3347 | DRURE | Xavier | VH1 | 617 | 01:09:15 | 01:03:59 | 3149 | Villers-Bocage |
| 3348 | LE FLOHIC | Mael | SH | 805 | 01:09:15 | 01:05:29 | 3373 | CAEN |
| 3349 | ANDRIN | Stephanie | SF | 589 | 01:09:15 | 01:04:52 | 3278 | Roucamps |
| 3350 | SIMONNEAUX | Aymeric | SH | 806 | 01:09:15 | 01:04:43 | 3262 | CAEN |
| 3351 | CORNUEL | Armelle | VF1 | 406 | 01:09:16 | 01:05:03 | 3316 | Tasse |
| 3352 | DUMOUCHEL | Sophie | SF | 590 | 01:09:17 | 01:05:58 | 3439 | CAEN |
| 3353 | MARIE | Vincent | VH2 | 324 | 01:09:17 | 01:04:08 | 3174 | Carquefou |
| 3354 | CHALARD | Syviane | VF1 | 408 | 01:09:17 | 01:04:55 | 3290 | Dunkerque |
| 3355 | COMBE | Catherine | VF1 | 407 | 01:09:17 | 01:04:55 | 3289 | Teteghem |
| 3356 | FESSELIER | Catherine | VF2 | 178 | 01:09:18 | 01:04:35 | 3239 | Saint-Pierre-du-Fresne |
| 3357 | DUBAELE | Sylvain | SH | 807 | 01:09:18 | 01:04:11 | 3179 | Benouville |
| 3358 | MAERTENS | Theo | JH | 51 | 01:09:18 | 01:05:02 | 3310 | Houlgate |
| 3359 | CAPET | Aline | SF | 591 | 01:09:19 | 01:04:59 | 3301 | Epron |
| 3360 | TAUPIN | Arnaud | SH | 808 | 01:09:19 | 01:06:21 | 3500 | Caen |
| 3361 | DUTOUR | Christelle | VF1 | 409 | 01:09:20 | 01:04:21 | 3205 | Saint-Pierre-de-Mailloc |
| 3362 | DAUFY | Jeremy | SH | 809 | 01:09:20 | 01:06:22 | 3504 | Maltot |
| 3363 | HAMON | Sophie | SF | 592 | 01:09:20 | 01:04:58 | 3300 | Rennes |
| 3364 | GRAS | Valerie | VF1 | 410 | 01:09:21 | 01:04:22 | 3208 | Caorches Saint Nicolas |
| 3365 | LE PIOUFF | Corinne | VF2 | 179 | 01:09:21 | 01:04:23 | 3210 | Nassandres sur risle |

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| 3366 | LEBULANGER | Jean-marc | VH2 | 325 | 01:09:21 | 01:04:03 | 3160 | Flers |
| 3367 | GUESNON | Francoise | VF2 | 180 | 01:09:22 | 01:03:52 | 3128 | Maltot |
| 3368 | LAROCHE | Gregoire | CH | 59 | 01:09:22 | 01:04:52 | 3277 | Douvres-la-Delivrande |
| 3369 | DUVAL | Celine | VF1 | 411 | 01:09:22 | 01:04:52 | 3281 | caen |
| 3370 | LEMAUVIEL | Alain | VH1 | 618 | 01:09:22 | 01:05:14 | 3350 | Saint-Cornier-des-Landes |
| 3371 | KIENTZ | Sophie | VF1 | 412 | 01:09:23 | 01:06:30 | 3526 | Troarn |
| 3372 | DUCOULOMBIER | Fabrice | VH2 | 326 | 01:09:23 | 01:04:28 | 3219 | Fresney-le-Puceux |
| 3373 | KIENTZ | Nicolas | VH1 | 619 | 01:09:23 | 01:06:31 | 3531 | Troarn |
| 3374 | LEHEU | Clemence | CF | 14 | 01:09:24 | 01:04:40 | 3253 | Campandre-Valcongrain |
| 3375 | DUPOST | Celine | SF | 593 | 01:09:24 | 01:05:19 | 3361 | Louvigny |
| 3376 | CORBET | Lea | SF | 594 | 01:09:24 | 01:04:52 | 3282 | L' Aigle |
| 3377 | BELOT | Simone | VF2 | 181 | 01:09:24 | 01:06:02 | 3454 | Le Fresne-Poret |
| 3378 | MENARD | Antoine | SH | 810 | 01:09:24 | 01:04:52 | 3280 | PARIS 18 |
| 3379 | LEHEU | Delphine | VF1 | 413 | 01:09:24 | 01:04:40 | 3252 | Campandre-Valcongrain |
| 3380 | AUBERT | Bertrand | SH | 812 | 01:09:25 | 01:04:17 | 3199 | CAEN |
| 3381 | BELOT | Sebastien | SH | 811 | 01:09:25 | 01:06:04 | 3460 | Le Fresne-Poret |
| 3382 | LAMY | Sandy | SF | 595 | 01:09:26 | 01:04:19 | 3203 | Garcelles-Secqueville |
| 3383 | JACKOWIAK | Pascalynne | VF1 | 414 | 01:09:26 | 01:04:02 | 3157 | May-sur-Orme |
| 3384 | FAYAZ POUR | Sabrina | VF1 | 415 | 01:09:26 | 01:03:58 | 3144 | CAEN |
| 3385 | LEON | Edwige | VF1 | 416 | 01:09:27 | 01:04:02 | 3158 | Saint-Martin-de-Fontenay |
| 3386 | COUDRAY | Helene | SF | 596 | 01:09:28 | 01:05:28 | 3372 | Caen |
| 3387 | GRANDINOT | Lucien | VH2 | 327 | 01:09:28 | 01:05:32 | 3381 | IFS |
| 3388 | TRAVERT | Sabine | VF1 | 417 | 01:09:29 | 01:05:49 | 3421 | Colleville-Montgomery |
| 3389 | MARIE DIT AUMONT | Cecile | VF1 | 418 | 01:09:29 | 01:04:17 | 3196 | Anisy |
| 3390 | GOUESSE | Myriam | VF2 | 182 | 01:09:30 | 01:04:58 | 3298 | Douvres-la-Delivrande |
| 3391 | MARIE | Sandrine | VF1 | 419 | 01:09:30 | 01:05:10 | 3345 | LE MOLAY LITTRY |
| 3392 | PAEMELAERE | Eric | VH2 | 328 | 01:09:30 | 01:04:59 | 3303 | Douvres-la-Delivrande |
| 3393 | DELAHAYE | Albane | SF | 597 | 01:09:31 | 01:04:21 | 3207 | Sannerville |
| 3394 | DE CLOSETS | Claire | SF | 598 | 01:09:31 | 00:54:43 | 1584 | Verson |
| 3395 | HAMEL | Helene | VF2 | 183 | 01:09:32 | 01:04:35 | 3236 | BA COUTANCES |
| 3396 | ROBERGE | Yolande | VF2 | 184 | 01:09:32 | 01:07:13 | 3623 | Colombelles |
| 3397 | MORICE | Maxime | EH | 66 | 01:09:32 | 01:06:45 | 3564 | Cesny-aux-Vignes |
| 3398 | FOURNET | Dominique | VH3 | 124 | 01:09:32 | 01:05:06 | 3327 | Herouville-Saint-Clair |
| 3399 | HAMEL | Francoise | VF2 | 185 | 01:09:33 | 01:04:36 | 3241 | CAEN |
| 3400 | HULIN | Catherine | SF | 599 | 01:09:33 | 01:06:12 | 3478 | Caen |
| 3401 | VICTOR | Beatrice | VF2 | 186 | 01:09:34 | 01:05:01 | 3305 | caen |
| 3402 | CALLAUD | Corinne | SF | 600 | 01:09:34 | 01:06:42 | 3560 | Caen |
| 3403 | ASSIMON | Pauline | SF | 601 | 01:09:35 | 01:04:07 | 3169 | Vannes |
| 3404 | DESOCHE | Christophe | VH2 | 329 | 01:09:35 | 01:06:25 | 3512 | Lisieux |
| 3405 | VERON | Sophie | VF2 | 187 | 01:09:36 | 01:06:24 | 3509 | CAEN |
| 3406 | THOREL | David | SH | 813 | 01:09:36 | 01:03:58 | 3143 | edac |
| 3407 | TOUATI | Fanny | VF1 | 420 | 01:09:37 | 01:05:51 | 3426 | Argentan |
| 3408 | PAGNIER | Candide | VF1 | 421 | 01:09:37 | 01:08:27 | 3780 | lfs |
| 3409 | POUSSIER | Cecile | SF | 602 | 01:09:38 | 01:04:31 | 3230 | Crouttes |
| 3410 | DARDE | Franziska | VF2 | 188 | 01:09:38 | 01:06:18 | 3497 | lfs |

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| 3411 | MOUCHEL | Cecile | SF | 603 | 01:09:38 | 01:05:54 | 3433 | LOUVIGNY |
| 3412 | LEMONNIER | Melanie | VF1 | 422 | 01:09:38 | 01:05:52 | 3427 | CLINCHAMPS SUR ORNE |
| 3413 | LEBRET | Yolande | VF2 | 189 | 01:09:39 | 01:06:50 | 3571 | Quettehou |
| 3414 | BROUILLER | Sebastien | VH1 | 620 | 01:09:40 | 01:06:27 | 3519 | Sainte-Marguerite-sur-Mer |
| 3415 | MERCIER | Catherine | VF1 | 423 | 01:09:40 | 01:06:17 | 3491 | Villers-Canivet |
| 3416 | JONFAL | Alice | SF | 604 | 01:09:41 | 01:06:16 | 3487 | PARIS 17 |
| 3417 | PIERRE DE LA BRIERE | Wilfried | VH1 | 621 | 01:09:41 | 01:06:46 | 3565 | Cuverville |
| 3418 | HUBERT | Aline | SF | 605 | 01:09:41 | 01:05:41 | 3394 | Amfreville |
| 3419 | LECLERC | Emilie | SF | 606 | 01:09:41 | 01:06:16 | 3488 | Flers |
| 3420 | VANDEMOORTELE | Felix | SH | 814 | 01:09:41 | 01:04:37 | 3244 | Caen |
| 3421 | ETIENNE | Claire | VF1 | 424 | 01:09:42 | 01:05:41 | 3398 | Carrieres-sur-Seine |
| 3422 | LOUIS | Laurent | VH1 | 622 | 01:09:42 | 01:07:39 | 3668 | Evreux |
| 3423 | FLECHE | Emmanuelle | VF1 | 425 | 01:09:42 | 01:04:46 | 3266 | CLINCHAMPS SUR ORNE |
| 3424 | BILLARD | Maroussia | SF | 607 | 01:09:43 | 01:05:40 | 3393 | Rennes |
| 3425 | MARIE | Laetitia | SF | 608 | 01:09:43 | 01:05:05 | 3326 | Argences |
| 3426 | DOUCHIN | Antony | VH1 | 623 | 01:09:43 | 01:04:48 | 3271 | May-sur-Orme |
| 3427 | NIGAIZE | Nathalie | VF1 | 426 | 01:09:44 | 01:05:41 | 3396 | Garcelles-Secqueville |
| 3428 | BENAYOUN | Brigitte | VF2 | 190 | 01:09:44 | 01:05:15 | 3354 | Begles |
| 3429 | BENAYOUN | Eric | VH2 | 330 | 01:09:45 | 01:05:16 | 3355 | Begles |
| 3430 | BERNARDEAU | Nicolas | SH | 815 | 01:09:45 | 01:06:03 | 3456 | Les Moutiers-en-Cinglais |
| 3431 | BERNARDEAU | Gerard | VH3 | 125 | 01:09:45 | 01:06:03 | 3455 | Les Moutiers-en-Cinglais |
| 3432 | LECOEUR | Edwige | VF1 | 427 | 01:09:45 | 01:05:54 | 3435 | LA SELLE LA FORGE |
| 3433 | FOUQUERANT | Bruno | VH2 | 331 | 01:09:45 | 01:04:57 | 3295 | OUISTREHAM |
| 3434 | DUVAL | Chloe | CF | 15 | 01:09:46 | 01:05:43 | 3406 | Garcelles-Secqueville |
| 3435 | LECUYER | Pauline | SF | 609 | 01:09:46 | 01:07:09 | 3616 | LCBO |
| 3436 | LECUYER | Manon | EF | 44 | 01:09:46 | 01:07:09 | 3613 | Missy |
| 3437 | QUAGHEBEUR | Lucie | SF | 610 | 01:09:47 | 01:07:58 | 3712 | Caen |
| 3438 | LALIZEL | Julie | SF | 611 | 01:09:47 | 01:06:35 | 3538 | Saint-Georges-des-Groseillers |
| 3439 | LECRIVAIN | Noemie | SF | 612 | 01:09:47 | 01:06:05 | 3462 | Cabourg |
| 3440 | FOSSE | Laetitia | SF | 613 | 01:09:48 | 01:06:06 | 3465 | Amfreville |
| 3441 | CALIMAS | Thierry | VH1 | 624 | 01:09:48 | 01:06:53 | 3574 | Caen |
| 3442 | JUSTIN | Corinne | VF1 | 428 | 01:09:48 | 01:05:20 | 3364 | edac |
| 3443 | DAUPHY | Pascal | VH2 | 332 | 01:09:49 | 01:06:01 | 3452 | Landisacq |
| 3444 | BARBIER | Marianne | VF1 | 429 | 01:09:49 | 01:04:36 | 3242 | Saint-Denis |
| 3445 | BARREAU | Maude | SF | 614 | 01:09:49 | 01:04:46 | 3267 | La Roche-sur-Yon |
| 3446 | CORIGLIANO | Fany | VF1 | 430 | 01:09:50 | 01:05:45 | 3410 | DEMOUVILLE |
| 3447 | BONAMY | Isabelle | VF2 | 191 | 01:09:50 | 01:05:41 | 3397 | Thaon |
| 3448 | RAPHALEN | Eric | VH2 | 333 | 01:09:50 | 01:05:50 | 3423 | Douvres-la-Delivrande |
| 3449 | MOREL | Sandrine | VF1 | 431 | 01:09:50 | 01:06:19 | 3498 | Demouville |
| 3450 | TIJOU | Muriel | VF1 | 432 | 01:09:50 | 01:06:20 | 3499 | rvh |
| 3451 | CHUFFART | Jerome | SH | 816 | 01:09:51 | 01:06:11 | 3477 | Gondecourt |
| 3452 | FOUQUET | Anais | SF | 615 | 01:09:51 | 01:07:06 | 3606 | Mondeville |
| 3453 | LEPAREUR | Veronique | VF1 | 433 | 01:09:51 | 01:04:40 | 3254 | Le Coudray |
| 3454 | MARTIN-BROUDIC | Christine | VF3 | 39 | 01:09:52 | 01:05:29 | 3375 | Herouville saint clair |
| 3455 | LECAVELIER | Jeremie | SH | 817 | 01:09:52 | 01:06:22 | 3503 | Caen |

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| 3456 | DRIEU | Sandrine | VF1 | 434 | 01:09:52 | 01:05:42 | 3403 | VIMONT |
| 3457 | FISCHER | Theobald | VH3 | 126 | 01:09:53 | 01:06:59 | 3591 | Leonberg |
| 3458 | COQUELIN | Justyna | SF | 616 | 01:09:53 | 01:06:53 | 3576 | MONTBRAY |
| 3459 | DROUET | Lucie | SF | 617 | 01:09:53 | 01:05:19 | 3362 | Merville-Franceville-Plage |
| 3460 | VALLEE | Jean-michel | VH1 | 625 | 01:09:53 | 01:05:18 | 3357 | Boulleville |
| 3461 | PHILIPPE | Luc | VH3 | 127 | 01:09:54 | 01:06:49 | 3570 | Luc-sur-Mer |
| 3462 | COLLET | Agnes | VF1 | 435 | 01:09:54 | 01:06:11 | 3475 | Troarn |
| 3463 | LEPARFAIT | Aurelie | SF | 618 | 01:09:54 | 01:05:24 | 3367 | Bernieres-sur-Mer |
| 3464 | BRUNET | Vanessa | SF | 619 | 01:09:55 | 01:06:47 | 3567 | Conde-sur-Noireau |
| 3465 | CORVEE | Nicole | VF2 | 192 | 01:09:55 | 01:05:09 | 3339 | Magny-le-Desert |
| 3466 | BRUNET | Xavier | SH | 818 | 01:09:55 | 01:06:43 | 3562 | Conde-sur-Noireau |
| 3467 | PONSARD | Anthony | SH | 819 | 01:09:55 | 01:08:20 | 3763 | Saint-Georges-d'Elle |
| 3468 | HERBLINE | Sylvia | SF | 620 | 01:09:56 | 01:07:02 | 3597 | ouistreham |
| 3469 | MARIE | Solange | VF2 | 193 | 01:09:57 | 01:06:38 | 3545 | Creully |
| 3470 | DUBOIS | Agnes | VF1 | 436 | 01:09:57 | 01:05:22 | 3365 | Neuilly-le-Malherbe |
| 3471 | LEITE | Celine | VF1 | 437 | 01:09:57 | 01:06:25 | 3515 | Rocquancourt |
| 3472 | SOPHIE | Colette | VF2 | 194 | 01:09:57 | 01:06:13 | 3479 | Ifs |
| 3473 | TETARD MARIE | Aurore | SF | 621 | 01:09:58 | 01:06:39 | 3549 | RUEIL MALMAISON |
| 3474 | JAFFRE | Christelle | SF | 622 | 01:09:58 | 01:07:55 | 3700 | caen |
| 3475 | VALLEE | Philippe | VH3 | 128 | 01:09:59 | 01:06:14 | 3480 | Goustranville |
| 3476 | MORICE | Adelaide | SF | 623 | 01:09:59 | 01:07:12 | 3622 | Cesny-aux-Vignes |
| 3477 | SALME | Nadege | VF1 | 438 | 01:10:01 | 01:07:56 | 3707 | Boulogne-Billancourt |
| 3478 | PERRIN-MARIENVAL | Kristell | VF1 | 439 | 01:10:01 | 01:07:55 | 3699 | Verson |
| 3479 | MALET | Eric | VH2 | 334 | 01:10:01 | 01:07:57 | 3710 | Boulogne-Billancourt |
| 3480 | DONNE | Daniel | VH3 | 129 | 01:10:02 | 01:06:43 | 3561 | Giberville |
| 3481 | RENEE | Stephanie | VF1 | 440 | 01:10:03 | 01:05:54 | 3432 | EVRECY |
| 3482 | FICHEROULLE | Christophe | VH3 | 130 | 01:10:03 | 01:06:31 | 3530 | caen |
| 3483 | ANDRIES | Pascal | VH1 | 626 | 01:10:04 | 01:06:11 | 3476 | Caen |
| 3484 | BROUILLARD | Anne | JF | 30 | 01:10:04 | 01:06:41 | 3558 | USC MEZIDON |
| 3485 | LEBON | Nadege | VF2 | 195 | 01:10:04 | 01:05:38 | 3388 | Saint-Lo |
| 3486 | HAVEL | Valerie | VF1 | 441 | 01:10:05 | 01:04:38 | 3247 | Escoville |
| 3487 | VAUTIER | Francoise | VF2 | 196 | 01:10:05 | 01:06:24 | 3507 | Feuguerolles-Bully |
| 3488 | ROQUET | Regine | VF2 | 197 | 01:10:07 | 01:07:05 | 3605 | C |
| 3489 | BAZIN | Gregory | SH | 820 | 01:10:07 | 01:04:17 | 3197 | Caen |
| 3490 | GAPAILLARD | Fanny | VF1 | 442 | 01:10:08 | 01:06:07 | 3466 | Bieville-Beuville |
| 3491 | PATRY | Isabelle | VF2 | 198 | 01:10:08 | 01:08:33 | 3793 | Grainville-Langannerie |
| 3492 | DOOS | Monique | VF4 | 3 | 01:10:08 | 01:06:39 | 3551 | LOUVIGNY |
| 3493 | PAILLEY-PORET | Beatrice | VF1 | 443 | 01:10:08 | 01:06:08 | 3467 | BIEVILLE-BEUVILLE |
| 3494 | PERFEZOU | Eloise | SF | 624 | 01:10:08 | 01:06:56 | 3582 | Moult |
| 3495 | DELASALLE | Stephanie | SF | 625 | 01:10:08 | 01:08:23 | 3772 | Maisoncelles-Pelvey |
| 3496 | FOURNET | Pierre aurelien | SH | 821 | 01:10:09 | 01:05:41 | 3399 | Colombelles |
| 3497 | PERFEZOU | Sylvie | VF2 | 199 | 01:10:09 | 01:06:56 | 3583 | Blainville-sur-Orne |
| 3498 | GASPERIN | Joanna | SF | 626 | 01:10:09 | 01:04:35 | 3240 | Baron-sur-Odon |
| 3499 | AUBRY | Agathe | SF | 627 | 01:10:09 | 01:06:01 | 3450 | rouen |
| 3500 | GASPERIN | Bruno | VH2 | 335 | 01:10:10 | 01:04:36 | 3243 | Baron-sur-Odon |

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| 3501 | LECESNE | Bertrand | VH2 | 336 | 01:10:10 | 01:06:50 | 3573 | Tessy-sur-Vire |
| 3502 | KOWAL | Julie | SF | 628 | 01:10:10 | 01:06:09 | 3469 | Estrees-la-Campagne |
| 3503 | AUBRY | Mathilde | SF | 629 | 01:10:10 | 01:06:03 | 3457 | caen ac |
| 3504 | FEREY | Lydie | VF1 | 444 | 01:10:11 | 01:06:15 | 3485 | Grainville-sur-Odon |
| 3505 | SOUPLIS | Nicolas | SH | 822 | 01:10:11 | 01:06:10 | 3471 | IFS |
| 3506 | CASSINADRI | Pascal | VH3 | 131 | 01:10:11 | 01:05:56 | 3438 | Bieville-Beuville |
| 3507 | DUMANOWSKI | Daniele | VF2 | 200 | 01:10:12 | 01:06:32 | 3534 | Aubigny |
| 3508 | BILLARD | Martin | SH | 823 | 01:10:12 | 01:04:59 | 3302 | Authie |
| 3509 | BLANPAIN | Delphine | SF | 630 | 01:10:12 | 01:07:12 | 3620 | Giberville |
| 3510 | TORAVEL | Stefan | VH1 | 627 | 01:10:13 | 01:05:45 | 3411 | CAEN |
| 3511 | MONIER | Damien | SH | 824 | 01:10:13 | 01:07:16 | 3626 | Saint-Pierre-du-Bu |
| 3512 | LEBEURRIER | Anais | SF | 631 | 01:10:13 | 01:07:25 | 3642 | 14000 - CAEN |
| 3513 | DUFOURNIER | Julienne | VF1 | 445 | 01:10:13 | 01:05:48 | 3418 | Caen |
| 3514 | LEMONNIER | David | SH | 825 | 01:10:14 | 01:05:48 | 3419 | Herouville st Clair |
| 3515 | LEFEBVRE | Stephane | SH | 826 | 01:10:15 | 01:05:34 | 3382 | Crosville-la-Vieille |
| 3516 | PIOLINE | Noemie | SF | 634 | 01:10:16 | 01:07:04 | 3602 | Saint-Georges-des-Groseillers |
| 3517 | SELLAM | Morgane | SF | 632 | 01:10:16 | 01:06:16 | 3489 | Caen |
| 3518 | LALIZEL | Anne-claire | SF | 633 | 01:10:16 | 01:07:04 | 3601 | Saint-Georges-des-Groseillers |
| 3519 | PROD'HOMME | Stephanie | VF1 | 446 | 01:10:16 | 01:08:40 | 3810 | Grainville-Langannerie |
| 3520 | AMANS | Jean-pierre | VH2 | 337 | 01:10:16 | 01:06:11 | 3473 | Fresney-le-Puceux |
| 3521 | ROGER | Marlene | SF | 635 | 01:10:17 | 01:08:04 | 3725 | Gavrus |
| 3522 | LOUARN | Gladys | VF1 | 447 | 01:10:17 | 01:06:11 | 3474 | Fresney-le-Puceux |
| 3523 | KERFERTZ | Erwan | VH1 | 628 | 01:10:18 | 01:05:18 | 3358 | basly |
| 3524 | MESNAGE | Florent | SH | 827 | 01:10:18 | 01:06:48 | 3569 | La Chapelle-Biche |
| 3525 | FLEURY | Mathilde | SF | 636 | 01:10:18 | 01:06:48 | 3568 | La Chapelle-Biche |
| 3526 | GIRARD | Pauline | SF | 637 | 01:10:18 | 01:04:58 | 3299 | Saint-Germain-la-Blanche-Herbe |
| 3527 | DELAGREE | Berangere | SF | 638 | 01:10:18 | 01:06:00 | 3446 | Lisieux |
| 3528 | SIMON | Corinne | VF1 | 448 | 01:10:20 | 01:06:17 | 3494 | Chenedolle |
| 3529 | LEPEINTEUR | Delphine | VF1 | 449 | 01:10:21 | 01:09:37 | 3910 | Sainte-Honorine-la-Chardonne |
| 3530 | BRUNSCHWEILER | Christophe | VH1 | 629 | 01:10:22 | 01:05:15 | 3352 | MERY SUR OISE |
| 3531 | CHENET | Marie | SF | 639 | 01:10:23 | 01:06:14 | 3481 | HEROUILLE SAINT CLAIR |
| 3532 | MEURDRA | Lucas | EH | 67 | 01:10:23 | 01:06:35 | 3540 | Colleville-Montgomery |
| 3533 | RUILLIER | Caroline | SF | 640 | 01:10:24 | 01:07:28 | 3647 | Caen |
| 3534 | LE MONIER | Celina | SF | 641 | 01:10:24 | 01:08:04 | 3724 | Caen |
| 3535 | MARIE | Manon | EF | 45 | 01:10:24 | 01:08:24 | 3774 | Douvres-la-Delivrande |
| 3536 | LELIEVRE | Sylvie | VF2 | 201 | 01:10:26 | 01:06:29 | 3522 | ATHLETISME CONDE TORIGNI |
| 3537 | DUQUESNAY | Ingrid | SF | 642 | 01:10:27 | 01:06:29 | 3524 | Authie |
| 3538 | MONTHORIN | Christelle | VF1 | 450 | 01:10:27 | 01:06:30 | 3525 | C. D'Athletisme CONDE TORIGNI |
| 3539 | ARNAUD | Christelle | VF1 | 451 | 01:10:28 | 01:05:36 | 3386 | Lisieux |
| 3540 | BINET | Vincent | VH1 | 630 | 01:10:29 | 01:05:35 | 3384 | Lisieux |
| 3541 | GUESNET | Marina | SF | 643 | 01:10:29 | 01:07:19 | 3631 | Pont-l'Eveque |
| 3542 | DURAND | Sylvie | VF2 | 202 | 01:10:29 | 01:08:03 | 3721 | Caen |
| 3543 | PERIER | Raphael | JH | 52 | 01:10:30 | 01:05:04 | 3318 | Saint-Martin-de-Fontenay |
| 3544 | CHAUSSIN | Marjana | VF3 | 40 | 01:10:30 | 01:05:03 | 3317 | Caen |
| 3545 | RONCALLI | Thomas | SH | 828 | 01:10:31 | 00:55:24 | 1690 | Caen |

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| 3546 | FRANCOISE | Jean-jacques | VH2 | 338 | 01:10:32 | 01:07:20 | 3635 | Rocquancourt |
| 3547 | KAROUATI | Vanessa | SF | 644 | 01:10:32 | 01:05:23 | 3366 | Bretteville-l'Orueilleuse |
| 3548 | DAGAN | Nicolas | VH1 | 631 | 01:10:32 | 01:04:56 | 3294 | Saint-Aubin-sur-Scie |
| 3549 | DAGAN | Stephanie | VF1 | 452 | 01:10:32 | 01:04:57 | 3296 | Saint-Aubin-sur-Scie |
| 3550 | DAGAN | Antoine | SH | 829 | 01:10:32 | 01:04:55 | 3292 | Bayeux |
| 3551 | MAUGER | Severine | VF1 | 453 | 01:10:33 | 01:06:29 | 3523 | c. d'athletisme Conde-Torigni |
| 3552 | LOUVET | Magali | VF2 | 203 | 01:10:33 | 01:06:14 | 3483 | May-sur-Orne |
| 3553 | BAZIN | Megane | SF | 645 | 01:10:33 | 01:05:19 | 3360 | Saint-Mars-d'Egrenne |
| 3554 | PAPILLON | Philippe | VH3 | 132 | 01:10:33 | 01:06:01 | 3448 | LE MANS |
| 3555 | LEROY | Stephanie | VF1 | 454 | 01:10:34 | 01:06:24 | 3508 | Pont-l'Eveque |
| 3556 | BELAIR | Sylvie | VF2 | 204 | 01:10:34 | 01:05:47 | 3414 | St martin de fontenay |
| 3557 | VALERY | Olivier | VH1 | 632 | 01:10:34 | 01:05:40 | 3392 | Cairon |
| 3558 | VERLAGUET | Yolande | VF3 | 41 | 01:10:35 | 01:07:16 | 3624 | Creully |
| 3559 | LAMMENS | Julie | SF | 646 | 01:10:35 | 01:06:38 | 3548 | Caen |
| 3560 | LAMMENS | Pascale | VF2 | 205 | 01:10:35 | 01:06:37 | 3543 | Saint-Contest |
| 3561 | LALIN | Jerome | VH2 | 339 | 01:10:35 | 01:06:05 | 3463 | Saint-Germain-la-Blanche-Herbe |
| 3562 | RAPILLY | Guillaume | VF2 | 206 | 01:10:36 | 01:06:05 | 3464 | Les Rousses |
| 3563 | SALMON | Frederique | SF | 647 | 01:10:36 | 01:08:33 | 3792 | 14000 - CAEN |
| 3564 | GRENET | Dominique | VH2 | 340 | 01:10:36 | 01:07:57 | 3709 | bieville beuville |
| 3565 | BOUIS | Arnaud | VH2 | 341 | 01:10:37 | 01:05:45 | 3408 | caen |
| 3566 | BOUIS MASSON | Elise | SF | 648 | 01:10:38 | 01:05:46 | 3413 | caen |
| 3567 | FERET | Cedric | SH | 830 | 01:10:39 | 01:06:38 | 3547 | Caen |
| 3568 | FERET | Elise | SF | 649 | 01:10:39 | 01:06:37 | 3542 | CAEN |
| 3569 | ARREGUI | Alexandre | SH | 831 | 01:10:41 | 01:06:24 | 3510 | Mantes-la-Ville |
| 3570 | EVARD | Cindy | SF | 650 | 01:10:42 | 01:06:25 | 3514 | Mantes-la-Ville |
| 3571 | MAUME | Priscilla | VF1 | 455 | 01:10:42 | 01:05:05 | 3323 | LION SUR MER |
| 3572 | SAVARY | Virginie | SF | 651 | 01:10:43 | 01:05:07 | 3330 | Fleury-sur-Orne |
| 3573 | LOUIS | Laurence | VF1 | 456 | 01:10:46 | 01:05:31 | 3379 | Saint-Georges-des-Groseillers |
| 3574 | JARRY | Patrick | VH3 | 133 | 01:10:46 | 01:05:29 | 3376 | La Lande-Patry |
| 3575 | VIARD | Ludivine | VF1 | 457 | 01:10:47 | 01:07:05 | 3604 | caen |
| 3576 | MALAVAL | Charlene | SF | 652 | 01:10:48 | 01:06:59 | 3592 | CAEN |
| 3577 | URBAIN | Justine | SF | 653 | 01:10:49 | 01:06:50 | 3572 | Caen |
| 3578 | EDDE | Thierry | VH1 | 633 | 01:10:50 | 01:05:41 | 3395 | Basly |
| 3579 | OSMONT | Isabelle | VF1 | 458 | 01:10:51 | 01:07:11 | 3617 | AS TOURLAVILLE |
| 3580 | POSE | Jennifer | SF | 654 | 01:10:51 | 01:05:55 | 3436 | CAEN |
| 3581 | EDDE | Isabelle | VF1 | 459 | 01:10:51 | 01:05:42 | 3401 | basly |
| 3582 | BARBANCHON | Cindy | SF | 655 | 01:10:53 | 01:06:40 | 3553 | Saint-Lo |
| 3583 | FOUBERT | Freddy | SH | 832 | 01:10:54 | 01:06:41 | 3557 | Saint-Lo |
| 3584 | NEEL | Jessica | VF1 | 460 | 01:10:56 | 01:05:59 | 3441 | SAINT GERMAIN DE TALLEVENDE |
| 3585 | EUDIER | Delphine | VF1 | 461 | 01:10:57 | 01:06:47 | 3566 | Franqueville-Saint-Pierre |
| 3586 | VINCENT | Julie | SF | 656 | 01:10:58 | 01:06:01 | 3449 | Vire |
| 3587 | LE RIGUER | Annie | VF1 | 462 | 01:10:59 | 01:06:01 | 3451 | DIGOSVILLE |
| 3588 | MALARD | Estelle | SF | 657 | 01:11:00 | 01:06:23 | 3505 | Audrieu |
| 3589 | LEMARCHANT | Sunniva | SF | 658 | 01:11:01 | 01:07:56 | 3705 | Caen |
| 3590 | SPILEBOUT | Julie | SF | 659 | 01:11:02 | 01:07:01 | 3596 | Esquay-Notre-Dame |

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| 3591 | DELOZIER AMIARD | Anthony | VH1 | 634 | 01:11:03 | 01:09:03 | 3838 | Saint-Sylvain |
| 3592 | DELOZIER | Jean-marie | VH4 | 13 | 01:11:03 | 01:09:03 | 3837 | Herouville-Saint-Clair |
| 3593 | ARNOUX | Christiane | VF2 | 207 | 01:11:03 | 01:08:32 | 3790 | Hermanville-sur-Mer |
| 3594 | DELOZIER AMIARD | Nicolas | CH | 60 | 01:11:03 | 01:09:04 | 3840 | Saint-Sylvain |
| 3595 | PIOCHAUD | Christine | VF2 | 208 | 01:11:03 | 01:05:26 | 3370 | Nanterre |
| 3596 | MICHAUX | Christian | VH2 | 342 | 01:11:03 | 01:09:36 | 3909 | Demouville |
| 3597 | PASSERA | Christelle | VF1 | 463 | 01:11:05 | 01:08:01 | 3720 | Bayeux |
| 3598 | ROUMIER | Albane | SF | 660 | 01:11:05 | 01:06:27 | 3518 | Flers |
| 3599 | PAREE | Terence | SH | 833 | 01:11:07 | 01:06:23 | 3506 | Fontaine-l'Eveque |
| 3600 | PAREE | Hermione | VF1 | 464 | 01:11:07 | 01:06:25 | 3511 | Farciennes |
| 3601 | JILET | Marie jose | VF2 | 209 | 01:11:08 | 01:06:40 | 3555 | Queven |
| 3602 | JILET | Jean-pol | VH2 | 343 | 01:11:09 | 01:06:40 | 3554 | Queven |
| 3603 | AUGIER | Anne-sophie | SF | 661 | 01:11:09 | 01:07:17 | 3630 | Dampierre |
| 3604 | MARSON | Melvine | VF1 | 465 | 01:11:10 | 01:06:02 | 3453 | Caen |
| 3605 | DUJARDIN | Blandine | SF | 662 | 01:11:10 | 01:06:35 | 3539 | Saint-Vigor-le-Grand |
| 3606 | FONTAINE | Nathalie | VF1 | 466 | 01:11:10 | 01:07:55 | 3695 | Louvigny |
| 3607 | PLASSARD | Elise | VF1 | 467 | 01:11:11 | 01:07:56 | 3706 | Caen |
| 3608 | LECHEMINANT | Anne christine | VF2 | 210 | 01:11:12 | 01:06:30 | 3527 | Sainte-Croix-sur-Mer |
| 3609 | MICHEL | Francoise | VF3 | 42 | 01:11:13 | 01:08:11 | 3739 | CACT |
| 3610 | MALLEJAC | Yves | VH4 | 14 | 01:11:13 | 01:06:40 | 3552 | Bourguebus |
| 3611 | RAULT | Karine | VF1 | 469 | 01:11:14 | 01:06:34 | 3537 | Saint-Martin-de-Fontenay |
| 3612 | HARASSE | Sophie | VF1 | 468 | 01:11:14 | 01:06:31 | 3532 | Noyers-Bocage |
| 3613 | MORVAN | Pascale | VF2 | 211 | 01:11:14 | 01:05:50 | 3424 | Blainville-sur-Orne |
| 3614 | DEPINCE | Maxime | SH | 834 | 01:11:14 | 01:06:16 | 3486 | Blainville-sur-Orne |
| 3615 | MENDOZA | Brittny | SF | 663 | 01:11:14 | 01:06:17 | 3490 | Blainville-sur-Orne |
| 3616 | COUTURIER | Geraldine | SF | 664 | 01:11:15 | 01:07:42 | 3673 | Caen |
| 3617 | DESLAURIERS | Jacky | VH3 | 134 | 01:11:16 | 01:07:57 | 3711 | Troarn |
| 3618 | PUCHEU | Bertrand | VH1 | 635 | 01:11:16 | 01:06:59 | 3589 | Bayeux |
| 3619 | LEGOUAS | Christophe | VH2 | 344 | 01:11:18 | 01:07:55 | 3703 | USC Mezidon athletisme |
| 3620 | CRUCHON | Elodie | SF | 665 | 01:11:18 | 01:07:55 | 3702 | USCM |
| 3621 | CANU | Sophie | VF1 | 470 | 01:11:19 | 01:07:55 | 3701 | usc mezidon |
| 3622 | SAVOURE | Julie | SF | 666 | 01:11:19 | 01:06:22 | 3502 | Troarn |
| 3623 | DOMPMARTIN | Anne | VF2 | 212 | 01:11:19 | 01:07:48 | 3682 | caen |
| 3624 | FARIZON | Peggy | VF1 | 471 | 01:11:20 | 01:06:33 | 3536 | Cresserons |
| 3625 | GENS | Gwenaelle | SF | 667 | 01:11:21 | 01:06:04 | 3459 | Moult |
| 3626 | BOURDEILH | Jean pierre | VH3 | 135 | 01:11:21 | 01:08:22 | 3768 | Chauvigny |
| 3627 | MARIE | Jacques | VH2 | 345 | 01:11:22 | 01:06:05 | 3461 | Cuverville |
| 3628 | PRINGAULT | Marine | SF | 668 | 01:11:23 | 01:09:33 | 3904 | Caen |
| 3629 | LEFRANCOIS | Corinne | VF1 | 472 | 01:11:24 | 01:06:53 | 3575 | Tourlaville |
| 3630 | MAGNAVAL | Christian | VH2 | 346 | 01:11:24 | 01:07:51 | 3688 | caen |
| 3631 | LABBE | Daniel | VH3 | 136 | 01:11:25 | 01:07:52 | 3689 | caen |
| 3632 | SELLAMINE | Anthony | SH | 835 | 01:11:25 | 01:08:55 | 3831 | Herouville-Saint-Clair |
| 3633 | GUILLEMAIN | Jean louis | VH3 | 137 | 01:11:25 | 01:07:51 | 3687 | caen |
| 3634 | MINKULU NDI | Marcel | VH1 | 636 | 01:11:25 | 01:02:38 | 2967 | Mezidon-Canon |
| 3635 | MERAUD | Veronique | VF1 | 473 | 01:11:26 | 01:06:15 | 3484 | Avenay |

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| 3636 | MOUCHEL | Aurelie | SF | 669 | 01:11:27 | 01:07:45 | 3679 | Maltot |
| 3637 | DA COSTA | Christine | SF | 670 | 01:11:27 | 01:02:40 | 2977 | Bourguebus |
| 3638 | MARTINE | Nicolas | SH | 836 | 01:11:28 | 01:06:08 | 3468 | Caen |
| 3639 | LE LOUARN | Josselin | SH | 837 | 01:11:28 | 01:05:44 | 3407 | Fontaine-Etoupefour |
| 3640 | BILLARD | Valerie | VF2 | 213 | 01:11:28 | 01:06:14 | 3482 | Authie |
| 3641 | VAN DORPE | Sandrine | VF1 | 474 | 01:11:29 | 01:07:17 | 3628 | Lisieux |
| 3642 | SCELLES | Sophie | VF1 | 475 | 01:11:29 | 01:07:09 | 3615 | Noron-la-Poterie |
| 3643 | NEO | Boon hui | EF | 46 | 01:11:29 | 01:06:25 | 3513 | London |
| 3644 | EUSTACHE | Marie | CF | 16 | 01:11:29 | 01:06:55 | 3578 | Tournay-sur-Odon |
| 3645 | PICQUE | Elise | SF | 671 | 01:11:30 | 01:07:19 | 3632 | CA LISIEUX |
| 3646 | DURLIN | Nicolas | SH | 838 | 01:11:30 | 01:07:48 | 3681 | Vitry-le-Francois |
| 3647 | DELBENDE | Anne-flore | SF | 672 | 01:11:30 | 01:07:48 | 3680 | Vitry-le-Francois |
| 3648 | EUSTACHE | Stephanie | VF1 | 476 | 01:11:31 | 01:06:56 | 3585 | Tournay-sur-Odon |
| 3649 | GUIBON | Sebastien | SH | 839 | 01:11:31 | 01:08:10 | 3738 | Lion-sur-Mer |
| 3650 | TIRARD | Michel | VH4 | 15 | 01:11:32 | 01:07:56 | 3704 | Ouistreham |
| 3651 | DUBOIS MATON | Isabelle | VF2 | 214 | 01:11:33 | 01:07:16 | 3625 | Maisons-Alfort |
| 3652 | MENARD | Mari | EF | 47 | 01:11:33 | 01:06:54 | 3577 | Mondeville |
| 3653 | SANFAUTE | Mathias | VH1 | 637 | 01:11:34 | 01:08:39 | 3808 | CAEN |
| 3654 | TROCHERIS | Lucie | SF | 673 | 01:11:35 | 01:08:13 | 3744 | Herouville-Saint-Clair |
| 3655 | PRUDENCE | Veronique | VF2 | 215 | 01:11:35 | 01:07:28 | 3645 | Saint-Lo |
| 3656 | GRENIER-SOLIGET | Marion | SF | 674 | 01:11:35 | 01:07:29 | 3648 | Saint-Cyr-l'ecole |
| 3657 | PRUDENCE | Karine | VF1 | 477 | 01:11:36 | 01:07:29 | 3649 | Le Tronquay |
| 3658 | POTTIER | Sophie | SF | 675 | 01:11:37 | 01:06:31 | 3529 | Bellou |
| 3659 | NELLE | Philippe | VH3 | 138 | 01:11:37 | 01:09:46 | 3925 | Silly-en-Gouffern |
| 3660 | BLARD | Frederique | VF1 | 478 | 01:11:39 | 01:06:41 | 3559 | Demouville |
| 3661 | LELANDAIS | Isabelle | VF1 | 479 | 01:11:39 | 01:07:03 | 3599 | Eterville |
| 3662 | CHAUVEAU | Helene | SF | 676 | 01:11:42 | 01:07:04 | 3603 | Caen |
| 3663 | COURTEILLE | Stephanie | SF | 677 | 01:11:43 | 01:08:21 | 3766 | Caen |
| 3664 | LESIEUR | Isabelle | SF | 678 | 01:11:43 | 01:07:33 | 3655 | ANISY |
| 3665 | JACQUELINE | Thomas | VH1 | 638 | 01:11:44 | 01:08:22 | 3769 | Trois-Monts |
| 3666 | COUPEAU | Virginie | VF1 | 480 | 01:11:45 | 01:06:36 | 3541 | Cambes-en-Plaine |
| 3667 | REFFUVEILLE | Jessica | SF | 679 | 01:11:46 | 01:07:34 | 3656 | Hamars |
| 3668 | ROYER | Emmeric | SH | 840 | 01:11:47 | 01:07:26 | 3643 | Paris |
| 3669 | MARION | Emmanuelle | VF1 | 481 | 01:11:49 | 01:07:09 | 3614 | Louvigny |
| 3670 | NARDI | Sandra | VF1 | 482 | 01:11:52 | 01:08:28 | 3782 | Caen |
| 3671 | DALIBERT | Armelle | SF | 680 | 01:11:53 | 01:07:36 | 3662 | Caen |
| 3672 | GESLIN | Stephanie | VF1 | 483 | 01:11:53 | 01:07:36 | 3663 | caen |
| 3673 | MAISONNEUVE | Aude | SF | 681 | 01:11:53 | 01:07:34 | 3659 | caen |
| 3674 | MAISONNEUVE | Mathilde | SF | 682 | 01:11:53 | 01:07:35 | 3661 | caen |
| 3675 | PITEL | Nathalie | VF2 | 216 | 01:11:54 | 01:07:20 | 3637 | Athelic Club Avranches |
| 3676 | LE PUIL | Nolwenn | SF | 683 | 01:11:54 | 01:07:20 | 3634 | ORLEANS |
| 3677 | COGNARD | Christine | VF2 | 217 | 01:11:54 | 01:06:38 | 3546 | CAEN |
| 3678 | COGNARD | Jean-charles | VH2 | 347 | 01:11:55 | 01:06:39 | 3550 | CAEN |
| 3679 | CHARLIER | Nina | VF3 | 43 | 01:11:56 | 01:07:31 | 3653 | Blainville-sur-Orne |
| 3680 | BRZOSKA | Delphine | SF | 684 | 01:11:57 | 01:07:40 | 3669 | Parfouru-sur-Odon |

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| 3681 | DESSOUDE | Caroline | SF | 685 | 01:11:58 | 01:07:51 | 3685 | Blainville-sur-Orne |
| 3682 | LAMOUREUX | Stephanie | VF1 | 484 | 01:11:59 | 01:08:21 | 3764 | La Chapelle-Biche |
| 3683 | ORIHUELA | Rosana | SF | 686 | 01:12:01 | 01:08:44 | 3817 | Caen |
| 3684 | CAPARD | Muriel | VF1 | 485 | 01:12:01 | 01:07:37 | 3665 | Deauville |
| 3685 | MANIVEL | Marie christine | VF3 | 44 | 01:12:01 | 01:07:03 | 3600 | Cesny Bois Halbout |
| 3686 | RICHARD | Francoise | VF2 | 218 | 01:12:02 | 01:07:37 | 3664 | Cagny |
| 3687 | GREEN | Emilie | SF | 687 | 01:12:03 | 01:06:56 | 3581 | Verson |
| 3688 | ALLERME | Morgane | SF | 688 | 01:12:03 | 01:06:56 | 3584 | EPRON |
| 3689 | PINCELOUP BENYAHIA | Christine | VF2 | 219 | 01:12:04 | 01:06:31 | 3528 | Thaon |
| 3690 | NAUDOT | Amelie | SF | 689 | 01:12:05 | 01:07:30 | 3651 | Ouistreham |
| 3691 | PRANGERE | Olivia | VF1 | 486 | 01:12:05 | 01:07:00 | 3595 | Fontaine-Etoupefour |
| 3692 | ETEVENAUX | Brigitte | VF3 | 45 | 01:12:06 | 01:08:24 | 3775 | Olivet |
| 3693 | MANTEZ | Anne sophie | SF | 690 | 01:12:06 | 01:06:59 | 3590 | Colombelles |
| 3694 | HUARD | Charly | EH | 68 | 01:12:07 | 01:09:09 | 3853 | Saint-Malo |
| 3695 | FLORIAN | Poteau | EH | 69 | 01:12:07 | 01:09:08 | 3848 | Isigny-le-Buat |
| 3696 | LORILLARD | Ludovic | VH1 | 639 | 01:12:08 | 01:07:57 | 3708 | Cuverville |
| 3697 | DELANNOY | Fabienne | VF2 | 220 | 01:12:09 | 01:08:01 | 3719 | Aubergenville |
| 3698 | LEBARBEY | Elodie | SF | 693 | 01:12:10 | 01:07:31 | 3652 | Belval |
| 3699 | LELONG | Elise | SF | 691 | 01:12:10 | 01:07:43 | 3675 | Carpiquet |
| 3700 | MONTAGNAC | Annick | VF1 | 487 | 01:12:10 | 01:10:04 | 3960 | Vendes |
| 3701 | HEDREUIL | Emilie | SF | 692 | 01:12:10 | 01:07:33 | 3654 | lfs |
| 3702 | ADAM | Solenne | SF | 694 | 01:12:10 | 01:07:23 | 3640 | Velizy-Villacoublay |
| 3703 | HERMANN | Angelique | VF1 | 488 | 01:12:11 | 01:09:08 | 3850 | Fierville-Bray |
| 3704 | BOISSEAU | Lorraine | SF | 695 | 01:12:11 | 01:08:43 | 3812 | Aunay-sur-Odon |
| 3705 | MONSAVOIR | Caroline | SF | 696 | 01:12:12 | 01:08:44 | 3815 | Fleury-sur-Orne |
| 3706 | HENON | Christelle | VF1 | 489 | 01:12:12 | 01:08:17 | 3758 | Calais |
| 3707 | DUBOIS | Stephanie | VF1 | 490 | 01:12:12 | 01:09:17 | 3873 | Montreuil-le-Gast |
| 3708 | CAILLARD | Serge | VH2 | 348 | 01:12:13 | 01:08:45 | 3818 | ST CARNE |
| 3709 | LAISNEY | Virginie | VF1 | 491 | 01:12:13 | 01:09:50 | 3929 | Douvres-la-Delivrande |
| 3710 | TALBOT | Nina | SF | 697 | 01:12:13 | 01:07:08 | 3611 | Caen |
| 3711 | BEAUMONT | Roseline | VF1 | 492 | 01:12:14 | 01:07:50 | 3684 | louigny |
| 3712 | DES | Isabelle | VF2 | 221 | 01:12:14 | 01:07:44 | 3676 | la vacquerie |
| 3713 | RIVES | Anthony | SH | 841 | 01:12:14 | 01:08:37 | 3802 | Caen |
| 3714 | BEAUMONT | Tiffany | SF | 698 | 01:12:14 | 01:07:51 | 3686 | Louvigny |
| 3715 | LALLIER | Thibault | SH | 842 | 01:12:15 | 01:08:38 | 3803 | Caen |
| 3716 | EYRAUD | Marine | SF | 699 | 01:12:15 | 01:08:14 | 3748 | Blainville-sur-Orne |
| 3717 | DELARUE | Catherine | VF3 | 46 | 01:12:16 | 01:06:44 | 3563 | Evreux |
| 3718 | GALY | Marie-sophie | SF | 700 | 01:12:17 | 01:07:45 | 3678 | caen |
| 3719 | SEGUIN | Camille | SF | 701 | 01:12:18 | 01:07:00 | 3593 | Argentan |
| 3720 | SOETAERT | Lucie | SF | 702 | 01:12:18 | 01:07:00 | 3594 | Herouville-Saint-Clair |
| 3721 | FAUVEL | Karine | VF1 | 493 | 01:12:18 | 01:08:07 | 3732 | Saint-Samson-de-Bonfosse |
| 3722 | LECONTE | Ingrid | VF1 | 494 | 01:12:19 | 01:08:07 | 3733 | Saint-Samson-de-Bonfosse |
| 3723 | VIVIER | Laetitia | SF | 703 | 01:12:19 | 01:08:07 | 3734 | Le Mesnil-Raoult |
| 3724 | GUERNIER | Jonathan | VH1 | 640 | 01:12:21 | 01:08:06 | 3728 | CARPIQUET |
| 3725 | GUILLE | Barbara | SF | 704 | 01:12:23 | 01:06:56 | 3586 | CAEN |

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| 3726 | HELAINÉ | Elodie | VF2 | 222 | 01:12:23 | 01:07:53 | 3690 | Caen |
| 3727 | BOUJU | Perig | SH | 843 | 01:12:23 | 01:08:09 | 3736 | PARIS 11 |
| 3728 | ACHARIAN | Claire | VF1 | 495 | 01:12:23 | 01:08:04 | 3723 | Fontaine-Etoupefour |
| 3729 | LARGILLIERE | Marie-jo | VF2 | 223 | 01:12:24 | 01:08:24 | 3776 | Vaudry |
| 3730 | PINHO | Catarina | SF | 705 | 01:12:24 | 01:08:17 | 3759 | Caen |
| 3731 | LEPRINCE | Adelaide | SF | 706 | 01:12:25 | 01:06:55 | 3579 | Herouville-Saint-Clair |
| 3732 | BELOUET | Delphine | VF1 | 496 | 01:12:25 | 01:06:56 | 3587 | Mondeville |
| 3733 | LALIZEL | Emmanuel | VH1 | 641 | 01:12:25 | 01:09:14 | 3867 | Sully-sur-Loire |
| 3734 | BERTHEAU | Edwige | VF1 | 497 | 01:12:25 | 01:09:14 | 3866 | Sully-sur-Loire |
| 3735 | BOISSEAU | Christine | VF1 | 498 | 01:12:26 | 01:08:45 | 3819 | Angers |
| 3736 | BOETTE | Axelle | EF | 48 | 01:12:26 | 01:08:46 | 3822 | Guilberville |
| 3737 | FOUCHER | Marion | SF | 707 | 01:12:26 | 01:07:07 | 3607 | Saint-Germain-la-Blanche-Herbe |
| 3738 | ROUSSOT | Damien | SH | 844 | 01:12:26 | 01:07:07 | 3608 | Saint-Germain-la-Blanche-Herbe |
| 3739 | MARIE | Eddy | VH1 | 642 | 01:12:27 | 01:08:32 | 3791 | Vieux |
| 3740 | FERET | Sylvie | VF2 | 224 | 01:12:27 | 01:08:23 | 3773 | Eterville |
| 3741 | LIENART | Maxime | SH | 845 | 01:12:28 | 01:08:41 | 3811 | Caen |
| 3742 | LOLLIVIER | Antoine | JH | 53 | 01:12:28 | 01:09:22 | 3878 | Bellengreville |
| 3743 | DELOURME | Sandrine | VF2 | 225 | 01:12:28 | 01:07:28 | 3646 | Bernay |
| 3744 | HERARD | Aloise | CF | 17 | 01:12:28 | 01:07:29 | 3650 | Bernay |
| 3745 | MAILLET | Celine | VF1 | 499 | 01:12:29 | 01:07:28 | 3644 | Bernay |
| 3746 | LEMEUX | Lucie | SH | 846 | 01:12:29 | 01:06:58 | 3588 | Caen |
| 3747 | BENEZECH | Camille | SF | 708 | 01:12:31 | 01:09:11 | 3861 | PARIS 08 |
| 3748 | TAMINE | Audrey | SF | 710 | 01:12:32 | 01:07:08 | 3610 | Caen |
| 3749 | DARDE | Herve | VH2 | 349 | 01:12:32 | 01:09:11 | 3862 | IFS |
| 3750 | BARBOT | Elodie | SF | 709 | 01:12:32 | 01:08:01 | 3716 | Saint-Meloir-des-Ondes |
| 3751 | LEDEMENEY | Danielle | VF3 | 47 | 01:12:32 | 01:07:44 | 3677 | Mathieu |
| 3752 | MARIETTE | Helene | SF | 711 | 01:12:33 | 01:08:49 | 3824 | Caen |
| 3753 | AUGUSTE | Beatrice | VF2 | 226 | 01:12:33 | 01:08:49 | 3825 | Amfreville |
| 3754 | JOSEPH | Brigitte | VF2 | 227 | 01:12:34 | 01:07:53 | 3691 | Chatenay-Malabry |
| 3755 | SALLES | Lea | EF | 49 | 01:12:35 | 01:08:29 | 3784 | Villers-en-Ouche |
| 3756 | BOUCHER | Suzanne | SF | 712 | 01:12:35 | 01:08:29 | 3785 | Saint-Andre-d'Hebertot |
| 3757 | LEMERRE | Caroline | SF | 713 | 01:12:35 | 01:07:55 | 3697 | Saint-Martin-de-Fontenay |
| 3758 | AISSAT | Karine | VF1 | 500 | 01:12:35 | 01:07:55 | 3694 | Anisy |
| 3759 | THUET | Anne-sylvie | SF | 714 | 01:12:35 | 01:07:55 | 3698 | Saint-Martin-de-Fontenay |
| 3760 | PUGLIESI-CONTI | Paul-henri | VH1 | 643 | 01:12:36 | 01:07:02 | 3598 | Hermanville-sur-Mer |
| 3761 | BATTAIS | Sylvie | VF2 | 228 | 01:12:37 | 01:08:39 | 3806 | FOUGERES |
| 3762 | BATTAIS | Charlene | SF | 715 | 01:12:37 | 01:08:40 | 3809 | Saint-Germain-en-Cogles |
| 3763 | POZZI | Elisabeth | VF2 | 229 | 01:12:38 | 01:08:14 | 3752 | Courbevoie |
| 3764 | FOLLIOT | Florence | VF2 | 230 | 01:12:38 | 01:09:46 | 3920 | Pointel |
| 3765 | MARIE | Nohana marie | SF | 716 | 01:12:38 | 01:11:00 | 4053 | Eterville |
| 3766 | LEBARBEY | Cecile | VF2 | 231 | 01:12:38 | 01:08:00 | 3715 | Exmes |
| 3767 | MARIE | David | VH1 | 644 | 01:12:40 | 01:07:54 | 3693 | Thieville |
| 3768 | BERTHAUME | Jean claude | VH4 | 16 | 01:12:40 | 01:08:06 | 3729 | Lisieux |
| 3769 | ANTONIO | Christophe | SH | 847 | 01:12:40 | 01:07:54 | 3692 | Caen |
| 3770 | LENORMAND | Josiane | VF3 | 48 | 01:12:40 | 01:08:06 | 3730 | Lisieux |

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| 3771 | LOUIS | Valerie | VF1 | 501 | 01:12:41 | 01:10:17 | 3981 | CAEN |
| 3772 | LEGLINEL | Angelique | SF | 717 | 01:12:41 | 01:10:16 | 3980 | Bieville-Beuville |
| 3773 | MARIE | Dominique | VH2 | 350 | 01:12:41 | 01:10:18 | 3982 | CAEN |
| 3774 | MERIGNEUX | Yann | SH | 848 | 01:12:41 | 01:08:05 | 3727 | Lisieux |
| 3775 | BACHET | Marie | SF | 718 | 01:12:41 | 01:08:11 | 3741 | CAEN |
| 3776 | LECOMTE | Christelle | VF1 | 502 | 01:12:42 | 01:08:04 | 3722 | Lisieux |
| 3777 | CARNEIRO | Monica | VF1 | 503 | 01:12:42 | 01:08:00 | 3714 | Fleury sur Orne |
| 3778 | DOUBLET-CUILLER | Tiffany | JF | 31 | 01:12:42 | 01:09:13 | 3865 | lfs |
| 3779 | PICHARD | Quentin | JH | 54 | 01:12:42 | 01:09:14 | 3868 | caen |
| 3780 | VAUTRIN | Elise | JF | 32 | 01:12:43 | 01:07:07 | 3609 | Rueil-Malmaison |
| 3781 | LEYOUR | Virginie | SF | 719 | 01:12:43 | 01:08:01 | 3718 | Louvigny |
| 3782 | PICOT | Aurelie | SF | 720 | 01:12:44 | 01:08:18 | 3761 | Caen |
| 3783 | HERBET | Laurence | VF2 | 232 | 01:12:44 | 01:07:08 | 3612 | Courbevoie |
| 3784 | LELOUTRE | Teddy | SH | 849 | 01:12:44 | 01:07:22 | 3638 | Caen |
| 3785 | TOURAINÉ | Audrey | SF | 721 | 01:12:45 | 01:07:42 | 3671 | Caen |
| 3786 | NAMBOKA | David | SH | 850 | 01:12:46 | 01:09:51 | 3932 | Caucicourt |
| 3787 | CHAUSSIN | Raymond | VH3 | 139 | 01:12:48 | 01:07:20 | 3636 | Caen |
| 3788 | MARINIER | Isabelle | SF | 722 | 01:12:48 | 01:07:11 | 3618 | Fontenay-le-Pesnel |
| 3789 | MARINIER | Alexandre | SH | 851 | 01:12:48 | 01:07:12 | 3621 | Fontenay-le-Pesnel |
| 3790 | GOURLAY | Christophe | VH2 | 351 | 01:12:48 | 01:08:05 | 3726 | Sainte-Honorine-du-Fay |
| 3791 | POTTIN | Pascal | VH2 | 352 | 01:12:50 | 01:08:17 | 3760 | Le Neubourg |
| 3792 | GRASSET | Anne | SF | 723 | 01:12:50 | 01:07:42 | 3672 | La Riviere-Saint-Sauveur |
| 3793 | DELEBERGUE | Caroline | SF | 724 | 01:12:51 | 01:08:13 | 3742 | Putot-en-Bessin |
| 3794 | MARTIN | David | VH1 | 645 | 01:12:51 | 01:09:54 | 3941 | Trun |
| 3795 | GHNASSIA | Chloe | SF | 725 | 01:12:51 | 01:08:14 | 3751 | Putot en bessin |
| 3796 | DUMAS | Florence | VF2 | 233 | 01:12:52 | 01:07:16 | 3627 | La Celle-Saint-Cloud |
| 3797 | DUVAL | Ericka | SF | 726 | 01:12:52 | 01:08:08 | 3735 | Le Beny-Bocage |
| 3798 | GRANDJEAN | Anita | VF1 | 504 | 01:12:52 | 01:09:28 | 3887 | Noyers-Bocage |
| 3799 | COQUELIN | Jean-michel | VH1 | 646 | 01:12:53 | 01:09:53 | 3935 | Bonnes |
| 3800 | AUZANNEAU | Laurence | VF1 | 505 | 01:12:53 | 01:09:51 | 3930 | Jardres |
| 3801 | DUMAS | Christophe | VH2 | 353 | 01:12:53 | 01:07:17 | 3629 | XRUN CLUB |
| 3802 | HOUCARD | Estelle | VF1 | 506 | 01:12:53 | 01:08:39 | 3804 | Bougy |
| 3803 | PERRON | Francois | SH | 852 | 01:12:54 | 01:08:22 | 3770 | CAEN |
| 3804 | VOLAND | Charlotte | SF | 727 | 01:12:54 | 01:07:34 | 3657 | Caen |
| 3805 | NOTH | Gertraud | VF3 | 49 | 01:12:54 | 01:08:16 | 3757 | weigenheim |
| 3806 | TRIBOUILLARD | Anne | SF | 728 | 01:12:55 | 01:09:21 | 3875 | CAEN |
| 3807 | MALHERBE | Ludovic | SH | 853 | 01:12:57 | 01:08:01 | 3717 | Grainville sur odon |
| 3808 | CHELY | Fanny | VF1 | 507 | 01:12:57 | 01:11:08 | 4067 | Dives-sur-Mer |
| 3809 | FRANCOISE | Benoit | SH | 854 | 01:12:57 | 01:11:08 | 4069 | Dives-sur-Mer |
| 3810 | JOUSSEAUME | Gracielle | VF1 | 508 | 01:12:57 | 01:10:39 | 4009 | cambremer |
| 3811 | ESPIN | Elsa | SF | 729 | 01:12:59 | 01:08:45 | 3820 | FRESNES |
| 3812 | CAMARD | Isabelle | VF1 | 509 | 01:13:01 | 01:09:07 | 3847 | La Gouesniere |
| 3813 | MAERTENS | Lydie | VF2 | 234 | 01:13:01 | 01:08:43 | 3813 | Houlgate |
| 3814 | LEROYER | Severine | VF1 | 510 | 01:13:01 | 01:10:16 | 3978 | Ouilly-le-Tesson |
| 3815 | LETANOUX | Andre | VH3 | 140 | 01:13:01 | 01:09:06 | 3846 | Saint-Benoit-des-Ondes |

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| 3816 | VAUCLAIR | Sabrina | SF | 730 | 01:13:02 | 01:10:16 | 3979 | Donnay |
| 3817 | NICOLAS | Campeaux | SH | 855 | 01:13:02 | 01:08:57 | 3833 | Longraye |
| 3818 | DELATTRE | Lise | SF | 731 | 01:13:02 | 01:08:35 | 3796 | Houlgate |
| 3819 | VEYER | Pascale | VF3 | 50 | 01:13:02 | 01:08:13 | 3743 | Conde-sur-Sarthe |
| 3820 | MASSIEU | Natacha | VF1 | 511 | 01:13:03 | 01:08:37 | 3800 | Saint-Ouen-des-Besaces |
| 3821 | THEBERT | Marine | SF | 732 | 01:13:04 | 01:08:25 | 3777 | Caen |
| 3822 | DELLYS | Nicolas | VH1 | 647 | 01:13:05 | 01:08:27 | 3778 | Bretteville-sur-Laize |
| 3823 | PRODHOMME | Carine | SF | 733 | 01:13:05 | 01:07:49 | 3683 | SAINT GERMAIN DE TALLEVENDE |
| 3824 | LE ROY | Cecile | SF | 734 | 01:13:05 | 01:08:27 | 3779 | Bretteville-sur-Laize |
| 3825 | PLOS | Nelly | VF1 | 512 | 01:13:05 | 01:10:22 | 3984 | Cambes-en-Plaine |
| 3826 | RENOUF | Catherine | VF2 | 235 | 01:13:06 | 01:08:43 | 3814 | Valcanville |
| 3827 | LEMOIGNE | Pauline | SF | 735 | 01:13:07 | 01:07:34 | 3658 | Caen |
| 3828 | DUCREUX | Mathilde | SF | 736 | 01:13:07 | 01:08:28 | 3781 | Epron |
| 3829 | BRARD | Jean marie | VH3 | 141 | 01:13:07 | 01:09:53 | 3936 | Sourdeval |
| 3830 | VIALON | Roland | SH | 856 | 01:13:07 | 01:09:02 | 3836 | Soliers |
| 3831 | MARY | Gaelle | SF | 737 | 01:13:08 | 01:07:37 | 3667 | Cambremer |
| 3832 | SABOURIN | John | VH3 | 142 | 01:13:08 | 01:07:59 | 3713 | New Malden |
| 3833 | GUERIN | Maxime | SH | 857 | 01:13:08 | 01:07:37 | 3666 | Colombelles |
| 3834 | COUROIS | Helene | VF1 | 513 | 01:13:08 | 01:08:35 | 3797 | BRETTEVILLE SUR ODON |
| 3835 | LEHMAN | Estelle | SF | 738 | 01:13:09 | 01:08:16 | 3755 | Champigny-sur-Marne |
| 3836 | BONHOMME | Severine | VF1 | 514 | 01:13:09 | 01:09:11 | 3863 | VAL D'IZE |
| 3837 | LEITAO | Severine | VF1 | 515 | 01:13:09 | 01:08:16 | 3756 | champigny-sur-marne |
| 3838 | GALODE | Myriam | VF1 | 516 | 01:13:09 | 01:09:11 | 3864 | Luitre |
| 3839 | CHERIAUX | Catherine | VF2 | 236 | 01:13:09 | 01:10:15 | 3975 | Coulombs |
| 3840 | BRISSON | Veronique | VF1 | 517 | 01:13:11 | 01:11:35 | 4106 | Sannerville |
| 3841 | FOURMAGE | Astrid | SF | 739 | 01:13:11 | 01:08:19 | 3762 | Caen |
| 3842 | SAPLACAN | Mihaela | SF | 740 | 01:13:14 | 01:08:48 | 3823 | Hermanville-sur-Mer |
| 3843 | PAVIE | Rkia | VF1 | 518 | 01:13:15 | 01:08:23 | 3771 | Caen |
| 3844 | COUDERC | Nathalie | VF1 | 519 | 01:13:16 | 01:10:01 | 3950 | Fresney-le-Puceux |
| 3845 | GERMAINE | Marie-anne | SF | 741 | 01:13:16 | 01:09:51 | 3931 | PARIS 20 |
| 3846 | DESFLACHES | Micheline | VF3 | 51 | 01:13:16 | 01:08:35 | 3795 | Verson |
| 3847 | NEZAN-DORLEANS | Catherine | VF2 | 237 | 01:13:16 | 01:07:55 | 3696 | LE MERLERAULT |
| 3848 | HELLARD | Sophie | VF2 | 238 | 01:13:17 | 01:07:42 | 3674 | Thaon |
| 3849 | LEGER | Nathalie | VF1 | 520 | 01:13:18 | 01:08:28 | 3783 | Mondeville |
| 3850 | AIZEL | Gaelle | VF1 | 521 | 01:13:19 | 01:09:33 | 3899 | Saint-Crepin-Ibouvillers |
| 3851 | LECRUX | Blandine | SF | 742 | 01:13:19 | 01:08:21 | 3767 | Ouistreham |
| 3852 | SULTAN | Audrey | SF | 743 | 01:13:20 | 01:08:21 | 3765 | CAEN |
| 3853 | BARBOT | Carole | VF1 | 522 | 01:13:20 | 01:10:07 | 3964 | Boos |
| 3854 | LAMBERTZ | Isabelle | VF2 | 239 | 01:13:21 | 01:10:28 | 3993 | CAEN |
| 3855 | LANFUMEY | Sylvia | VF1 | 523 | 01:13:21 | 01:09:14 | 3869 | Herblay |
| 3856 | BELLAMY VILLAIN | Valerie | VF1 | 524 | 01:13:22 | 01:11:21 | 4086 | Lessay |
| 3857 | VANDEVILLE | Angelique | SF | 744 | 01:13:22 | 01:11:46 | 4114 | lfs |
| 3858 | LOUVEL-MALASSIS | Carine | VF1 | 525 | 01:13:23 | 01:08:37 | 3801 | Evrecy |
| 3859 | BELLENGER LARGUET | Aurelie | SF | 745 | 01:13:23 | 01:08:44 | 3816 | Exmes |
| 3860 | POCLET | Audrey | SF | 746 | 01:13:23 | 01:08:45 | 3821 | Villebadin |

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| 3861 | DUCHESNE | Brigitte | VF3 | 52 | 01:13:25 | 01:08:34 | 3794 | SAINT AUBIN SUR MER |
| 3862 | KONE | Safiatou | SF | 747 | 01:13:25 | 01:09:15 | 3871 | Caen |
| 3863 | VAN POELE | Natacha | VF1 | 526 | 01:13:25 | 01:09:06 | 3845 | CAEN |
| 3864 | QUESNOT | Jimmy | SH | 858 | 01:13:26 | 01:09:15 | 3872 | Caen |
| 3865 | LEPOURRY | Clothilde | SF | 748 | 01:13:27 | 01:10:15 | 3977 | Sainteny |
| 3866 | CALABUIG | Soazic | SF | 749 | 01:13:27 | 01:10:13 | 3971 | Bonneville-Aptot |
| 3867 | LECOEUR | Guillaume | SH | 859 | 01:13:28 | 01:10:43 | 4015 | Cagny |
| 3868 | LEVESQUE | Stephanie | SF | 750 | 01:13:29 | 01:08:30 | 3786 | Caen |
| 3869 | LOUVIOT | Eddie | VH1 | 648 | 01:13:29 | 01:09:32 | 3894 | Merville-Franceville-Plage |
| 3870 | SERPETTE | Veronique | VF2 | 240 | 01:13:30 | 01:09:03 | 3839 | Saint-Contest |
| 3871 | BANVILLE | Fabrice | VH1 | 649 | 01:13:31 | 01:09:42 | 3915 | Cairon |
| 3872 | HERVIEU | Muriel | VF1 | 527 | 01:13:32 | 01:09:04 | 3841 | Valframbert |
| 3873 | QUEMENEUR | Annie | VF3 | 53 | 01:13:32 | 01:09:08 | 3849 | Epron |
| 3874 | GUERNIER | Leonie | SF | 752 | 01:13:33 | 01:10:03 | 3954 | Le Havre |
| 3875 | CHESNEL | Florence | VF1 | 528 | 01:13:33 | 01:08:13 | 3746 | saint gabriel brecy |
| 3876 | GUERNIER | Aurelie | SF | 751 | 01:13:33 | 01:10:04 | 3959 | Vannes |
| 3877 | MAYAUD | Diane | VF1 | 529 | 01:13:33 | 01:08:11 | 3740 | Caen |
| 3878 | JAMES | Catherine | VF1 | 530 | 01:13:33 | 01:08:37 | 3799 | Tierceville |
| 3879 | RINGLER | Virginie | VF1 | 531 | 01:13:34 | 01:08:14 | 3753 | WASQUEHAL |
| 3880 | NEAUD | Helene | SF | 753 | 01:13:34 | 01:09:28 | 3889 | L' Aigle |
| 3881 | DUBOIS | Marlene | SF | 754 | 01:13:34 | 01:08:07 | 3731 | Saint-Manvieu-Bocage |
| 3882 | DECAUX | Claude | VH3 | 143 | 01:13:34 | 01:08:39 | 3807 | Saint andre lez Lille |
| 3883 | LEFEVRE | Jean-luc | VH2 | 354 | 01:13:34 | 01:08:13 | 3747 | Argences |
| 3884 | TRIBOUILLARD | Laurent | VH2 | 355 | 01:13:34 | 01:10:02 | 3953 | CAEN |
| 3885 | LACOUR | Virginie | SF | 755 | 01:13:35 | 01:09:29 | 3892 | Rugles |
| 3886 | DAOUDAL | Nelly | VF2 | 241 | 01:13:35 | 01:09:46 | 3923 | caen |
| 3887 | DAOUDAL | Pauline | EF | 50 | 01:13:35 | 01:09:46 | 3924 | caen |
| 3888 | DAOUDAL | Floriane | SF | 756 | 01:13:35 | 01:09:46 | 3921 | caen |
| 3889 | DAOUDAL | Marlene | SF | 757 | 01:13:35 | 01:09:46 | 3922 | caen |
| 3890 | BOURGET | Colette | VF2 | 242 | 01:13:36 | 01:09:09 | 3855 | Saint-Contest |
| 3891 | DUBOIS | Helene | SF | 758 | 01:13:36 | 01:08:10 | 3737 | Saint-Maur-des-Fosses |
| 3892 | SAVOURE | Cecile | SF | 759 | 01:13:37 | 01:08:39 | 3805 | vitry sur seine |
| 3893 | LEMASSON | Amelie | SF | 760 | 01:13:37 | 01:09:29 | 3891 | Saint-Lo |
| 3894 | COLLEVILLE | Caroline | SF | 761 | 01:13:38 | 01:09:34 | 3906 | Courseulles-sur-Mer |
| 3895 | CUZOL | Sebastien | VH1 | 650 | 01:13:38 | 01:09:35 | 3907 | Courseulles-sur-Mer |
| 3896 | LEMACON | Marie-jo | VF2 | 243 | 01:13:39 | 01:08:51 | 3828 | Tordouet |
| 3897 | BONNERIC | Christine | VF1 | 532 | 01:13:39 | 01:10:03 | 3957 | Oulins |
| 3898 | ROBILLARD | Barbara | VF1 | 533 | 01:13:41 | 01:08:51 | 3829 | Flers |
| 3899 | COUTARD | Marine | SF | 762 | 01:13:41 | 01:09:45 | 3919 | club d'athletisme conde-torigni |
| 3900 | KOSTRZEWA | Stephanie | SF | 763 | 01:13:42 | 01:10:51 | 4032 | Langrune-sur-Mer |
| 3901 | BLANCHET | Delphine | VF1 | 534 | 01:13:42 | 01:10:51 | 4031 | Langrune sur mer |
| 3902 | BODET | Emilie | SF | 764 | 01:13:43 | 01:09:14 | 3870 | Baron-sur-Odon |
| 3903 | BARBEY | Marjorie | SF | 765 | 01:13:43 | 01:09:09 | 3854 | Quibou |
| 3904 | COURNUT | Caroline | VF1 | 535 | 01:13:44 | 01:10:57 | 4045 | MONTROUGE |
| 3905 | MARETTE | Caroline | VF1 | 536 | 01:13:44 | 01:08:14 | 3749 | Cairon |

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| 3906 | MARETTE | Sophie | SF | 766 | 01:13:45 | 01:08:14 | 3750 | Cresserons |
| 3907 | HENNEQUIN | Fanny | SF | 767 | 01:13:45 | 01:08:13 | 3745 | Authie |
| 3908 | DECOUFLET | Thierry | VH2 | 356 | 01:13:45 | 01:10:54 | 4039 | Saint Martin de Fontenay |
| 3909 | MILLERIOUX | Nathalie | VF1 | 537 | 01:13:46 | 01:09:04 | 3842 | Anguerny |
| 3910 | BOUDIN | Valerie | VF1 | 538 | 01:13:47 | 01:09:55 | 3942 | Garcelles-Secqueville |
| 3911 | DELAFOSSSE | David | VH1 | 651 | 01:13:49 | 01:10:52 | 4035 | Saint-Contest |
| 3912 | LEMENAND-VIVIER | Sabrina | SF | 768 | 01:13:50 | 01:10:48 | 4024 | Bretteville-l'Orgueilleuse |
| 3913 | DESLANDES | Nathalie | VF1 | 539 | 01:13:52 | 01:09:04 | 3843 | Bretteville sur laize |
| 3914 | DROUART | Julien | SH | 860 | 01:13:53 | 01:10:11 | 3970 | Saint-Aubin-d'Arquenay |
| 3915 | DESLANDES | Christophe | VH1 | 652 | 01:13:53 | 01:09:05 | 3844 | Bretteville-sur-Laize |
| 3916 | VARON | Pauline | SF | 769 | 01:13:54 | 01:09:32 | 3898 | Caen |
| 3917 | DEROUET | Dominique | VH2 | 357 | 01:13:54 | 01:08:16 | 3754 | L' Aigle |
| 3918 | COLIN | Francoise | VF2 | 244 | 01:13:55 | 01:10:53 | 4036 | Douvres-la-Delivrande |
| 3919 | LELANDAIS | Romain | SH | 861 | 01:13:55 | 01:08:31 | 3788 | Mondrainville |
| 3920 | LOIR | Odile | VF2 | 245 | 01:13:56 | 01:09:10 | 3857 | Saint-Lo |
| 3921 | QUINTAINE | Lea | SF | 770 | 01:13:56 | 01:08:31 | 3789 | Eterville |
| 3922 | QUINTAINE | Franck | VH2 | 358 | 01:13:56 | 01:08:31 | 3787 | Eterville |
| 3923 | MENANT | Daniel | VH2 | 359 | 01:13:57 | 01:10:49 | 4026 | Giberville |
| 3924 | PROVOST | Isabelle | VF2 | 246 | 01:13:57 | 01:09:37 | 3911 | Anisy |
| 3925 | GADONNA | Celine | SF | 771 | 01:13:57 | 01:10:50 | 4030 | Ils |
| 3926 | BAYART | Jimmy | SH | 862 | 01:13:58 | 01:10:50 | 4027 | Ils |
| 3927 | LAURENT | Alexandre | SH | 863 | 01:13:58 | 01:11:14 | 4077 | Thaon |
| 3928 | LELANDAIS | Meghan | EF | 51 | 01:13:59 | 01:11:13 | 4075 | Mondeville |
| 3929 | TANG | Clara | SF | 772 | 01:14:00 | 01:09:22 | 3877 | Cambridge |
| 3930 | PIGNARD | Sebastien | SH | 864 | 01:14:00 | 01:08:50 | 3826 | Fontenay-sur-Eure |
| 3931 | LE TERRIER | Aurelie | SF | 773 | 01:14:01 | 01:08:50 | 3827 | Fontenay-sur-Eure |
| 3932 | BLOT | Francoise | VF3 | 54 | 01:14:01 | 01:09:11 | 3860 | Touques |
| 3933 | PERICLES | Jean claude | VH3 | 144 | 01:14:02 | 01:09:32 | 3895 | la vacquerie |
| 3934 | PELOUARD | Priscilla | SF | 774 | 01:14:02 | 01:09:23 | 3879 | Bayeux |
| 3935 | ROCHETTE | Virginie | VF1 | 540 | 01:14:03 | 01:10:31 | 3997 | Caen |
| 3936 | SOUVERAIN | Cedric | VH1 | 653 | 01:14:03 | 01:11:11 | 4073 | Bauquay |
| 3937 | HECKLI | Jessica | VF1 | 541 | 01:14:04 | 01:09:22 | 3876 | Cambes en plaine |
| 3938 | LEMARCHAND | Jacqueline | VF2 | 247 | 01:14:05 | 01:08:36 | 3798 | Saint-Lormel |
| 3939 | ARTISON | Alain | VH3 | 145 | 01:14:06 | 01:10:00 | 3949 | Benouville |
| 3940 | GREGOIRE | Marine | SF | 775 | 01:14:06 | 01:09:00 | 3834 | Saint-Lo |
| 3941 | DUHAMEAU | Frederic | VH1 | 654 | 01:14:08 | 01:09:02 | 3835 | Vesly |
| 3942 | GUEGUEN | Jean | VH1 | 655 | 01:14:09 | 01:09:27 | 3886 | Plozevet |
| 3943 | GUEGUEN-LE MEUR | Patricia | VF1 | 542 | 01:14:09 | 01:09:27 | 3885 | TRIATHLON FLERS LA FERTE MACE |
| 3944 | TOROND | Ghislain | SH | 865 | 01:14:09 | 01:09:32 | 3896 | Caen |
| 3945 | DUVAL | Christelle | VF1 | 543 | 01:14:09 | 01:09:59 | 3948 | Hermanville-sur-Mer |
| 3946 | TOROND-MOYA | Ines | SF | 776 | 01:14:10 | 01:09:32 | 3897 | Caen |
| 3947 | LEFEVRE | Alain | VH2 | 360 | 01:14:10 | 01:10:06 | 3963 | CAEN |
| 3948 | OLEJNICZAK | Julie | VF2 | 248 | 01:14:10 | 01:09:09 | 3851 | Caen |
| 3949 | PERRARD | Adeline | SF | 777 | 01:14:11 | 01:10:41 | 4010 | La Graverie |
| 3950 | DOUCHIN | Emilie | SF | 778 | 01:14:12 | 01:09:33 | 3903 | Saint-Germain-le-Vasson |

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| 3951 | LAVABRE | Thibaut | SH | 866 | 01:14:12 | 01:11:05 | 4060 | PARIS 14 |
| 3952 | TOUZET | Alexandre | SH | 867 | 01:14:12 | 01:11:05 | 4061 | Nantes |
| 3953 | LEGRAND | Arnaud | SH | 868 | 01:14:12 | 01:09:29 | 3890 | Caen |
| 3954 | LELIEVRE | Christelle | SF | 779 | 01:14:13 | 01:11:06 | 4064 | Quetreville-sur-Sienne |
| 3955 | CAMINADA | Xavier | VH1 | 656 | 01:14:14 | 01:12:48 | 4203 | Vire |
| 3956 | LANOIS | Azeline | SF | 780 | 01:14:14 | 01:09:33 | 3900 | Caen |
| 3957 | LEMESNAGER | Severine | VF1 | 544 | 01:14:14 | 01:12:49 | 4204 | SAINT GERMAIN DE TALLEVENDE |
| 3958 | LENOIR | Vanessa | SF | 781 | 01:14:16 | 01:11:45 | 4112 | Verson |
| 3959 | GOURRET | Jean-claude | VH3 | 146 | 01:14:16 | 01:09:09 | 3852 | Lanester |
| 3960 | BASTIEN | Cecile | SF | 782 | 01:14:16 | 01:11:45 | 4113 | Verson |
| 3961 | EUPHEMIE | Sophie | VF1 | 545 | 01:14:20 | 01:09:25 | 3883 | Ponts sur seules |
| 3962 | LE DU | Heloise | SF | 783 | 01:14:23 | 01:13:00 | 4214 | Saint-Victor-de-Chretienville |
| 3963 | DUPIN | Yves | VH3 | 147 | 01:14:24 | 01:10:43 | 4012 | Mortagne-au-Perche |
| 3964 | FLEURY | Alexia | SF | 784 | 01:14:24 | 01:09:54 | 3940 | Cesny-Bois-Halbout |
| 3965 | DUPIN | Anne | VF1 | 546 | 01:14:24 | 01:10:43 | 4013 | Sin Le Noble |
| 3966 | CAUHAPE | Christine | VF2 | 249 | 01:14:25 | 01:10:02 | 3952 | Agneaux |
| 3967 | RICHARD | Justine | EF | 52 | 01:14:26 | 01:08:55 | 3830 | Saint-Martin-la-Campagne |
| 3968 | HEYVANG | Thierry | VH1 | 657 | 01:14:26 | 01:09:23 | 3881 | Fontaine-Etoupefour |
| 3969 | BRAZ DA SILVA | Yannick | VH3 | 148 | 01:14:28 | 01:09:25 | 3884 | Bayeux |
| 3970 | AUBERT | Sylvain | SH | 869 | 01:14:29 | 01:11:47 | 4115 | colombelles |
| 3971 | EUGENE | Virginie | VF1 | 547 | 01:14:30 | 01:09:53 | 3937 | Saint-Andre-sur-Orne |
| 3972 | CHAPRON | Gwenaelle | SF | 785 | 01:14:32 | 01:10:54 | 4038 | Tinchebray |
| 3973 | HUET | Ingrid | SF | 786 | 01:14:36 | 01:11:31 | 4099 | Caen |
| 3974 | OSMONT | Sophie | JF | 33 | 01:14:36 | 01:10:55 | 4040 | AS TOURLAVILLE |
| 3975 | BAUDRY | Frederic | SH | 870 | 01:14:36 | 01:11:31 | 4098 | Caen |
| 3976 | PELLETIER | Isabelle | VF2 | 250 | 01:14:37 | 01:09:23 | 3880 | Thaon |
| 3977 | PELLETIER | Valentine | EF | 53 | 01:14:37 | 01:09:24 | 3882 | Thaon |
| 3978 | GRIEU | Bernard | VH3 | 149 | 01:14:38 | 01:10:07 | 3965 | CERGY |
| 3979 | LAIGNEL | Sandrine | VF1 | 548 | 01:14:39 | 01:09:33 | 3902 | Trepel |
| 3980 | ADELL | Serge | VH3 | 150 | 01:14:39 | 01:09:28 | 3888 | LIEUSAINT |
| 3981 | BRIERE | Philippe | VH2 | 361 | 01:14:40 | 01:09:10 | 3856 | Fleury-sur-Orne |
| 3982 | CALLIGARO | Bruno | VH2 | 362 | 01:14:40 | 01:09:10 | 3858 | Tourville-sur-Odon |
| 3983 | MARIVINGT | Denis | VH2 | 363 | 01:14:41 | 01:09:10 | 3859 | martragny |
| 3984 | ANDRE | Isabelle | VF2 | 251 | 01:14:41 | 01:11:26 | 4090 | Fresney-le-Puceux |
| 3985 | DE OLIVEIRA | Jana | VF2 | 252 | 01:14:42 | 01:09:30 | 3893 | Cairon |
| 3986 | PIQUERY | Christian | VH2 | 364 | 01:14:44 | 01:10:05 | 3962 | Eterville |
| 3987 | LALLIER | Christiane | VF4 | 4 | 01:14:44 | 01:10:03 | 3955 | Caen |
| 3988 | DEGREMONT | Fanny | VF1 | 549 | 01:14:45 | 01:09:44 | 3918 | Cahagnes |
| 3989 | LAINÉ | Sabrina | VF1 | 550 | 01:14:45 | 01:09:44 | 3917 | Cahagnes |
| 3990 | FRANCOISE | Alain | VH3 | 151 | 01:14:45 | 01:11:40 | 4110 | Bellengreville |
| 3991 | LECOEUR | Dalila | VF2 | 253 | 01:14:46 | 01:10:27 | 3988 | Caen |
| 3992 | LECOEUR | Patrick | VH3 | 152 | 01:14:47 | 01:10:28 | 3991 | Caen |
| 3993 | LOLOM | Romain | SH | 871 | 01:14:47 | 01:11:04 | 4059 | Fleury-sur-Orne |
| 3994 | MACRO | Margaret | VF2 | 254 | 01:14:48 | 01:09:20 | 3874 | Caen |
| 3995 | SERIES | Jade | EF | 54 | 01:14:49 | 01:09:42 | 3916 | CAEN |

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| 3996 | BULKE | Frederic | VH2 | 365 | 01:14:49 | 01:10:36 | 4002 | Trouville |
| 3997 | DELARUELLE | Barbara | VF1 | 551 | 01:14:49 | 01:10:35 | 3999 | Trouville-sur-Mer |
| 3998 | BATAILLE | Vanessa | VF1 | 552 | 01:14:50 | 01:09:48 | 3927 | Boissy-sous-Saint-Yon |
| 3999 | CHAMBORD | Juliette | CF | 18 | 01:14:51 | 01:10:14 | 3972 | Caen |
| 4000 | LECARPENTIER | Severine | VF1 | 553 | 01:14:51 | 01:09:35 | 3908 | Caen |
| 4001 | MARTINEZ DE LIZARRONDO | Sara | SF | 787 | 01:14:51 | 01:09:42 | 3914 | CAEN |
| 4002 | RINTAUD | Daniele | VF1 | 554 | 01:14:51 | 01:10:15 | 3974 | Caen |
| 4003 | DIOT | Muriel | VF1 | 555 | 01:14:52 | 01:09:33 | 3901 | Bazoches-au-Houlme |
| 4004 | HAY | Joachim | VH1 | 658 | 01:14:52 | 01:09:52 | 3933 | Cahagnes |
| 4005 | ROSSIGNOL | Jean-christophe | VH1 | 659 | 01:14:52 | 01:09:34 | 3905 | Bazoches-au-Houlme |
| 4006 | GOURSAUD | Suzanne | SF | 788 | 01:14:53 | 01:09:42 | 3913 | Caen |
| 4007 | BIONDOLLILO | Arthur | SH | 872 | 01:14:54 | 01:09:49 | 3928 | Beaumont-en-Auge |
| 4008 | SERIES | Justine | SF | 789 | 01:14:54 | 01:09:47 | 3926 | CAEN |
| 4009 | BOURDEYROUX | Colette | VF3 | 55 | 01:14:54 | 01:10:19 | 3983 | Ranville |
| 4010 | LEMOUCHOUX | Marion | SF | 790 | 01:14:55 | 01:09:53 | 3939 | Barbery |
| 4011 | COUPPEY | Olivier | SH | 873 | 01:14:55 | 01:09:53 | 3938 | Barbery |
| 4012 | LEGALLAIS | Martine | VF3 | 56 | 01:14:55 | 01:10:30 | 3994 | Anisy |
| 4013 | BRESTEAUX | Nathalie | VF1 | 556 | 01:14:56 | 01:10:59 | 4050 | Merville-Franceville-Plage |
| 4014 | KOZATCHEVSKY | Sophie | SF | 791 | 01:14:58 | 01:10:28 | 3992 | BLAINVILLE SUR ORNE |
| 4015 | PAYOT | Adrien | SH | 874 | 01:14:58 | 01:12:38 | 4179 | Mondrainville |
| 4016 | MENARD | Francine | VF3 | 57 | 01:14:58 | 01:09:59 | 3945 | verson |
| 4017 | LEGER | Benoit | VH1 | 660 | 01:14:59 | 01:10:09 | 3966 | Mondeville |
| 4018 | CARGOET | Florian | SH | 875 | 01:14:59 | 01:10:03 | 3956 | Caen |
| 4019 | RELIQUET | Veronique | VF2 | 255 | 01:14:59 | 01:09:59 | 3946 | Nantes |
| 4020 | SERIES | Nathalie | VF2 | 256 | 01:15:00 | 01:09:52 | 3934 | CAEN |
| 4021 | BLIN | Marie-paule | VF2 | 257 | 01:15:01 | 01:10:10 | 3967 | OUISTREHAM |
| 4022 | LOUET | Sylvie | VF3 | 58 | 01:15:01 | 01:10:10 | 3968 | Secqueville-en-Bessin |
| 4023 | ARTEMON | Bernadette | VF3 | 59 | 01:15:02 | 01:10:01 | 3951 | EAMH |
| 4024 | GUILLEM | Patricia | VF2 | 258 | 01:15:04 | 01:12:01 | 4137 | rouen |
| 4025 | GUILLEM | Eric | VH2 | 366 | 01:15:04 | 01:12:01 | 4136 | rouen |
| 4026 | PRIME | Nadege | VF1 | 557 | 01:15:04 | 01:10:36 | 4001 | Cormelles-le-Royal |
| 4027 | FERRON PATRON | Damien | SH | 876 | 01:15:06 | 01:11:22 | 4088 | BREVILLE |
| 4028 | LEPILLEUR | Francoise | VF2 | 259 | 01:15:07 | 01:11:57 | 4133 | Villers-Bocage |
| 4029 | VESQUE | David | VH1 | 661 | 01:15:07 | 01:11:08 | 4070 | Lisieux |
| 4030 | LAURENT | Sandrine | VF1 | 558 | 01:15:07 | 01:10:14 | 3973 | Missy |
| 4031 | SCHULLER | Estelle | VF1 | 559 | 01:15:08 | 01:10:15 | 3976 | Missy |
| 4032 | GAUTIER | Blandine | SF | 792 | 01:15:12 | 01:09:57 | 3943 | Bretteville-le-Rabet |
| 4033 | BENJAMIN | Lee | VH2 | 367 | 01:15:12 | 01:10:59 | 4049 | LONDON |
| 4034 | CABON | Mylene | SF | 793 | 01:15:12 | 01:11:22 | 4087 | Fleury-sur-Orne |
| 4035 | BUGNA | Christian | EH | 70 | 01:15:12 | 01:01:15 | 2770 | Colombelles |
| 4036 | CLARENC | Etienne | SH | 877 | 01:15:12 | 01:09:58 | 3944 | Bretteville-le-Rabet |
| 4037 | MARTIN | Roy | VH3 | 153 | 01:15:13 | 01:10:31 | 3995 | HIGH WYCOMBE |
| 4038 | MARIE | Annabelle | VF1 | 560 | 01:15:14 | 01:10:04 | 3958 | Savigny-sur-Orge |
| 4039 | DENISE | Delphine | SF | 794 | 01:15:16 | 01:10:28 | 3990 | Demouville |
| 4040 | LASSERRE | Chrystele | VF1 | 561 | 01:15:16 | 01:09:39 | 3912 | Chatou |

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| 4041 | SEVIN | Ophelie | EF | 55 | 01:15:17 | 01:11:53 | 4126 | Villers-Bocage |
| 4042 | ROBENARD | Chloe | EF | 56 | 01:15:17 | 01:11:54 | 4127 | louigny |
| 4043 | HOLE | Elodie | SF | 795 | 01:15:18 | 01:10:27 | 3989 | CACT |
| 4044 | LEPENANT | Karine | VF2 | 260 | 01:15:18 | 01:10:37 | 4003 | LIEURY |
| 4045 | BOUCEY | Christian | VH2 | 368 | 01:15:18 | 01:11:19 | 4081 | Lisieux |
| 4046 | JACKSON | Helen louise | VF1 | 562 | 01:15:19 | 01:12:31 | 4174 | Lasson |
| 4047 | LEPENANT | Didier | VH2 | 369 | 01:15:19 | 01:10:39 | 4007 | LIEURY |
| 4048 | BOURDEL | Catherine | VF1 | 563 | 01:15:21 | 01:10:24 | 3986 | Aunay-sur-Odon |
| 4049 | CARDIN | Sebastien | VH1 | 662 | 01:15:21 | 01:10:42 | 4011 | Herouville-Saint-Clair |
| 4050 | HERVIEUX | Dominique | VF3 | 60 | 01:15:21 | 01:10:43 | 4017 | Colleville-Montgomery |
| 4051 | CARDIN | Christophe | VH1 | 663 | 01:15:22 | 01:10:44 | 4019 | Colomby-anguerny |
| 4052 | ROBERGE | Philippe | VH2 | 370 | 01:15:23 | 01:11:51 | 4120 | Argences |
| 4053 | BLANDIN | Laure | SF | 796 | 01:15:25 | 01:11:13 | 4076 | EPERNAY |
| 4054 | FRILEY | Delphine | VF1 | 564 | 01:15:27 | 01:11:11 | 4074 | Blainville-sur-Orne |
| 4055 | PICHON | Catherine | VF1 | 565 | 01:15:29 | 01:11:33 | 4102 | Mondeville |
| 4056 | GUILLOT | Jacky | VH3 | 154 | 01:15:33 | 01:10:05 | 3961 | Cabourg |
| 4057 | CORLAY | Sylvain | VH4 | 17 | 01:15:34 | 01:11:37 | 4108 | Saint-Andre-sur-Orne |
| 4058 | GRUEL | Valerie | VF1 | 566 | 01:15:35 | 01:10:11 | 3969 | Sainte-Adresse |
| 4059 | COURTEILLE | Ludovic | SH | 878 | 01:15:35 | 01:10:33 | 3998 | herouville saint clair |
| 4060 | BENARD | Anais | SF | 797 | 01:15:37 | 01:13:16 | 4228 | Mondrainville |
| 4061 | TESSIER | Alexis | SH | 879 | 01:15:37 | 01:11:35 | 4104 | La Lande-Saint-Leger |
| 4062 | TESSIER | Magali | SF | 798 | 01:15:37 | 01:11:35 | 4105 | La Lande-Saint-Leger |
| 4063 | DESCOURBES | Natacha | VF1 | 567 | 01:15:37 | 01:10:43 | 4014 | Alencon |
| 4064 | BIDAULT-WOIVRE | Sylvie | VF2 | 261 | 01:15:37 | 01:10:43 | 4018 | Saint-Germain-du-Corbeis |
| 4065 | SZERMAN-POISSON | Ethel | VF3 | 61 | 01:15:38 | 01:10:39 | 4008 | Saint-Contest |
| 4066 | LEVASSEUR | Eric | VH2 | 371 | 01:15:40 | 01:09:59 | 3947 | Mondeville |
| 4067 | COOLSAET | Alice | SF | 799 | 01:15:42 | 01:11:05 | 4062 | Caen |
| 4068 | GAMBLIN | Isabelle | VF1 | 568 | 01:15:44 | 01:11:00 | 4051 | Lasson |
| 4069 | GAMBLIN | Olivier | VH1 | 664 | 01:15:44 | 01:11:00 | 4052 | Lasson |
| 4070 | FEVEREL | Joannise | SF | 800 | 01:15:44 | 01:10:36 | 4000 | Lisieux |
| 4071 | JACQUES | Jeremy | SH | 880 | 01:15:45 | 01:10:37 | 4006 | Lisieux |
| 4072 | CHERPION | Maxime | SH | 881 | 01:15:46 | 01:11:56 | 4130 | Caen |
| 4073 | LE GALL | Thibault | SH | 882 | 01:15:47 | 01:12:23 | 4161 | eterville |
| 4074 | LE GALL | Catherine | VF3 | 62 | 01:15:47 | 01:12:23 | 4160 | Eterville |
| 4075 | PEREIRA | Delphine | VF1 | 569 | 01:15:49 | 01:13:47 | 4245 | La Croix-Saint-Leufroy |
| 4076 | BRENET | Jennifer | SF | 801 | 01:15:51 | 01:11:23 | 4089 | Airaines |
| 4077 | VALERY | Marie pierre | VF2 | 262 | 01:15:51 | 01:10:31 | 3996 | Villons-les-Buissons |
| 4078 | AMIARD | Geoffrey | SH | 883 | 01:15:51 | 01:12:37 | 4177 | La Bigne |
| 4079 | HEUDIER | Helene | SF | 802 | 01:15:52 | 01:12:38 | 4178 | La Bigne |
| 4080 | MALLEJAC | Stephane | VH1 | 665 | 01:15:52 | 01:11:19 | 4079 | Bourguebus |
| 4081 | YVON | Karen | SF | 803 | 01:15:54 | 01:10:57 | 4047 | Hermanville-sur-Mer |
| 4082 | BELLOU | Aurelie | SF | 804 | 01:15:54 | 01:10:57 | 4046 | Bieville-Beuville |
| 4083 | ASSELOT | Daniel | VH3 | 155 | 01:15:54 | 01:11:53 | 4125 | Carquebut |
| 4084 | ARTIS | Cecile | VF1 | 570 | 01:15:55 | 01:11:01 | 4055 | Sallanches |
| 4085 | FLAUSS | Isabelle | VF2 | 263 | 01:15:55 | 01:10:37 | 4004 | Caen |

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| 4086 | ARTIS | Sylvain | VH1 | 666 | 01:15:56 | 01:11:02 | 4056 | LCBO |
| 4087 | TRANCON | Gerard | VH4 | 18 | 01:15:56 | 01:10:43 | 4016 | Anisy |
| 4088 | LEGENDRE | Daniel | VH3 | 156 | 01:15:56 | 01:10:37 | 4005 | Cornelles-le-Royal |
| 4089 | HEBERT | Corinne | VF1 | 571 | 01:15:56 | 01:10:58 | 4048 | colombelles |
| 4090 | PAPIN | Laurence | SF | 805 | 01:15:57 | 01:11:19 | 4078 | Bretteville-l'Orgueilleuse |
| 4091 | WIART | Audrey | VF1 | 572 | 01:15:57 | 01:12:41 | 4182 | Garcelles-Secqueville |
| 4092 | HOCHARD | Marie | SF | 806 | 01:15:57 | 01:11:20 | 4082 | Mondeville |
| 4093 | DELENTE | Christelle | SF | 807 | 01:15:58 | 01:11:21 | 4083 | Villers-Bocage |
| 4094 | DELENTE | Gerald | VH3 | 157 | 01:15:59 | 01:11:21 | 4084 | Feuguerolles-Bully |
| 4095 | DELENTE | Karine | SF | 808 | 01:15:59 | 01:11:21 | 4085 | Domjean |
| 4096 | GUIBERT | Charlotte | SF | 809 | 01:16:00 | 01:10:23 | 3985 | Benouville |
| 4097 | LEFEVRE | Manon | SF | 810 | 01:16:00 | 01:10:55 | 4041 | Marseille |
| 4098 | MADELEINE | Alison | SF | 811 | 01:16:00 | 01:11:08 | 4068 | Lantheuil |
| 4099 | GUIMARD | Sophie | VF1 | 573 | 01:16:00 | 01:10:48 | 4021 | MATHIEU |
| 4100 | JVALET | Chantal | VF2 | 264 | 01:16:00 | 01:10:24 | 3987 | Herouville-Saint-Clair |
| 4101 | GROOHAERD | Philippe | VH3 | 158 | 01:16:02 | 01:11:06 | 4065 | WARNETON |
| 4102 | KUZNIEZOW | Katia | VF1 | 574 | 01:16:02 | 01:11:53 | 4124 | Evrecy |
| 4103 | LEBOUCHER | Sylvie | VF2 | 265 | 01:16:02 | 01:10:47 | 4020 | lfs |
| 4104 | POTEVIN | Stephanie | VF1 | 575 | 01:16:03 | 01:10:50 | 4028 | blainville sur orne |
| 4105 | NOUZILLE | Jean-aymeric | SH | 884 | 01:16:05 | 01:10:50 | 4029 | resserons |
| 4106 | CENDRIER | Celine | SF | 812 | 01:16:07 | 01:10:51 | 4033 | Argences |
| 4107 | BEETS | Candice | SF | 813 | 01:16:09 | 01:10:48 | 4025 | Saint-Hilaire-les-Andresis |
| 4108 | MILLET | Sandrine | SF | 814 | 01:16:11 | 01:11:30 | 4095 | Soliers |
| 4109 | AMBROSCH | Pierre | VH2 | 372 | 01:16:11 | 01:10:56 | 4043 | Demouville |
| 4110 | BERLEMONT | Helene | SF | 815 | 01:16:15 | 01:11:33 | 4101 | soliers |
| 4111 | ROCH | Nathalie | VF2 | 266 | 01:16:16 | 01:11:26 | 4091 | Bieville-Beuville |
| 4112 | SALLES | Aymeric | SH | 885 | 01:16:17 | 01:11:09 | 4071 | Messei |
| 4113 | GOLEMO | Aleksandra | SF | 816 | 01:16:17 | 01:12:27 | 4169 | Le Mesnil-Robert |
| 4114 | AMBROSCH | Samuel | EH | 71 | 01:16:18 | 01:11:04 | 4058 | Demouville |
| 4115 | PINSAULT | Laetitia | VF1 | 576 | 01:16:18 | 01:10:53 | 4037 | Saint-Aubin-d'Arquenay |
| 4116 | GOUVILLE | Clara | VF1 | 577 | 01:16:18 | 01:11:47 | 4117 | CARPIQUET |
| 4117 | MERIEUNE | Aline | VF1 | 578 | 01:16:18 | 01:10:55 | 4042 | Blainville-sur-Orne |
| 4118 | GUESNET | Clement | SH | 886 | 01:16:19 | 01:10:56 | 4044 | Agy |
| 4119 | HOULBERT | Sonia | VF1 | 579 | 01:16:20 | 01:14:06 | 4254 | Vacognes-Neully |
| 4120 | VAUTIER | Sylviane | SF | 817 | 01:16:21 | 01:11:07 | 4066 | Agneaux |
| 4121 | AUBRIL | Stephane | VH1 | 667 | 01:16:21 | 01:11:30 | 4097 | cact |
| 4122 | PROD'HOMME | Jean claude | VH2 | 373 | 01:16:22 | 01:11:06 | 4063 | Saint-Georges-des-Groseillers |
| 4123 | GOSSELIN | Pierre | VH1 | 668 | 01:16:23 | 01:10:48 | 4022 | Le Hom |
| 4124 | GOBE | Claire | VF1 | 580 | 01:16:23 | 01:10:48 | 4023 | Herouvillette |
| 4125 | TILLARD | Christelle | VF1 | 581 | 01:16:24 | 01:11:50 | 4119 | Hermanville-sur-Mer |
| 4126 | MARIE | Evelyne | VF2 | 267 | 01:16:25 | 01:11:32 | 4100 | LE MESNIL PATRY |
| 4127 | LEMAZURIER | Aurelie | SF | 818 | 01:16:26 | 01:10:52 | 4034 | Caen |
| 4128 | CHEVALIER | Nicole | VF3 | 63 | 01:16:28 | 01:12:05 | 4141 | penvenan |
| 4129 | MICHEL | Nathalie | VF1 | 582 | 01:16:28 | 01:11:57 | 4132 | Caen |
| 4130 | LEOPARDI | Magali | VF1 | 583 | 01:16:29 | 01:13:15 | 4226 | Bernieres-sur-Mer |

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| 4131 | LEOPARDI | Mario | VH1 | 669 | 01:16:30 | 01:13:16 | 4229 | Bernieres-sur-Mer |
| 4132 | FINOCCHIARO | Julie | VF1 | 584 | 01:16:30 | 01:11:30 | 4096 | Falaise |
| 4133 | VERGIN | Aurelie | SF | 819 | 01:16:31 | 01:12:23 | 4165 | Torigni-sur-Vire |
| 4134 | RICHARD | Olivia | SF | 820 | 01:16:31 | 01:11:09 | 4072 | Amaye sur orne |
| 4135 | NECKER | Penelope | SF | 821 | 01:16:32 | 01:04:22 | 3209 | PARIS |
| 4136 | MARIE | Ludivine | VF1 | 585 | 01:16:32 | 01:11:53 | 4123 | dambainville |
| 4137 | LELIEVRE | Fanny | VF1 | 586 | 01:16:32 | 01:11:53 | 4122 | blainville sur orne |
| 4138 | VILAGINES BOISSET | Aude | VF1 | 587 | 01:16:32 | 01:13:25 | 4232 | Caen |
| 4139 | LEPROVOST | Gwenaelle | SF | 822 | 01:16:32 | 01:13:24 | 4231 | lfs |
| 4140 | REMAUD | Veronique | VF2 | 268 | 01:16:37 | 01:12:48 | 4202 | Aulnay-sur-Iton |
| 4141 | MERLE | Sandrine | VF1 | 588 | 01:16:37 | 01:11:19 | 4080 | Feuguerolles-Bully |
| 4142 | MALLET | Sophie | VF1 | 589 | 01:16:38 | 01:12:59 | 4211 | Giberville |
| 4143 | BOUCHER | Bernard | VH2 | 374 | 01:16:39 | 01:11:00 | 4054 | Caen |
| 4144 | VENISSE | Carole | VF1 | 590 | 01:16:42 | 01:13:04 | 4216 | Caen |
| 4145 | TREBOUTA | Lucie | SF | 823 | 01:16:43 | 01:13:05 | 4218 | Caen |
| 4146 | BOUCHER | Charlotte | JF | 34 | 01:16:43 | 01:11:03 | 4057 | CAEN |
| 4147 | BIDOIS | Philippe | VH2 | 375 | 01:16:44 | 01:13:05 | 4220 | Falaise |
| 4148 | DESROCHES | Isabelle | SF | 824 | 01:16:44 | 01:13:05 | 4219 | Aunay-sur-Odon |
| 4149 | ROPIQUET | Mathilde | EF | 57 | 01:16:45 | 01:12:16 | 4151 | lfs |
| 4150 | LE GOFF | Eric | VH2 | 376 | 01:16:47 | 01:11:28 | 4094 | Caen |
| 4151 | ROUX | Antoine | VH1 | 670 | 01:16:49 | 01:11:35 | 4103 | Verson |
| 4152 | CAUMONT | Regine | VF2 | 269 | 01:16:50 | 01:12:46 | 4200 | Saint-Etienne-du-Rouvray |
| 4153 | BILLARD | Solene | EF | 58 | 01:16:51 | 01:11:37 | 4107 | Authie |
| 4154 | CAURE | Bernadette | VF2 | 270 | 01:16:52 | 01:12:34 | 4176 | Saint-Michel-de-Livet |
| 4155 | DELARUE | Margaux | JF | 35 | 01:16:53 | 01:11:54 | 4128 | Bernay |
| 4156 | HEUTTE | Marlene | VF1 | 591 | 01:16:53 | 01:11:42 | 4111 | Saint-Aubin-d'Arquenay |
| 4157 | FLAMBARD | Ludovic | SH | 887 | 01:16:58 | 01:13:14 | 4224 | Mouen |
| 4158 | FLAMBARD | Delphine | SF | 825 | 01:16:59 | 01:13:15 | 4225 | Mouen |
| 4159 | GOMOND | Karine | SF | 826 | 01:17:02 | 01:11:47 | 4116 | Audrieu |
| 4160 | GESLIN | Charlene | SF | 827 | 01:17:02 | 01:13:06 | 4222 | Ussy |
| 4161 | HENNEQUART | Dorian | SH | 888 | 01:17:02 | 01:13:06 | 4221 | PARIS 10 |
| 4162 | LEROY | Jean sebastien | VH1 | 671 | 01:17:02 | 01:12:25 | 4167 | La Glacerie |
| 4163 | LEROY | Nathalie | VF1 | 592 | 01:17:03 | 01:12:26 | 4168 | La glacerie |
| 4164 | OZANNE | Marin | SH | 889 | 01:17:03 | 01:12:12 | 4147 | Le Havre |
| 4165 | DELALANDE | Soazig | SF | 828 | 01:17:07 | 01:11:57 | 4131 | Avon |
| 4166 | LANIEZ | Francine | VF3 | 64 | 01:17:12 | 01:12:14 | 4148 | OSTREVILLE |
| 4167 | RENOUF | Pascal | VH1 | 672 | 01:17:12 | 01:12:34 | 4175 | Villers-Bocage |
| 4168 | ALLAINGUILLAUME | Marie-laure | VF1 | 593 | 01:17:13 | 01:12:03 | 4138 | Secqueville-en-Bessin |
| 4169 | EUDES | Anne-marie | VF3 | 65 | 01:17:15 | 01:12:22 | 4159 | Periers-sur-le-Dan |
| 4170 | EUDIER | Vincent | SH | 890 | 01:17:16 | 01:12:04 | 4139 | Bayeux |
| 4171 | BOURD | Jennifer | SF | 829 | 01:17:17 | 01:11:28 | 4092 | Caen |
| 4172 | DILIS | Emma | SF | 830 | 01:17:17 | 01:11:28 | 4093 | Caen |
| 4173 | POULAIN | Annie | VF3 | 66 | 01:17:17 | 01:12:19 | 4155 | Saint-Contest |
| 4174 | LEGOT | Charlene | SF | 831 | 01:17:17 | 01:12:04 | 4140 | Verson |
| 4175 | HUREL | Julie | SF | 832 | 01:17:21 | 01:12:21 | 4158 | Herouville-Saint-Clair |

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| 4176 | ANGOT | Maxime | SH | 891 | 01:17:22 | 01:12:17 | 4152 | Putanges-Pont-Ecrepin |
| 4177 | PATER | Anais | SF | 833 | 01:17:22 | 01:12:18 | 4154 | Fontaine-Etoupefour |
| 4178 | UGUEN | Jean yves | VH4 | 19 | 01:17:23 | 01:12:45 | 4196 | LANDERNEAU |
| 4179 | LEGRAND | Clothilde | VF2 | 271 | 01:17:23 | 01:11:39 | 4109 | Reux |
| 4180 | LECORDIER | Valentine | EF | 59 | 01:17:24 | 01:12:11 | 4146 | Le Val-Saint-Pere |
| 4181 | CAVAGNA | Celine | VF1 | 594 | 01:17:24 | 01:13:01 | 4215 | Damigny |
| 4182 | LE BRIS | Marc | SH | 892 | 01:17:25 | 01:12:23 | 4163 | Aunay-sur-Odon |
| 4183 | AUBRIL | Marie | SF | 834 | 01:17:25 | 01:12:23 | 4162 | Reviere |
| 4184 | GIRARD | Anne-eva | VF2 | 272 | 01:17:26 | 01:11:56 | 4129 | Anctoville-sur-Boscq |
| 4185 | CHAPON | Francoise | VF3 | 67 | 01:17:26 | 01:11:58 | 4134 | CAEN |
| 4186 | VANWINCKEL | Reinhilde | VF3 | 68 | 01:17:27 | 01:11:50 | 4118 | XRUN CLUB |
| 4187 | TOMAS RIBEIRO | Filipe | VH1 | 673 | 01:17:27 | 01:14:37 | 4275 | Fontenay-le-Marmion |
| 4188 | JEAN | Pascaline | SF | 835 | 01:17:28 | 01:12:20 | 4156 | Meriel |
| 4189 | VALLEREND | Michel | VH4 | 20 | 01:17:28 | 01:12:11 | 4144 | Plumetot |
| 4190 | RAHARISON | Tiana | VF2 | 273 | 01:17:28 | 01:12:54 | 4206 | Caen |
| 4191 | LEGER | Florence | VF1 | 595 | 01:17:29 | 01:11:52 | 4121 | HEROUVILLE |
| 4192 | BARD | Virginie | VF1 | 596 | 01:17:30 | 01:12:17 | 4153 | Periers-sur-le-Dan |
| 4193 | ASENSIO | Joseph | VH3 | 159 | 01:17:31 | 01:13:40 | 4239 | Villiers-le-Sec |
| 4194 | LETOURNEUR | Margaux | SF | 836 | 01:17:32 | 01:12:56 | 4207 | Caen |
| 4195 | DOURE | Laurent | VH1 | 674 | 01:17:32 | 01:12:59 | 4212 | Caen |
| 4196 | AVIGNON | Mailys | SF | 837 | 01:17:32 | 01:12:57 | 4209 | Bretteville-sur-Odon |
| 4197 | GODEFROY | Jerome | SH | 893 | 01:17:32 | 01:12:11 | 4145 | Luc sur mer |
| 4198 | MONFREUX | Marion | VF1 | 597 | 01:17:33 | 01:13:48 | 4247 | Espins |
| 4199 | LOUVEL | Sophie | SF | 838 | 01:17:34 | 01:12:46 | 4199 | Fontenay-le-Pesnel |
| 4200 | BARBIER LANCIAU | Camille | VF1 | 598 | 01:17:35 | 01:12:23 | 4164 | Mathieu |
| 4201 | AUBRIL | Karine | VF1 | 599 | 01:17:35 | 01:12:44 | 4194 | cact |
| 4202 | GUERIN | Marie | SF | 839 | 01:17:35 | 01:13:47 | 4243 | Caen |
| 4203 | RONDEAU | Celine | SF | 840 | 01:17:36 | 01:13:48 | 4248 | La Baule-Escoublac |
| 4204 | JAUNY | Gwendolyn | SF | 841 | 01:17:37 | 01:13:34 | 4236 | Caen |
| 4205 | QUINQUIS | Nadege | VF1 | 600 | 01:17:38 | 01:12:46 | 4198 | Coulombs |
| 4206 | DEROUET | Floriane | SF | 842 | 01:17:38 | 01:11:59 | 4135 | caen |
| 4207 | DEMARQUAY | Margaux | JF | 36 | 01:17:39 | 01:12:14 | 4149 | Saint-Martin-de-Sallen |
| 4208 | MENAGER | Marianne | VF2 | 274 | 01:17:41 | 01:12:43 | 4186 | Avranches |
| 4209 | LEGUILLON | Sophie | SF | 843 | 01:17:44 | 01:16:16 | 4339 | Touffreville |
| 4210 | GRINGORE | Celine | SF | 844 | 01:17:44 | 01:16:17 | 4340 | Baron-sur-Odon |
| 4211 | GOURRET | Stephanie | VF1 | 601 | 01:17:46 | 01:13:00 | 4213 | Troarn |
| 4212 | DESTIGNY | Gwenael | SH | 894 | 01:17:47 | 01:12:06 | 4142 | Bretteville-sur-Laize |
| 4213 | DEROUET | Ophelia | JF | 37 | 01:17:47 | 01:12:08 | 4143 | L' Aigle |
| 4214 | POMPANON | Jessica | EF | 60 | 01:17:48 | 01:13:27 | 4233 | Noyers-Missy |
| 4215 | TANQUEREL | Celine | SF | 845 | 01:17:49 | 01:12:40 | 4180 | Blainville Sur Orne |
| 4216 | ROUSSEL | Florian | VH1 | 675 | 01:17:50 | 01:15:12 | 4308 | Nonant |
| 4217 | PLEY | Tony | VH1 | 676 | 01:17:50 | 01:12:14 | 4150 | Herouville-Saint-Clair |
| 4218 | LECOUFLET | Romarc | VH1 | 677 | 01:17:52 | 01:14:24 | 4262 | La Meauffe |
| 4219 | CHAMPE | Amelie | SF | 846 | 01:17:55 | 01:13:16 | 4227 | Blainville-sur-Orne |
| 4220 | CHAMPE | Jean | VH3 | 160 | 01:17:55 | 01:13:17 | 4230 | Blainville-sur-Orne |

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| 4221 | CHARLES | Hubert | VH3 | 161 | 01:17:56 | 01:13:05 | 4217 | Rosel |
| 4222 | DEVAUX | Axel | SH | 895 | 01:17:57 | 01:13:11 | 4223 | Ouistreham |
| 4223 | HUSSON | Florence | VF2 | 275 | 01:17:59 | 01:14:03 | 4252 | Caen |
| 4224 | CHEVRETEAU | Maureen | SF | 847 | 01:18:00 | 01:12:56 | 4208 | Caen |
| 4225 | MENARDON | Guillaume | SH | 896 | 01:18:00 | 01:12:20 | 4157 | Caen |
| 4226 | LETOURNEUR | Maud | SF | 848 | 01:18:01 | 01:12:57 | 4210 | Cambes-en-Plaine |
| 4227 | LIRON | Viviane | EF | 61 | 01:18:03 | 01:14:16 | 4258 | Saint-Manvieu-Norrey |
| 4228 | BETREMIEUX | Lise | SF | 849 | 01:18:04 | 01:12:45 | 4195 | PARIS 20 |
| 4229 | ENGUEHARD | Celine | SF | 850 | 01:18:04 | 01:12:47 | 4201 | Caen |
| 4230 | MALOISEL | Sylviane | VF1 | 602 | 01:18:06 | 01:12:28 | 4170 | Thaon |
| 4231 | SALLE | Bertrand | VH1 | 678 | 01:18:06 | 01:12:28 | 4171 | Thaon |
| 4232 | ONILLON | Karine | VF1 | 603 | 01:18:07 | 01:12:51 | 4205 | GIBERVILLE |
| 4233 | KRAMM | Arthur | CH | 61 | 01:18:07 | 01:12:24 | 4166 | Merville-Franceville-Plage |
| 4234 | BLANCHET | Gerard | VH4 | 21 | 01:18:07 | 01:13:32 | 4235 | Cormelles-le-Royal |
| 4235 | COLARD | Sebastien | SH | 897 | 01:18:08 | 01:14:29 | 4267 | Herouville-Saint-Clair |
| 4236 | COLLET | Claire | VF2 | 276 | 01:18:08 | 01:16:49 | 4357 | caen |
| 4237 | FIAULT | Karine | VF1 | 604 | 01:18:12 | 01:13:47 | 4244 | Saint-Loup-Hors |
| 4238 | LEROY | Nathalie | VF1 | 605 | 01:18:15 | 01:14:15 | 4257 | Courtonne-la-Meurdrac |
| 4239 | DUHAZE | Diane | CF | 19 | 01:18:15 | 01:12:31 | 4173 | Giberville |
| 4240 | DELLON | Julia | CF | 20 | 01:18:15 | 01:12:31 | 4172 | Fontaine-Etoupefour |
| 4241 | LECLERC | Marion | SF | 851 | 01:18:22 | 01:14:52 | 4291 | Touques |
| 4242 | TESSON | Olivier | VH1 | 679 | 01:18:24 | 01:12:40 | 4181 | Bretteville-l'Orgueilleuse |
| 4243 | DUROSELLE | Xavier | EH | 72 | 01:18:24 | 01:12:41 | 4183 | Authie |
| 4244 | GOUPIL | Marceau | EF | 62 | 01:18:24 | 01:12:42 | 4185 | Herouville-Saint-Clair |
| 4245 | HUBERT | Damien | JH | 55 | 01:18:25 | 01:12:43 | 4189 | Caen |
| 4246 | TABONE | Charles | JH | 56 | 01:18:25 | 01:12:43 | 4190 | Caen |
| 4247 | BELLET | Simon | CH | 62 | 01:18:26 | 01:12:42 | 4184 | Fontaine-Etoupefour |
| 4248 | CRUCHON | Elodie | SF | 852 | 01:18:26 | 01:14:42 | 4284 | Mezidon canon |
| 4249 | GOUBERT | Clementine | SF | 853 | 01:18:26 | 01:12:43 | 4188 | May-sur-Orne |
| 4250 | GUYOMARD | Alice | EF | 64 | 01:18:27 | 01:12:44 | 4193 | Verson |
| 4251 | BELLET | Paul | JH | 57 | 01:18:27 | 01:12:43 | 4187 | Fontaine-Etoupefour |
| 4252 | GEFFARD | Helene | EF | 63 | 01:18:27 | 01:12:44 | 4192 | CAEN |
| 4253 | DUROSELLE | Marion | SF | 854 | 01:18:28 | 01:12:44 | 4191 | Authie |
| 4254 | BURBAN | Antoine | EH | 73 | 01:18:28 | 01:12:45 | 4197 | Caen |
| 4255 | GUILLET | Morgane | JF | 38 | 01:18:28 | 01:15:16 | 4312 | Conde sur vire |
| 4256 | LEJAL | Jean francois | VH4 | 22 | 01:18:30 | 01:13:35 | 4237 | Saint-Jean-du-Cardonnay |
| 4257 | GARNIER | Clemence | JF | 39 | 01:18:35 | 01:13:28 | 4234 | La Boissiere |
| 4258 | DUCHEMIN | Sonia | VF1 | 606 | 01:18:42 | 01:16:18 | 4341 | Juaye-Mondaye |
| 4259 | LALIZEL | Pauline | SF | 855 | 01:18:42 | 01:15:32 | 4318 | Saint-Georges-des-Groseillers |
| 4260 | MORIN | Tiphanie | SF | 856 | 01:18:48 | 01:14:30 | 4268 | Auquainville |
| 4261 | DEVAUX | Sophie | VF2 | 277 | 01:18:54 | 01:14:06 | 4255 | May-sur-Orne |
| 4262 | DEVAUX | Guy | VH2 | 377 | 01:18:55 | 01:14:07 | 4256 | May-sur-Orne |
| 4263 | BARROIS | Sylvain | SH | 898 | 01:18:55 | 01:14:36 | 4274 | Brionne |
| 4264 | DESERT | Caroline | SF | 857 | 01:18:56 | 01:13:48 | 4246 | La Bouille |
| 4265 | PAUZET | Anne-cecile | SF | 858 | 01:18:56 | 01:14:43 | 4285 | Thury Harcourt |

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| 4266 | MARTIGNY | Virginie | VF1 | 607 | 01:18:58 | 01:13:59 | 4251 | Longvillers |
| 4267 | HERSENT | Venciane | JF | 40 | 01:18:59 | 01:17:41 | 4386 | Louvigny |
| 4268 | LESY | Celine | SF | 859 | 01:19:00 | 01:14:31 | 4270 | Amberieu-en-Bugey |
| 4269 | VEROLLEMAN | Alain | VH4 | 23 | 01:19:03 | 01:14:39 | 4278 | Courir Ensemble SNCF Lille |
| 4270 | FONTAINE | Maxime | SH | 899 | 01:19:03 | 01:13:41 | 4240 | Cairon |
| 4271 | CAUMONT | Celine | SF | 860 | 01:19:05 | 01:15:02 | 4297 | SAINT ETIENNE DU ROUVRAY |
| 4272 | SELMIRE | Laurent | VH1 | 680 | 01:19:05 | 01:15:49 | 4326 | Fourneaux-le-Val |
| 4273 | LACOMBE | Brigitte | VF2 | 278 | 01:19:06 | 01:16:12 | 4338 | PARIS 20 |
| 4274 | SELMIRE | Carinne | VF1 | 608 | 01:19:07 | 01:15:51 | 4328 | Fourneaux-le-Val |
| 4275 | SEFRIQUI | Julia | SF | 861 | 01:19:07 | 01:14:17 | 4260 | Montilly-sur-Noireau |
| 4276 | TRAVERT DIT NERET | Melanie | SF | 862 | 01:19:09 | 01:17:07 | 4369 | Fontaine-Etoupefour |
| 4277 | DESOUICHE | Nathalie | SF | 863 | 01:19:10 | 01:14:35 | 4272 | PARIS 18 |
| 4278 | LEMARIE | Sophie | VF1 | 609 | 01:19:10 | 01:16:46 | 4355 | Saint-Martin-de-Fontenay |
| 4279 | THUBAUT | Pascale | VF3 | 69 | 01:19:11 | 01:14:42 | 4282 | Saint-Contest |
| 4280 | GROSOS | Brigitte | VF2 | 279 | 01:19:12 | 01:15:50 | 4327 | Herouville-Saint-Clair |
| 4281 | RAULD | Vanessa | JF | 41 | 01:19:12 | 01:14:25 | 4264 | Saint-Lo |
| 4282 | VILLAIN | Marine | EF | 65 | 01:19:14 | 01:17:14 | 4372 | Lessay |
| 4283 | GUILLIN | Martine | VF2 | 280 | 01:19:16 | 01:13:57 | 4250 | Saint-Manvieu-Norrey |
| 4284 | GUILLIN | Clemence | SF | 864 | 01:19:17 | 01:13:56 | 4249 | Caen |
| 4285 | RONDEAU | Sandrine | SF | 865 | 01:19:18 | 01:14:41 | 4280 | Cuverville |
| 4286 | NEAUD | Julie | SF | 866 | 01:19:18 | 01:14:42 | 4283 | Colombelles |
| 4287 | LECOMTE | Patricia | VF2 | 281 | 01:19:20 | 01:16:05 | 4333 | CAEN |
| 4288 | MARION | Nathalie | VF2 | 282 | 01:19:21 | 01:14:41 | 4279 | Blainville sur orne |
| 4289 | GRUDZIEN | Laurent | VH2 | 378 | 01:19:24 | 01:14:17 | 4259 | Meaux |
| 4290 | CHAILLON | Richard | VH1 | 681 | 01:19:25 | 01:14:36 | 4273 | Saint-Manvieu-Norrey |
| 4291 | ASSANTO | Julie | SF | 867 | 01:19:26 | 01:15:31 | 4317 | Herouville-Saint-Clair |
| 4292 | GUELLE | Jean-pierre | VH2 | 379 | 01:19:28 | 01:14:38 | 4276 | Cairon |
| 4293 | CALDUMBIDE | Lisa | SF | 868 | 01:19:28 | 01:15:33 | 4319 | Caen |
| 4294 | POUPIN | Caroline | SF | 869 | 01:19:28 | 01:13:42 | 4242 | Amfreville |
| 4295 | PASSARD | Benoit | VH1 | 682 | 01:19:29 | 01:13:41 | 4241 | Anctoville |
| 4296 | LETOURNEUR | Marc | VH2 | 380 | 01:19:30 | 01:13:40 | 4238 | Saint-Lo |
| 4297 | GIGAN | Helene | VF3 | 70 | 01:19:31 | 01:15:52 | 4329 | La Chapelle-Biche |
| 4298 | ALLAIN | Cecile | VF3 | 71 | 01:19:34 | 01:14:50 | 4290 | Saint-Contest |
| 4299 | POTTIER | Anaele | JF | 42 | 01:19:35 | 01:14:31 | 4269 | Saint-Amand |
| 4300 | SENOCAK | Veronique | VF1 | 610 | 01:19:38 | 01:15:10 | 4307 | Maltot |
| 4301 | POTTIER | Lucile | EF | 66 | 01:19:38 | 01:14:33 | 4271 | Saint-Amand |
| 4302 | ONFROY | Aurelie | SF | 870 | 01:19:41 | 01:14:05 | 4253 | Cherbourg-Octeville |
| 4303 | LE MAILLIER | Chantal | VF3 | 72 | 01:19:45 | 01:14:54 | 4293 | Saint Contest |
| 4304 | ALDROVANDI | Valentin | SH | 900 | 01:19:47 | 01:14:48 | 4289 | Maltot |
| 4305 | GIROT | Fabien | SH | 901 | 01:19:47 | 01:14:47 | 4287 | Maltot |
| 4306 | DUVAL | Nicolas | SH | 902 | 01:19:47 | 01:14:48 | 4288 | Courseulles-sur-Mer |
| 4307 | DUHOO | Marjorie | SF | 871 | 01:19:48 | 01:14:47 | 4286 | BRETTEVILLE SUR ODON |
| 4308 | LAPERSONNE | Camille | SF | 872 | 01:19:50 | 01:15:05 | 4299 | Caen |
| 4309 | RODESCH | Muriel | VF2 | 283 | 01:19:53 | 01:15:00 | 4295 | LOUVIGNY |
| 4310 | VACCARO | Anne-cecile | VF2 | 284 | 01:19:53 | 01:15:00 | 4294 | Bretteville sur Odon |

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| 4311 | THOMINE | Sabrina | SF | 873 | 01:19:54 | 01:15:09 | 4306 | Bretteville-sur-Odon |
| 4312 | LECLERE | Francois | VH1 | 683 | 01:19:54 | 01:15:19 | 4314 | giberville |
| 4313 | MARIE | Clea | EF | 67 | 01:19:55 | 01:14:41 | 4281 | Le Locheur |
| 4314 | MULLER | Christine | VF2 | 285 | 01:19:59 | 01:15:48 | 4323 | Mondeville |
| 4315 | ABADIE-MONMOUSSEAU | Cecile | VF2 | 286 | 01:19:59 | 01:15:48 | 4325 | Bretteville-sur-Odon |
| 4316 | MULLER | Patrice | VH3 | 162 | 01:19:59 | 01:15:48 | 4324 | mondeville |
| 4317 | FEUILLET | Maryline | VF1 | 611 | 01:19:59 | 01:14:53 | 4292 | Tessy-sur-Vire |
| 4318 | ROHEE | Mickaëlle | VF1 | 612 | 01:20:01 | 01:15:00 | 4296 | Querqueville |
| 4319 | GAYE | Antoine | SH | 903 | 01:20:02 | 01:14:23 | 4261 | Verneuil-sur-Avre |
| 4320 | BRODIN | Aurore | SF | 874 | 01:20:07 | 01:14:38 | 4277 | Potigny |
| 4321 | LANDEE | Maurice | VH4 | 24 | 01:20:08 | 01:16:25 | 4345 | Le Grand Quevilly |
| 4322 | DOUCY | Alexandra | VF1 | 613 | 01:20:09 | 01:15:52 | 4330 | EVREUX AC |
| 4323 | ASTON | Benjamin | SH | 904 | 01:20:10 | 01:14:26 | 4266 | Rouen |
| 4324 | FRITSCH | Remi | VH3 | 163 | 01:20:10 | 01:14:25 | 4263 | ANAT |
| 4325 | FRITSCH | Adrien | SH | 905 | 01:20:11 | 01:14:26 | 4265 | Herbault |
| 4326 | LE VAGUERESE | Julien | VH1 | 684 | 01:20:12 | 01:15:07 | 4304 | Douvres-la-Delivrande |
| 4327 | LE VAGUERESE | Emilie | SF | 875 | 01:20:13 | 01:15:06 | 4301 | Douvres-la-Delivrande |
| 4328 | NARBONNE | Lucie | SF | 876 | 01:20:19 | 01:15:09 | 4305 | Lcbo |
| 4329 | MABILE | Julien | SH | 906 | 01:20:21 | 01:15:13 | 4310 | Meriel |
| 4330 | MASEREEL | Julie | SF | 877 | 01:20:23 | 01:15:13 | 4309 | Escoville |
| 4331 | BONNET | Eva | SF | 878 | 01:20:24 | 01:15:05 | 4298 | lfs |
| 4332 | SOURDAINE | Marie | SF | 879 | 01:20:25 | 01:15:05 | 4300 | CAEN |
| 4333 | DUREL | Bertrand | SH | 907 | 01:20:29 | 01:15:06 | 4302 | Saint-Martin-des-Entrees |
| 4334 | MARLIOT | Virginie | SF | 880 | 01:20:29 | 01:15:06 | 4303 | Saint-Martin-des-Entrees |
| 4335 | BOUTELOUP - CAP API | Catherine | VF1 | 614 | 01:20:31 | 01:15:25 | 4316 | Guilberville |
| 4336 | CIRKOVIC | Lydia | SF | 881 | 01:20:39 | 01:15:22 | 4315 | Vacognes-Neully |
| 4337 | GUILLARD | Virginie | SF | 882 | 01:20:43 | 01:17:33 | 4380 | Mouen |
| 4338 | GESLAIN | Philippe | VH2 | 381 | 01:20:43 | 01:15:59 | 4332 | ST AUBIN SUR MER |
| 4339 | GESLAIN | Christine | VF2 | 287 | 01:20:45 | 01:15:59 | 4331 | ST AUBIN SUR MER |
| 4340 | PERDIGAO | Sandrine | VF1 | 615 | 01:20:50 | 01:15:13 | 4311 | La Garenne-Colombes |
| 4341 | JACQUES | Delphine | VF1 | 616 | 01:20:51 | 01:15:43 | 4320 | Noyers-Bocage |
| 4342 | CREVEL | Sylvaine | VF2 | 288 | 01:21:03 | 01:15:45 | 4321 | mezidon canon |
| 4343 | LEBOURGEOIS | Sarah | VF1 | 617 | 01:21:03 | 01:16:26 | 4346 | Saint-Contest |
| 4344 | MOREL | Christine | VF2 | 289 | 01:21:03 | 01:16:35 | 4351 | COLOMBELLES |
| 4345 | DESCLOS | Karine | VF1 | 618 | 01:21:03 | 01:15:45 | 4322 | Caen |
| 4346 | EUSTACHE | Dominique | VF1 | 619 | 01:21:03 | 01:16:35 | 4350 | ELANCOURT |
| 4347 | NIVAUT | Kevin | SH | 908 | 01:21:06 | 01:15:17 | 4313 | Blainville-sur-Orne |
| 4348 | BAUMARD | Agathe | SF | 883 | 01:21:08 | 01:16:23 | 4344 | lfs |
| 4349 | BERTRAND | Elisabeth | VF1 | 620 | 01:21:18 | 01:16:06 | 4335 | Saint-Aubin-sur-Mer |
| 4350 | CHERRIER | Celine | VF1 | 621 | 01:21:18 | 01:16:06 | 4337 | Cabourg |
| 4351 | CHERRIER | Anne sophie | SF | 884 | 01:21:18 | 01:16:06 | 4336 | Caen |
| 4352 | CHERRIER | Marie lise | SF | 885 | 01:21:19 | 01:16:05 | 4334 | Cabourg |
| 4353 | MERIENNE | Laurence | VF2 | 290 | 01:21:21 | 01:16:31 | 4347 | Conde torigni |
| 4354 | BARTHE-DEJEAN | Cecile | VF1 | 622 | 01:21:23 | 01:16:44 | 4353 | Bayeux |
| 4355 | TERMEAU | Charlotte | SF | 886 | 01:21:33 | 01:16:21 | 4342 | Cesny-Bois-Halbout |

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| 4356 | LESUEUR-GOULLET | Nathalie | VF1 | 623 | 01:21:33 | 01:17:00 | 4362 | Chatou |
| 4357 | MOREL | Anthony | SH | 909 | 01:21:33 | 01:16:22 | 4343 | Cesny-Bois-Halbout |
| 4358 | CHAMPS | Christelle | VF1 | 624 | 01:21:33 | 01:16:32 | 4348 | Cuverville |
| 4359 | MULLER | Didier | VH3 | 164 | 01:21:33 | 01:19:00 | 4414 | Colombelles |
| 4360 | QUEYROI | Virginie | VF1 | 625 | 01:21:34 | 01:17:27 | 4375 | Ouistreham |
| 4361 | BAILLIEUL | Annie | VF3 | 73 | 01:21:35 | 01:18:58 | 4412 | Esson |
| 4362 | FAGOT | Martine | VF3 | 74 | 01:21:39 | 01:16:48 | 4356 | Ciral |
| 4363 | VABOIS | Dylan | EH | 74 | 01:21:48 | 01:21:48 | 4454 | Louvigny |
| 4364 | FOWLER | Ewan | VH2 | 382 | 01:21:49 | 01:16:46 | 4354 | Caen |
| 4365 | BAUDE | Sophie | SF | 887 | 01:21:52 | 01:16:35 | 4349 | Cornelles-le-Royal |
| 4366 | JONES | Sally | VF2 | 291 | 01:21:53 | 01:16:44 | 4352 | London |
| 4367 | LOUINEAU | Sylvie | VF1 | 626 | 01:21:54 | 01:17:38 | 4384 | bagnoles oxygene |
| 4368 | DUMESNIL | Jerome | VH2 | 383 | 01:21:59 | 01:17:05 | 4368 | Thury-Harcourt |
| 4369 | MERCIER | Alain | VH3 | 165 | 01:22:04 | 01:16:52 | 4361 | OUISTREHAM |
| 4370 | AID | Jean-jacques | VH3 | 166 | 01:22:09 | 01:17:28 | 4377 | Val-de-Reuil |
| 4371 | BERANGER | Rachel | SF | 888 | 01:22:09 | 01:17:28 | 4378 | Rouen |
| 4372 | LHULLIER-SCHAEFFER | Jacqueline | VF3 | 75 | 01:22:10 | 01:17:27 | 4376 | Petit-Couronne |
| 4373 | LE BUGLE | Cedric | SH | 910 | 01:22:10 | 01:18:18 | 4394 | Tilly-sur-Seulles |
| 4374 | LOISON | Clement | CH | 63 | 01:22:13 | 01:16:49 | 4359 | Les Essarts |
| 4375 | CUCU | Celine | SF | 889 | 01:22:13 | 01:18:20 | 4395 | May-sur-Orne |
| 4376 | LOISON | Isabelle | VF1 | 627 | 01:22:13 | 01:16:49 | 4360 | Les Essarts |
| 4377 | LOISON | Corentin | CH | 64 | 01:22:14 | 01:16:49 | 4358 | Les Essarts |
| 4378 | CHEVALIER | Corantine | SF | 890 | 01:22:16 | 01:17:13 | 4370 | Herouville-Saint-Clair |
| 4379 | GUILLOU | Cedric | SH | 911 | 01:22:16 | 01:17:14 | 4371 | Herouville-Saint-Clair |
| 4380 | DECLOSMESNIL | Julien | SH | 912 | 01:22:18 | 01:17:35 | 4382 | Garcelles-Secqueville |
| 4381 | LAUNEY | Anne sophie | SF | 891 | 01:22:18 | 01:17:34 | 4381 | Garcelles-Secqueville |
| 4382 | FOLLIOT | Evelyne | VF2 | 292 | 01:22:22 | 01:17:31 | 4379 | CLUB ATHLETISME CONDE TORIGNI |
| 4383 | PATRIX | Nathalie | VF2 | 293 | 01:22:25 | 01:17:23 | 4374 | Saint-Martin-Osmonville |
| 4384 | LEBICTEL | Jocelyne | VF2 | 294 | 01:22:26 | 01:18:03 | 4390 | Agneaux |
| 4385 | CRAND | Florence | VF1 | 628 | 01:22:33 | 01:17:04 | 4367 | Parfouru-sur-Odon |
| 4386 | WINN | Debbie | VF2 | 295 | 01:22:35 | 01:17:01 | 4366 | portsmouth |
| 4387 | HUNGATE | Amanda | VF1 | 629 | 01:22:35 | 01:17:01 | 4363 | portsmouth |
| 4388 | SMITH | Alison | VF2 | 296 | 01:22:36 | 01:17:01 | 4365 | portsmouth |
| 4389 | SHEPHERD | John | VH3 | 167 | 01:22:36 | 01:17:01 | 4364 | portsmouth |
| 4390 | CORBIN | Danielle | VF3 | 76 | 01:22:41 | 01:18:29 | 4398 | Vimoutiers |
| 4391 | LEPAINTURIER | Camille | SF | 892 | 01:22:43 | 01:18:49 | 4407 | Caen |
| 4392 | LOZAC'H MARY | Gwenaelle | SF | 893 | 01:22:49 | 01:19:00 | 4415 | Caen |
| 4393 | PELLARD | Christelle | VF1 | 630 | 01:22:51 | 01:17:40 | 4385 | Boos |
| 4394 | DE CAFFARELLI | Thibault | SH | 913 | 01:22:54 | 01:18:08 | 4391 | Authie |
| 4395 | SAINT-REQUIER | Martine | SF | 894 | 01:22:55 | 01:17:17 | 4373 | Nanterre |
| 4396 | WEST | Leeann | VF2 | 297 | 01:23:07 | 01:18:33 | 4402 | London |
| 4397 | CANDEILLER | Astrid | VF1 | 631 | 01:23:07 | 01:19:36 | 4428 | Beuzeville |
| 4398 | EUGENE | Vanessa | SF | 895 | 01:23:07 | 01:19:37 | 4429 | Thaon |
| 4399 | EVENO | Eleonore | SF | 896 | 01:23:12 | 01:19:28 | 4426 | Mathieu |
| 4400 | TORRENT | Rebecca | SF | 897 | 01:23:15 | 01:18:01 | 4389 | Langrune-sur-Mer |

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| 4401 | FABRE | Valerie | VF1 | 632 | 01:23:17 | 01:17:38 | 4383 | Puteaux |
| 4402 | DE CAFFARELLI | Rozenn | SF | 898 | 01:23:18 | 01:18:32 | 4399 | Authie |
| 4403 | GIRAUD | Florence | VF2 | 298 | 01:23:22 | 01:17:54 | 4388 | LE VAL |
| 4404 | MASSE | Dominique | VF2 | 299 | 01:23:22 | 01:17:53 | 4387 | Montesson |
| 4405 | DUCHEMIN | Nivole | VF2 | 300 | 01:23:24 | 01:20:44 | 4446 | Pre En Pail- St Samson |
| 4406 | FELIX | Marie-noelle | VF1 | 633 | 01:23:24 | 01:18:50 | 4408 | TOURNEBU |
| 4407 | CASTEL | Roselyne | VF1 | 634 | 01:23:30 | 01:18:56 | 4409 | Crouay |
| 4408 | CASTEL | Yann | VH1 | 685 | 01:23:30 | 01:18:57 | 4410 | Crouay |
| 4409 | LARMOIRE | Corinne | VF2 | 301 | 01:23:31 | 01:18:59 | 4413 | Caen |
| 4410 | DIVET | Audrey | SF | 899 | 01:23:32 | 01:18:15 | 4393 | Ouistreham |
| 4411 | TRIBOUT | Estelle | SF | 900 | 01:23:34 | 01:18:12 | 4392 | Epron |
| 4412 | DESOUICHE | Isabelle | VF1 | 635 | 01:23:37 | 01:19:02 | 4416 | Cormelles-le-Royal |
| 4413 | BEGAUDEAU | Carole | VF1 | 636 | 01:23:40 | 01:19:22 | 4424 | BREVILLE |
| 4414 | LECOURTOIS | Stephanie | SF | 901 | 01:23:40 | 01:19:22 | 4425 | Merville-Franceville-Plage |
| 4415 | GUILLIN | Alexia | EF | 68 | 01:23:42 | 01:19:13 | 4420 | Angers |
| 4416 | LESELLIER | Amandine | SF | 902 | 01:23:48 | 01:19:18 | 4422 | Caen |
| 4417 | LELONG | Helene | VF1 | 637 | 01:23:52 | 01:18:58 | 4411 | Jurques |
| 4418 | MORVAN | Sylvain | VH2 | 384 | 01:23:57 | 01:18:34 | 4405 | Blainville-sur-Orne |
| 4419 | DEHEDIN | Pauline | SF | 903 | 01:23:58 | 01:18:34 | 4404 | Blainville-sur-Orne |
| 4420 | MORVAN | Chloe | SF | 904 | 01:23:59 | 01:18:36 | 4406 | Blainville-sur-Orne |
| 4421 | MACE | Noemie | VF1 | 638 | 01:23:59 | 01:18:33 | 4400 | Noyal-sur-Vilaine |
| 4422 | LENOBLE GUEGUENIAT | Melanie | VF1 | 639 | 01:23:59 | 01:18:34 | 4403 | Epron |
| 4423 | LEPRETTRE | Adeline | SF | 905 | 01:24:02 | 01:19:58 | 4433 | Cesny aux vignes |
| 4424 | BRAZ DA SILVA - TERZIAN | Aude | SF | 906 | 01:24:03 | 01:19:58 | 4434 | Bayeux |
| 4425 | FONTAINE | Thierry | VH3 | 168 | 01:24:05 | 01:18:26 | 4396 | Ouistreham |
| 4426 | GERVAIS | Marie-paule | VF1 | 640 | 01:24:07 | 01:19:09 | 4419 | Grainville-sur-Odon |
| 4427 | MORIERE | Severine | VF1 | 641 | 01:24:12 | 01:19:07 | 4417 | Oully-le-Tesson |
| 4428 | BOMPAIN | Laura | SF | 907 | 01:24:20 | 01:19:44 | 4430 | Caen |
| 4429 | MARIE | Agnes | VF1 | 642 | 01:24:30 | 01:19:09 | 4418 | Cuverville |
| 4430 | PROD'HOMME | Rejane | VF2 | 303 | 01:24:33 | 01:19:16 | 4421 | Saint-Georges-des-Groseillers |
| 4431 | MICHEL DIT LAROCHE | Nathalie | VF2 | 302 | 01:24:33 | 01:19:44 | 4431 | COLOMBELLES |
| 4432 | PESTEL | Julia | SF | 908 | 01:24:43 | 01:19:20 | 4423 | Sainte-Honorine-du-Fay |
| 4433 | DROUARD | Kim | SF | 909 | 01:24:47 | 01:20:09 | 4437 | Taverny |
| 4434 | POSTEL | Nicolas | VH1 | 686 | 01:24:51 | 01:23:38 | 4477 | Carpiquet |
| 4435 | FOUCHER | Agnes | VF2 | 304 | 01:24:53 | 01:19:34 | 4427 | Saint-Contest |
| 4436 | REYNOLDS | Elsie | SF | 910 | 01:24:57 | 01:20:04 | 4436 | ROUEN |
| 4437 | LECLERE | Alexandra | VF1 | 643 | 01:24:58 | 01:20:23 | 4442 | giberville |
| 4438 | ESNAULT | Gaelle | SF | 911 | 01:25:01 | 01:20:18 | 4441 | Caen |
| 4439 | PAUCTON | Amelie | SF | 912 | 01:25:12 | 01:20:29 | 4443 | Esson |
| 4440 | CORBEAU | Perrine | SF | 913 | 01:25:13 | 01:20:16 | 4440 | Riville |
| 4441 | ENAUULT | Bruno | VH2 | 385 | 01:25:13 | 01:20:30 | 4444 | Goupillieres |
| 4442 | JORET | Elise | SF | 914 | 01:25:14 | 01:20:15 | 4439 | Brectouville |
| 4443 | LEBAUDY | Gerard | VH3 | 169 | 01:25:23 | 01:22:02 | 4461 | La Ferte-Mace |
| 4444 | DEBONNAIRE | Laurence | VF3 | 77 | 01:25:24 | 01:22:02 | 4462 | La Ferte-Mace |
| 4445 | CABUS-MAUBANC | Emilie | SF | 915 | 01:25:25 | 01:20:00 | 4435 | Carcagny |

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| 4446 | LAMACHE | Jean-paul | SH | 914 | 01:25:26 | 01:19:46 | 4432 | Caen |
| 4447 | CAHOUR | Valerie | VF1 | 644 | 01:25:38 | 01:22:12 | 4465 | Saint Remy sur Orne |
| 4448 | BRAS | Emilie | EF | 69 | 01:25:43 | 01:21:18 | 4448 | Caen |
| 4449 | BRAS | Aline | SF | 916 | 01:25:43 | 01:21:19 | 4449 | Cormelles-le-Royal |
| 4450 | GOSSELIN | Francoise | VF2 | 305 | 01:25:48 | 01:20:42 | 4445 | Carpiquet |
| 4451 | CHARPENTIER | Emilie | VF1 | 645 | 01:26:02 | 01:20:12 | 4438 | Caen |
| 4452 | SUNAR | Cemile | JF | 43 | 01:26:13 | 01:21:23 | 4451 | Caen |
| 4453 | VALMAR | Rebecca | SF | 917 | 01:26:28 | 01:21:07 | 4447 | Noisiel |
| 4454 | COLETTE | Olivier | VH1 | 687 | 01:26:34 | 01:21:22 | 4450 | Authie |
| 4455 | LOIR | Brigitte | VF2 | 306 | 01:26:34 | 01:21:47 | 4453 | Bayeux |
| 4456 | TOURTET | Celestine | EF | 70 | 01:26:48 | 01:22:03 | 4463 | Rouen |
| 4457 | KLEIN | Robert | VH3 | 170 | 01:26:51 | 01:21:28 | 4452 | Vieux pont en auge |
| 4458 | RICHARD | Emilie | SF | 918 | 01:27:03 | 01:22:13 | 4466 | Mondrainville |
| 4459 | HUMBLLOT | Beatrice | VF1 | 646 | 01:27:14 | 01:21:59 | 4455 | Yvetot |
| 4460 | HUMBLLOT | Stephane | VH1 | 688 | 01:27:18 | 01:22:03 | 4464 | ATHLETIQUE CAUCHOIS |
| 4461 | STEUJ | Philippe | VH2 | 386 | 01:27:27 | 01:22:33 | 4467 | Saint-Andre-lez-Lille |
| 4462 | MOUTIER | Valerie | VF1 | 647 | 01:27:35 | 01:23:07 | 4472 | Clecy |
| 4463 | DESIRE | Alexandra | SF | 919 | 01:27:39 | 01:23:19 | 4475 | Bernieres-d'Ailly |
| 4464 | JARDIN | Isabelle | VF1 | 648 | 01:27:48 | 01:21:59 | 4456 | Noron-l'Abbaye |
| 4465 | CHOLET | Sylvain | VH1 | 689 | 01:27:48 | 01:22:00 | 4457 | Caen |
| 4466 | DUMAINE | Jean-paul | VH1 | 690 | 01:27:48 | 01:22:01 | 4458 | Iffs |
| 4467 | LEBEGUE | Florent | SH | 915 | 01:27:49 | 01:22:02 | 4460 | Saint-Philbert-sur-Orne |
| 4468 | CUQUEMEL | Carole | SF | 920 | 01:27:49 | 01:22:02 | 4459 | Verson |
| 4469 | LAMAZURE | Virginie | SF | 921 | 01:27:50 | 01:24:38 | 4483 | La Chapelle-en-Juger |
| 4470 | RENOU | Elisabeth | VF2 | 307 | 01:28:06 | 01:23:02 | 4471 | Bellengreville |
| 4471 | GROULT | Elise | SF | 922 | 01:28:08 | 01:22:50 | 4470 | Giberville |
| 4472 | DUBOIS | Philippe | VH2 | 387 | 01:28:08 | 01:26:31 | 4493 | CAEN |
| 4473 | GIACCO | Anne-valerie | VF2 | 308 | 01:28:08 | 01:22:41 | 4469 | Caen |
| 4474 | MULLER | Christine | VF1 | 649 | 01:28:12 | 01:23:29 | 4476 | USC MEZIDON |
| 4475 | LECROISEY | Clementine | SF | 923 | 01:28:13 | 01:22:35 | 4468 | CAEN |
| 4476 | PEPIN | Sandrine | VF1 | 650 | 01:28:18 | 01:23:12 | 4474 | Clinchamps-sur-Orne |
| 4477 | LEMEE | Sandrine | VF1 | 651 | 01:28:18 | 01:23:12 | 4473 | Anguerny |
| 4478 | HEURTEL | Jennifer | SF | 924 | 01:28:28 | 01:23:58 | 4479 | Saint-Germain-d'Ectot |
| 4479 | LOCARD | Helene | VF3 | 78 | 01:28:48 | 01:23:56 | 4478 | May-sur-Orne |
| 4480 | LABBAY | Stephanie | SF | 925 | 01:29:25 | 01:24:22 | 4480 | Mondrainville |
| 4481 | LELIEVRE | Benjamin | SF | 926 | 01:29:25 | 01:24:23 | 4481 | CAEN ATHLETIC CLUB |
| 4482 | GRANDRIE | Laura | SF | 927 | 01:29:27 | 01:25:13 | 4487 | Iffs |
| 4483 | LE GUILLOUX | Aline | SF | 928 | 01:29:42 | 01:24:51 | 4485 | CACT |
| 4484 | SERVIGNAT | Br | VH2 | 388 | 01:29:47 | 01:25:14 | 4488 | Franqueville-Saint-Pierre |
| 4485 | BUHOT | Violette | SF | 929 | 01:29:59 | 01:24:29 | 4482 | Saint-Aubin-d'Arquenay |
| 4486 | VIEL | Severine | VF1 | 652 | 01:30:00 | 01:24:56 | 4486 | fresney le vieux |
| 4487 | MOYNET | Justine | SF | 930 | 01:30:02 | 01:25:41 | 4489 | Grainville-Langannerie |
| 4488 | GUYARD | Bruno | VH1 | 691 | 01:30:13 | 01:25:48 | 4490 | Mardeuil |
| 4489 | BATISTA | Ilidio | VH2 | 389 | 01:30:14 | 01:25:49 | 4491 | Mardeuil |
| 4490 | DROUIN | Helene | SF | 931 | 01:30:14 | 01:24:45 | 4484 | Cormelles-le-Royal |

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|------|---------------|-----------|-----|-----|----------|----------|------|-----------------------|
| 4491 | NECKER | Berenice | SF | 932 | 01:30:36 | 01:18:27 | 4397 | Macon |
| 4492 | QUINTAINE | Sophie | VF2 | 309 | 01:30:46 | 01:18:33 | 4401 | HOUILLES |
| 4493 | CHEMLA | Jean marc | VH1 | 692 | 01:31:08 | 01:26:23 | 4492 | Caen |
| 4494 | JONATHAN | Bigeon | SH | 916 | 01:32:08 | 01:26:52 | 4494 | Caen |
| 4495 | RAGOT | Oceane | EF | 71 | 01:33:10 | 01:27:33 | 4495 | Le Breil-sur-Merize |
| 4496 | BALTUS | Monique | VF3 | 79 | 01:33:24 | 01:28:42 | 4496 | MONTIGNIES-SUR-SAMBRE |
| 4497 | WEISLO | Laura | SF | 933 | 01:34:36 | 01:29:45 | 4499 | Fresney-le-Puceux |
| 4498 | POURNIN | Andrea | VF1 | 653 | 01:34:36 | 01:29:45 | 4498 | Louvigny |
| 4499 | GARNIER GUIET | Alexane | SF | 934 | 01:35:10 | 01:30:10 | 4500 | CAEN |
| 4500 | CHARLOT | Justine | SF | 935 | 01:35:11 | 01:29:37 | 4497 | Vassy |
| 4501 | DIMITRIJEVIC | Lea | SF | 936 | 01:36:05 | 01:31:26 | 4501 | Amaye-sur-Orne |
| 4502 | MOREL | Marine | EF | 72 | 01:36:30 | 01:32:37 | 4504 | Moult |
| 4503 | LEBOSSE | Marine | EF | 73 | 01:36:31 | 01:32:30 | 4502 | Caen |
| 4504 | SEGUIN | Willy | EH | 75 | 01:36:32 | 01:32:31 | 4503 | Crevecoeur-en-Auge |
| 4505 | COUVREUR | Valerie | VF1 | 654 | 01:38:20 | 01:33:35 | 4505 | Evrecy |
| 4506 | LUCENA | Eleonora | VF3 | 80 | 01:40:49 | 01:35:06 | 4506 | Sao Paulo |
| 4507 | BESNARD | Anne | SF | 937 | 01:40:51 | 01:35:15 | 4507 | Gourfaleur |
| 4508 | GUILLET | Christine | VF1 | 655 | 01:43:00 | 01:38:25 | 4508 | Ussy |